

Kohta Ueno

# Roof and Attics: The Building Science of ‘the Lid’

October 2020



## Fine Homebuilding summit

OCTOBER 26-29 | Virtual Online Summit

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## About BSC

- Massachusetts-based consulting firm
- Founded by Joseph Lstiburek (“Dr. Joe”)
- Forensics
- Design reviews
- Construction admin
- <https://buildingscience.com/>



### Forensic Investigations

BSC began its practice and established its reputation in building science by investigating problems related to the durability and performance of buildings. Forensic investigations of performance problems such as mold, rot, decay, odors, uncontrolled humidity, and poor indoor air quality remain a critical part of our practice, especially with the increasing complexity of architectural designs and the continuous development of more advanced (and often more moisture sensitive) building materials.



### Building Performance and Enclosure Consulting

BSC provides whole building design assistance in the preliminary design and design development phases as well as detail review and specific system design through the development of the contract documents. During construction we schedule site visits as needed to observe the installation of mock-ups, specific building systems, and any complicated details, as well as to respond to any unanticipated field conditions or design changes.



### Commercial Architecture

BSC's work on commercial projects typically begins with either a forensic investigation of a known problem or with a general building enclosure condition survey to determine the areas of the building that may be deteriorating and in need of repair. The field investigation is followed with the development of prioritized repair recommendations, typically outlining several approaches that clients may select depending on their constraints and preferences.



### Residential Architecture

As a full service architecture firm with a prodigious understanding of building science, material science, and energy efficiency, BSC takes a multi-disciplinary team approach to design comfortable, durable, healthy, and energy efficient buildings. Our work includes both new construction and retrofit projects that start with schematic design and are taken through construction documents, bidding, permitting, construction administration and post-construction monitoring.



### Education and Training

BSC regularly conducts workshops and seminars that cover both fundamental and advanced building science topics. We are frequently invited to present our research in academic and professional conferences across the country. For recent and upcoming seminars and workshops by the BSC team, visit our events page.



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## Outline of Topics

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- Vented attics
- Unvented attics
- “Hybrid” Unvented attics
- Unvented attics... without spray foam?!
- SIPS (Structural Insulated Panels)
- Ice Dams
- Buried Ducts in Vented Attics
- ‘Cut and Cobble’ Unvented Roofs
- Truss Uplift

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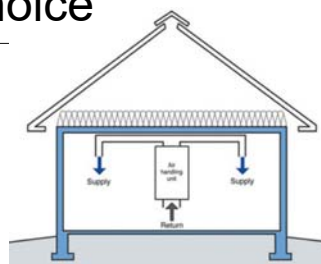
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# Vented Attics

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## Ventilated Attics—Best Choice

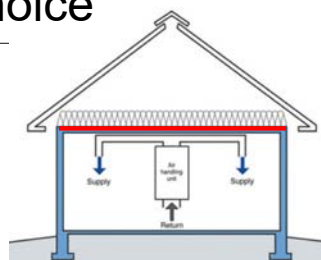
- Rain leaks (bulk water) can be identified from interior
- Roof sheathing dries to ventilated attic-moisture safe
- Interior moisture (air leaks) ventilated away in winter



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## Ventilated Attics—Best Choice

- Rain leaks (bulk water) can be identified from interior
- Roof sheathing dries to ventilated attic-moisture safe
- Interior moisture (air leaks) ventilated away in winter
- Air sealing at ceiling critical for best performance
  - (e.g., spray foam air barrier, detail with sealant)



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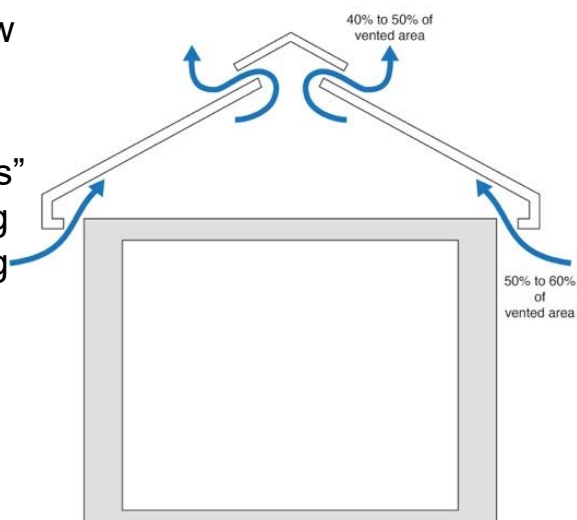
## Attic Ventilation: Why?

- Cold Climates (winter):
  - Dilute/ventilate away moisture from interior, avoid condensation
  - Reduction of ice damming ('cold roof' deck)
- Hot Climates:
  - Expels solar heated air—not much cooling effect
  - Adding outside air in summer can add to moisture loads
- 1:150 and 1:300 ventilation ratios
  - 1930's/1940's research—not a very strong case
  - Wet crawl space, balloon frame example
  - But these ventilation ratios basically work

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## Vented Roof Ventilation Ratios

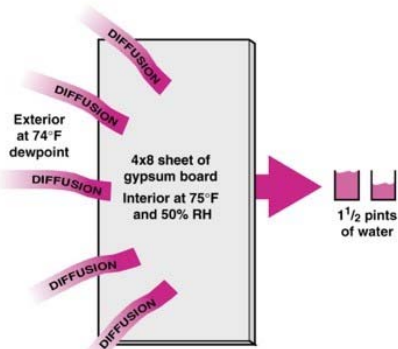
- “Bias” towards low ventilation (60%/40%)
- “Suck on outdoors” instead of sucking on the attic ceiling



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## Attic Vapor Barrier (vs. Air Barrier)

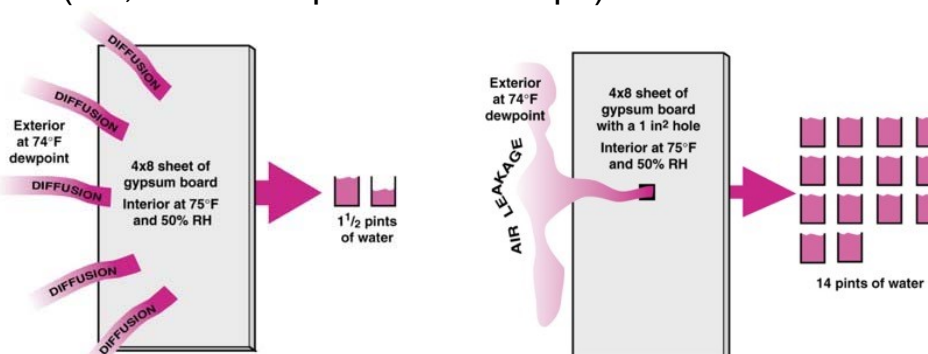
- Attic floor air barrier vs. vapor barrier
  - Class I or II only needed in cold climate (CZ 6+)
- Air leakage more important than vapor diffusion (i.e., what a 'vapor barrier' stops)



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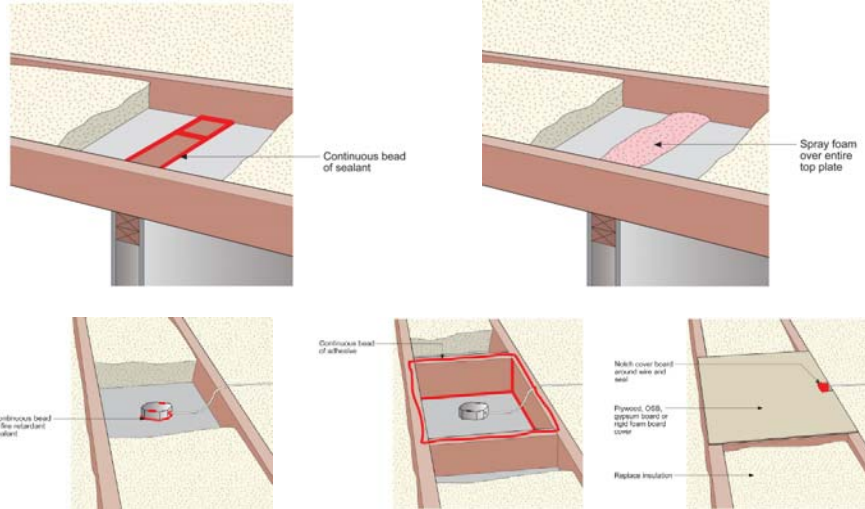
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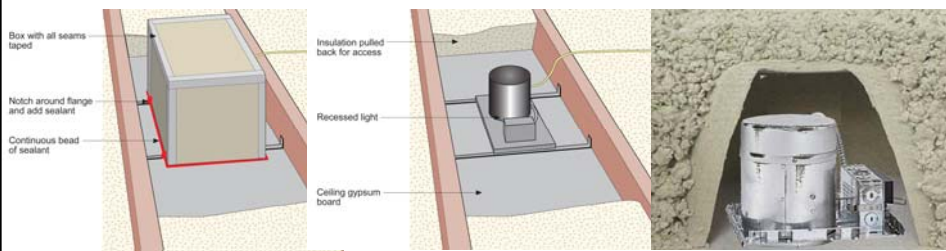
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# Attic Air Sealing



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# Attic Air Sealing



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## Attic Air Sealing

**SlimSurface LED 5" downlight**

Dimensions:  
 Outer diameter:  $\text{Ø } 4 \frac{1}{2}"$  (115 mm)  
 Inner diameter:  $\text{Ø } 5 \frac{3}{8}"$  (137 mm)  
 Thickness:  $\frac{5}{8}"$  (16 mm)

