

Joseph Lstiburek, Ph.D., P.Eng, ASHRAE Fellow

Building Science

Adventures In Building Science

www.buildingscience.com

The Three Biggest Problems In Buildings Are
Water, Water and Water...

Building Science Corporation

Joseph Lstiburek 2

80 Percent of all Construction Problems are
Related to Water

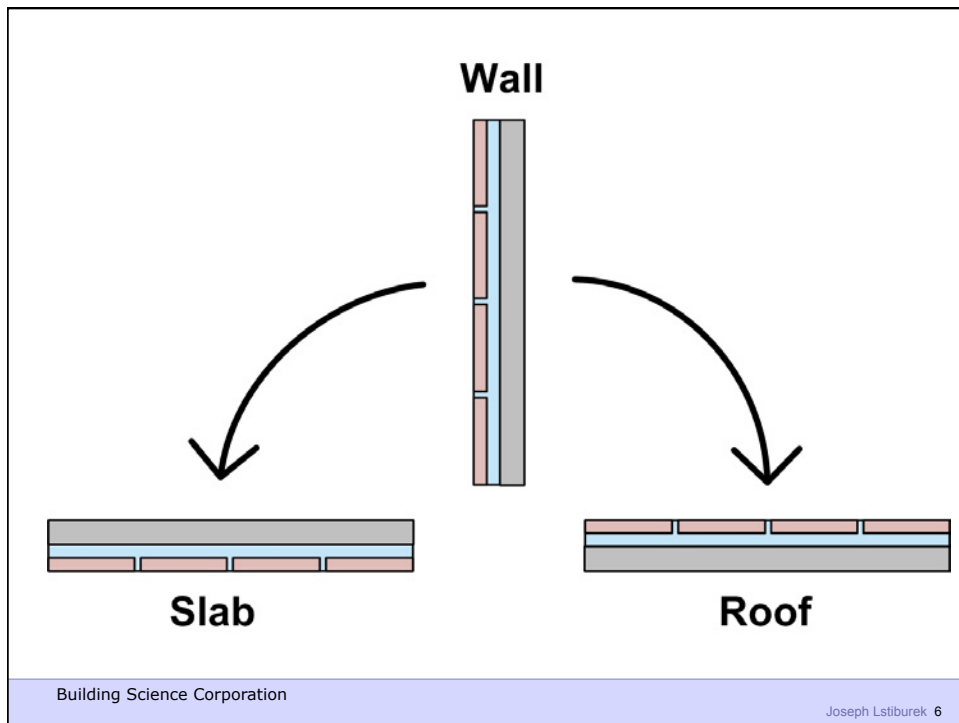
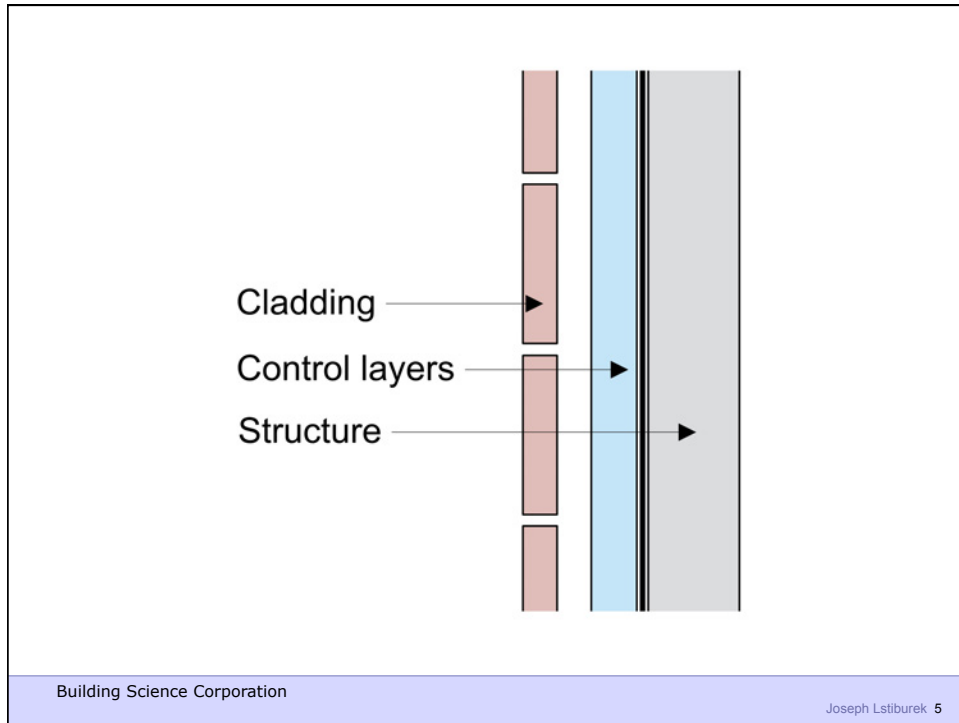
Building Science Corporation

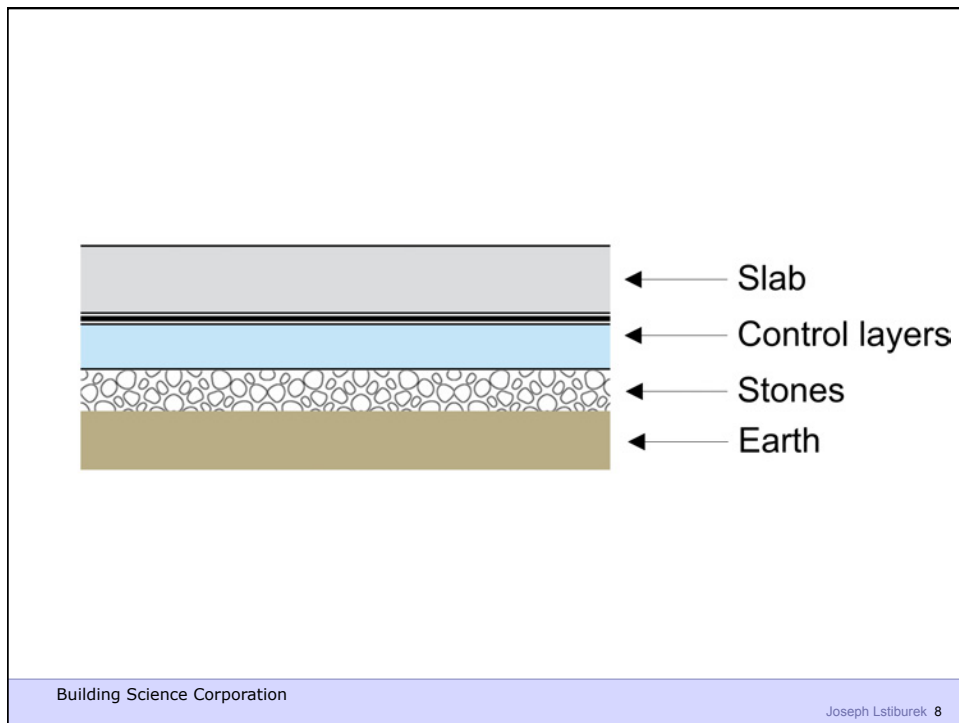
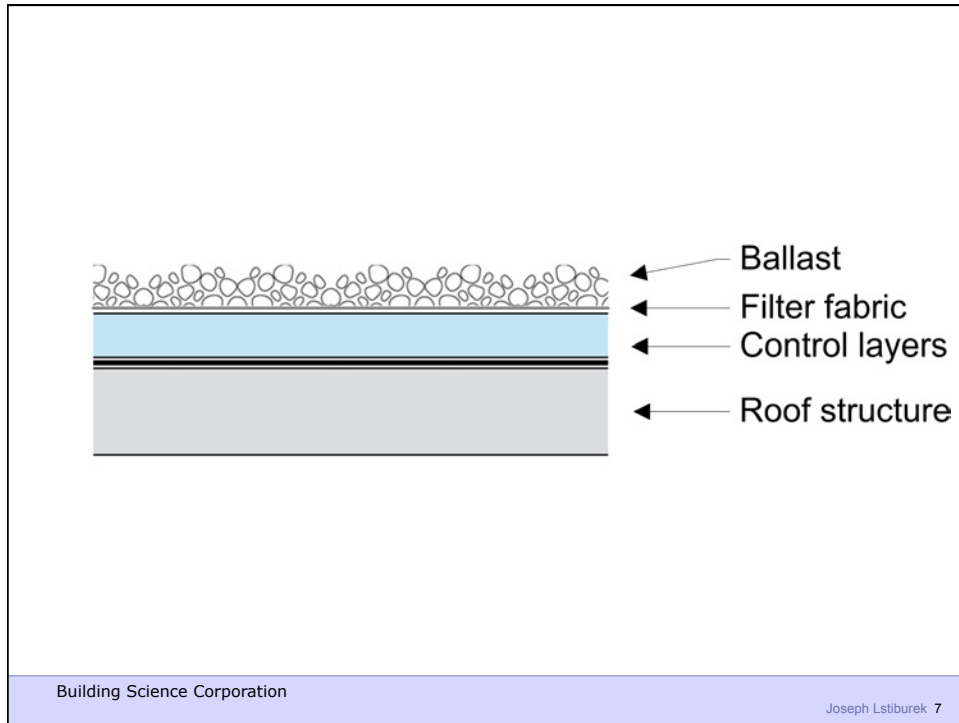
Joseph Lstiburek 3

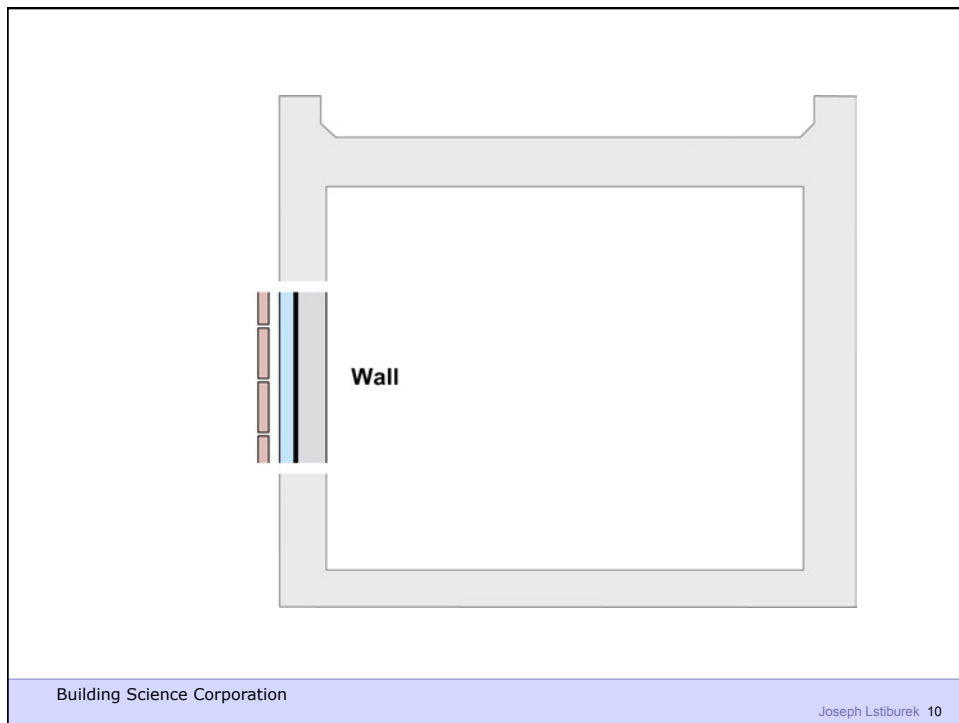
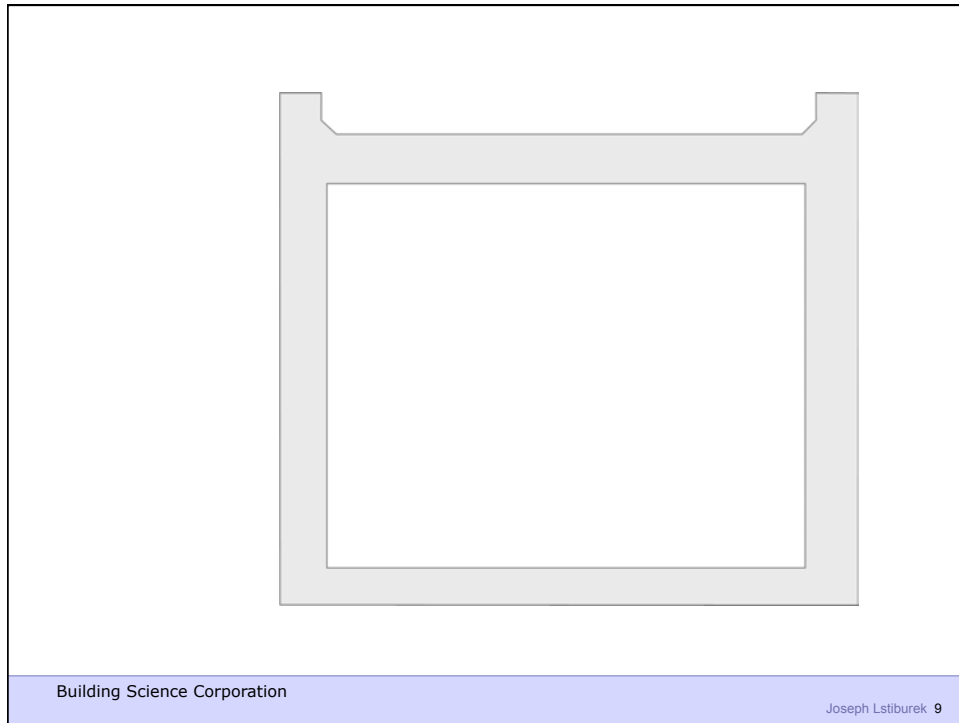
Water Control Layer
Air Control Layer
Vapor Control Layer
Thermal Control Layer

