



University of  
**Waterloo**



## High-Performance Enclosures to Enable Simplified HVAC

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## Introduction

- Definitions
  - What is a HP enclosure
  - What is a simple HVAC & why do you want one
- What strategies work

## HP Enclosures

- Control energy flow across
  - Minimize need to deliver lots of energy
- Control temperature of inside surfaces
  - Maintain comfort even as air temperature varies
- Durable, control rain, airtight, etc

## Simple Mechanicals

- This class: focus on Space Conditioning
  - Heating cooling ventilating
- Simple means
  - you can understand how they work under all conditions
  - They can be understood by repair & maintenance

## HP Enclosure Metrics

- Peak heat loss
  - 5 BTU/hr/sf, eg 10 000 BTU/hr for 2000 sf house
  - < 10 in cold climates
- Peak cooling
  - 15 BTU/hr/sf
  - Use thermal mass to reduce this

## Functions

Five Critical functions are needed

- Ventilation
  - “fresh air”
  - Dilute / flush pollutants
- Heating
- Cooling
- Humidity Control
- Air filtration / pollutant Removal
  - Remove particles from inside and outside air
  - Remove pollutants in special systems

12-06-15

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## What do you need to deliver?

| Type | Temperature | Humidity | Pressure | Examples                       |
|------|-------------|----------|----------|--------------------------------|
| I a  | ●           |          |          | Heated house, warehouse        |
| I b  | ●           | ○        |          | Heating and normal A/C         |
| I c  | ●           |          | ○        | Heating + exhaust fans         |
| I d  | ●           | ○        | ○        | Heating+ A/C + exhaust fans    |
| II a | ●           | ●        |          | Museum, fruit storage          |
| II b | ●           | ●        | ○        | Pressurized + controlled       |
| III  | ●           | ●        | ●        | Special labs, chip fabrication |
| IV   | ●           |          | ●        | Dust controlled manufacturing  |
| V    |             | ●        | ●        |                                |
| VI   |             |          | ●        |                                |

Note: ● Directly controlled ○ - Incidental Implicit

All require metered deliver of fresh air, and some exhaust of polluted air

## The New World

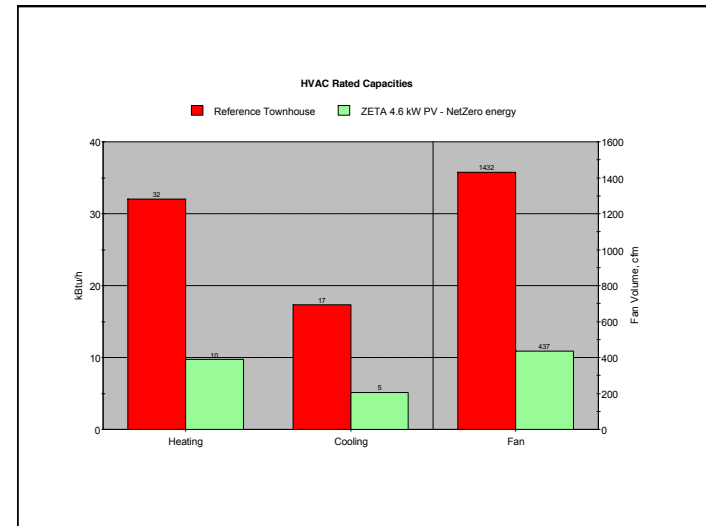
- Heating / cooling loads shrinking!
  - Better insulation, airtightness, windows
  - Multi-unit = small exterior enclosure area
- DHW is can be larger energy demand
  - Only efficient appliances can reduce DHW use
- A useful definition of low heating load is a residential building with space heating loads of less than 2 times DHW

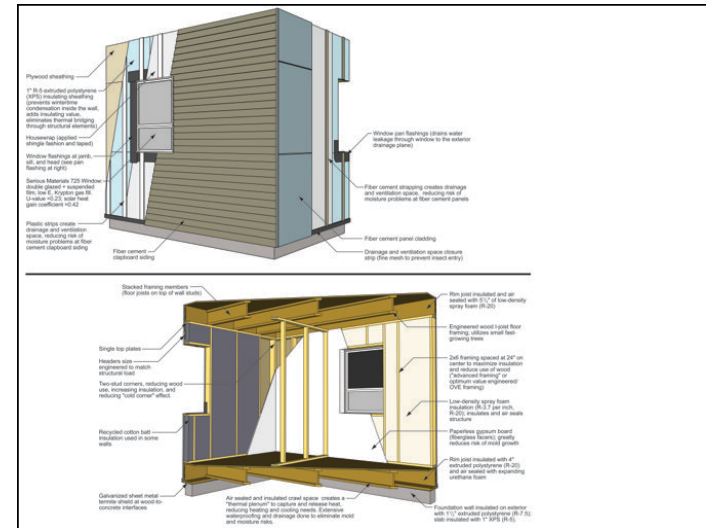
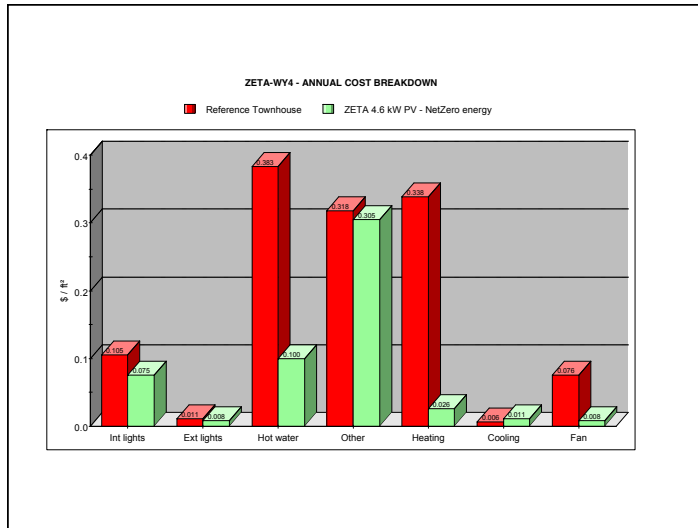
### Low-energy houses

- Peak demand for well-insulated 2000 sf
  - Often 20 kBtu/hr or less, usually under 30
  - Townhouses often under 12 kBtu/hr
- Annual space heating demand usually under 7500 kWh/yr
  - (e.g. 200 therms)
  - High specs, simple buildings gets demand lower

### Domestic HotWater

- Typical household
  - 4000 kWh demand +/- (136 therm)
  - National *use* 5600 kWh (192 therm)
- Typical 5 unit + building. Use /unit
  - 2500 kWh demand (86 therm)
  - 3575 kWh/yr estimated *use* (122 therm)