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## Attic Air Sealing

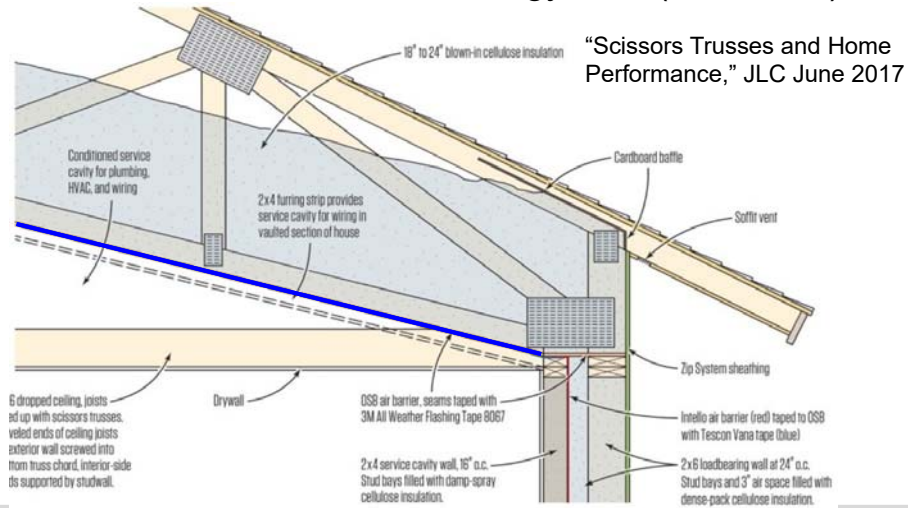
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## Not Just Flat Ceilings

- Scissor truss with raised energy heel (JLC 2017)



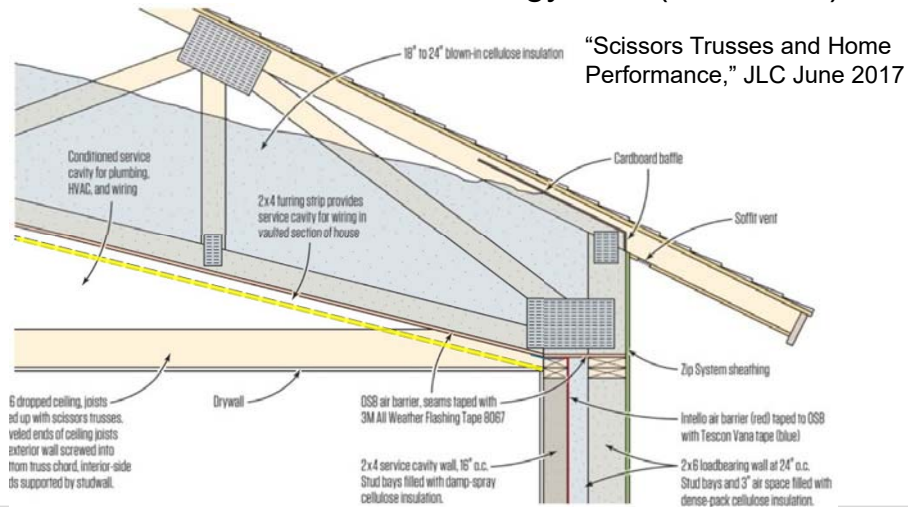
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## Not Just Flat Ceilings

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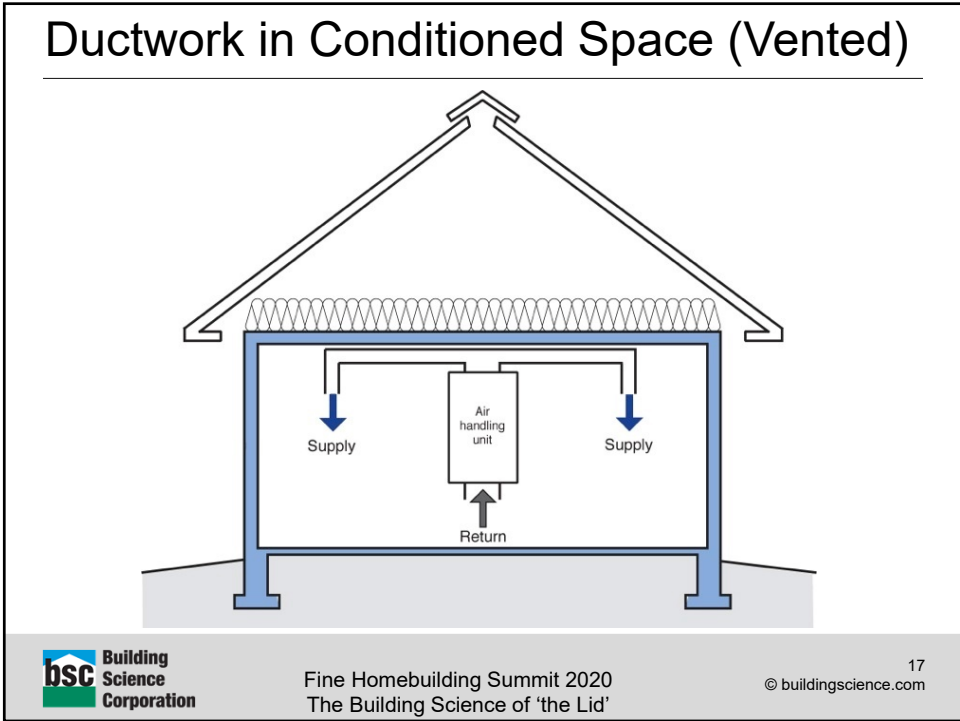


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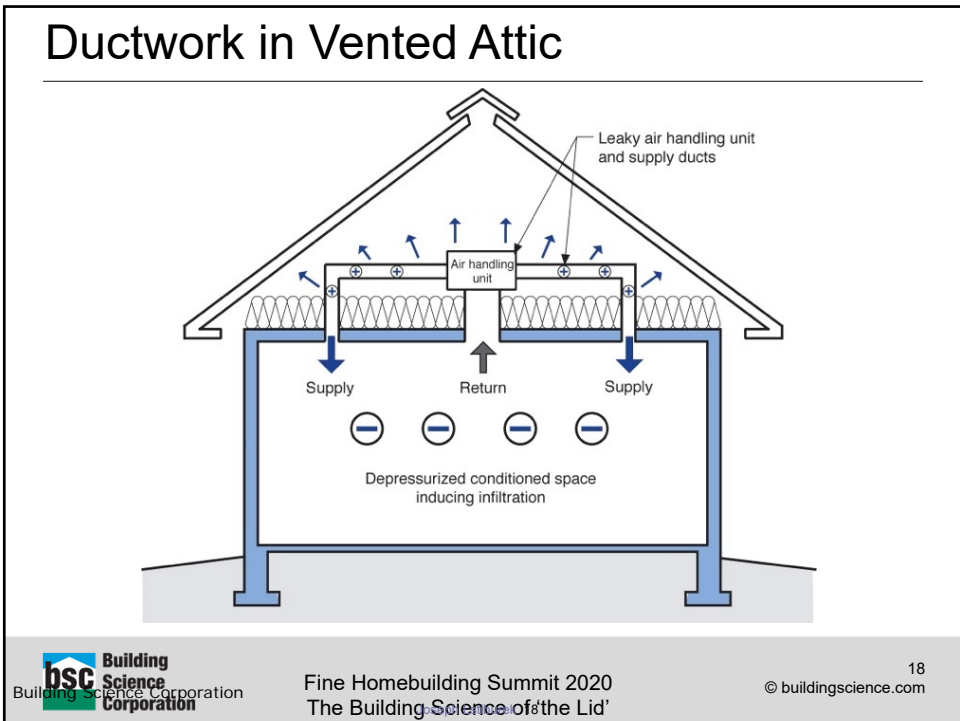
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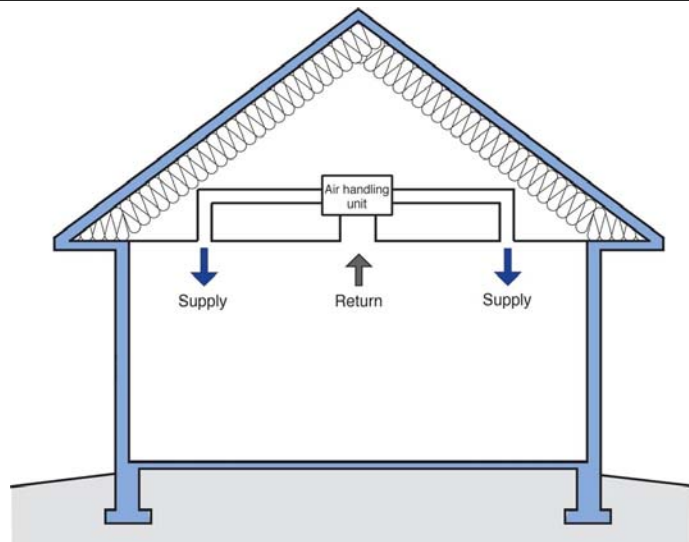


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## Ductwork in Unvented/Conditioned Attic



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## Vented Attic Condensation

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## Typical Attic Condensation-Air Leaks



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## Typical Attic Condensation-Air Leaks

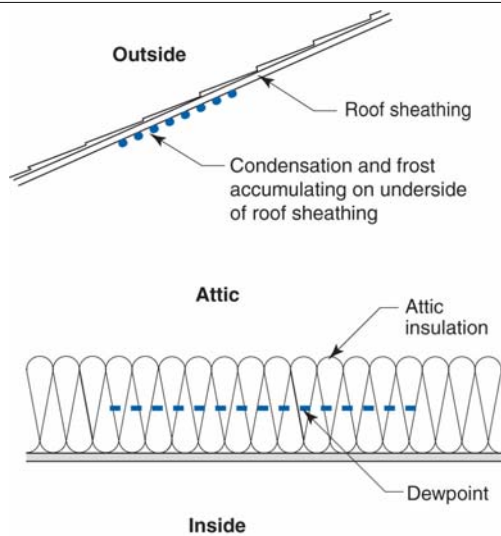


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## “First Condensation Plane” Frosting



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## First Condensation Plane Moisture



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## Night Sky Radiation Cooling of Sheathing

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## Pacific Northwest Research (RDH 2015)

- More projects w. moldy attics not due to air leaks, well ventilated
- Experimental test roofs in Vancouver—grew mold
- Research on fungicide on roof sheathing
- PNW problem?