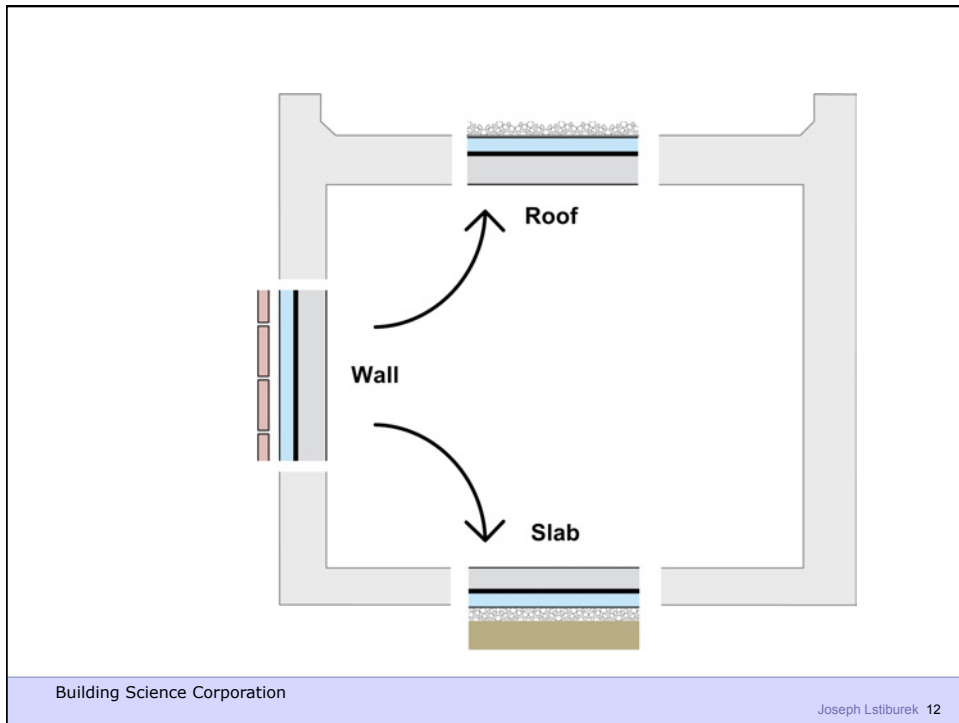
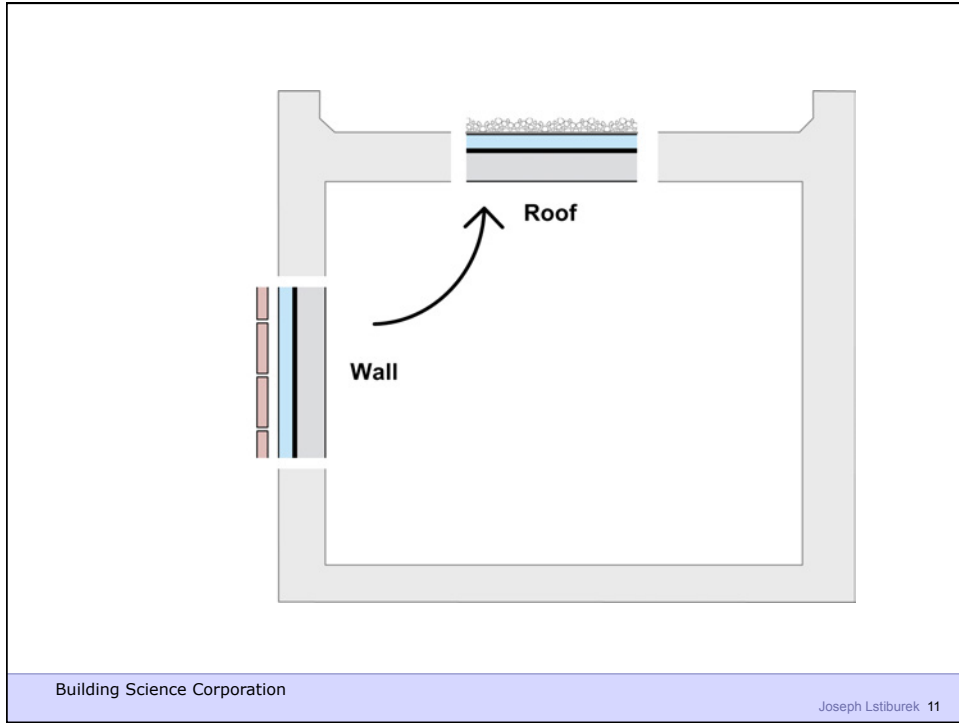
Building Science Corporation

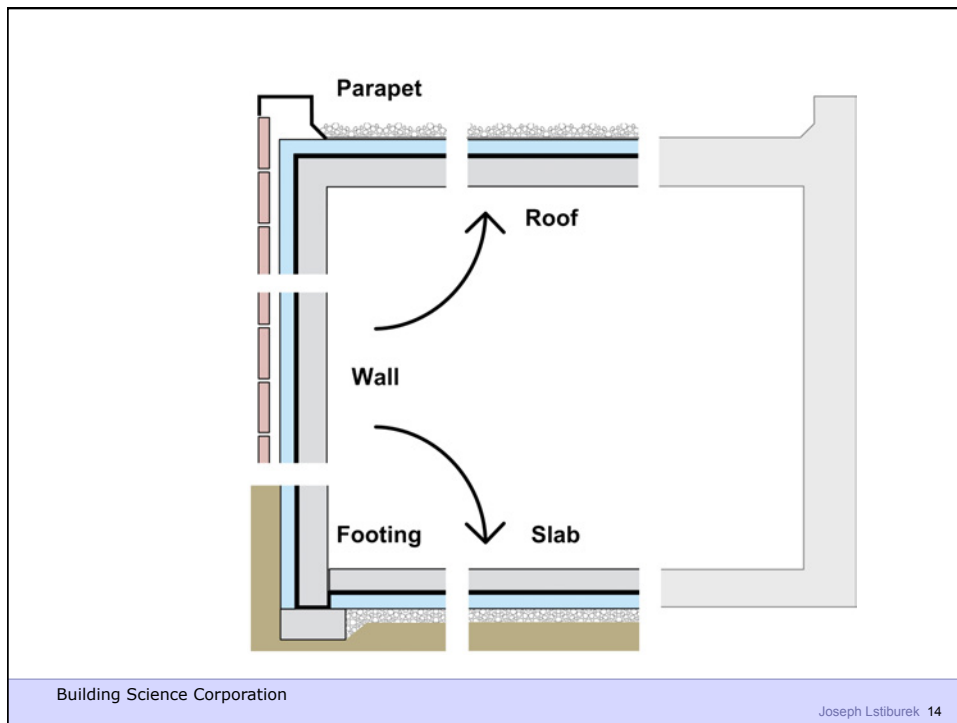
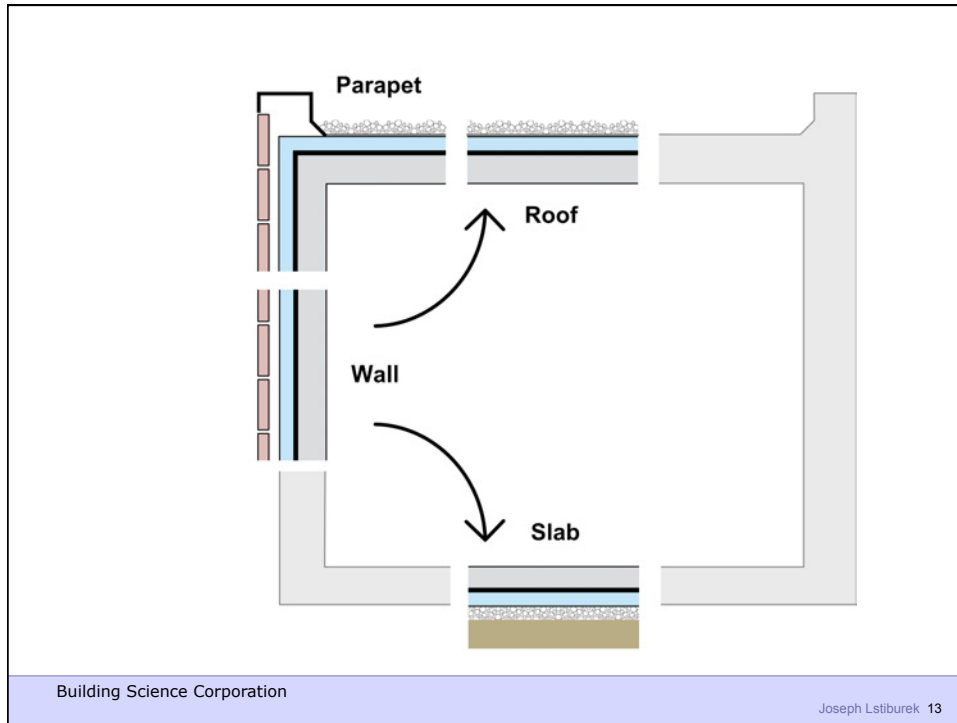
Joseph Lstiburek 4

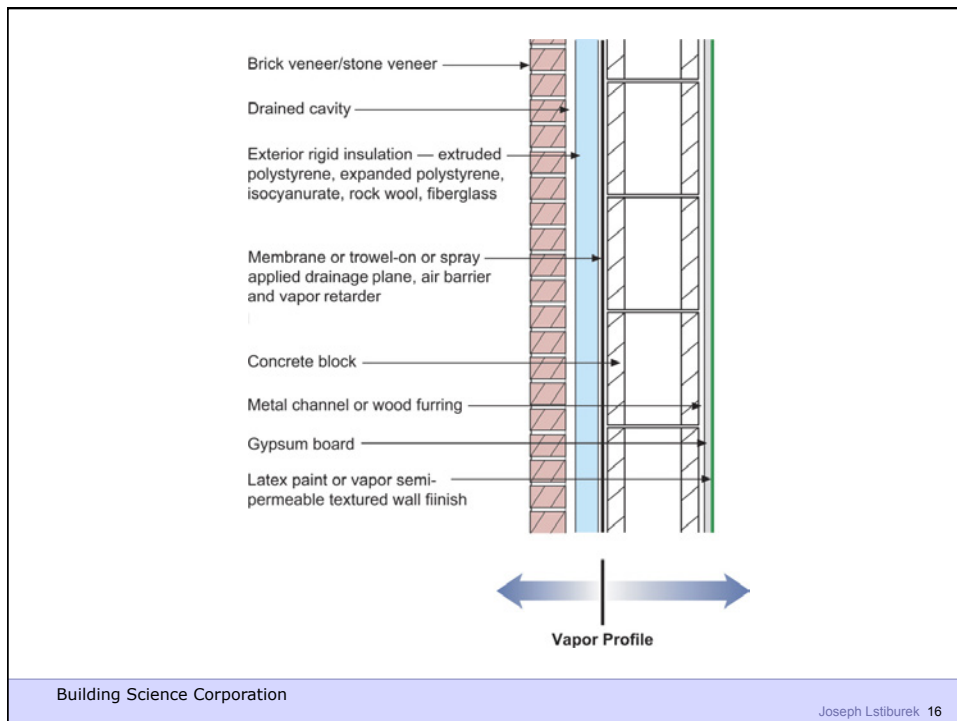
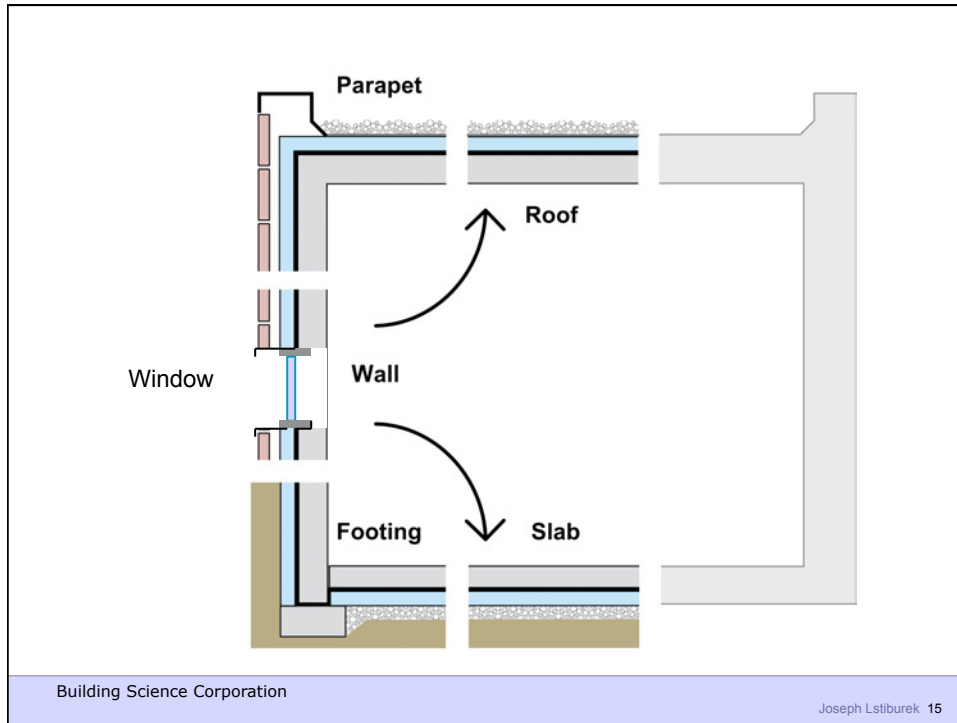


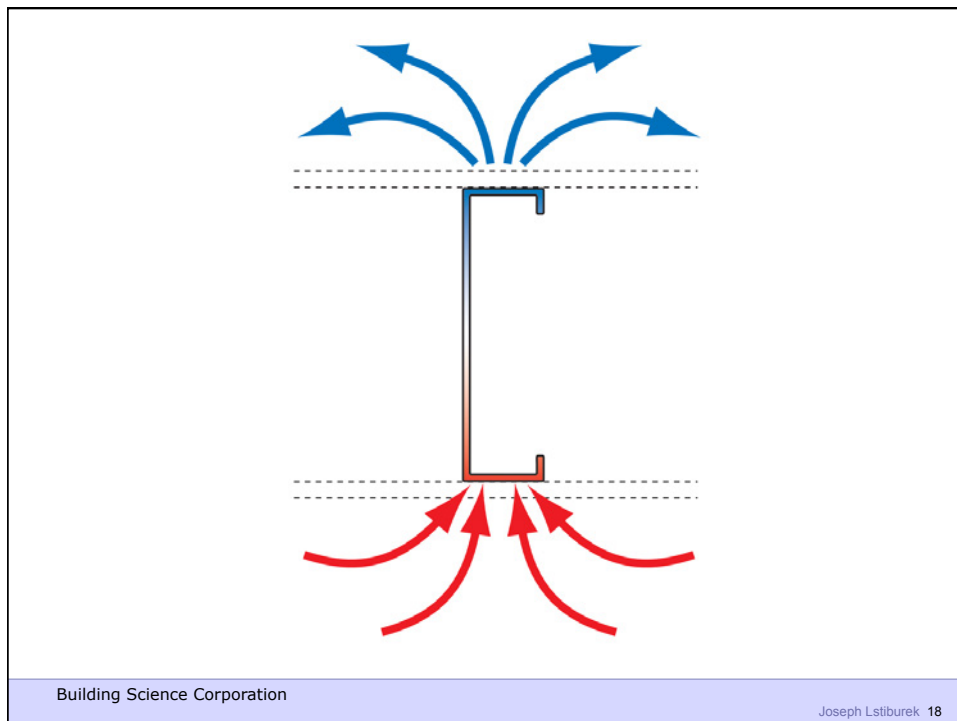
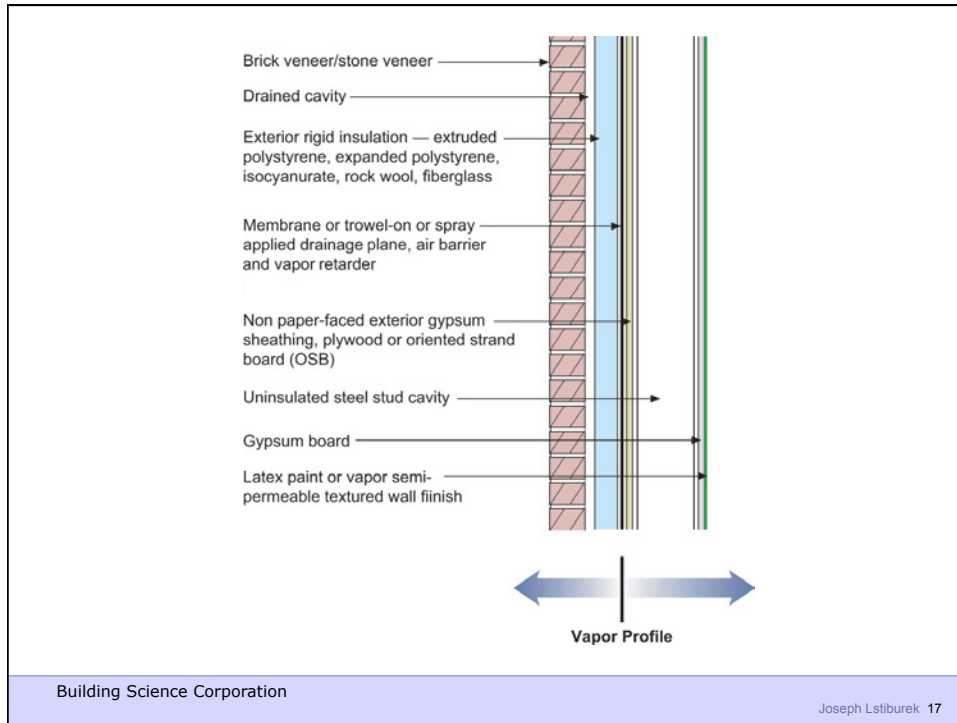