## Calculations

- Need to see some!
- They don't need to be very precise, just correct
- $Q_{\text{loss/gain}} = A \cdot \Delta T / R$
- $Q_{\text{solar}} = A \cdot \text{SHGC} \cdot I_{\text{solar}}$  ( $I=200-250 \text{ Btu/hr/sf}$ )
- $Q_{\text{air}} = 1.06 \cdot A \cdot \Delta T$

## Basic Assumptions

- Conservation of mass
  - Air in = air out
- Conservation of energy
  - Energy in = energy out (if temperature is to remain constant)
- Perfect mixing of air
  - Injecting heat into a room will mix and become uniform temperature

## Examples: SF, 40F outdoors

- 20 x 25 ft = 600 sf 1 BDR interior apartment
  - 20\*9 ft height = 180 sq ft enclosure area
  - 40% windows = 72 sq ft
- R15 wall, R3 window, 40 F outdoor temp.
  - $(108/15+72/3) * (70-40) = (7.2 + 24) * 30$
  - **950 Btu/hr conduction** losses (!)
- Achieve 0.05 cfm/sq ft @5 Pa airtightness
  - 9 cfm leakage 1 \* (70-40)= **270 Btu/hr air leakage** loss
- Ventilation (New World needs it)
  - 30 cfm w/66%HRV = **400 Btu/hr ventilation**

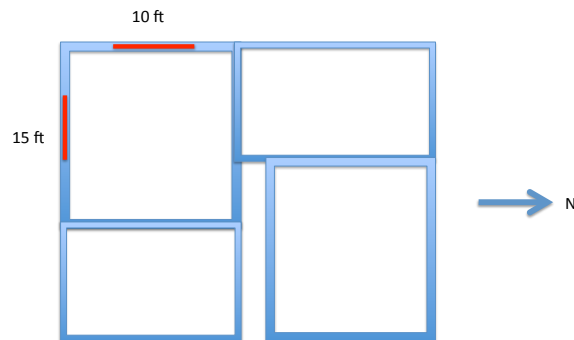
One therm = 29.3 kWh

## Example con't

- Peak design load: 1.5 kBtu/hr (<0.5 kW)
  - Corner apartment up to 2.5 kBtu/hr (1 kW) ....
- Heat loss coefficient 30-50 Btu/F/hr
- If we use HDD65 = 2700
  - $(30 \text{ to } 50) * 24 * 2700 = 20\text{-}30$  therms (\$30-\$60/yr)
  - 600-1000 kWh/yr <\$120-200/yr
- If we use HDD50=117 .... Negligible
- If 2.5 kBtu/hr, airflow= 50 cfm @DT=50

## Zones and rooms

- R20 wall R50 roof R3 window



## Room/zone

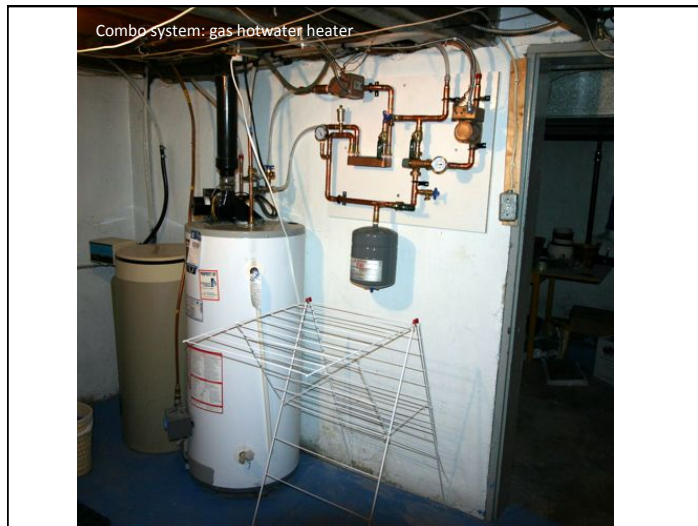
- $(15+10) * 9 \text{ ft high} = 175 \text{ sf}$
- If 5x5 and 5x6 windows = 25+30 = 55 sf
- So 120 sf wall, 150 sf roof
- Heat loss (40F)
- Wall  $120 / 20 * 30 = 180 \text{ Btu/hr}$
- Windows  $55/3 (30) = 550/\text{hr}$
- Roof  $150 / 50 (30) = 90 \text{ Btu/hr}$ 
  - Total skin loss = 820 (requires 16 cfm air @ 120F)
- Vent,  $15 \text{ cfm} * 30 = 450 \text{ Btu/hr}$  (heat at supply)

## So what's the problem

- Smallest condensing furnaces are 40 kBtu/hr
- Two-stage furnaces allow for low stage fire at 30 kBtu/hr
- But most hours are at fractions of peak design
- How does the system work with a hourly heat loss of 5 to 10 kBtu/hr?
  - Runs for 10 to 20 min/hour (two fires/hour?)
  - Short cycling (wear & tear, inefficiency)
  - But must provide ductwork for 30 kBtu/hr

## Choices

- Furnace is still a good choice if you have natural gas and loads over 10-15 kBtu/hr
  - Choose smallest condensing unit, lock out high fire
- Combo Systems
  - Use high-efficiency DHW system to provide heating
  - Space heat can be fan coil, radiator, floor
  - Can be integrated into ventilation, filtration
- Size of duct/coil often fixed by cooling system



## Rinnai

### 37AHB Series Hydronic Furnace

Part of the Rinnai Tankless Heating System

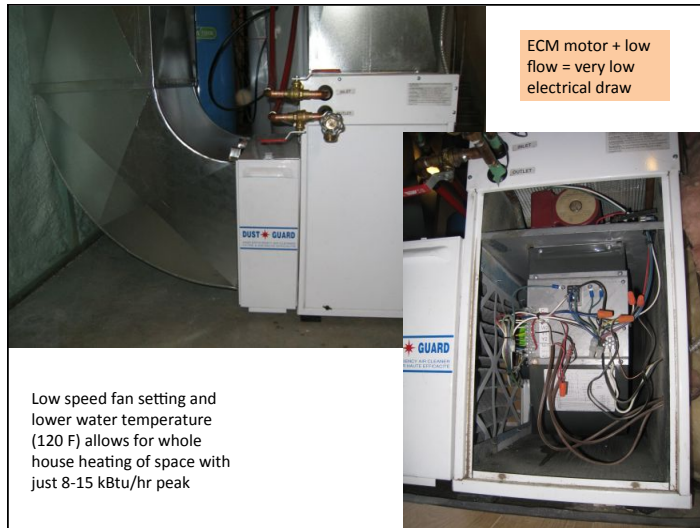
PATENT PENDING



#### FEATURES



- Four models covering a range of heating capacities
  - 27,100 to 96,300 BTU/hour
- Multi-position (upflow, downflow, horizontal left, horizontal right) without modifications \*
  - Modifiable for side-entry return air

The optimum in hydronic technology, the newly designed Rinnai® multi-position hydronic furnaces offer a unique solution for a wide variety of small- and medium-sized residential and light commercial applications. They are compact and ready to fit in tight spaces which may include, but not limited to, attics, basements, closets, crawlspaces, and utility rooms.