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## Relevant Resources

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- BSD-102: Understanding Attic Ventilation  
<https://www.buildingscience.com/documents/digests/bsd-102-understanding-attic-ventilation>
- PA-1101: A Crash Course in Roof Venting  
<https://www.buildingscience.com/documents/published-articles/pa-crash-course-in-roof-venting/view>
- GM-1001: Attic Air Sealing Guide and Details  
<https://www.buildingscience.com/documents/guides-and-manuals/gm-attic-air-sealing-guide/view>
- “Early History of Attic Ventilation,” William B. Rose  
<http://docserver.nrca.net/technical/7877.pdf>
- “The Problems With and Solutions for Ventilated Attics” RDH 2015  
<https://www.slideshare.net/RDHBuildings/the-problems-with-and-solutions-for-ventilated-attics>

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# Unvented Roofs

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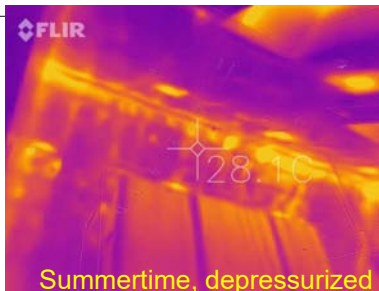
## So Why Unvented Roofs?

- Living space built into roof
- Vented cathedral assemblies—often poor performance
- Complicated rooflines, hip geometries—how to vent?
- Unworkable air barrier at ceiling line
- Blown-in rain (coastal)
- Hurricane tear-off
- HVAC in vented attic



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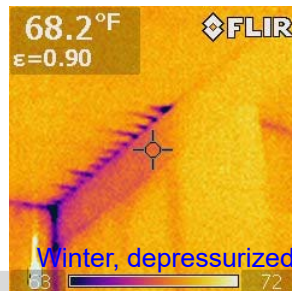
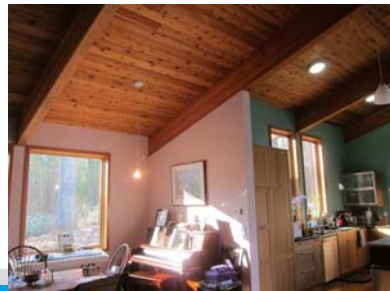
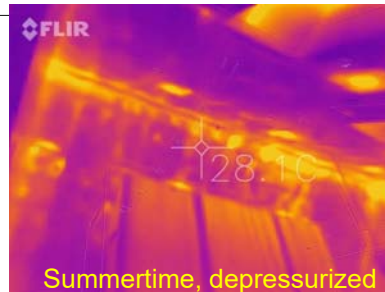
## Cathedral Ceilings



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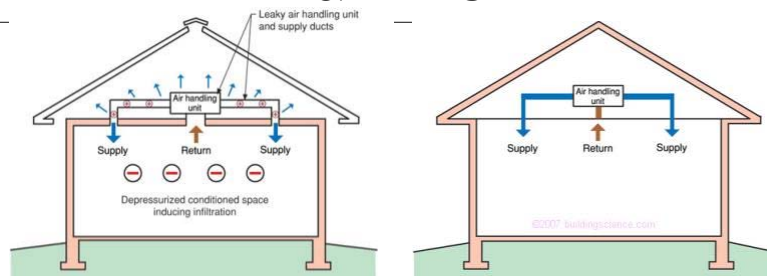


## Cathedral Ceilings



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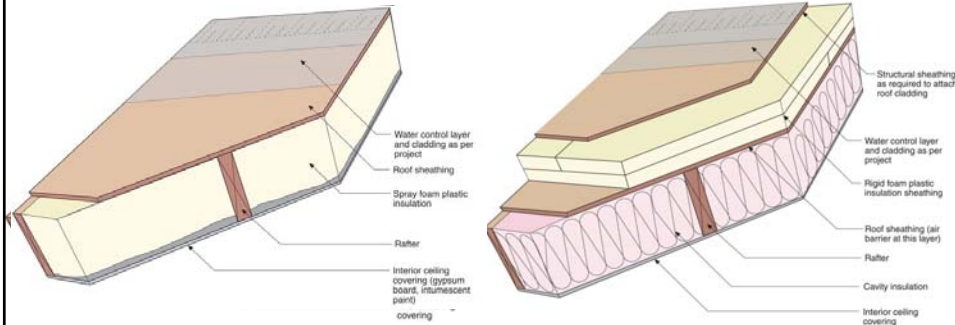
## Unvented Roofs & HVAC Placement



- Ducts in unconditioned attic = huge energy losses
  - Industry reluctant to move ducts out of attic
  - Ice dam issues due to duct losses
- Solution: bring ducts into conditioned space
- Unvented/conditioned attic—keeps ductwork in conditioned space, duct leak issues eliminated

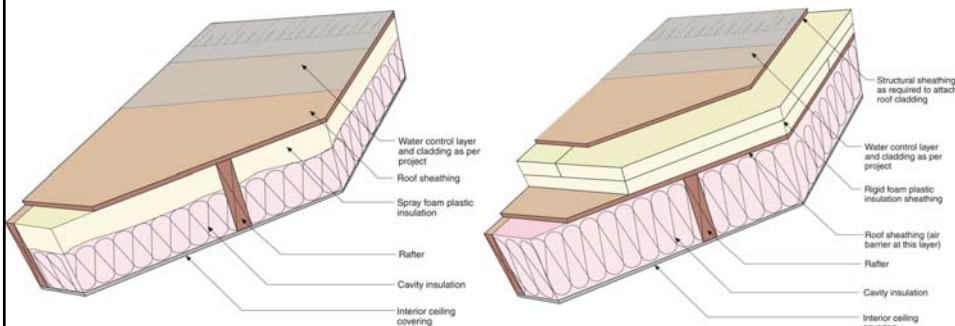
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## Spray Foam/Exterior Insulation Roofs



- 2009 IRC: R806.4 Unvented attic assemblies
- Minimum R-value of “air impermeable insulation”
  - Actually ratio of R-values (BSI-100 Hybrid Assemblies)
- Nail base needed with rigid foam on roof deck

## Spray Foam/Exterior Insulation Roofs

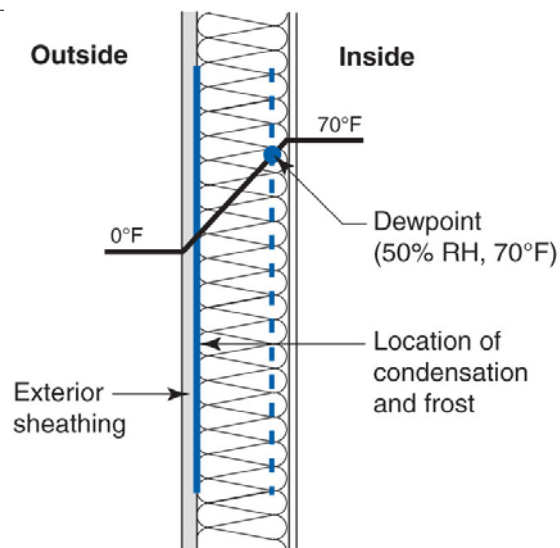


- 2009 IRC: R806.4 Unvented attic assemblies
- Minimum R-value of “air impermeable insulation”
  - Actually ratio of R-values (BSI-100 Hybrid Assemblies)
- Nail base needed with rigid foam on roof deck

# Unvented Hybrid Roofs and Condensation

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## Wintertime Dewpoint Calculations Say...



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## But Reality is Different...



- “The dewpoint is inside the wall causing condensation.”

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## But Reality is Different...



- ~~“The dewpoint is inside the wall causing condensation.”~~
- What is the temperature of the condensing surface?

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### Wall w/o Insulated Sheathing

The diagram shows a cross-section of a wall assembly. From left to right, it consists of: a wooden stud wall, a pink insulation layer, and a white sheathing layer. A blue arrow labeled 'Air leakage' points from the right side into the wall cavity. Blue curved arrows indicate air circulation within the cavity. Blue water droplets are shown on the interior side of the wooden studs, with a label 'Cold = Condensation' pointing to them. A red line with a bracket on the right side of the sheathing layer is labeled 'Air leakage'.