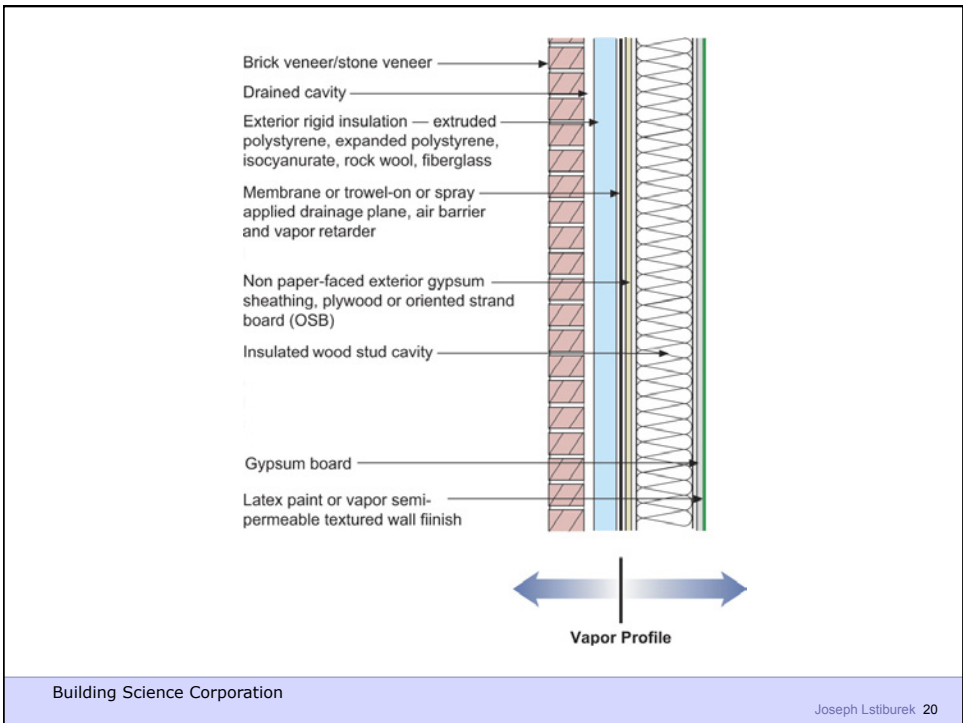




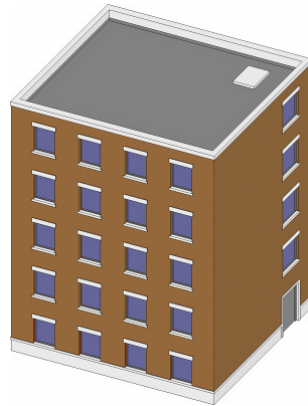








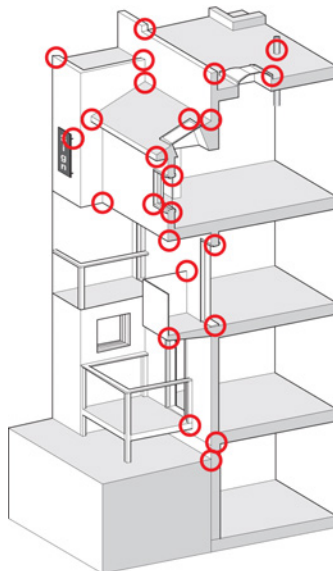
Commercial Enclosure: Simple Layers



- Structure
- Rain/Air/Vapor
- Insulation
- Finish

Building Science Corporation

Joseph Lstiburek 21



Building Science Corporation

Joseph Lstiburek 22





Building Science Corporation

Joseph Lstiburek 25



Building Science Corporation

Joseph Lstiburek 26







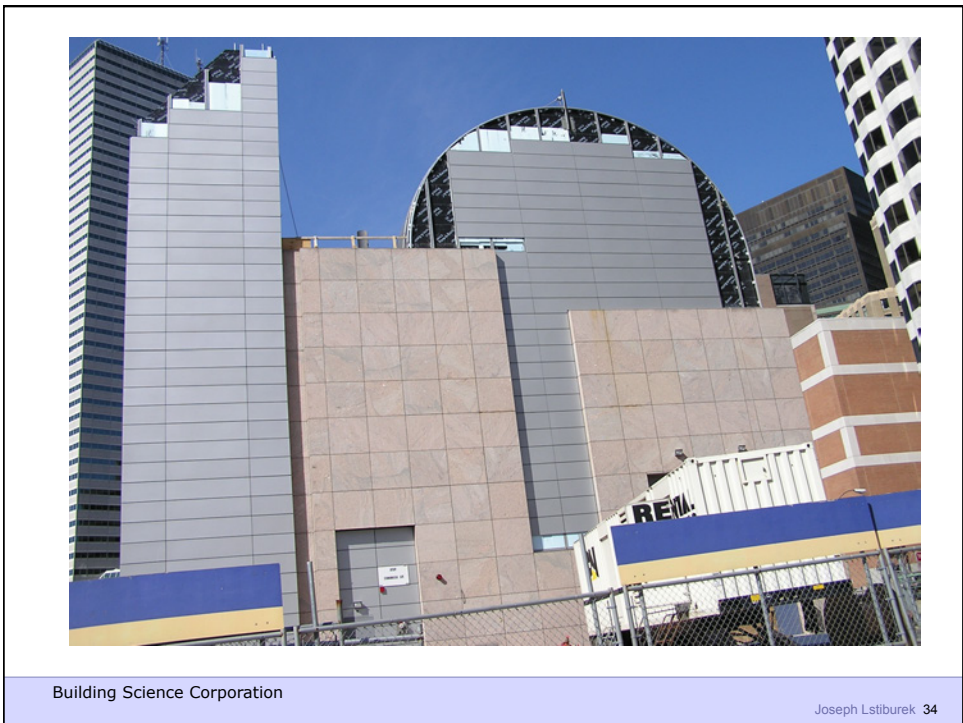
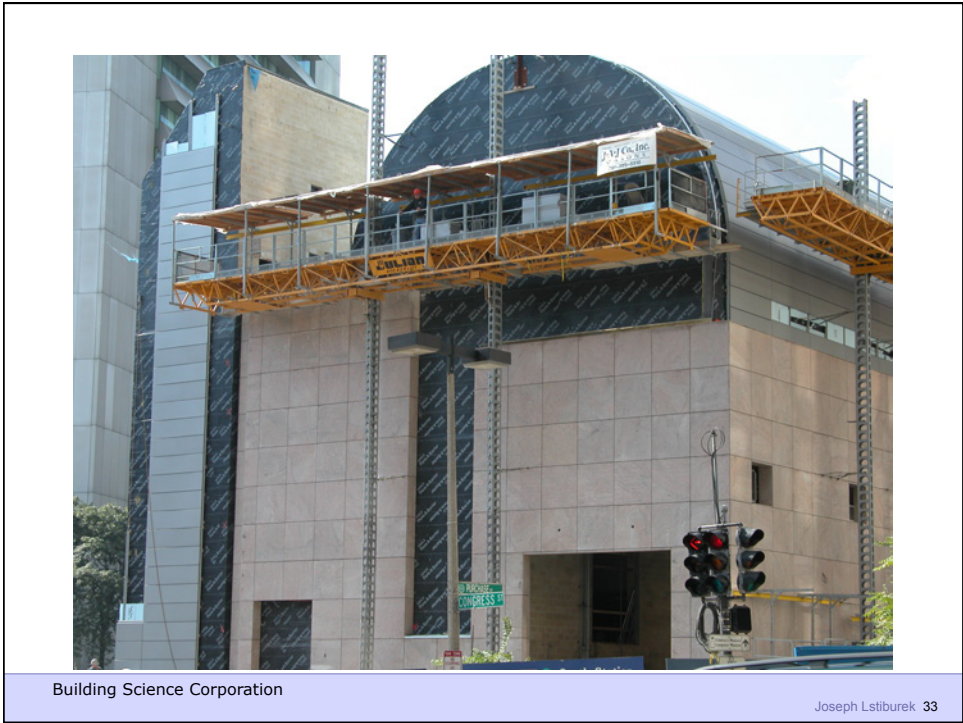
Building Science 2007

Joseph Lstiburek – Rain Control 31



Building Science Corporation

Joseph Lstiburek 32





Building Science Corporation

Joseph Lstiburek 35



Building Science Corporation

Joseph Lstiburek 36



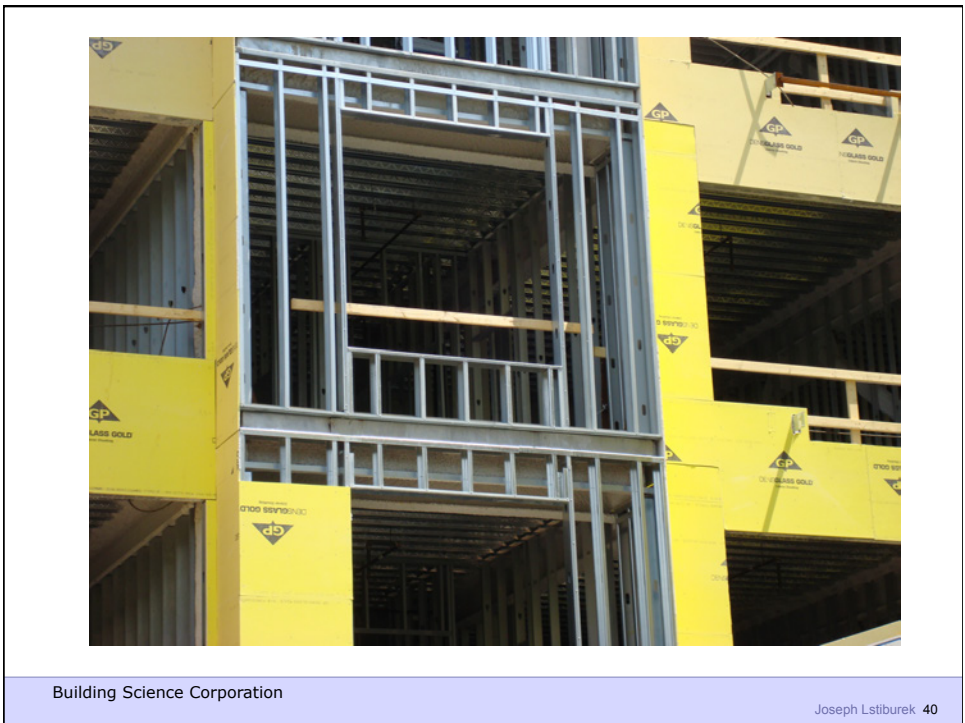
Building Science Corporation

Joseph Lstiburek 37



Building Science Corporation

Joseph Lstiburek 38







Building Science Corporation

Joseph Lstiburek 43



Building Science Corporation

Joseph Lstiburek 44





Building Science Corporation

Joseph Lstiburek 47



Building Science Corporation

Joseph Lstiburek 48



Building Science Corporation

Joseph Lstiburek 49



Building Science Corporation

Joseph Lstiburek 50



Building Science Corporation

Joseph Lstiburek 51



Building Science Corporation

Joseph Lstiburek 52





Building Science Corporation

Joseph Lstiburek 55



Building Science Corporation

Joseph Lstiburek 56







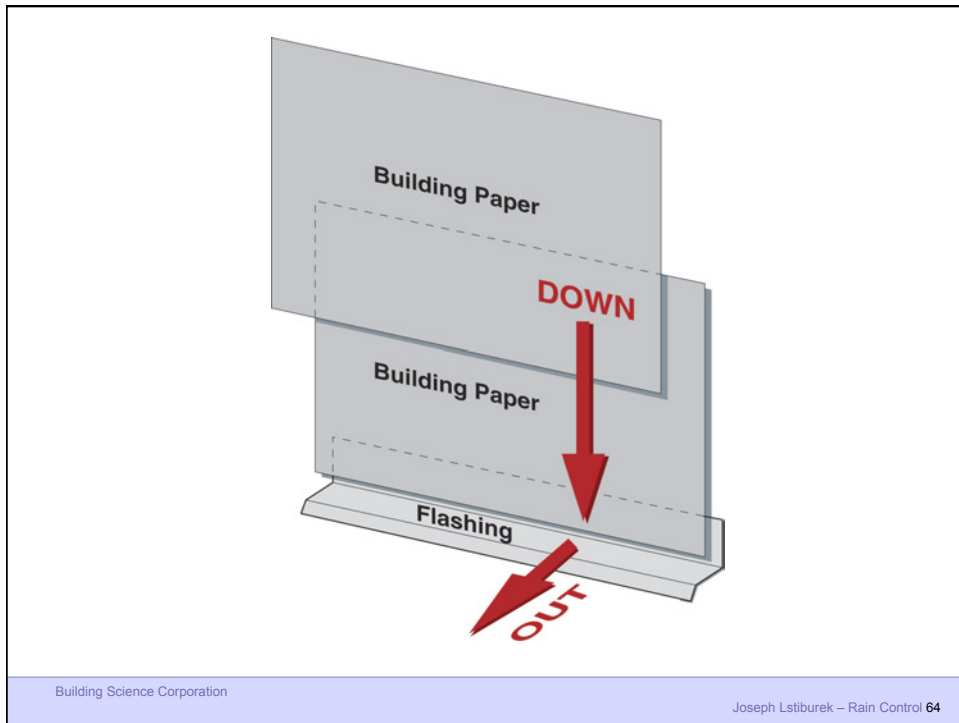
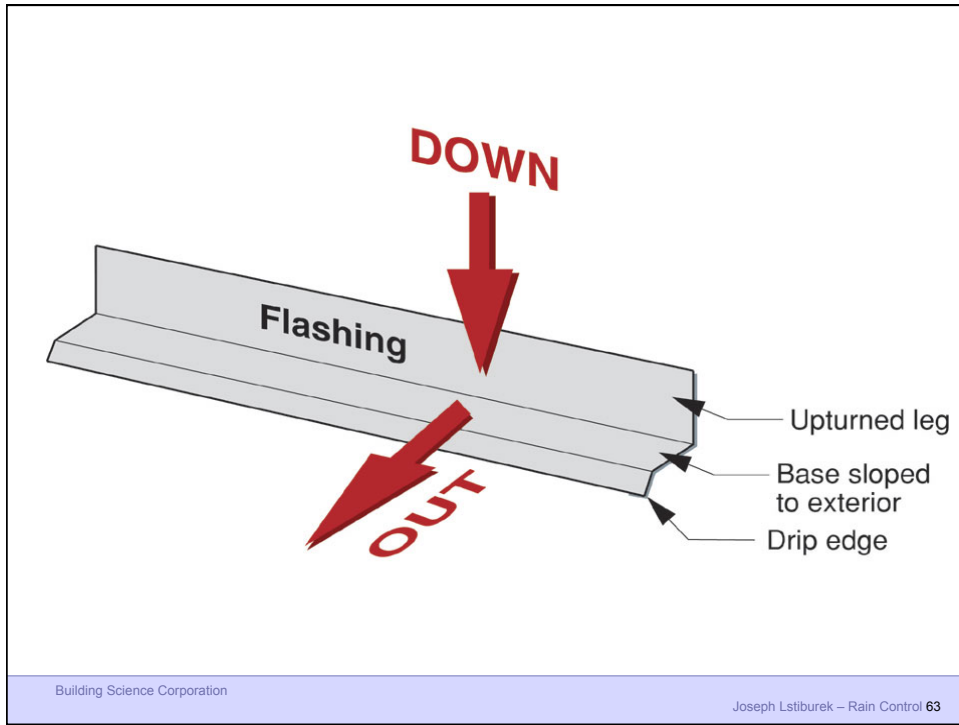
Building Science 2009