### Terminal Unit: Fan coils


- Use fans to blow room air over coils
  - Fan-driven air movement = distribution / mixing within a space
  - Noise, maintenance issues
- Fans require electricity
  - Many existing FC are inefficient and noisy
  - **Very efficient fan motors** now available

Courtesy: Rittling Co.

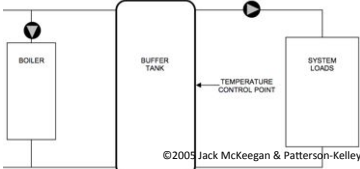
### Combo Systems

- Condensing Tankless heaters
  - Beware minimum output
  - Most units are 15 to 35 kBtu/hr minimum
- Unless storage is provided, min output of heating system must min output of boiler
  - This means duct sizes, coils, etc.

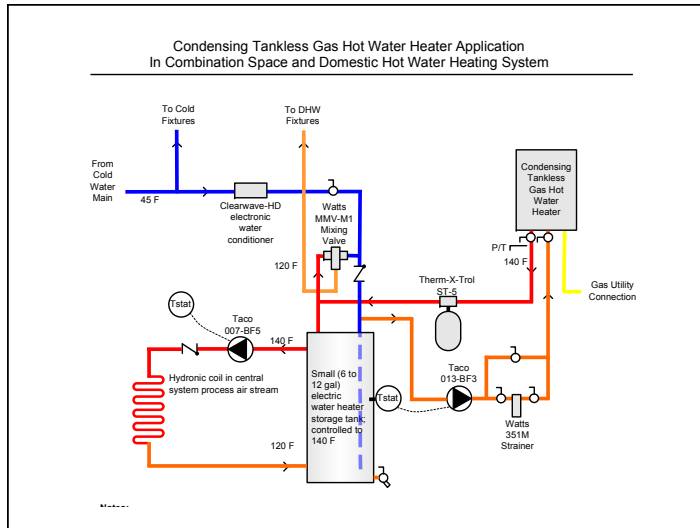


### Combo System Warning

- Provide buffer capacity
  - Eg a storage tank
- Limits short-cycling when loads are small (eg 10-30% of min. boiler output)
- Buffer tank avoids cold slug complaints too



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## Newer Condensing Tanked systems

Allows for direct connection to air handler. No additional controls or plumbing. Standard thermostat.

May be lowest cost solution for pretty high efficiency in small apartments, homes, with little cooling needs and gas supply.

**NEW FORCE 90™**

**90% Thermal Efficiency**  
For light commercial applications, Force 90 puts 50,000 BTU input into a 50-gallon tank to deliver more hot water than any "conventional" 50-gallon unit. With its compact 27" footprint and the flexibility of horizontal or vertical power-vent design, Force 90 is easy to install. It's the ideal choice to give smaller businesses and institutions more hot water in the same space or less, with significant savings on their energy bills.

**Precision Venting**  
Force 90 allows you to replace expensive metal venting with 2", 3" or 4" PVC vent pipe. Depending on the pipe size used, you can plan and easily install vent runs up to 128 equivalent feet, terminating vertically or horizontally through an outside wall.

**Premium-quality gas lines, protected by two seals**  
Both Force 90 and Ultra Force water heaters deliver maximum service life, with a gas line fitting specifically designed for the demands of commercial applications. The interior of the heat exchanger is also gas lined to protect against flue gas condensation.

**Vertical gas vent connection**  
Unlike conventional light-commercial heaters with a "blue tube" that vent hot combustion gases straight up and out, the Force 90 achieves 90% thermal efficiency by circulating them up, down and around. This design provides much more heat transfer surface, keeps heat in the tank longer and allows Force 90 to handle 75,000 BTU input for extraordinary water heating power.

**Condensation collector outlet**  
Because of its 90% efficiency, Force 90 is a fully condensing water heater and is shipped with a condensation elbow and outlet to allow easy removal of flue gas condensate to a suitable drain or exterior location.

**Smart™ gas control valve**  
Advanced electronics provides precise temperature control. Touch-pad operation and built-in diagnostic programming with LED lights allow on temperature adjustment and identification of simple "troubleshoot" display during service calls. Equipped with premium-grade silicon carbide hot surface ignitor.

\* Tank-Free is a registered trademark of the Brierley Shultz company.

Heat+cool: Ducts provides distribution, can add ventilation, no DHW

## Split Heat Pumps

- An option for 4?
  - Eg Portland Seattle Tacoma 20 F design temp
- 2 ton HP produce about 16 kBtu/hr @20F
- Or 21.6 kBtu/hr @40 with COP=3.9

SSZ160241A\* / CA\*F3636\*6A\* + TXV / MBE1600\*\* -1 Goodman SEER16 model

|       | Outdoor Ambient Temperature |      |      |      |      |      |      |      |      |      |      |      |      |      |      |      |
|-------|-----------------------------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|------|
|       | 65                          | 60   | 55   | 50   | 47   | 45   | 40   | 35   | 30   | 25   | 20   | 17   | 15   | 10   | 5    | 0    |
| MBh   | 30.2                        | 28.6 | 26.9 | 25.1 | 24.0 | 23.3 | 21.6 | 19.9 | 18.7 | 17.3 | 15.9 | 15.0 | 14.4 | 13.0 | 11.5 | 10.0 |
| ΔT    | 31.9                        | 30.2 | 28.4 | 26.6 | 25.4 | 24.6 | 22.9 | 21.1 | 19.8 | 18.3 | 16.8 | 15.9 | 15.3 | 13.7 | 12.2 | 10.6 |
| kW    | 1.79                        | 1.75 | 1.72 | 1.68 | 1.7  | 1.65 | 1.62 | 1.58 | 1.68 | 1.64 | 1.60 | 1.58 | 1.56 | 1.52 | 1.48 | 1.45 |
| Amps  | 8.4                         | 7.6  | 7.3  | 6.9  | 6.7  | 6.6  | 6.2  | 5.9  | 5.7  | 5.4  | 5.2  | 5.1  | 5.0  | 4.7  | 4.4  | 4.2  |
| COP   | 4.93                        | 4.78 | 4.57 | 4.37 | 4.22 | 4.13 | 3.91 | 3.69 | 3.26 | 3.08 | 2.91 | 2.79 | 2.71 | 2.49 | 2.27 | 2.03 |
| EER   | 16.9                        | 16.3 | 15.6 | 14.9 | 14.4 | 14.1 | 13.4 | 12.6 | 11.2 | 10.5 | 9.9  | 9.5  | 9.3  | 8.5  | 7.7  | 6.9  |
| Hi PR | 349                         | 334  | 322  | 307  | 300  | 295  | 283  | 272  | 260  | 249  | 239  | 233  | 229  | 220  | 212  | 203  |
| Lo PR | 144                         | 133  | 125  | 115  | 108  | 104  | 96   | 85   | 77   | 69   | 60   | 56   | 54   | 46   | 40   | 33   |