Cold = Condensation

Air leakage

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### Wall w/o Insulated Sheathing

This diagram is similar to the one above, showing a cross-section of a wall with a wooden stud wall, pink insulation, and white sheathing. It includes the 'Air leakage' label (blue arrow) and 'Cold = Condensation' label (water droplets). In addition, red dashed arrows labeled 'Vapor Diffusion' point from the interior of the wall towards the exterior, passing through the insulation and sheathing. A red line with a bracket on the right side of the sheathing layer is labeled 'Air leakage'.

Cold = Condensation

Air leakage

Vapor Diffusion

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### Wall with Insulated Sheathing

30% of R-Value

70% of R-Value

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### Wall with Insulated Sheathing

Air leakage

Warm = no condensation

Vapor Diffusion

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## Commercial Low-Slope Roof

The diagram shows a cross-section of a commercial low-slope roof assembly. From top to bottom, the layers are: a thin blue roof membrane, a white fiberboard hygric buffer, a thick white rigid insulation layer, a thin blue air barrier membrane, a white gypsum sheathing layer, and a grey fluted steel deck. A red arrow indicates the slope of the roof. Labels with arrows point to each layer: Roof membrane, Fiberboard hygric buffer, Rigid insulation, Air barrier membrane, Gypsum sheathing, and Fluted steel deck.

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## Rigid Exterior Foam Roof

The diagram shows a cross-section of a rigid exterior foam roof assembly on a sloped roof. From top to bottom, the layers are: shingles, roofing paper, roof sheathing, rigid insulation, another layer of roof sheathing, an air barrier membrane, and a rafter/truss. Labels with arrows point to each layer: Shingles, Roofing paper, Roof Sheathing, Rigid Insulation, Roof Sheathing, Air barrier membrane, and Rafter/Truss.

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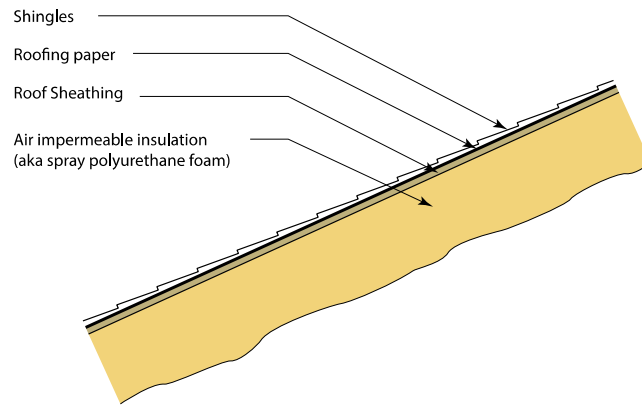
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## Spray Foam Roofs

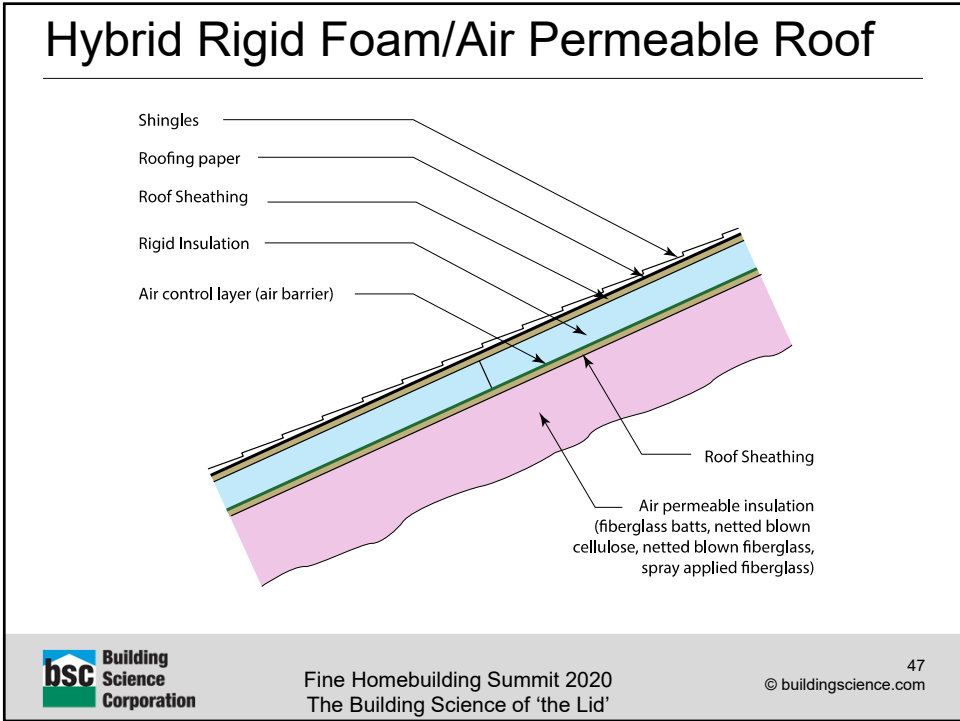


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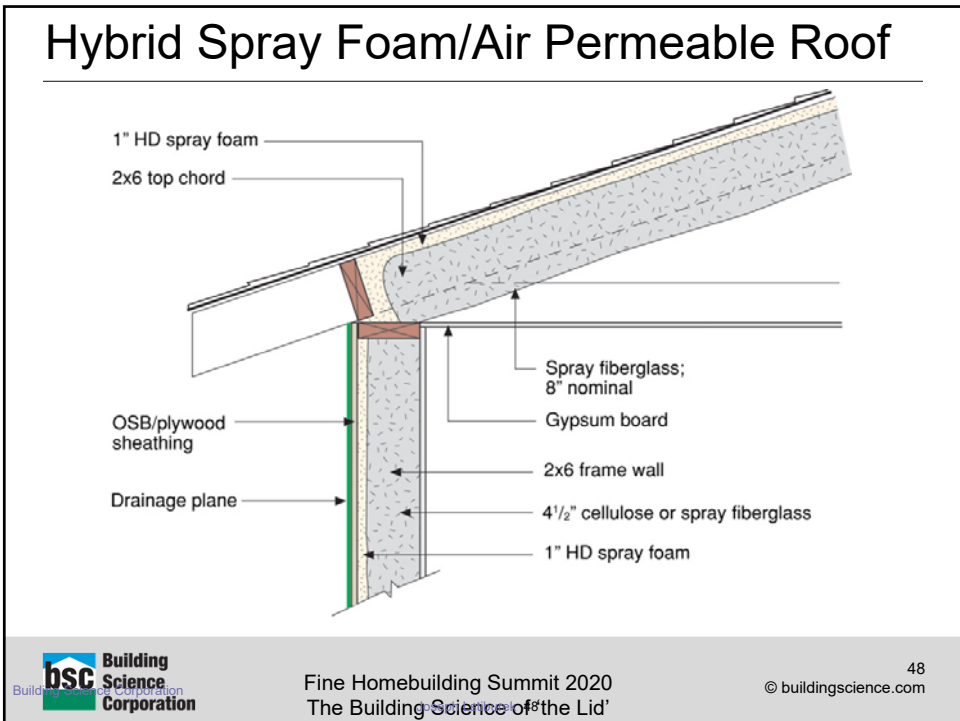
## Spray Foam Roofs



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## Hybrid Rigid cc Foam/oc Foam Roof

Labels in diagram:

- Shingles
- Roofing paper
- Roof Sheathing
- Air impermeable insulation ("closed cell" spray polyurethane foam)
- Air permeable insulation ("open cell" spray polyurethane foam)


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## R806.5 Ratio Requirements

Insulation for Condensation Control\*

Climate Zone	Rigid Board or Air Impermeable Insulation	Code Required R-Value	Ratio of Rigid Board Insulation or Air Impermeable R-Value to Total Insulation R-Value
1,2,3	R-5	R-38	10%
4C	R-10	R-49	20%
4A, 4B	R-15	R-49	30%
5	R-20	R-49	40%
6	R-25	R-49	50%
7	R-30	R-49	60%
8	R-35	R-49	70%

\*Adapted from Table R 806.5 2015 International Residential Code

Table 1


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## R806.5 Ratio Requirements

Insulation for Condensation Control\*

Climate Zone	Rigid Board or Air Impermeable Insulation	Code Required R-Value	Ratio of Rigid Board Insulation or Air Impermeable R-Value to Total Insulation R-Value
1,2,3	R-5	R-38	5
4C	R-10	R-49	R-20
4A, 4B	R-15	R-49	R-49
5	R-20	R-49	40%
6	R-25	R-49	50%
7	R-30	R-49	60%
8	R-35	R-49	70%

\*Adapted from Table R 806.5 2015 International Residential Code

Table 1

### Climate Zone 5:

- 40% “air impermeable” (foam) minimum
- 60% “air permeable” maximum



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## Relevant Resources

- GM-0905: IRC FAQ: Conditioned Attics  
<https://www.buildingscience.com/documents/guides-and-manuals/irc-faqs/irc-faq-conditioned-attics>
- BA-1312: Application of Spray Foam Insulation Under Plywood and OSB Roof Sheathing  
<https://www.buildingscience.com/documents/bareports/ba-1312-application-of-spray-foam-insulation-under-plywood-and-osb-roof-sheathing/view>
- PA-1401: Are You Doing Something Stupid?  
<https://www.buildingscience.com/documents/published-articles/pa-are-you-doing-somethig-stupid/view>
- BSI-100: Hybrid Assemblies  
<https://www.buildingscience.com/documents/building-science-insights/bsi-100-hybrid-assemblies>
- BSI-049: Confusion About Diffusion  
<https://www.buildingscience.com/documents/insights/bsi-049-confusion-about-diffusion>



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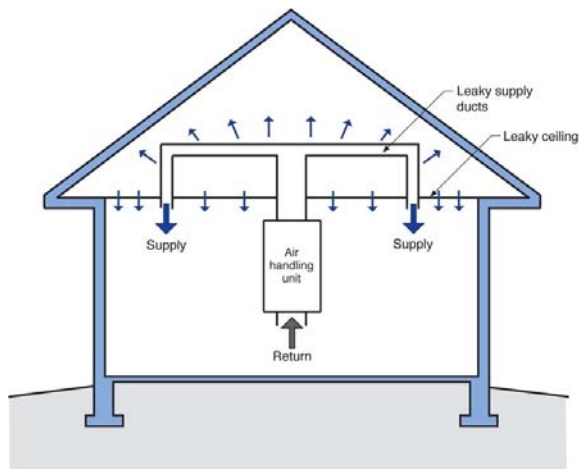
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# Unvented Attic Humidity Problems

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## Unvented Attic: That Was Then...