Joseph Lstiburek – HVAC 61



Building Science Corporation

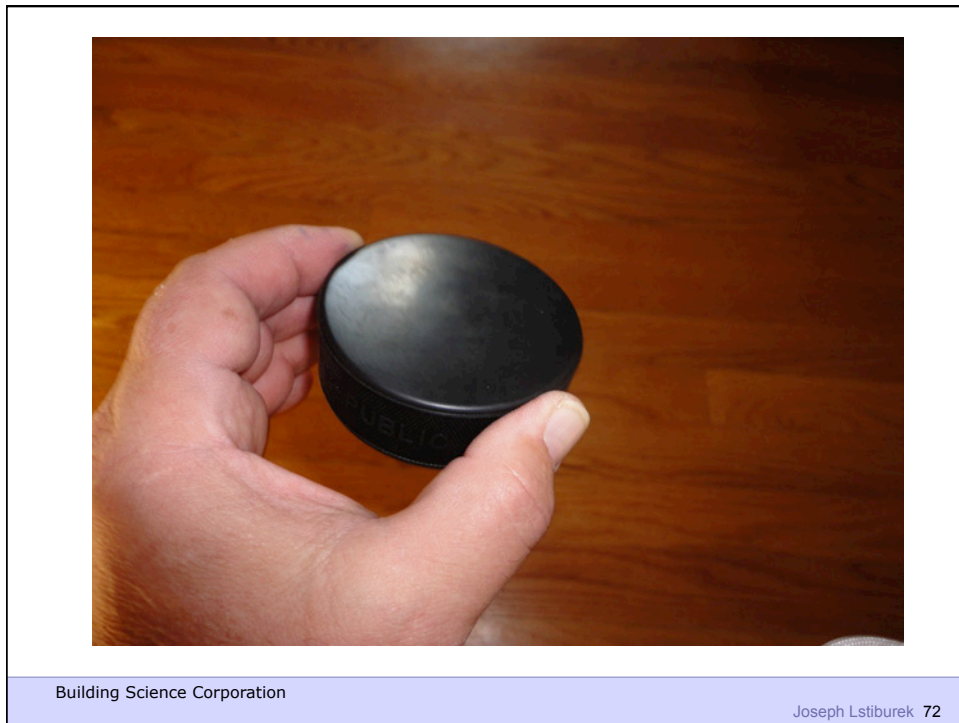
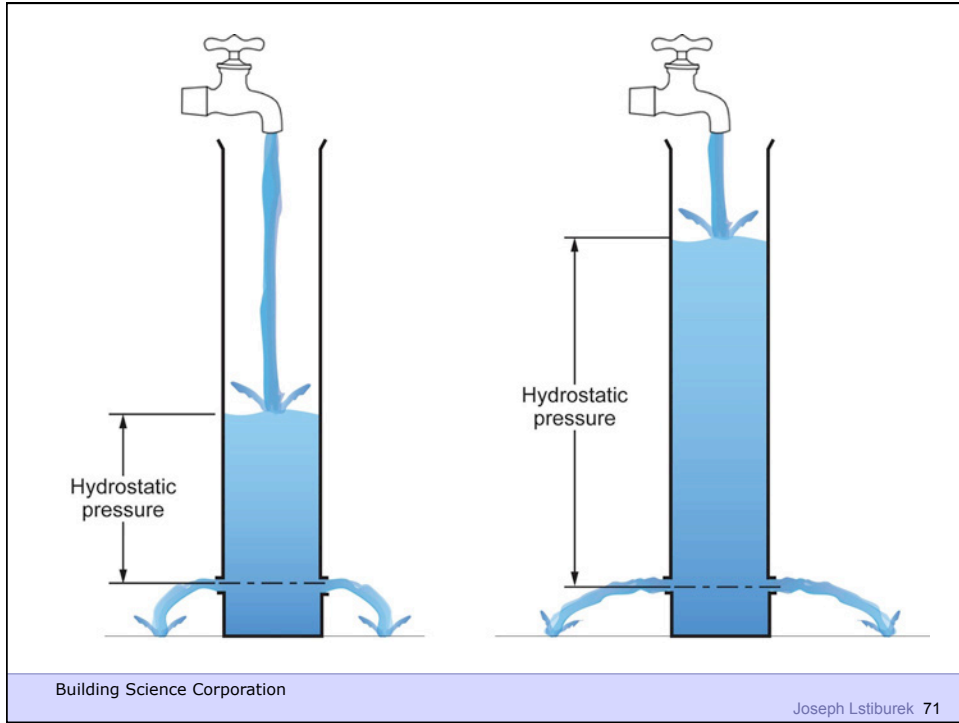
Joseph Lstiburek 62

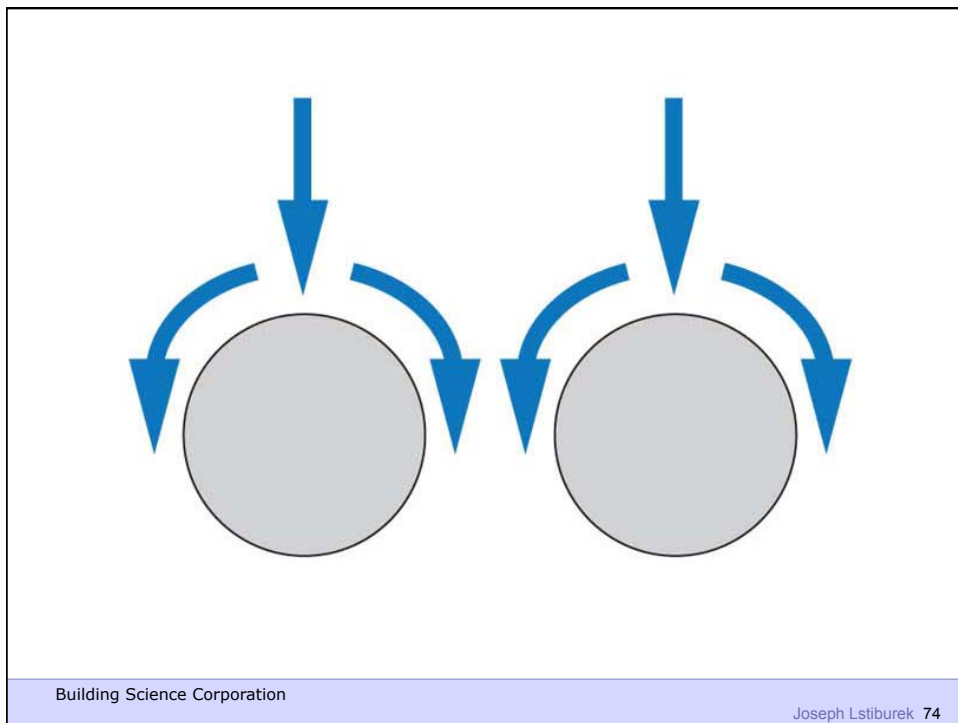
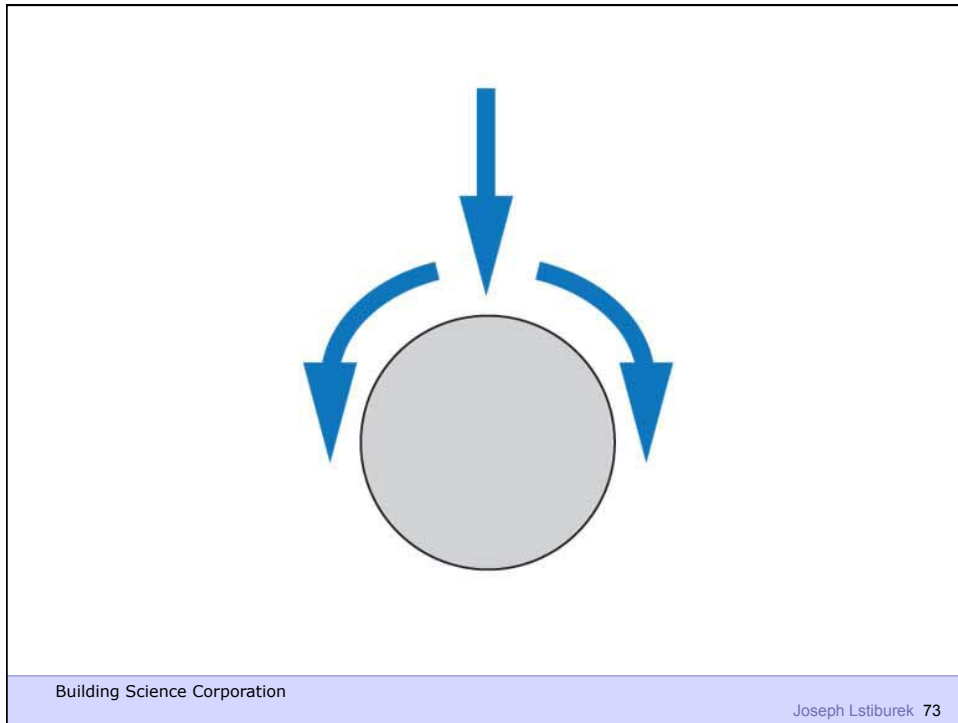


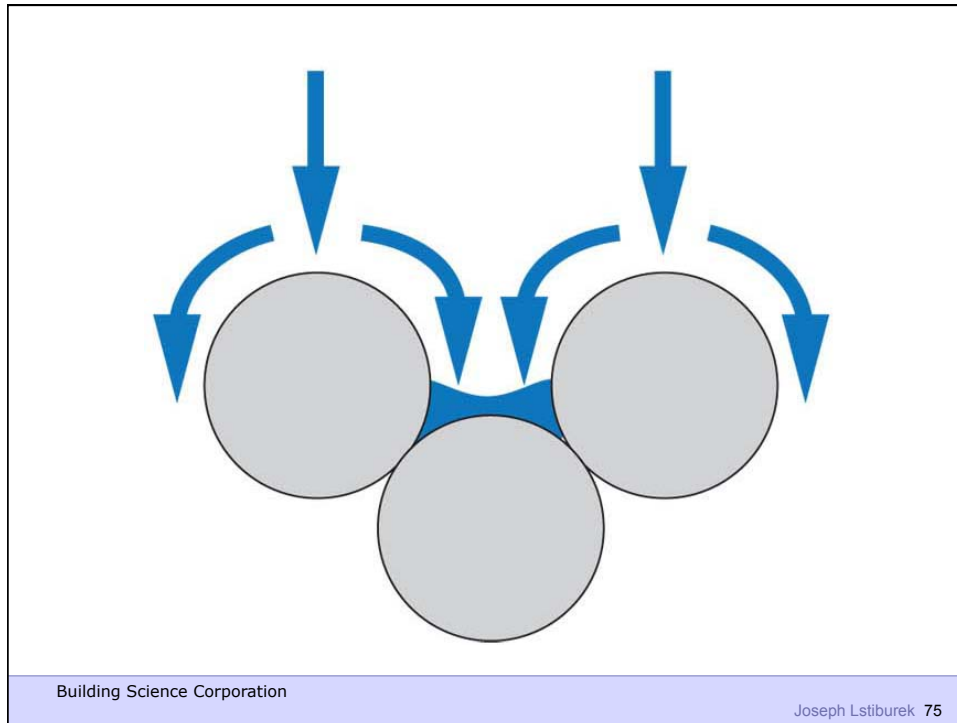


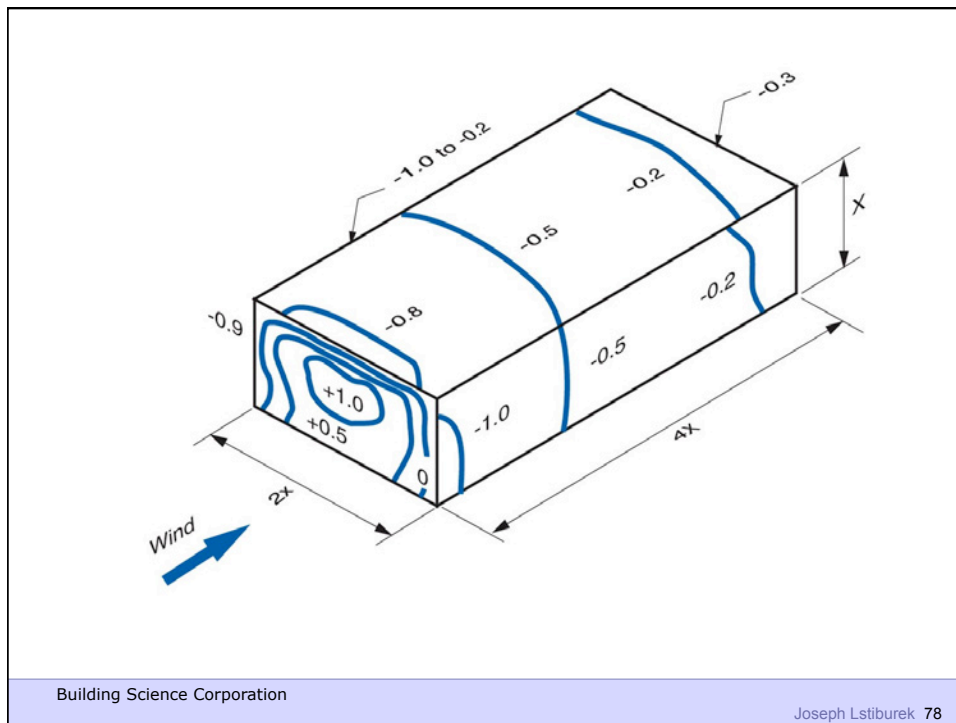
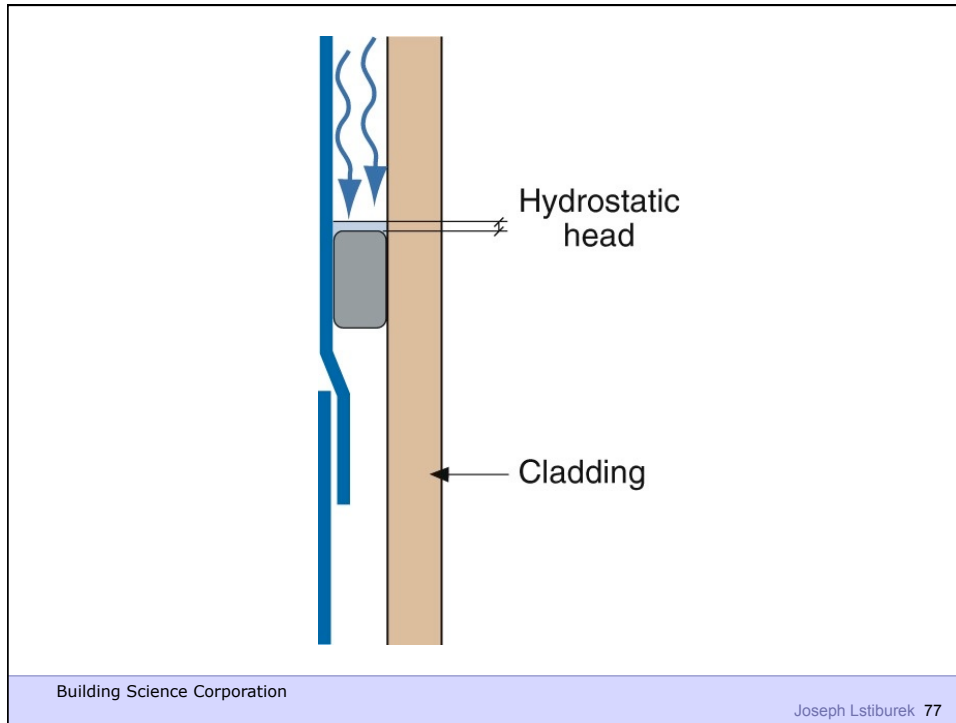