Seasonal COP 3-3.5, cooling included, standard equipment, <<\$3000

## Ductless Mini-split

Modulating= follows load profile  
Available in small sizes  
BUT, don't provide ventilation or DHW



### Example

**MODEL: ASU9RLS2**

| AFR                 |      | 500  |      | Indoor temperature |      |      |      |      |    |    |  |
|---------------------|------|------|------|--------------------|------|------|------|------|----|----|--|
| Outdoor temperature | °FDB |      | 60   |                    | 65   |      | 70   |      |    |    |  |
|                     | °FDB | °FWS | TC   | IP                 | TC   | IP   | TC   | IP   | TC | IP |  |
| -5                  | -7   |      | 14.7 | 1.97               | 14.3 | 2.01 | 14.0 | 2.05 |    |    |  |
| 5                   | 3    |      | 16.1 | 1.98               | 15.7 | 2.02 | 15.4 | 2.06 |    |    |  |
| 14                  | 12   |      | 16.8 | 1.91               | 16.4 | 1.95 | 16.0 | 1.99 |    |    |  |
| 23                  | 19   |      | 18.3 | 1.84               | 17.9 | 1.88 | 17.5 | 1.92 |    |    |  |
| 32                  | 26   |      | 18.8 | 1.78               | 18.4 | 1.82 | 17.9 | 1.85 |    |    |  |
| 41                  | 37   |      | 21.3 | 1.85               | 20.8 | 1.89 | 20.3 | 1.93 |    |    |  |
| 47                  | 43   |      | 23.1 | 1.91               | 22.6 | 1.95 | 22.0 | 1.99 |    |    |  |
| 50                  | 47   |      | 25.5 | 1.94               | 24.9 | 1.98 | 24.3 | 2.02 |    |    |  |
| 59                  | 50   |      | 26.5 | 1.95               | 25.8 | 1.99 | 25.2 | 2.03 |    |    |  |

AFR: Air Flow Rate (CFM)  
 TC: Total Capacity (kBtu/h)  
 IP: Input Power (kW)  
 20 kBtu/hr output @40F, and COP=3.1

### Mini-split

- Space distribution from 7kBtu/hr head?
- Aesthetics or exposed heads
- May be excellent point cooling sol'n with combo heating / ventilation



### Heat Exchange from Surfaces

- Example: 77 F floor, 72F (22C) room air
  - 9.5 Btu/hr/ft²/F heating
- Example: 69F ceiling, 74F (23C) room air
  - 9.5 Btu/hr/ft²/F cooling

|         | heating      |        | cooling      |        |
|---------|--------------|--------|--------------|--------|
|         | Btu/hr/ft²/F | W/m² K | Btu/hr/ft²/F | W/m² K |
| floor   | 1.9          | 11     | 1.2          | 7      |
| wall    | 1.4          | 8      | 1.4          | 8      |
| ceiling | 1.1          | 6      | 1.9          | 11     |

### Radiant heat/cool

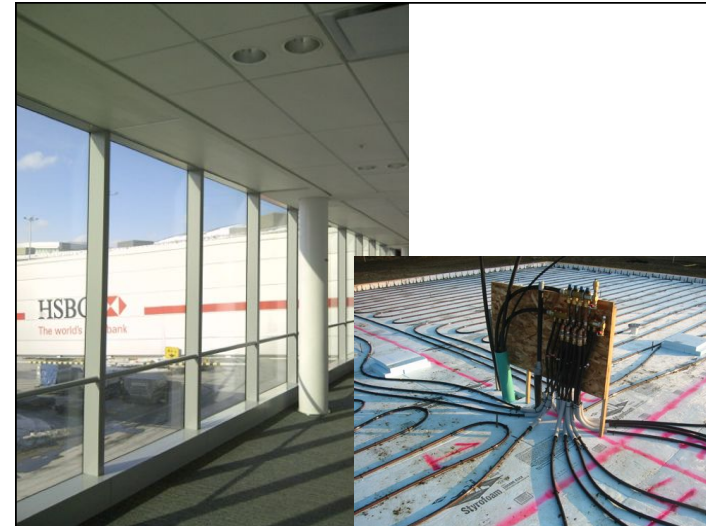
- Under most conditions less heat/cool needed
- Example: 72F ceiling, 70F room air
  - = 3.8 Btu/hr/ft²/F heating
- If room temp drops to 69, and additional 50% heat (1.9) will be added. If room temp rises to 71, 50% less heat added
- “self control” of the temperature w/ thermostat!

## Radiant Floor “Self-control”

- With small Delta T terminal units, there is a degree of self control
- *Huge* practical control and comfort benefit in low flux (low temp) radiant floor & ceilings

| Average Heating Load Flux<br>W/m <sup>2</sup> | Required Floor Temperature (at 20°C [68°F] Room Temperature)<br>°C (°F) | Average Temperature of Heating Medium       |  | % Decrease of Heat Output by 1 K (1.8°F) Increase of Room Temperature Reference Temperature |          |    |
|---|---|---|--|---|----------|----|
|   |   | Tile<br>0.02 m <sup>2</sup> -KW,<br>°C (°F) | Carpet<br>0.1 m <sup>2</sup> -KW,<br>°C (°F) | Floor Surface %   | Water    |    |
|   |   | Tile %                                      | Carpet %                                     | Tile %  | Carpet % |    |
| 80  | 27.3 (81.1)   | 31.9 (89.4)                                 | 38.4 (101.2)                                 | 14  | 8        | 5  |
| 40  | 23.9 (75.0)   | 26.2 (79.2)                                 | 29.4 (84.9)                                  | 26  | 16       | 11 |
| 20  | 22.1 (71.8)   | 23.3 (73.9)                                 | 24.9 (76.8)                                  | 48  | 30       | 20 |
| 10  | 21.1 (70.0)   | 21.7 (71.1)                                 | 22.5 (72.5)                                  | 91  | 59       | 40 |