- Inadvertent dehumidification from duct leakage



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## Unvented Attic Humidity Problems

- Summertime problem, typically with ocSPF attics
- Modern well-sealed ductwork
- Interior RH gets very high—70%+ RH; attic is highest portion of house
- ‘Ping-pong’ moisture from roof sheathing, heated and cooled—temperature extremes
- Solutions:
  - Add conditioning @ 50 cfm/1000 ft<sup>2</sup> ceiling area
  - Add dehumidification
  - Use ccSPF or exterior foam—roof sheathing no longer ‘moisture connected’ to interior conditions or hi/lo T’s

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## Relevant Resources

- BSI-077: Cool Hand Luke Meets Attics  
<https://www.buildingscience.com/documents/insights/bsi-077-cool-hand-luke-meets-attics>
- BSI-016: Ping Pong Water and The Chemical Engineer  
<https://www.buildingscience.com/documents/building-science-insights-newsletters/bsi-016-ping-pong-water-and-chemical-engineer>
- High Humidity in Unvented Conditioned Attics: What’s going on in these damp attics insulated with open-cell spray foam?  
<https://www.greenbuildingadvisor.com/article/high-humidity-in-unvented-conditioned-attics>

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# Fibrous Insulation Unvented Roofs

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## Fibrous Insulation Unvented Roofs

- Dense pack insulation of unvented roofs common in cold-climate retrofits
  - Moisture risks (see BSI-043 “Don't Be Dense—Cellulose and Dense-Pack Insulation”)—2 in 10 failure?
  - Violates I-codes (see IRC § R806.4/R806.5)
  - “Ridge rot”—localized problems (SIPS same problem)

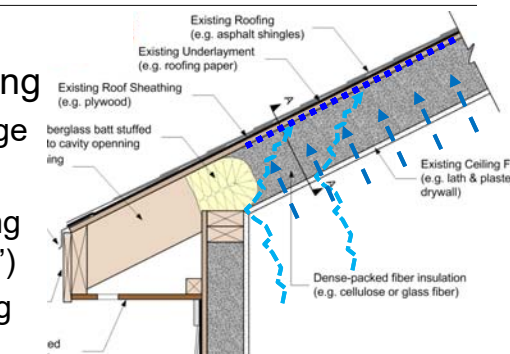


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## Why Unvented + Fibrous Risky?

- Different than walls?
- Moisture risks at sheathing
  - Interior-sourced air leakage
  - Vapor contributing too?
  - Zero-perm exterior (“wrong side perfect vapor barrier”)
  - Night sky radiation cooling
  - Stack effect in winter
  - “Ridge rot” (thermal and moisture buoyancy)

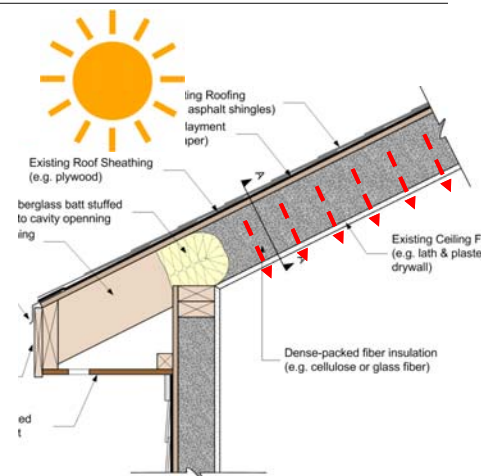


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## Why Unvented + Loose Fill Risky?

- Risk reduced by:
  - Airtightness of ceiling
  - Dense insulations-less airflow
  - Solar drive
    - But white roofs, shading
  - Lower interior RH (winter)
    - Why many of them work?
  - Lower permeance interior
    - Assumes good airtightness—vapor retarder not bypassed
- Moisture accumulation: what gets in vs. gets out



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## Why Fibrous Fill Unvented Roofs?

- Unvented roofs without spray/board foams could reduce costs and increase market penetration... IF moisture damage risks are addressed
- Retrofit opportunities (existing uninsulated living space at roof line, without removing finishes)

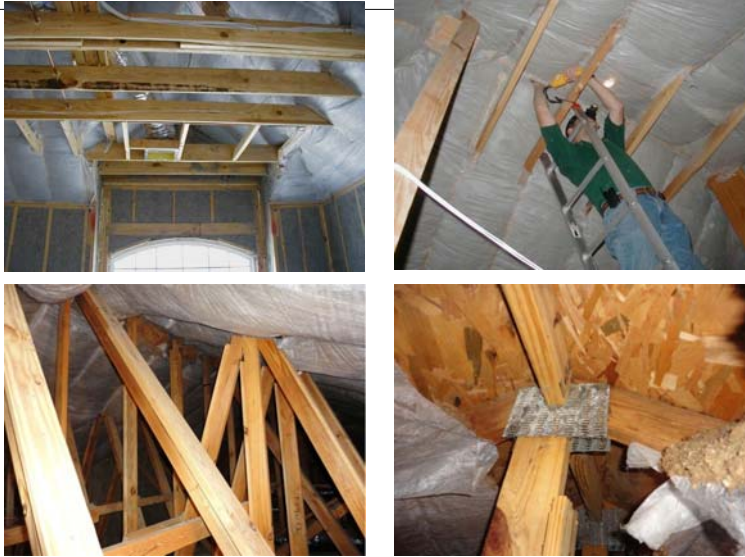


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## “Ridge Rot” and Moisture Buoyancy

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## Houston and Jacksonville (CZ 2A) 2001



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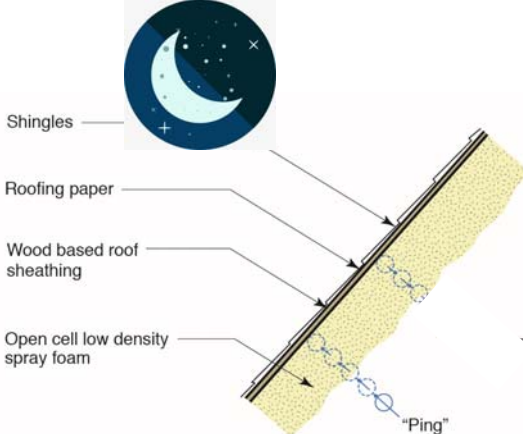
## Moisture Buoyancy

- Moisture concentrated at highest point in conditioned attic (ridge)
- Not a simple one-dimensional problem
- Not a straight-up air leakage problem
- Problem with open-cell spray foam (ocSPF) unvented roofs (high RHs in attic)-many climates
  - But not ccSPF—lower vapor permeance
- Concentration of interior-sourced moisture
- Moist air is lower density (“lighter”) than dry air
- Others: “system in equilibrium has same dewpoint in connected air space”


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## “Ping Pong” Water

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- See BSI-016: Ping Pong Water and The Chemical Engineer



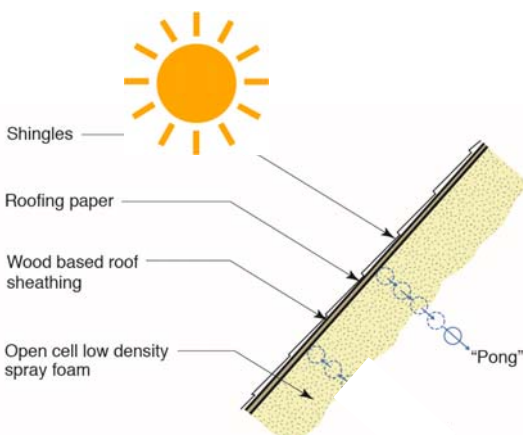
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## “Ping Pong” Water

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- See BSI-016: Ping Pong Water and The Chemical Engineer



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## “Ping Pong” Water

Shingles

Roofing paper

Wood based roof sheathing

Open cell low density spray foam

Each “Ping” and “Pong” bounces the water molecules up the slope

- “Gas separation process similar to pressure swing adsorption”
- Solar-powered moisture concentration machine

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## Relevant Resources

- BSI-016: Ping Pong Water and The Chemical Engineer  
<https://www.buildingscience.com/documents/building-science-insights-newsletters/bsi-016-ping-pong-water-and-chemical-engineer>
- BSI-043: Don't Be Dense—Cellulose and Dense-Pack Insulation  
<https://www.buildingscience.com/documents/insights/bsi-043-dont-be-dense>