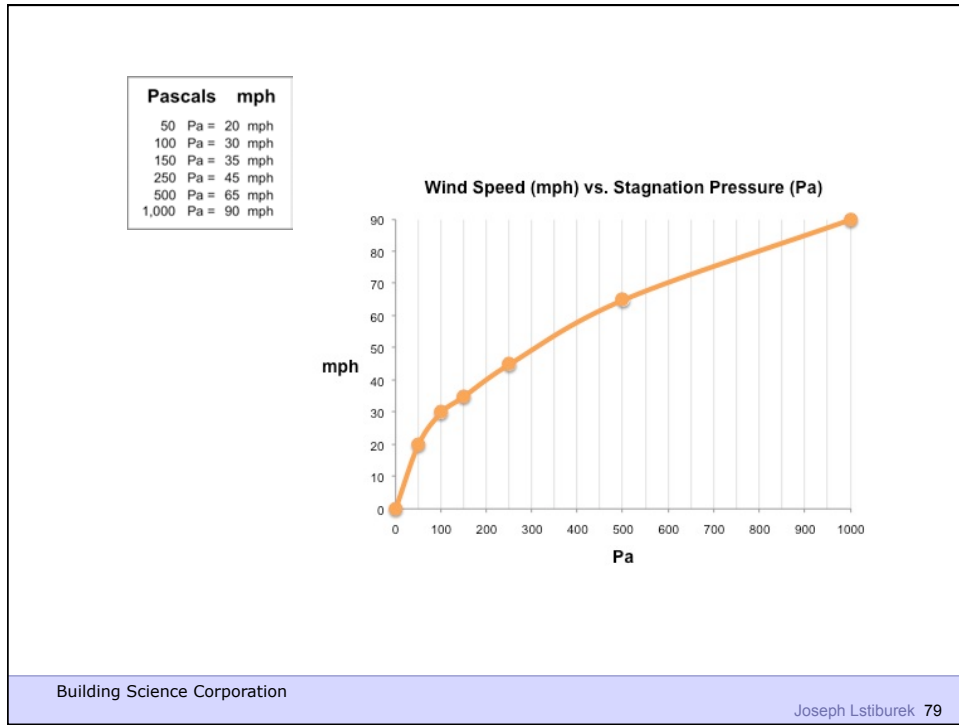








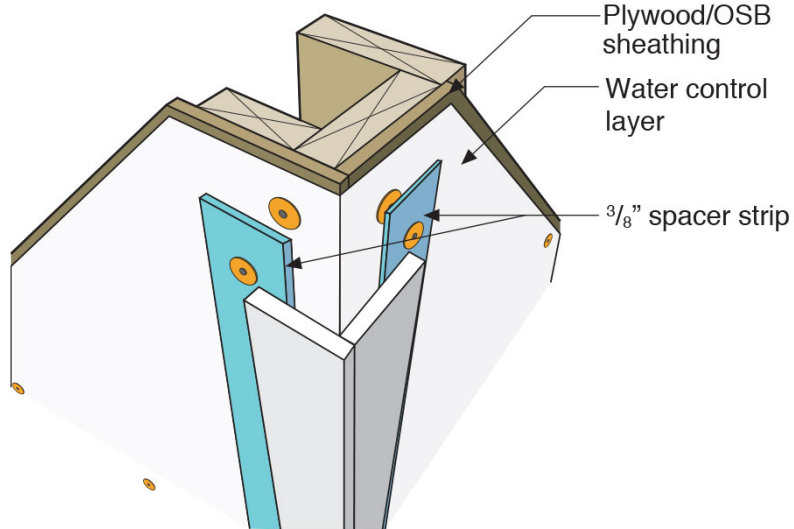






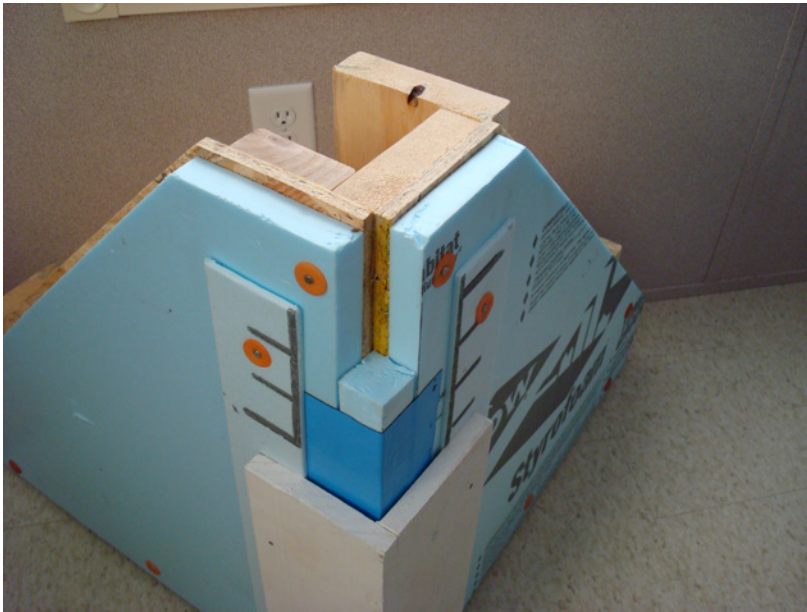
Building Science Corporation

Joseph Lstiburek – Rain Control 81



Building Science Corporation

Joseph Lstiburek 82



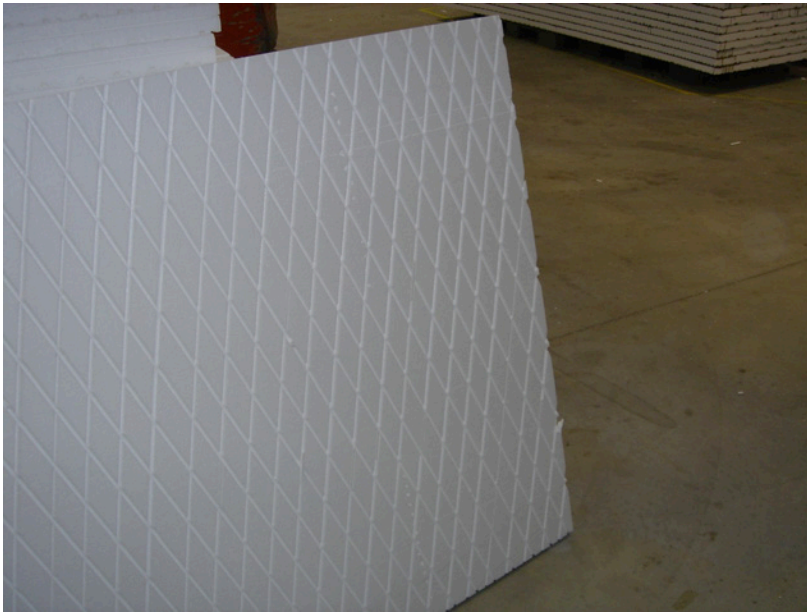
Building Science Corporation

Joseph Lstiburek 83



Building Science Corporation

Joseph Lstiburek 84



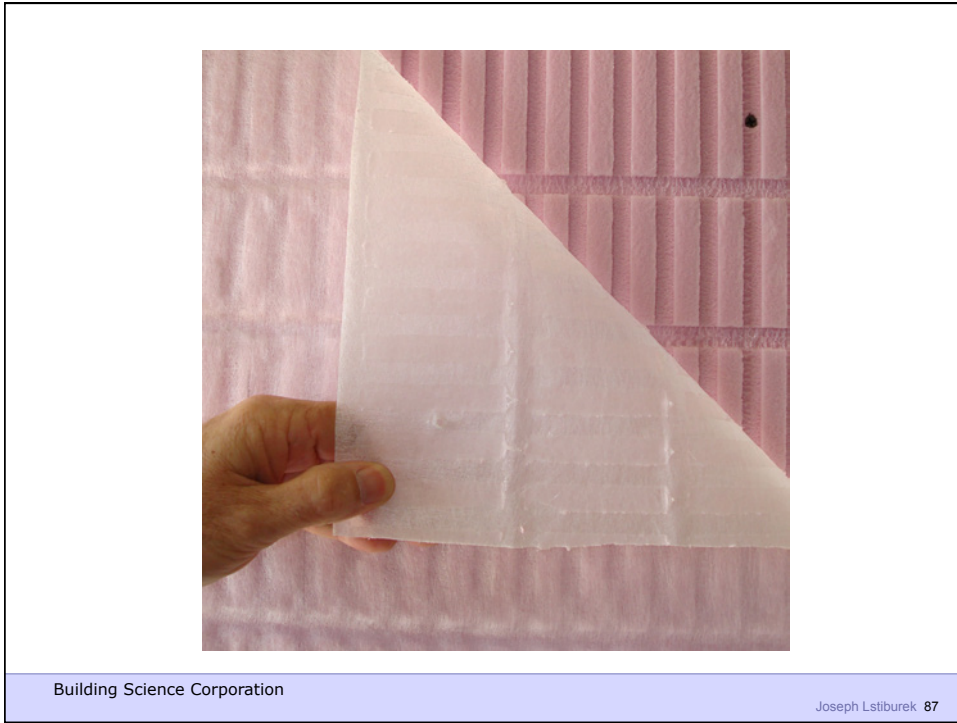
Building Science Corporation

Joseph Lstiburek 85



Building Science Corporation

Joseph Lstiburek 86





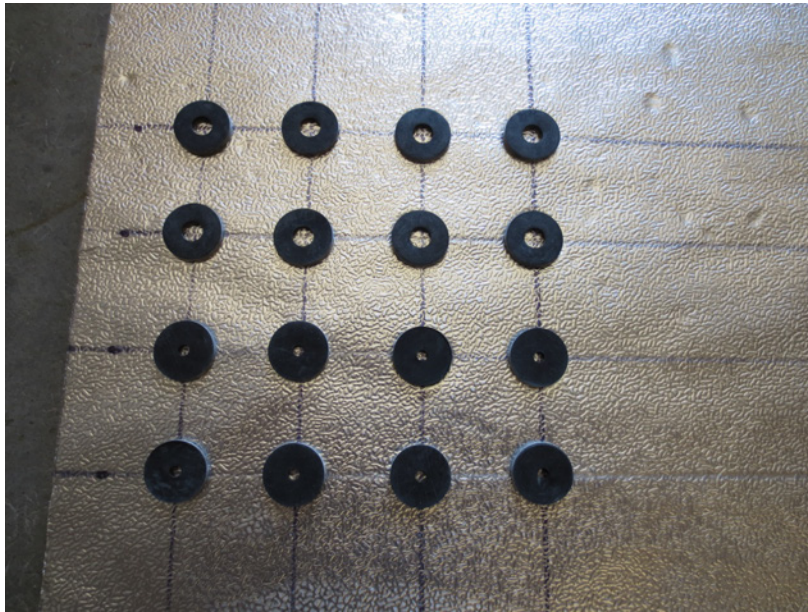
Building Science Corporation

Joseph Lstiburek 89

Rain Screen

Building Science Corporation

Joseph Lstiburek 90



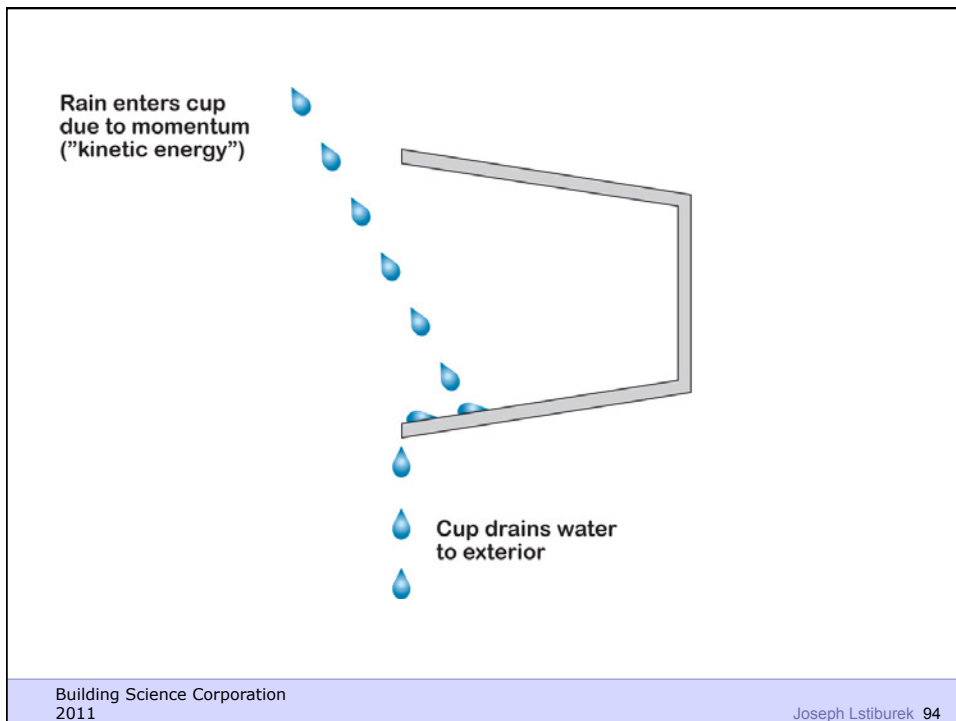
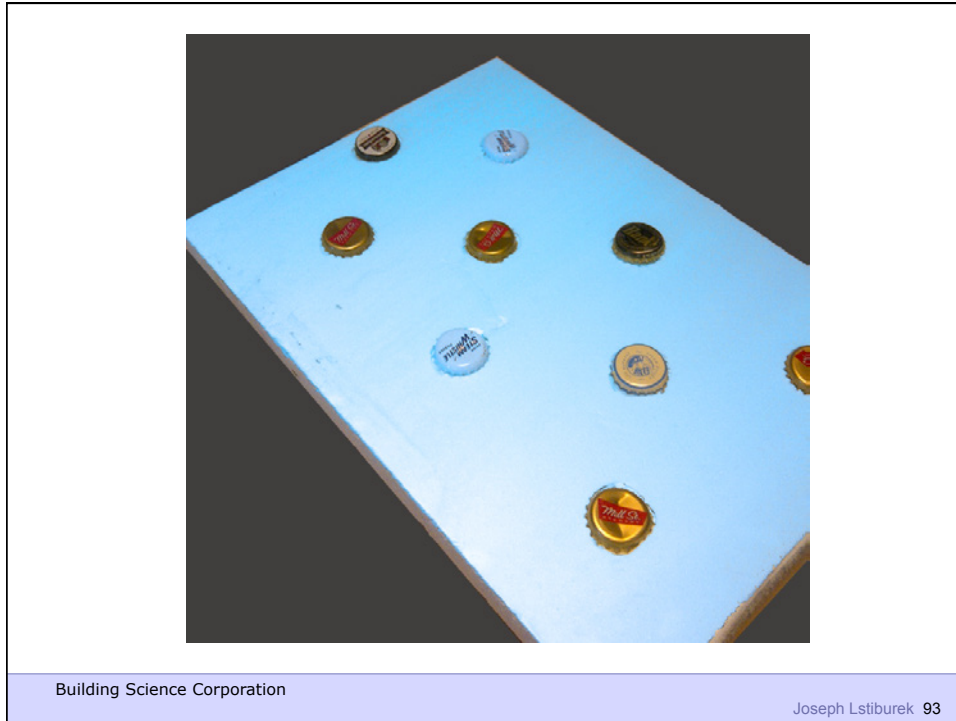
Building Science Corporation