Building Science



### TRV (very simple)

**Thermostatic Radiator Valves**

SUPPLY

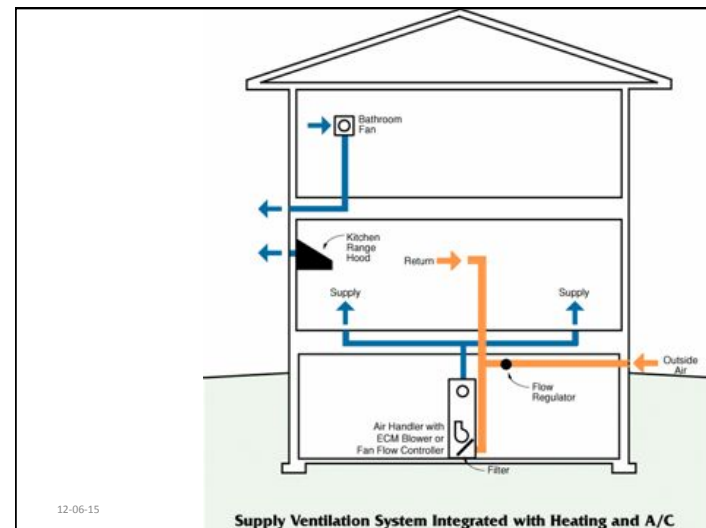
RETURN

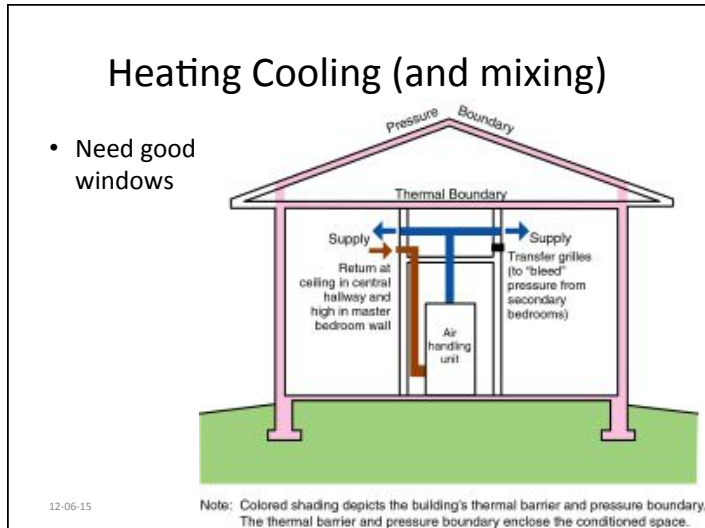
BOILER

2 Pipe heating systems have separate zoning for supply and return.

Contracted: Calling for heat

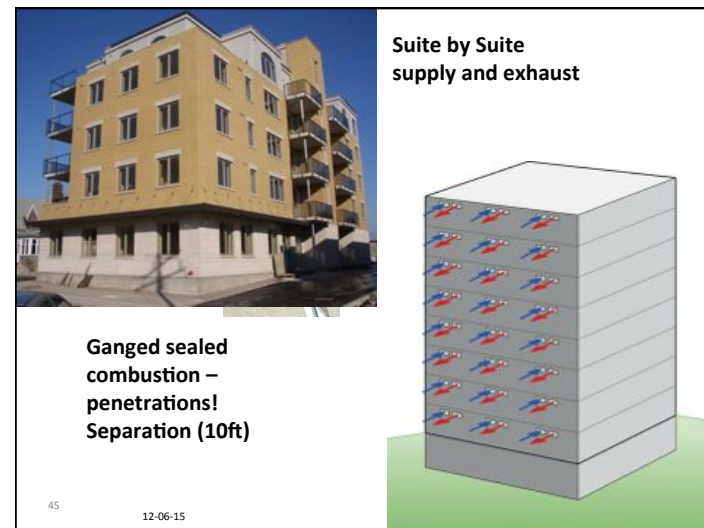
Expanded: At set temperature

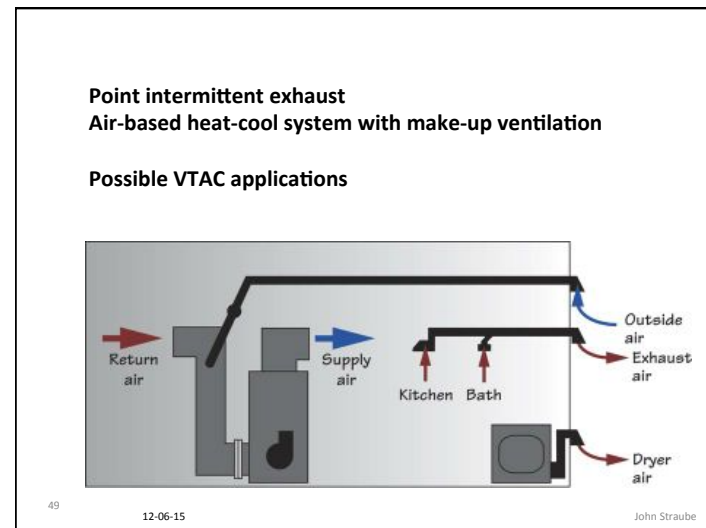
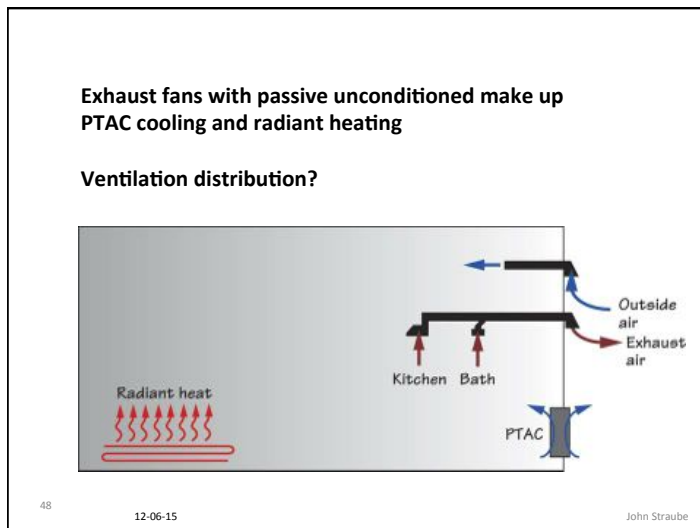
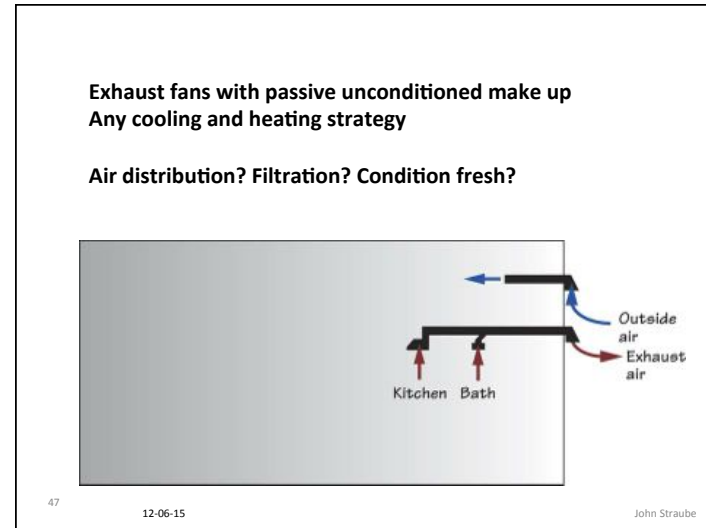
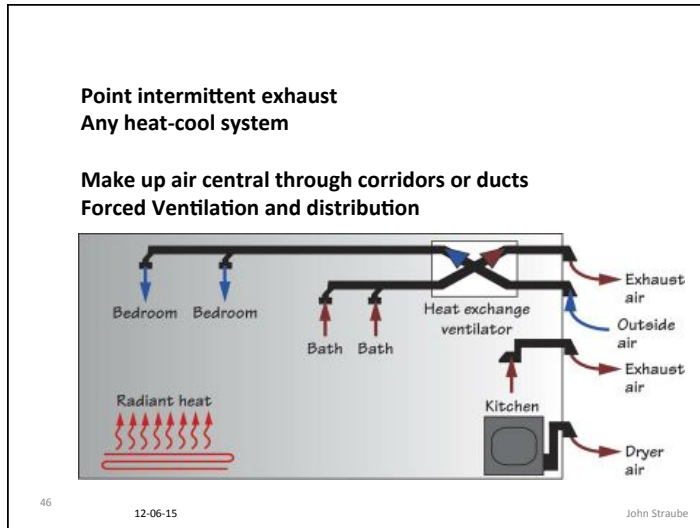