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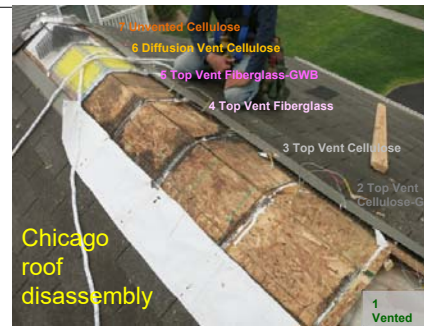
68

# Previous Building America Research

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## Previous Building America Research

- Chicago (CZ 5A):
  - One winter, 50% RH
  - Unvented roofs-high risk
  - Cellulose lower risk than FG batt
  - Vented compact roof (chute) safe-but poor air leakage

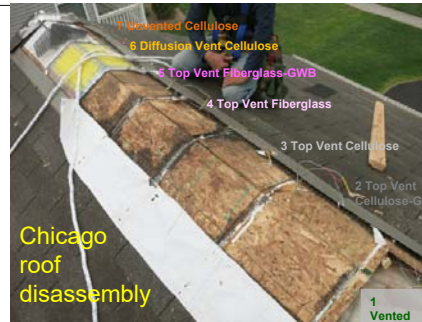


70



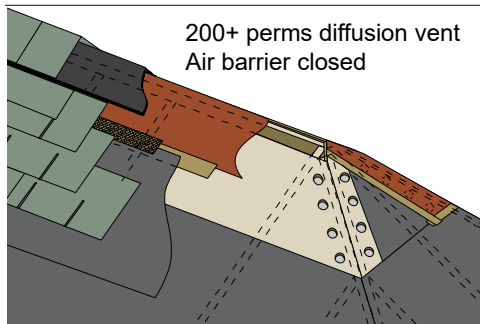
## Previous Building America Research

- Chicago (CZ 5A):
  - One winter, 50% RH
  - Unvented roofs-high risk
  - Cellulose lower risk than FG batt
  - Vented compact roof (chute) safe-but poor air leakage
- Houston/Orlando (CZ 2A):
  - 2 attics, multiple seasons
  - Diffusion vents allow greater drying, avoid moisture problems



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## Diffusion Vent Prototype (Houston)



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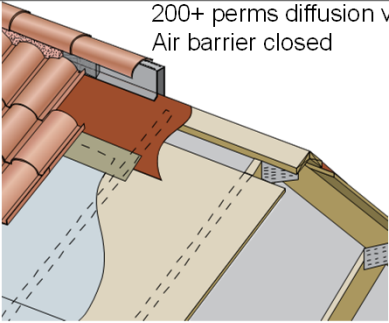
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## Diffusion Vent Prototype (Orlando-Tile)




200+ perms diffusion vent  
Air barrier closed







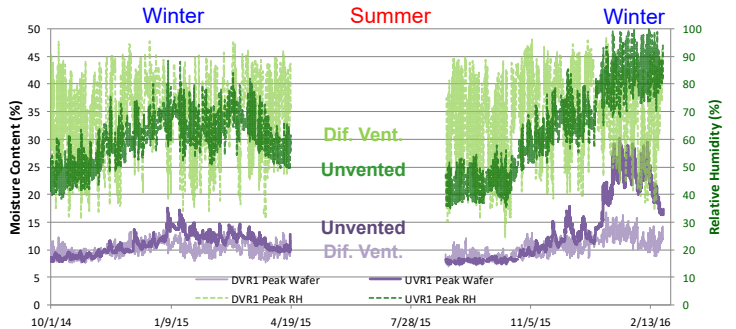




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## Houston/Orlando Results

- Diffusion vent avoids wintertime ridge accumulation problems (ridge peak RHs/MCs)
- No failures at low interior RH, bigger difference at higher RH (interior humidification)
- Airtightness disappointing in some cases-no SPF
- Unvented + fibrous + DV: in 2018 IRC, CZ 1, 2, 3



The graph displays Moisture Content (%) on the left y-axis (0-50) and Relative Humidity (%) on the right y-axis (0-100) against time from 10/1/14 to 2/13/16. It compares 'Dif. Vent' (green lines) and 'Unvented' (purple lines) scenarios. The 'Dif. Vent' scenario shows significantly lower moisture content and relative humidity peaks compared to the 'Unvented' scenario, especially during the winter periods. The legend includes: DVRI Peak Wafer, UVR1 Peak Wafer, DVRI Peak RH, and UVR1 Peak RH.

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## Unvented Roofs w Diffusion Ports in Code

### 2018 IBC 1202.3/IRC R806.5 Unvented attic and unvented attic enclosed rafter assemblies

- Vapor diffusion port; port area 1:600 of the ceiling area
- Vapor permeance greater than 20 perms
- Roof slope greater than 3:12
- Insulation installed directly under the roof deck or at the ceiling (attic floor)
- Air supply 50 cfm/1000 ft<sup>2</sup> ceiling area where insulation installed directly under the roof deck
- **Climate Zones 1, 2 and 3**



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## Relevant Resources

- BSI-088: Venting Vapor  
<https://www.buildingscience.com/documents/insights/bsi-088-venting-vapor>
- BA-1409: Field Testing Unvented Roofs with Asphalt Shingles in Cold and Hot-Humid Climates  
<https://www.buildingscience.com/documents/building-america-reports/ba-1409-field-testing-unvented-roofs-asphalt-shingles-cold-and>
- BA-1511: Field Testing of an Unvented Roof with Fibrous Insulation, Tiles, and Vapor Diffusion Venting  
<https://www.buildingscience.com/documents/building-america-reports/ba-1511-field-testing-unvented-roof-fibrous-insulation-tiles-and>



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# Westford Test Hut Experiment



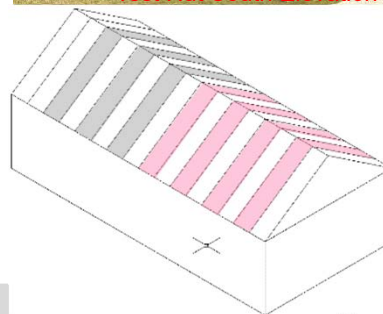
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## Test Hut Experimental Approach

- Climate Zone 5A test hut
- Eight north-south roof bays; guard bays
- $\pm R-50$  (14- $\frac{3}{4}$ " framing, 2012 IECC)
- Test variables (changed year-to-year):
  - Vapor retarder: variable perm vs. fixed perm, various permeance curves
  - Diffusion vent at ridge: full size, none, "small," or "tight"
  - Fiberglass vs. cellulose
  - "Control" comparison § R806.4 spray foam + fibrous
- Varying interior boundary conditions
  - Winter 1: "Normal" interior conditions
  - Winter 2: Elevated RH (50% constant)
  - Winter 3: Air leakage into rafter bays



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## Diffusion Vent



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## Test Hut Construction



- Instrumentation completion

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## Test Hut Construction



- Interior air/vapor control installed

## Westford Test Hut Research Findings



## Year 1 Findings (“Normal” Conditions)

- Roofs with diffusion vent & variable-perm vapor retarder safest
- Non-diffusion vent roofs worst; high moisture levels at ridge
- Viitanen mold index values below risk thresholds (3.0 MI); meets ASHRAE Standard 160
- Visible settling of insulation (when cutting new ridge openings from above)
- Summertime inward drive at fixed-perm VR roofs
- Eliminated non-diffusion vent roofs (“small”, “tight”) for following research

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## Ridge Retrofits, Insulation Settling

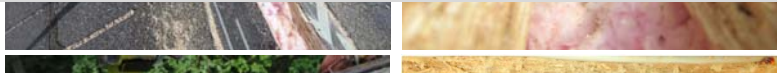


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## Ridge Retrofits, Insulation Settling



**Cellulose settling along entire roof length only occurred on north side**



**Roofs left as-is for Winter 2:  
realistic settling of insulation?  
Also, damage to instruments  
when retrofitting insulation**



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## Year 2 Findings (50% RH Constant)

- Interior at 50% RH creates much more challenging conditions: many pushing edge of risk
- Many MCs over 20% to 30%, sustained high RH
- Mold Index #s remain below 3.0
- Mold growth occurred on framing & sheathing
- "Tight" diffusion vent did not work acceptably
- Code-compliant ccSPF roof acceptable
- Repacked insulation after disassembly; filling all voids
- Replaced all ridge sensors (data failures)

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## Summer 2 Ridge Disassembly Work

- Fiberglass: staining, rundown, some mold spotting



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## Summer 2 Ridge Disassembly Work

- Cellulose: worst mold, settling (greater at north)



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## Year 3 Setup & Findings (Air Injection)

- Early winter 50% RH, no air leak
- February onward-add air leak
- Air injection system
  - Interior-to-interior leak
  - Very small air leak, 0.5 CFM per bay
  - Comparable to very airtight construction
- Before air injection: much drier than Year 2
  - Repacking insulation suppresses convection?
- Air injection: severe spike in sheathing MC
  - Localized to injection site
  - Disassembly in summer: no visible damage

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## Air Injection System



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## Disassembly



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# Westford Test Hut Recommendations