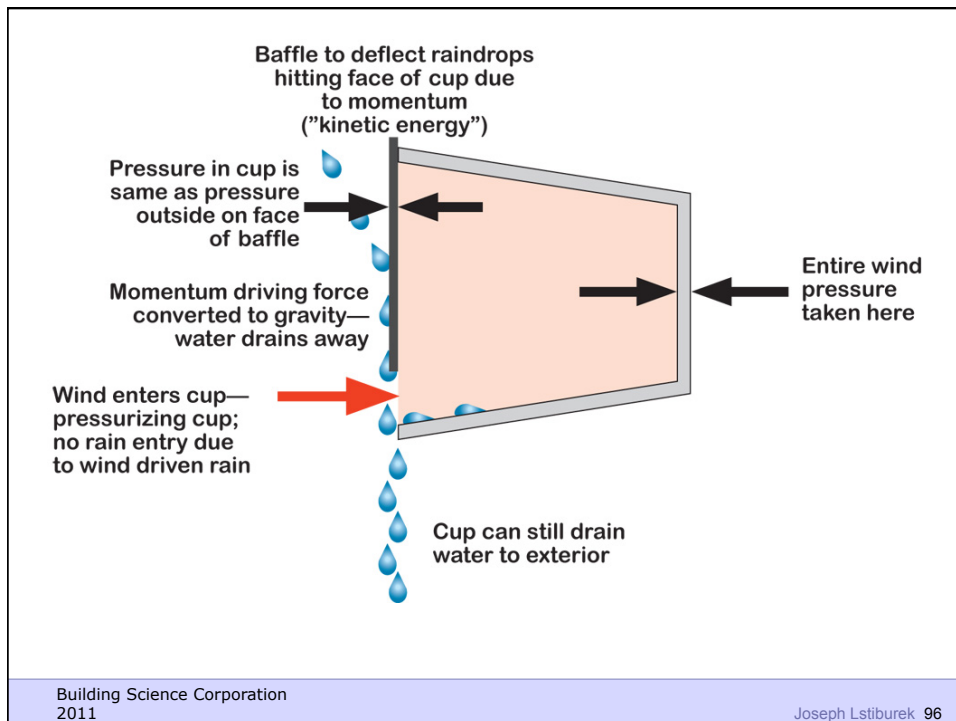
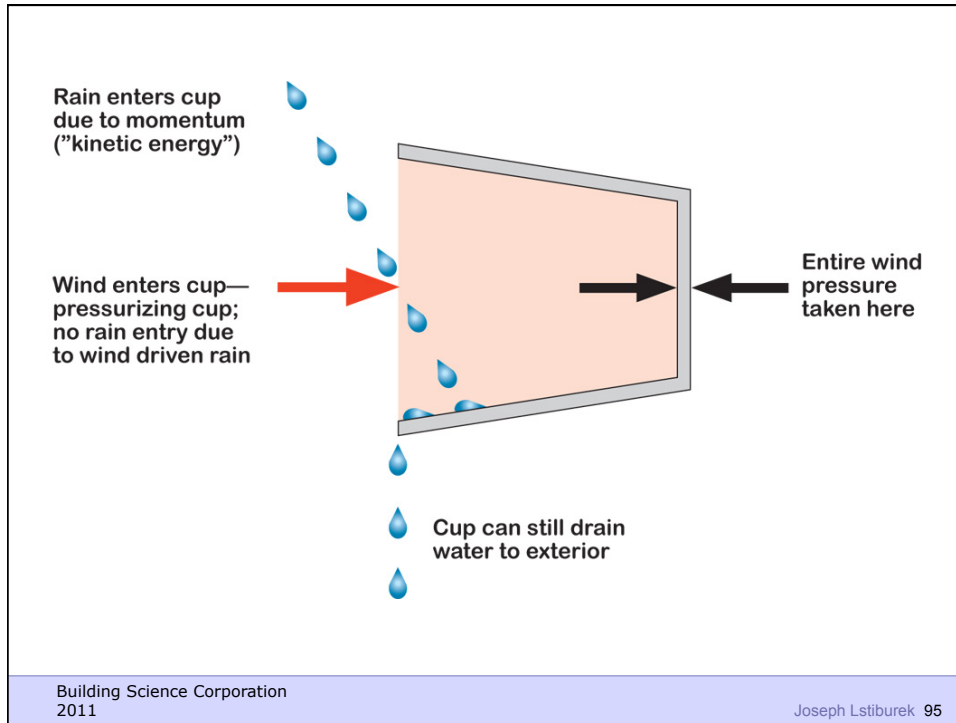
Joseph Lstiburek 91

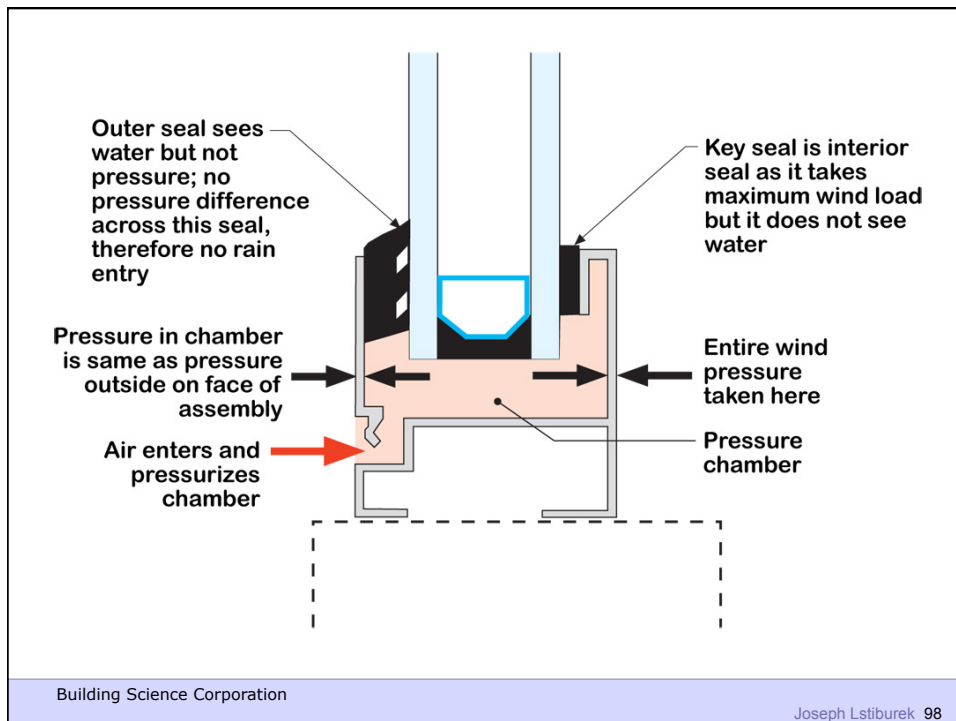
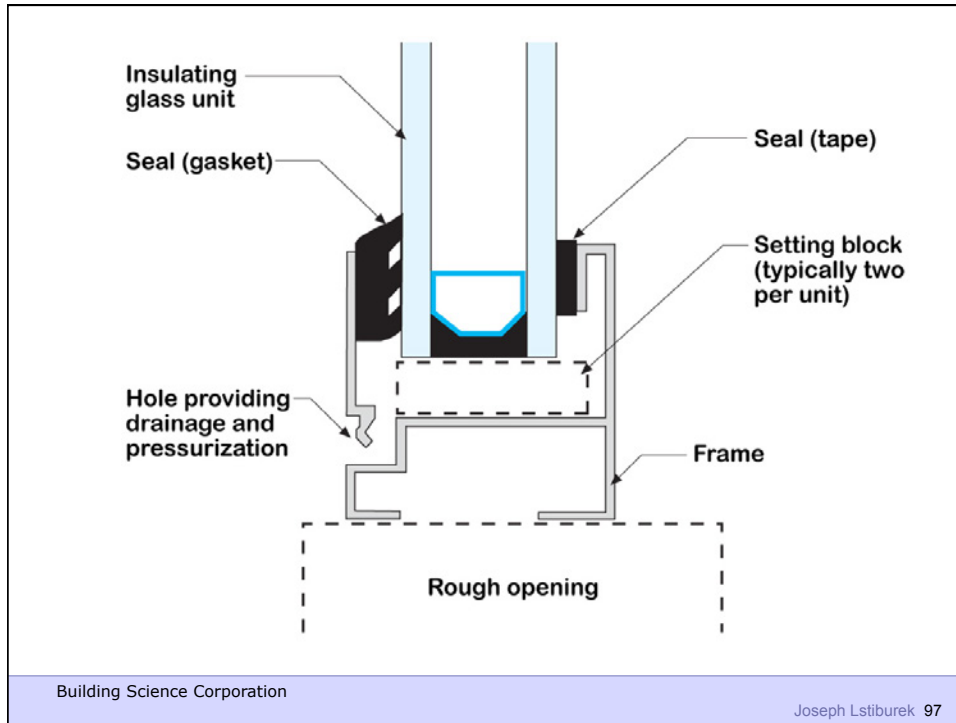
Beer Screen?

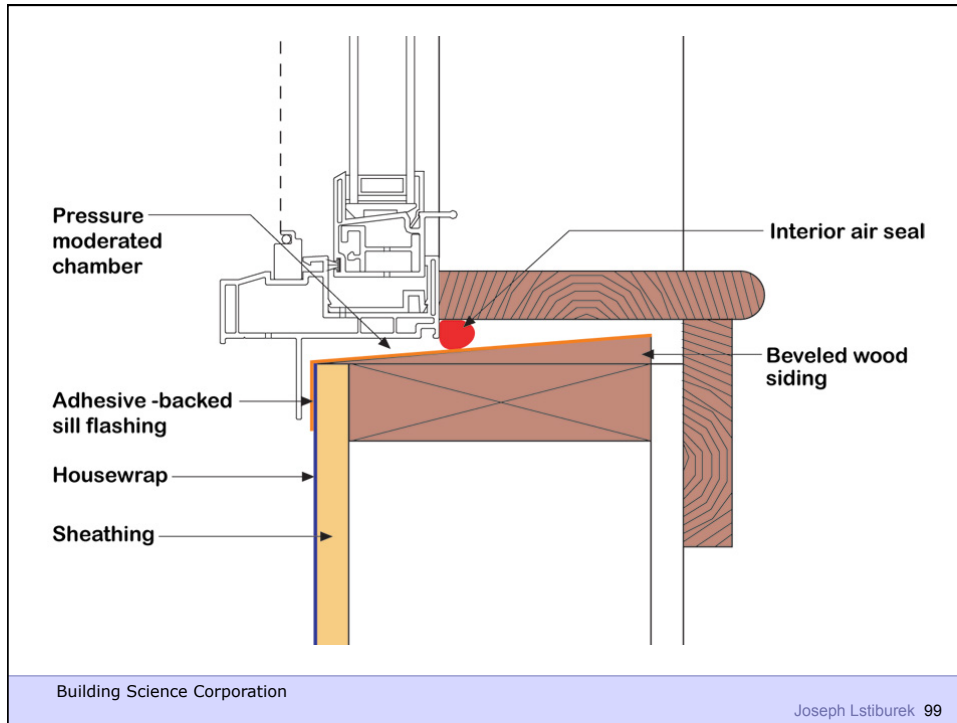
Building Science Corporation

Joseph Lstiburek 92











Building Science Corporation

Joseph Lstiburek 101



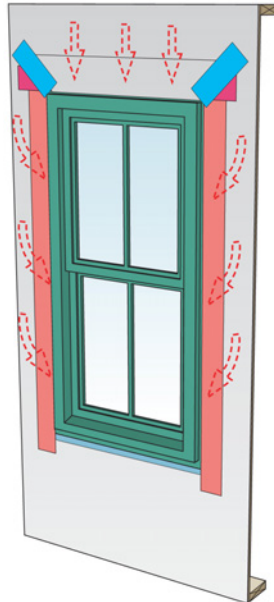
Building Science Corporation

Joseph Lstiburek 102



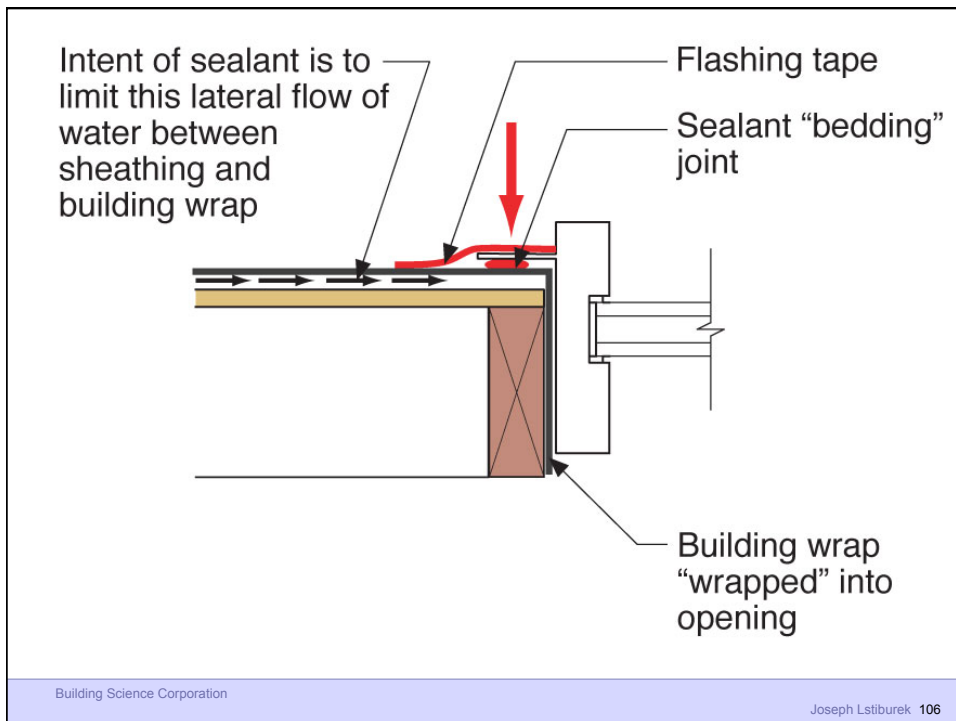
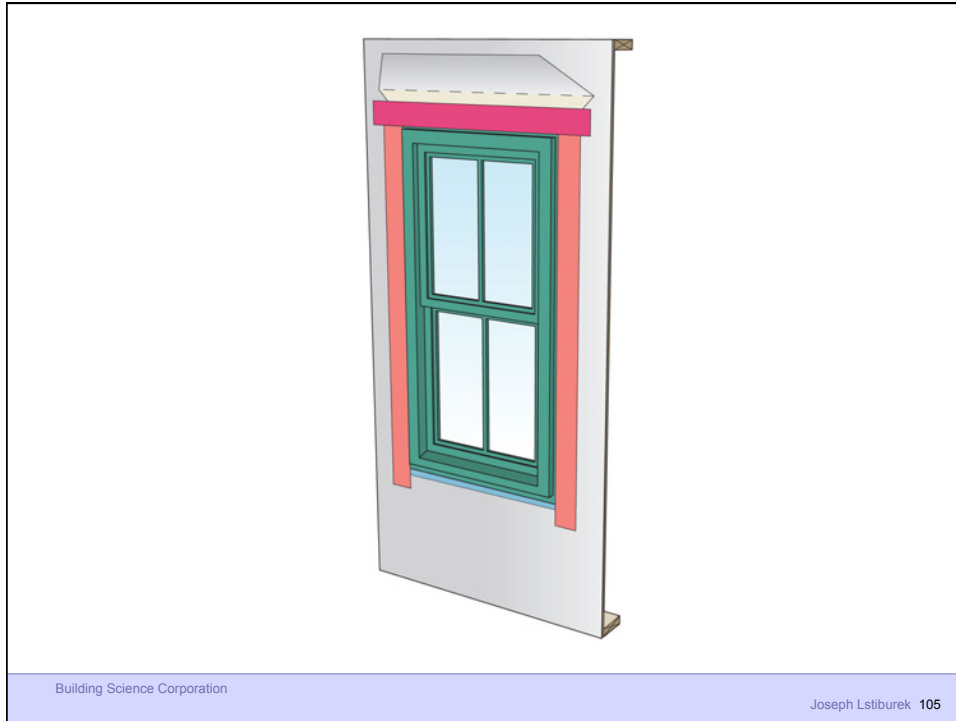
Building Science Corporation