- ### Multi-unit Issues
- Metering: per suite or per building
  - Fuel-Source: Gas or all-electric
    - Carbon? Dollars? Energy?
  - DHW or just space heat?
  - Is Cooling necessary?
  - Grouping: Central, unit, or mix?
  - Equipment owned per suite or per building?
  - Perceived access to apt issues?

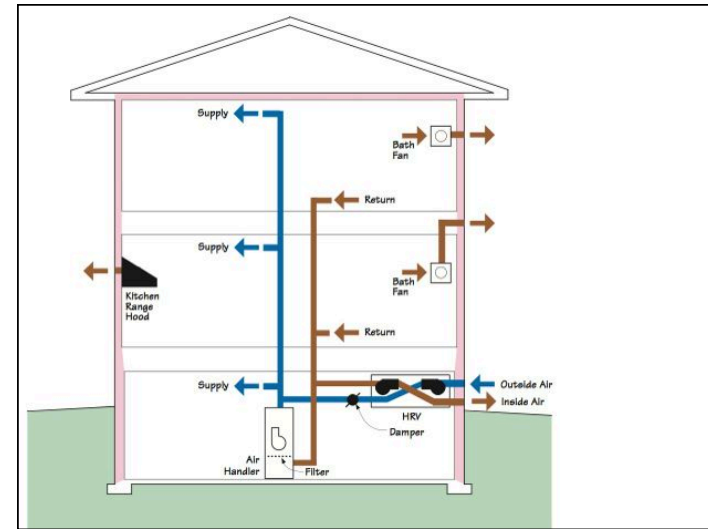
- ### Central vs Distributed
- Central systems often
    - reduce capital cost per unit output of *plant*
    - Increase distribution costs dramatically
    - Increase distribution energy losses
    - Decrease redundancy
    - Increase complexity
    - Make sub-metering expensive/difficult
    - Take advantage of load diversity



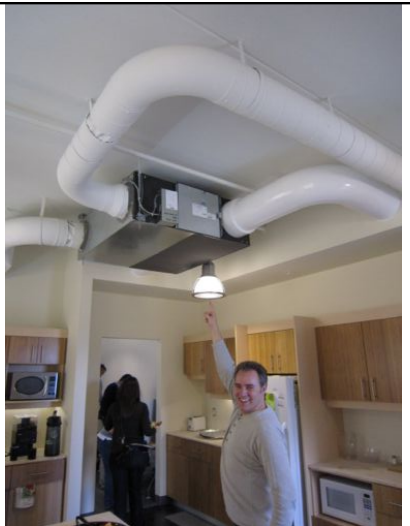


## Heat Recovery

- Beware- not always energy saving in mild climates like SF
- Large airflows (commercial) usually worth it
- Include Maintenance access!



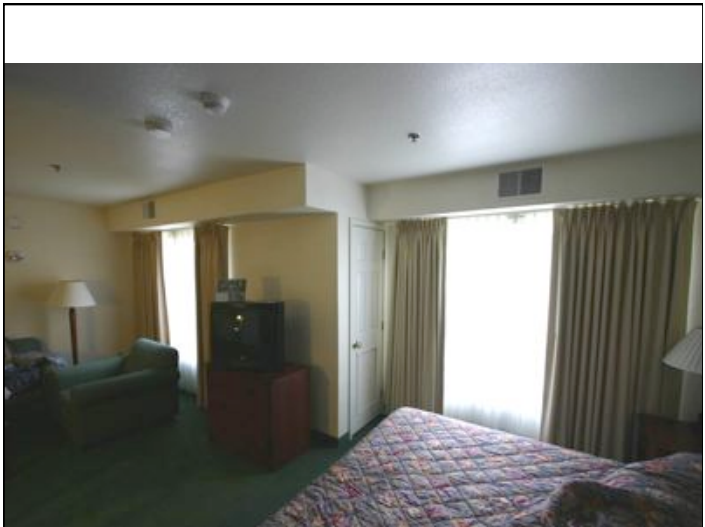
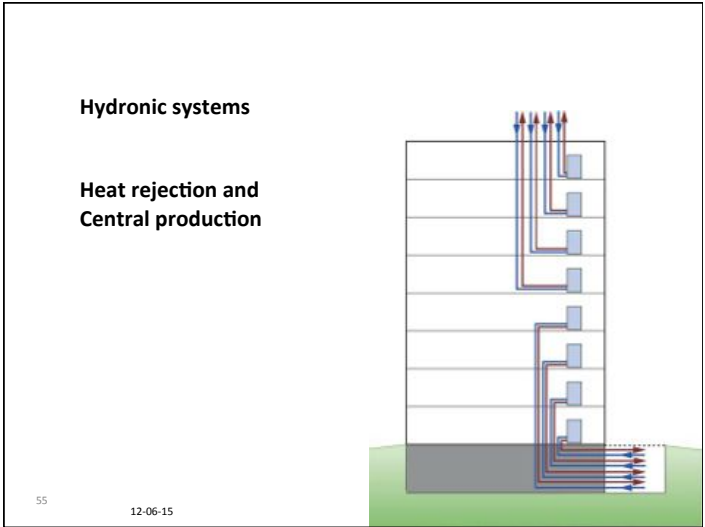
- Mid-scale HRV
- Emerging tech
- 200-600 cfm
- Need to watch fan energy!