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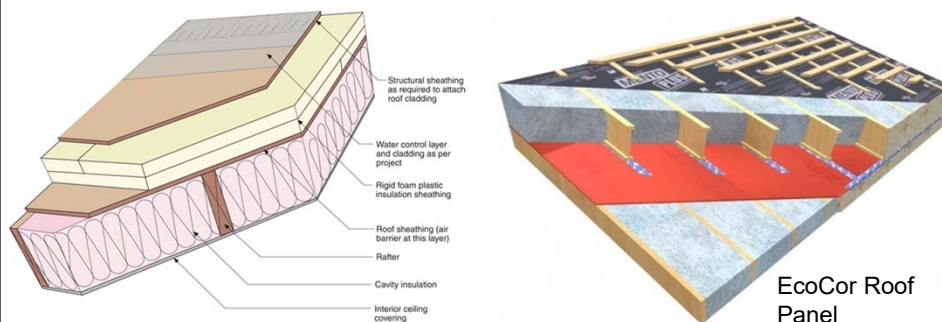
## Recommendations and Further Work

- Unvented fibrous insulation roofs **can** work, **BUT**
  - Ensure complete packing of insulation
  - Still vulnerable to small (0.5 CFM) air leaks
- Mold found after Winter 2, despite mold index < 3.0
  - Vulnerability to moisture damage at ridge
- Difficult to recommend for widespread use and acceptance in building codes
  - High indoor RHs more likely w. tighter construction and high occupant density/multifamily
- Retrofit solution for failing assemblies?
  - Demolition + spray foam not possible?
  - No place in code to allow

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## Recommendations and Further Work

- Foam-free unvented roof options
  - Fibrous + continuous exterior insulation outside air barrier, per § R806.5
  - Ventilated cavity outboard of vapor-permeable air/water control membrane



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## Recommendations and Further Work

- If implementing unvented fibrous insulation roofs
  - Keep interior RH low for life of building
  - Airtightness of interior air/vapor control layer
  - Variable-perm vapor retarder (allows downward drying)
  - Large 300 perm diffusion vent recommended
  - Fibrous insulation without voids or empty cavities
  - Light colored roofs & shading increase risks
- Future work?
  - Moisture risks demonstrated; not sure if additional research useful
  - “Story and a Half Geometry” (Cape Cod short slope)

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## Relevant Resources

- BA-2001: Monitoring of Unvented Roofs with Fibrous Insulation, Diffusion Vents, and Interior Vapor Control in a Cold Climate  
<https://www.buildingscience.com/documents/building-america-reports/ba-2001-monitoring-unvented-roofs-fibrous-insulation-diffusion>
- NESEA Building Energy Boston, August 12, 2020  
[https://www.buildingscience.com/sites/default/files/2020-08-14\\_nesea\\_be18\\_ueno\\_unvented\\_roofs\\_for\\_pdf.pdf](https://www.buildingscience.com/sites/default/files/2020-08-14_nesea_be18_ueno_unvented_roofs_for_pdf.pdf)

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# SIPS Roofs



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## Juneau AK SIPS Failures

- ~8600 HDD, Climate Zone 7



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## Juneau AK SIPS Failures



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## Juneau AK SIPS Failures



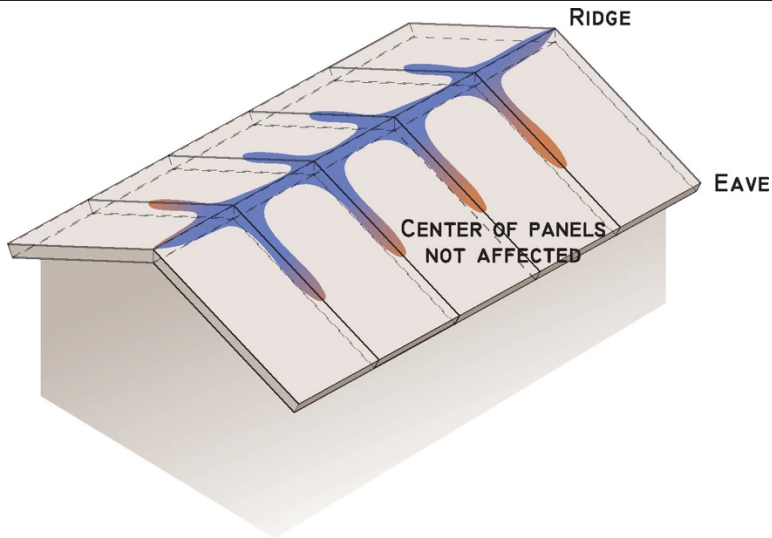
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## SIPS “Ridge Rot” Patterns

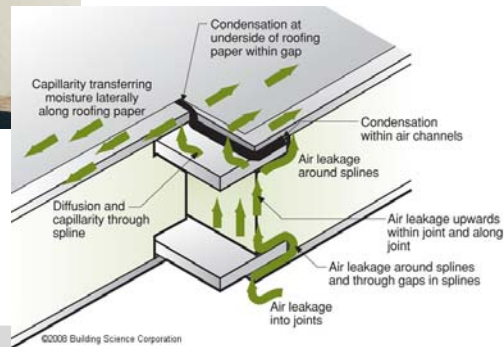


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## SIPS Spline Joints (Field Sealed)



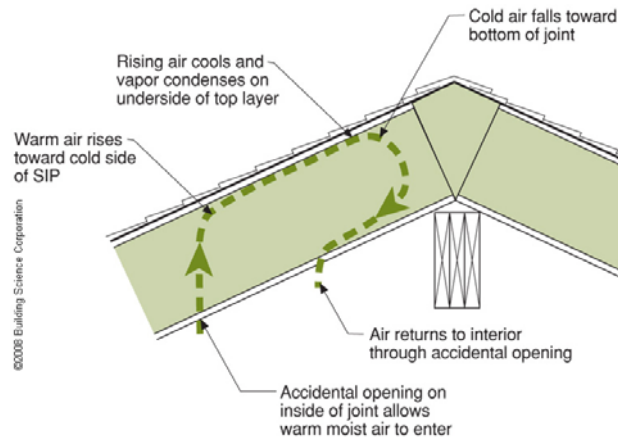
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## SIPS Interior-to-Interior Air Leak

- Can pass a blower door test, but...



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## SIPS Shingle Ridging



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## SIPS Air Leakage Testing



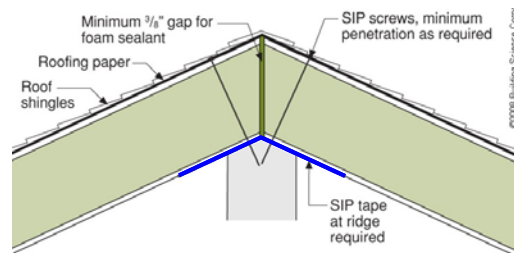
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## SIPS Solutions

- New construction: tape over beams/purlins for robust & inspectable air seal between panels



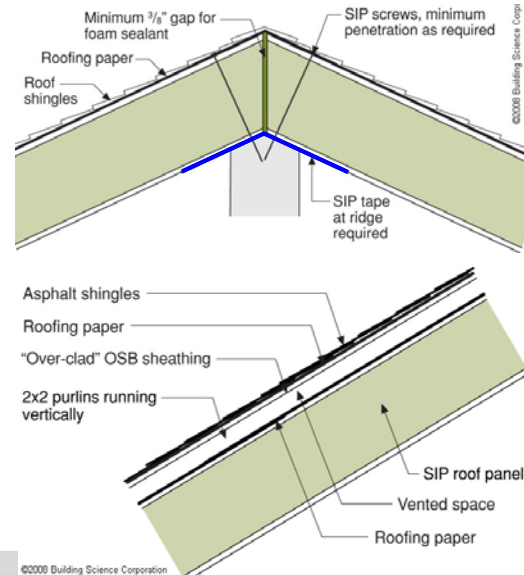
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## SIPS Solutions

- New construction: tape over beams/purlins for robust & inspectable air seal between panels
- Retrofit: vented over-roof with permeable underlayment to allow drying. Reduces ice dam risks



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## Relevant Resources

- BSI-036: Complex Three Dimensional Airflow Networks  
<https://www.buildingscience.com/documents/insights/bsi-036-complex-three-dimensional-air-flow-networks>
- Builder's Guide to Structural Insulated Panels (SIPs)  
<https://www.buildingscience.com/files/builders-guide-structural-insulated-panels-sips>



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# Ice Dams



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# Ice Dams



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## Ice Dam Mechanisms

The diagram illustrates the following components and processes:

- Thin ice slab under snow:** A layer of ice that has formed beneath the snow on the roof.
- Melt water running under thin ice slab:** Water that has melted from the snow and is trapped beneath the ice slab.
- Snow:** The layer of snow on top of the roof.
- Melt water running down underside of sheathing:** Water that has leaked through the roof sheathing.
- Ice dam:** A large mass of ice that has accumulated at the edge of the roof.
- Icicles:** Long, pointed pieces of ice hanging from the edge of the roof.