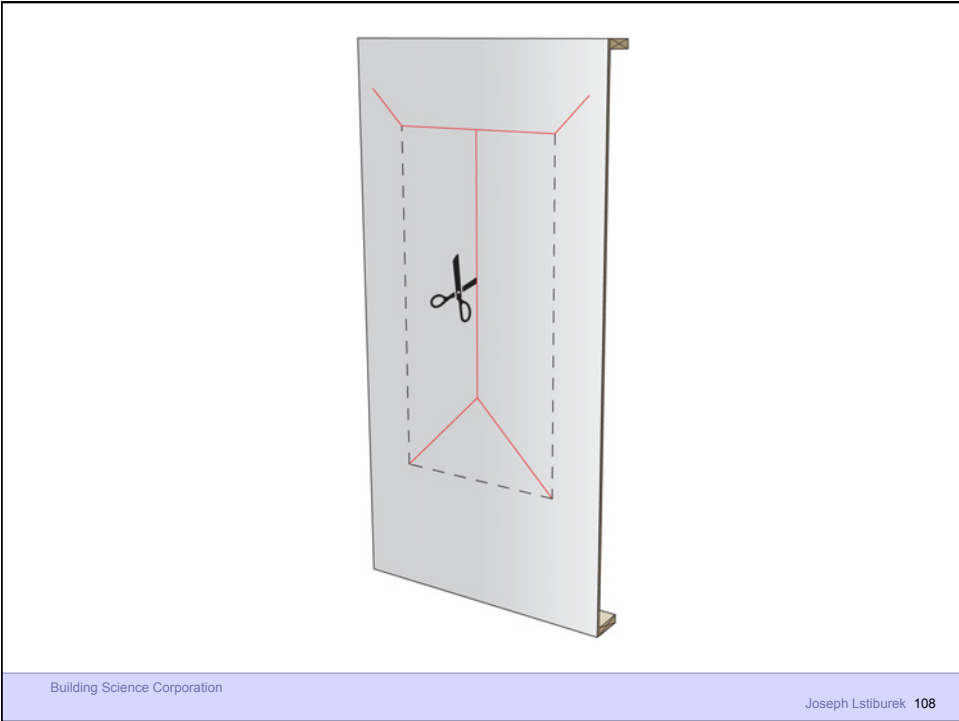
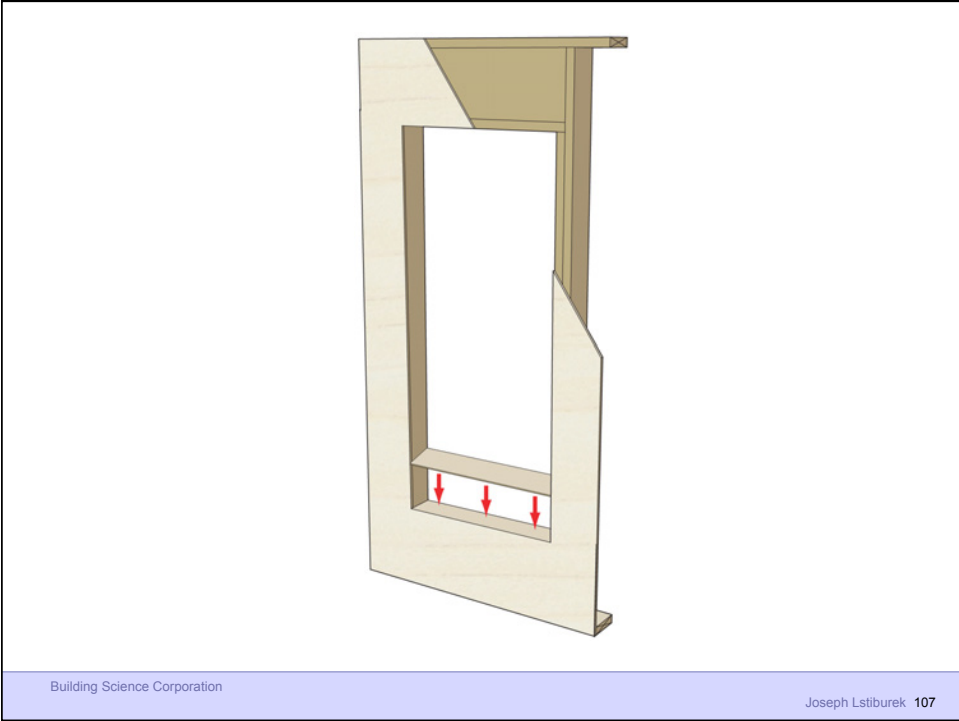
Joseph Lstiburek 103

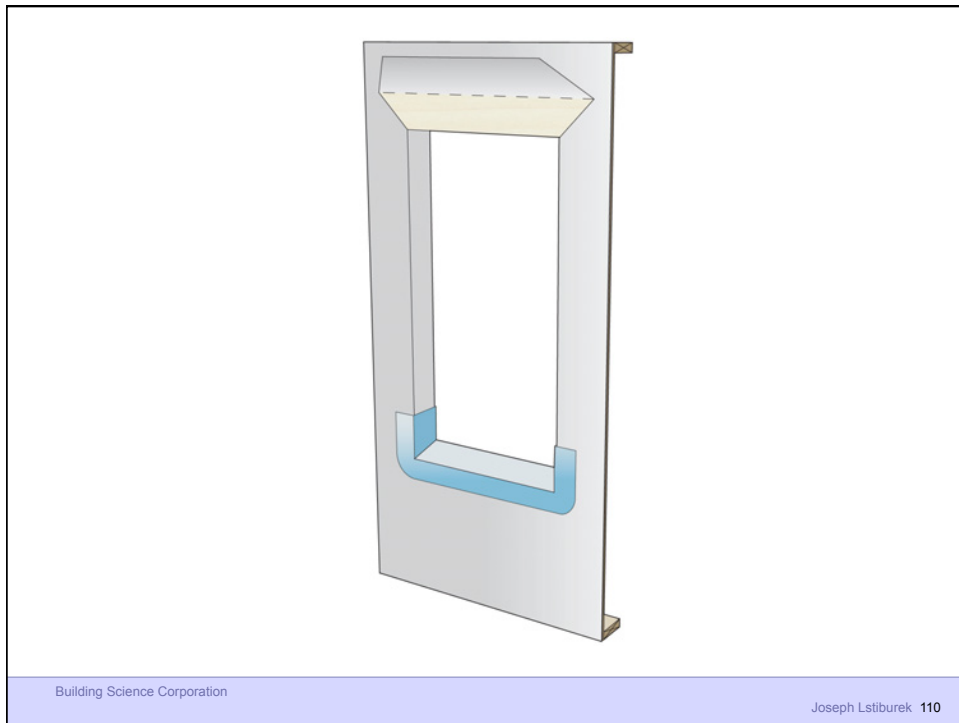


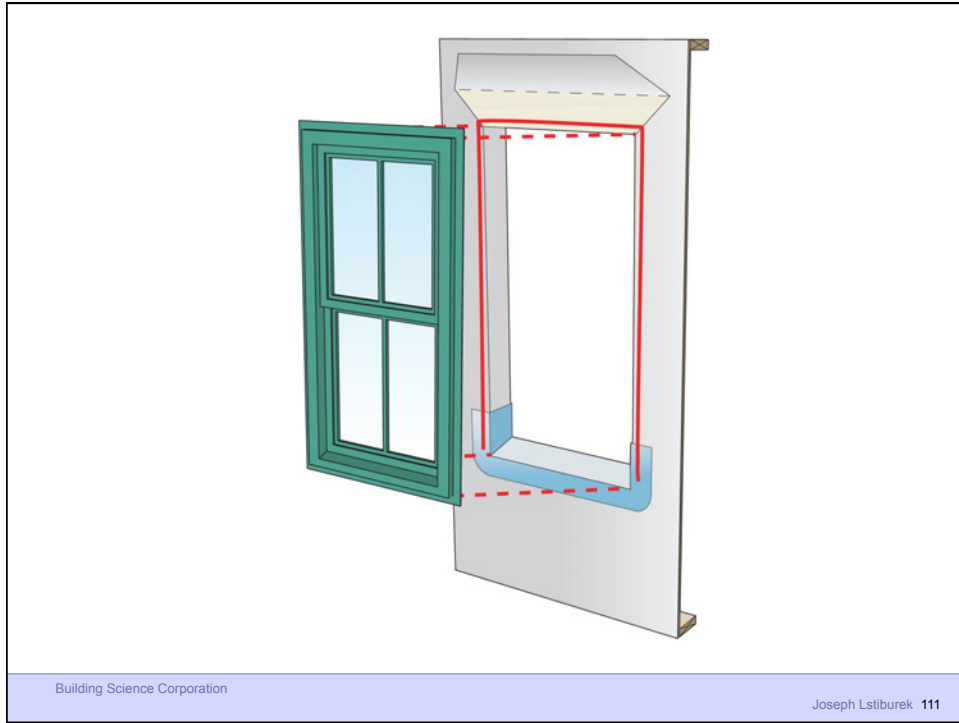
Building Science Corporation

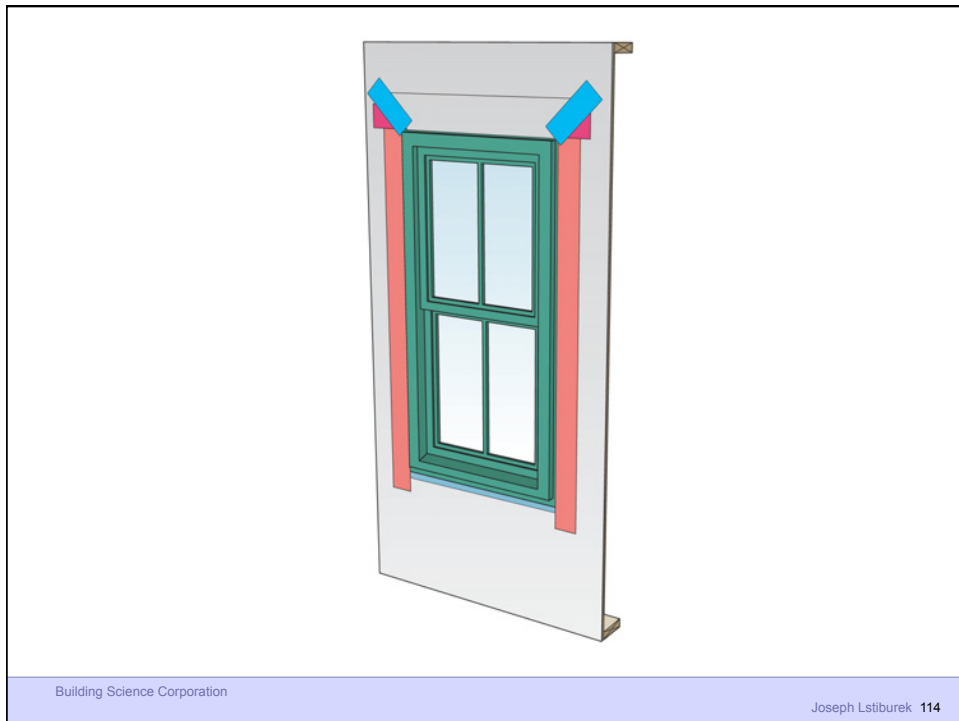
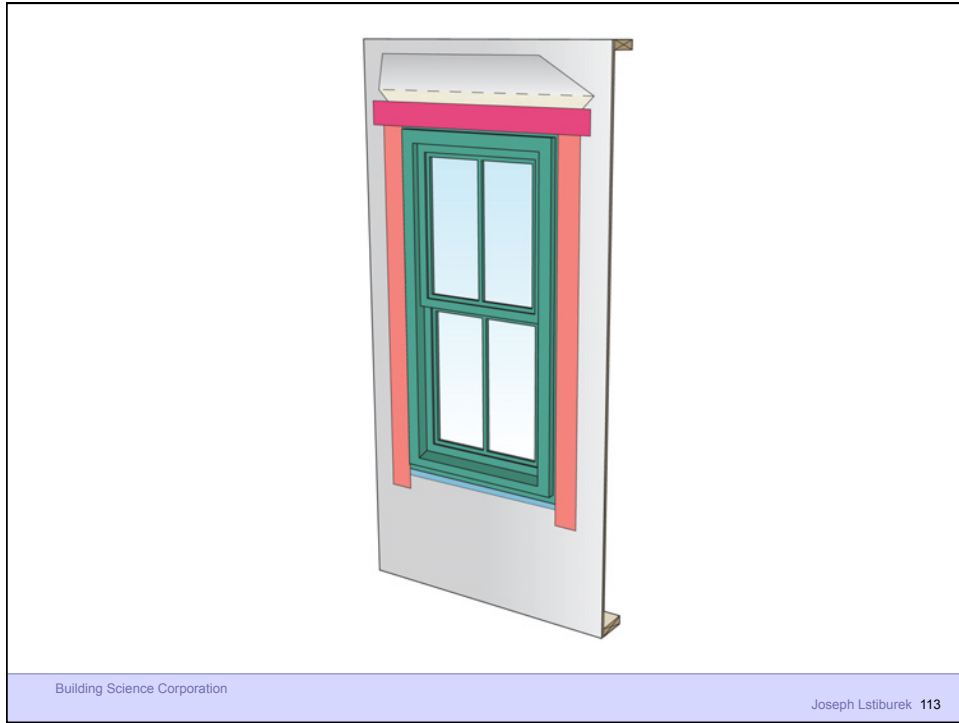
Joseph Lstiburek 104