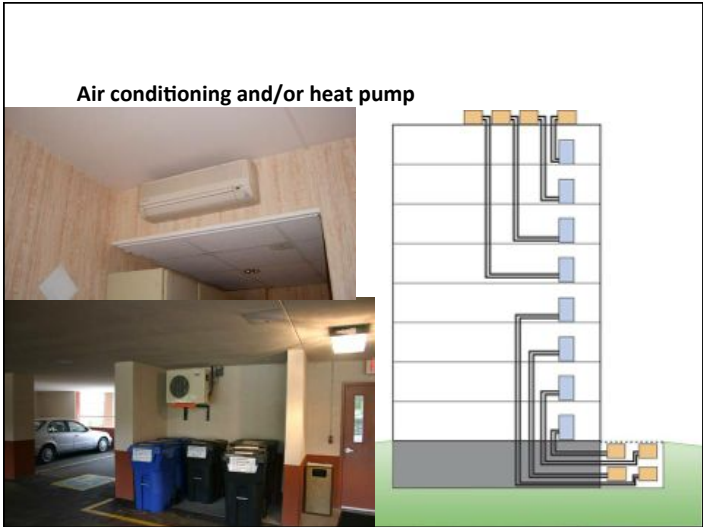


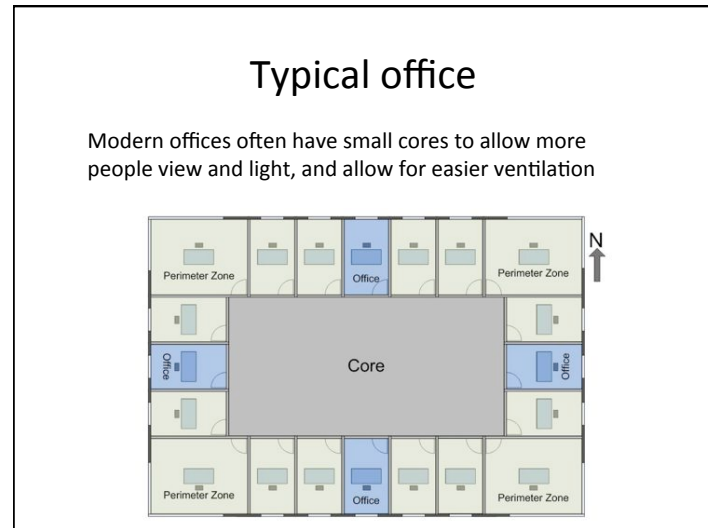
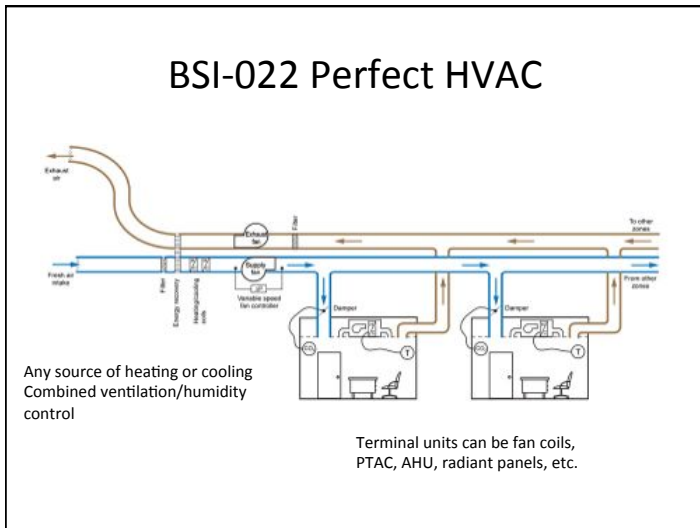
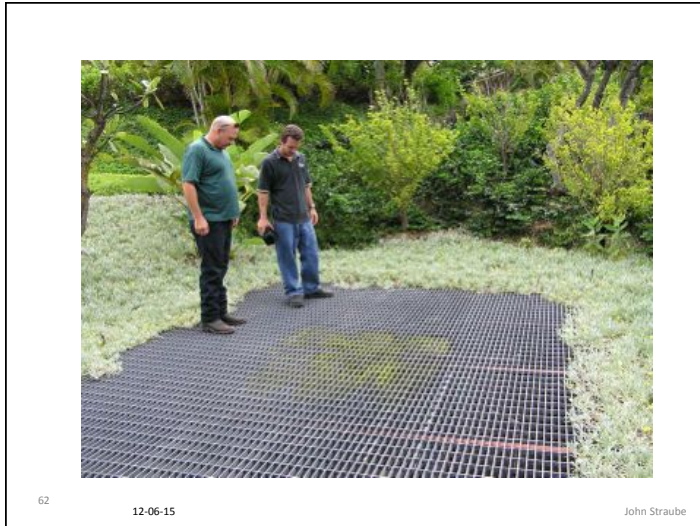
## Common areas

- Simple exhaust
  - Stairs
  - Trash chutes
  - Elevator shafts
  - pools











## Typ Problematic Office HVAC

TABLE 26:  
OFFICE BUILDING  
ENERGY END USE  
CONSUMPTION FROM  
SEVERAL SOURCES

|                                | CEUS,<br>1997 | CEUS,<br>1999 | NRNC,<br>1999 | Bldg Energy<br>Data book,<br>2002 | Site 1,<br>2002 | Site 2,<br>2/02 -<br>1/03 | Site 5,<br>8/99-<br>7/00 |
|--------------------------------|---------------|---------------|---------------|-----------------------------------|-----------------|---------------------------|--------------------------|
| Fans (kWh/fr /yr)              | 4.0           | 1.5           | 2.4           | 1.5                               | 1.8             | 1.8                       | 1.6                      |
| Cooling (kWh/fr /yr)           | 3.2           | 4.5           | 2.9           | 2.7                               | 2.1             | 1.1                       | 1.3                      |
| Heating (kWh/fr /yr)           | n.a.          | n.a.          | 0.4           | n.a.                              | n.a.            | n.a.                      | n.a.                     |
| Lighting (kWh/fr /yr)          | 4.6           | 3.7           | 4.0           | 8.2                               | n.a.*           | n.a.*                     | 3.6                      |
| Misc. (kWh/fr /yr)             | 2.4           | 3.1           | 5.6           | 5.9                               | 17.2            | 16.6                      | 3.5                      |
| Total Electricity (kWh/fr /yr) | 14.2          | 12.7          | 15.3          | 18.4                              | 21.1            | 19.5                      | 10.0                     |
| Heating Gas (kBtu/fr /yr)      | 22.4          | 20.6          | n.a.          | 24.3                              | 31.8            | 82.5                      | 18.1                     |
| HVAC % of Total                | 51%           | 47%           | 37%           | 23%                               | 19%             | 15%                       | 30%                      |
| Electricity                    |               |               |               |                                   |                 |                           |                          |
| Fans % of HVAC                 | 56%           | 25%           | 45%           | 36%                               | 47%             | 61%                       | 56%                      |