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## Heated vs. Unheated Buildings

- Upstate NY
- Tobiasson/CRREL

Heated

Unheated

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## Ice Dam Solutions: Edge Metal



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## Ice Dam Solutions: Heat Tape, Membrane



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## Ice Dams: Control Heat from Interior



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## Ice Dams: Control Heat from Interior



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## Unvented Roof Ice Damming

- Unvented roofs typically control ice dams
- Problems occur with high snow loads



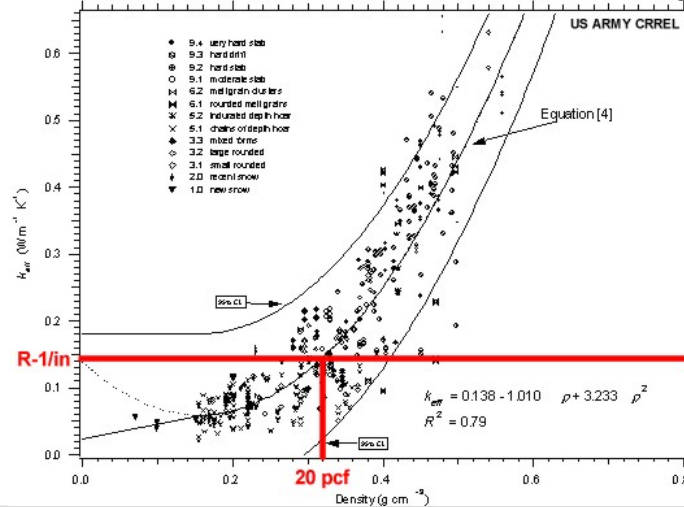
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## Snow R-Value ~R-1 per inch

- Thick snow cover → insulates roof → over 32° F



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### Vented 'Over Roof' at Unvented Roof

- "Vents away" heat from interior (snow melt risk)

Roof sheathing

Roofing paper

Shingles

Minimum R-50 rigid insulation in two or more layers with horizontal and vertical joints staggered

Roof sheathing

Roofing membrane

Vented space

Air barrier membrane

Wood decking

Timber rafter or exposed joist

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Timber rafter or exposed joist

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## Ground Snow Load Map

- Ground snow load 60 lbs./ft<sup>2</sup> → vented over roof

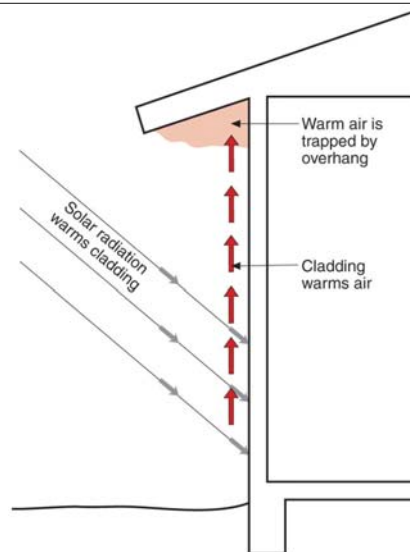


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## Snow Country Solar “Plume”



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## South-Facing Overhang Thermal 'Plume'

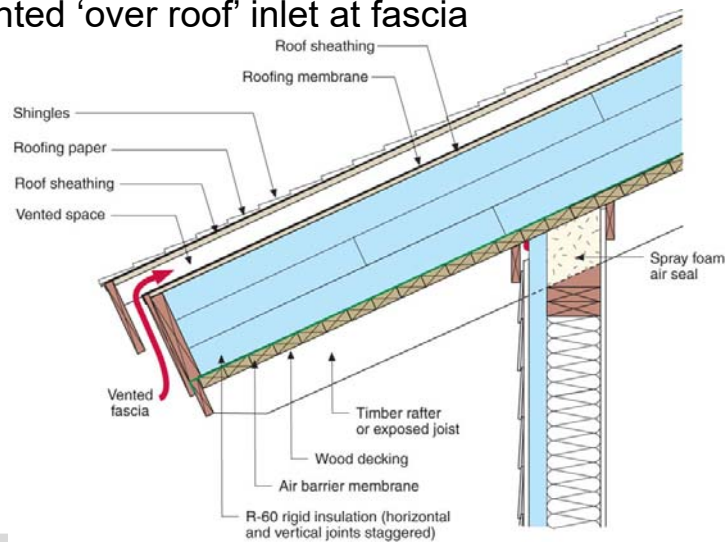
- "Captures" heat rising off sunlit wall, melts snow



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## Insulated Overhang (Snow Country)

- Vented 'over roof' inlet at fascia



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## Relevant Resources

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- BSI-046: Dam Ice Dam  
<https://www.buildingscience.com/documents/insights/bsi-046-dam-ice-dam>
- BSD-135: Ice Dams  
<https://www.buildingscience.com/documents/digests/bsd-135-ice-dams>
- BSI-097: De-Icing Ice Dams  
<https://www.buildingscience.com/documents/building-science-insights/bsi-097-de-icing-ice-dams>

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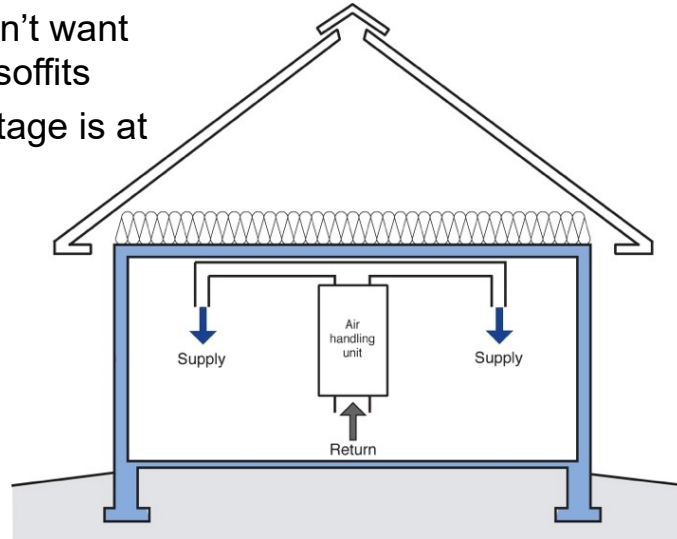
## Buried Ducts in Attics

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## Ductwork in Conditioned Space (Vented)

- Builders don't want bulkheads/soffits
- Square footage is at premium



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## Ductwork in Conditioned Space (Vented)

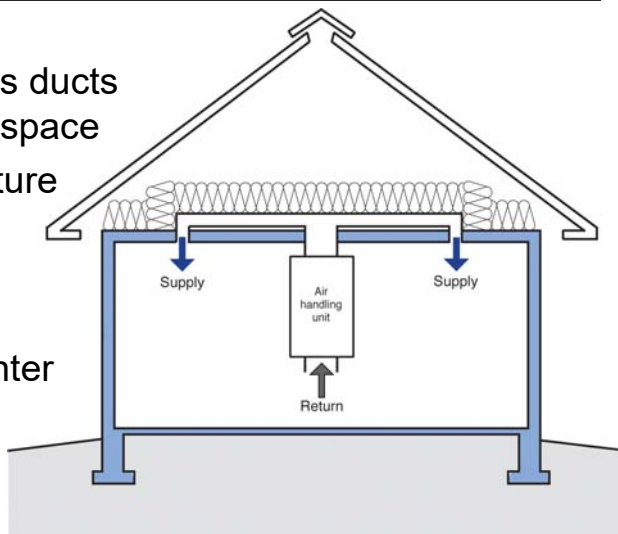
- Builders don't want bulkheads/soffits
- 'Pre-rock' step (similar to commercial construction)



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## Buried Ducts in Vented Attic

- Almost same performance as ducts in conditioned space
- Potential moisture risks
- Steven Winter, CARB, NAHB Innovation Center research



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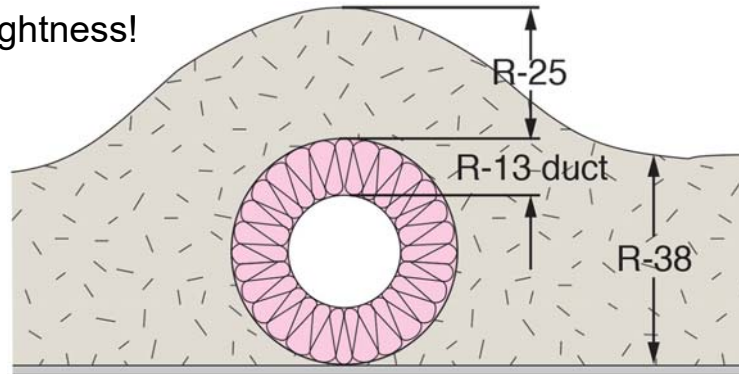
## Vented Attic Ductwork Sweating



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## Buried Ductwork Under Insulation

- Climate Zones 1A, 2A, 3A and 4A: R-13 'wrap' (hot and humid climates)
- All other CZs: R-8 wrap
- Duct tightness!



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## ccSPF to create R-13 Ductwork



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## Relevant Resources

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- BSI-094: No Sweat  
<https://www.buildingscience.com/documents/building-science-insights-newsletters/bsi-094-no-sweat>

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## Cut & Cobble Unvented Roof (Diffusion Vent)

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## Cut & Cobble Roof, Central MA



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## Diffusion Vent Retrofit



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## Monitoring Results

- Not ideal experiment (with & w/o DV comparison)
  - (Trying to fix friends' houses, not rot them)
- Still worrying high wood MCs ~30% peaks
- But disassembly—no damage
- Peaks occur in spring (May), not winter—???
- What goes in vs. what comes out
  - In via air leakage/out via vapor diffusion → hard
  - Airtightness was ~6 ACH 50; air leaks to roof evident
  - Trapped moisture—foil-faced polyiso below?
- Still OK-no condensation/dripping

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## Relevant Resources

- Cut-and-Cobble Insulation: Does it ever make sense to cut rigid foam into strips and insert the strips between your studs or rafters?  
<https://www.greenbuildingadvisor.com/article/cut-and-cobble-insulation>

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# Questions?

Kohta Ueno  
kohta [at] buildingscience [dot] com

Presentation will be available at:  
<https://buildingscience.com/past-events>



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