\* Lighting energy not monitored separately from other misc loads at sites 1 and 2.  
Sources:  
CEUS 1997, Commercial End-Use Survey, Pacific Gas & Electric Company.  
CEUS 1999, Commercial End-Use Survey, Pacific Gas & Electric Company.  
NRNC, 1999, Nonresidential New Construction Baseline Study, prepared by RLW Analytics for Southern California Edison.  
Buildings Energy Data book, 2002. U.S. Department of Energy, Office of Energy Efficiency and Renewable Energy.  
Site 1. Commercial office building, San Jose, CA. See Appendix for details.  
Site 2. Commercial office building, San Jose, CA. See Appendix for details.  
Site 5. Public office building, Oakland, CA. See Appendix for details.

From: Taylor Engineering, VAV Design Guide

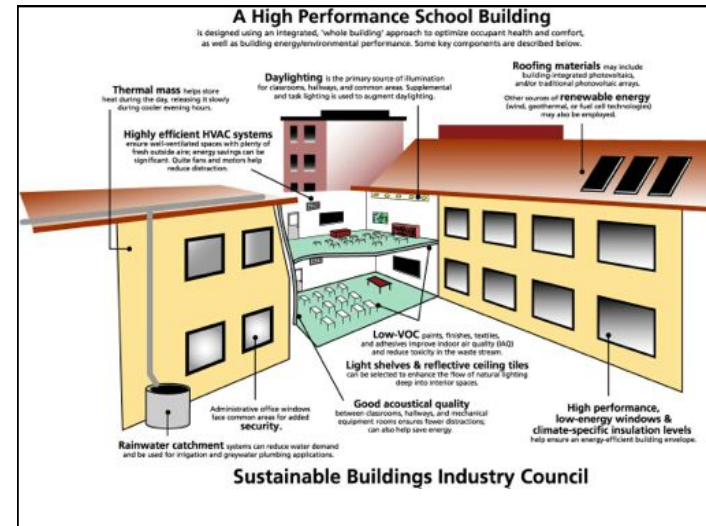
Typ. Bay area offices use a lot of space heating gas!!  
Note high fan energy.

## Economizers

- Means to blow cool outdoor air into building for cooling
- Requires temperatures below 65F or so
- $Q_{cool,economizer} = CFM * (T_{in} - T_{out})$
- Say 72 indoors, 65 outdoors,
- $Q_{cool,economizer} = 7 \text{ Btu/hr per CFM}$
- BUT ... requires fan energy, many current designs use poor fans and small ducts

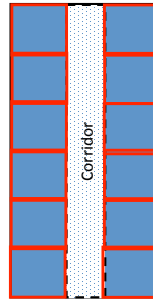
## Air-side Economizer

- ASHRAE 90.1-2010 allows VAV fans to use 1.2 W/cfm
- If  $T_{out} = 65F$  &  $T_{in} = 72 F$ 
  - 7 Btu/hr cooling / cfm, but need 1.2 Watts/cfm
  - So EER = 7.5 Btu/hr / 1.2 W = 6.2, COP= 1.8
- A standard AC will deliver better performance
  - E.g., EER of 12, COP=3.5 is common for  $T_{out}=65$
  - When  $T_{out}=58 F$  or lower such a systems = AC!
- Through-wall paddle / vane-axial fans can deliver air at very high efficiencies (i.e., < 0.1 W/cfm), COP>20!
  - Provide motorized damper relief and low pressure ducts



## Schools

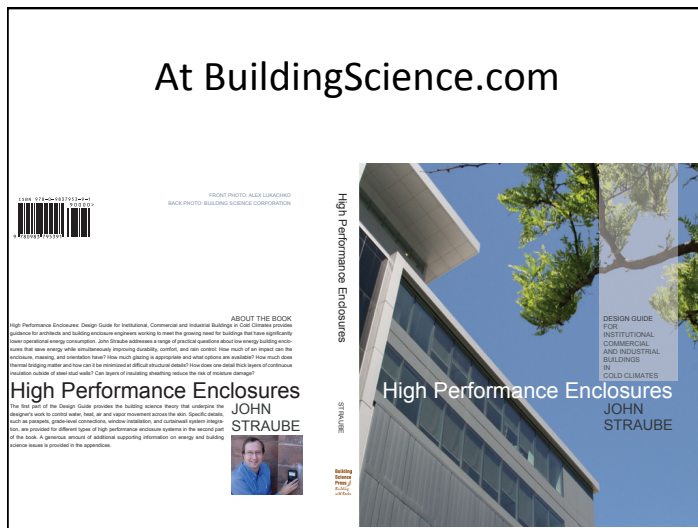
- E.g Double-loaded corridor or exterior corridor
- One wall + roof exposed/class
- Small systems work well per class
  - mini-split + HRV
  - Ventilation control / class
  - Individual control of temperature!
  - Lots of redundancy, easy to maintain



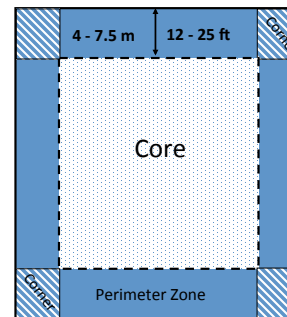
## Conclusions

- When the loads drop due to good enclosures
  - New mechanical options open up
  - Old paradigms no longer valid
- Simpler systems (decouple functions) simpler controls can be designed
- For residential, very small units can be a challenge
- For commercial, use large residential scale

## At BuildingScience.com



## Core / Perimeter



- Perimeter Zone
  - performance dominated by climate and enclosure
- Core Zone
  - dominated by interior use. Climate/enclosure almost irrelevant
- In most occupancies, core needs cooling and lighting all year long, all day

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## Large Buildings

Many buildings with sizeable core areas require cooling in winter while heating the perimeter



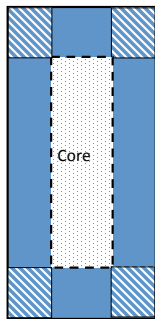
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## Define “perimeter”

- Maximum distance about 25 ft/ 7.5 m
  - Classrooms often 25-30 ft, open plan office
- Minimum often set by walls/partitions of exterior offices
  - Cellular offices often 15 ft/ 4.5m deep

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## Skin Dominated Building



- Perimeter Zone over most of building area
- Excellent daylighting and cross ventilation opportunities
- Termed “Skin Dominated”
- Demands good building enclosure

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