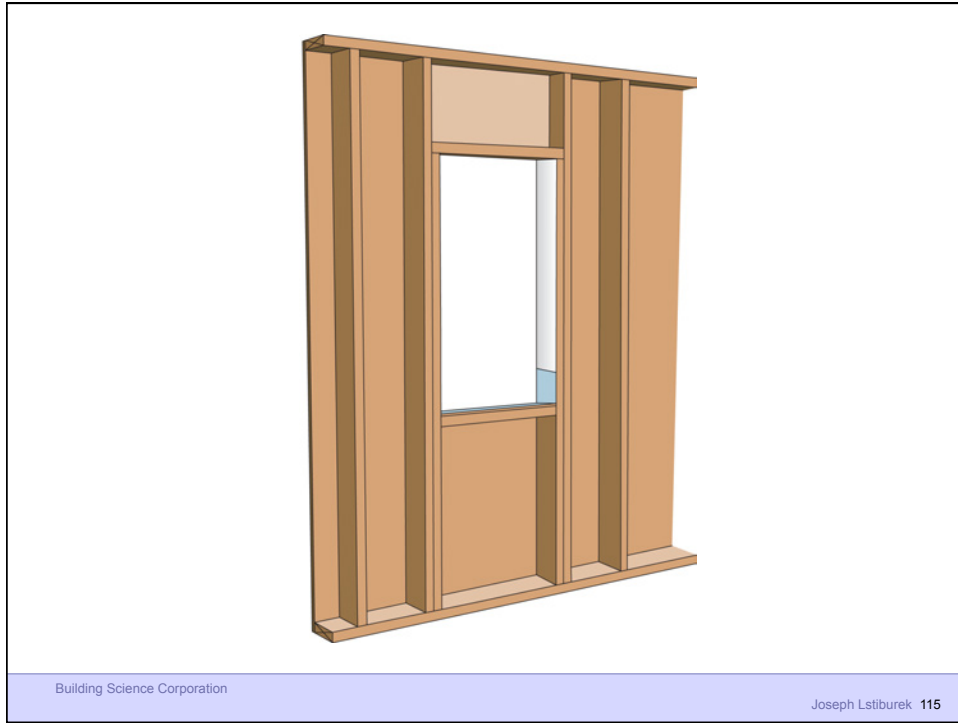


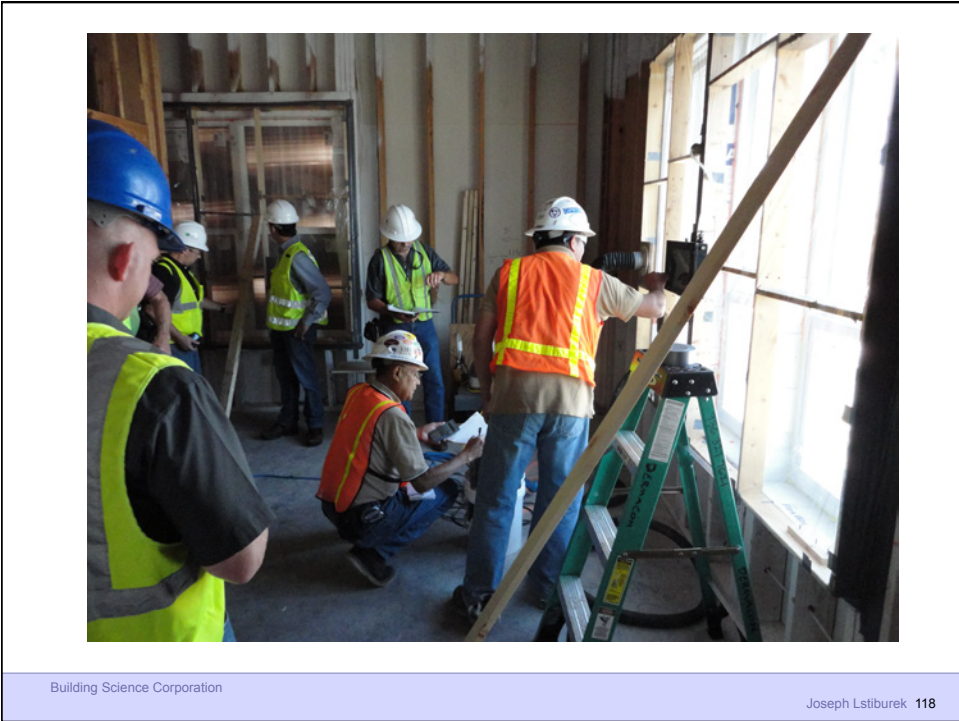
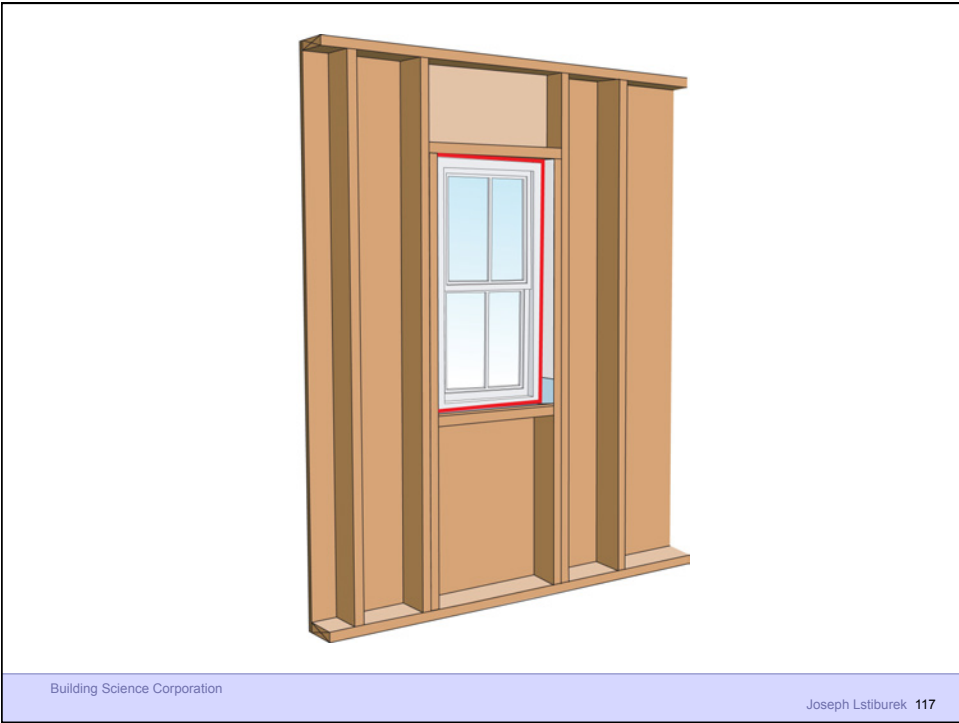


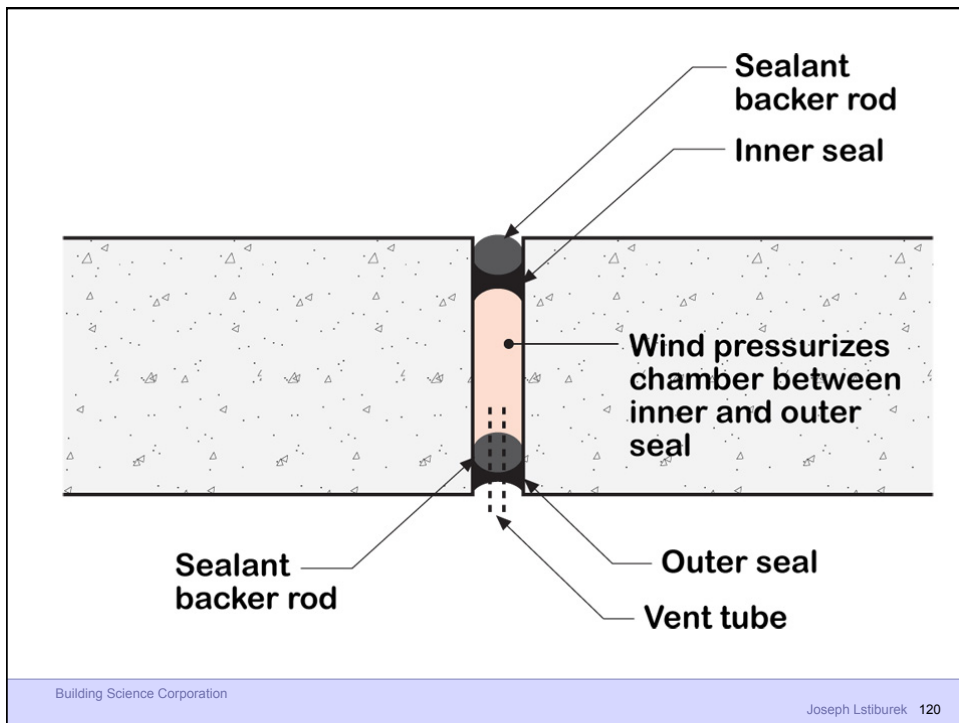


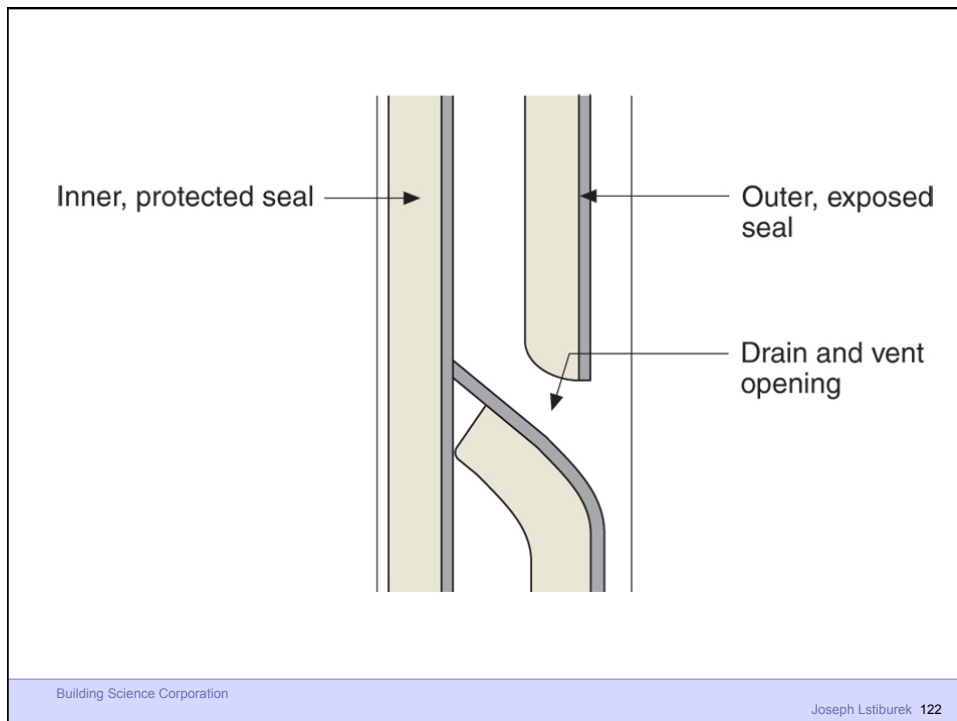
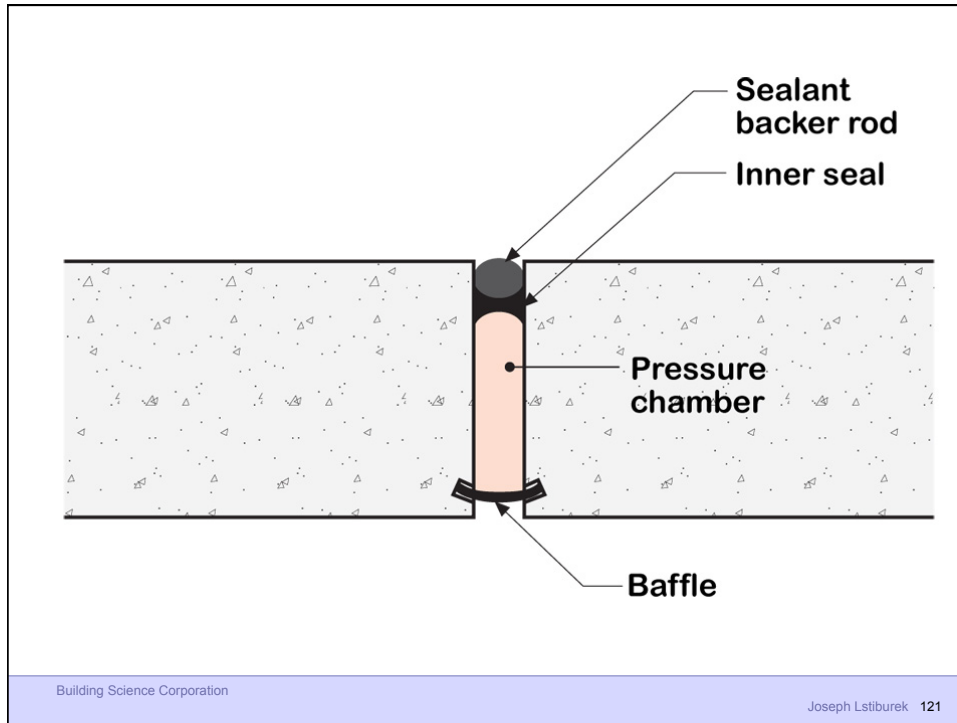


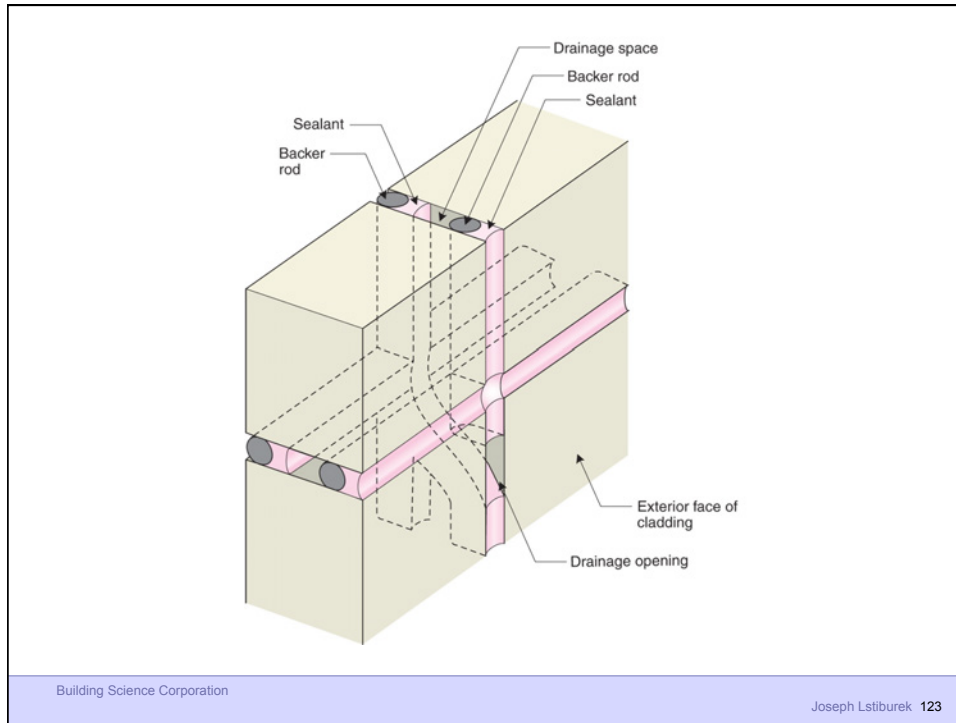




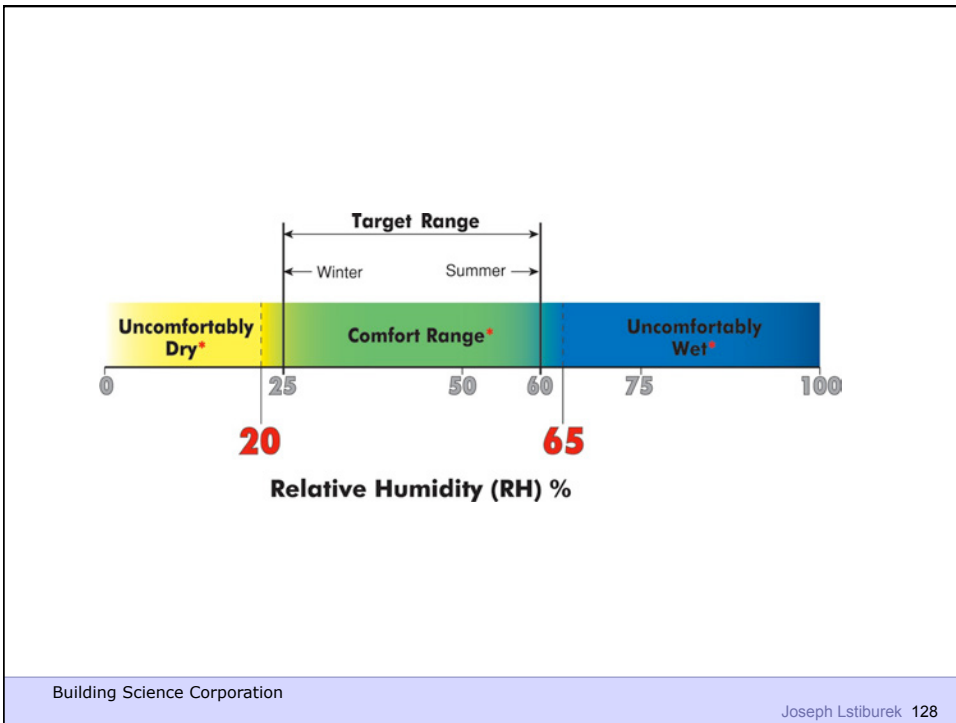


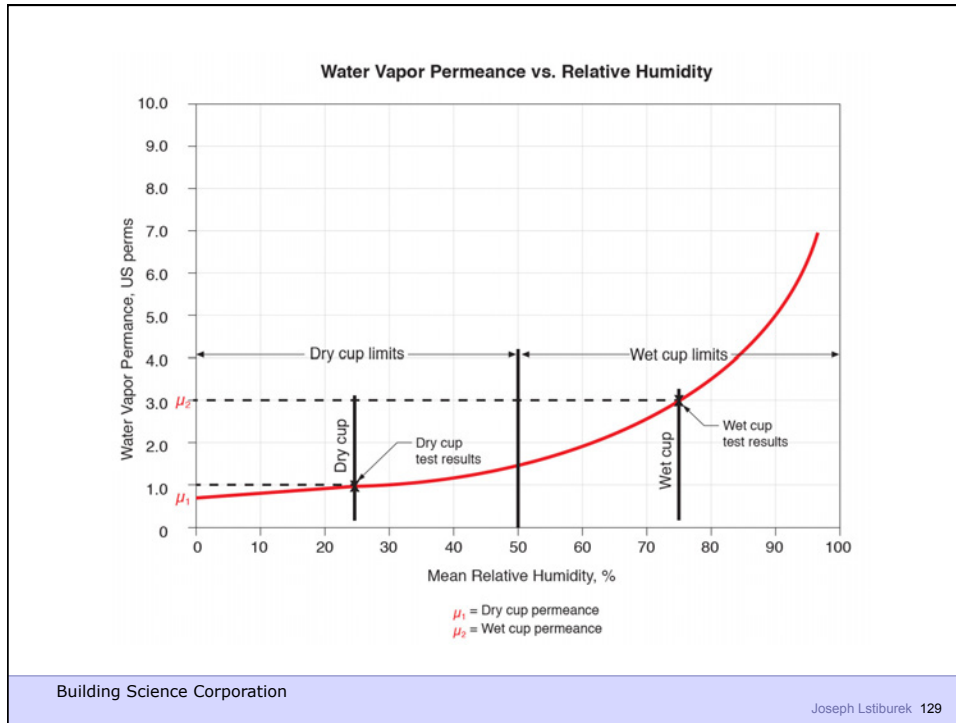


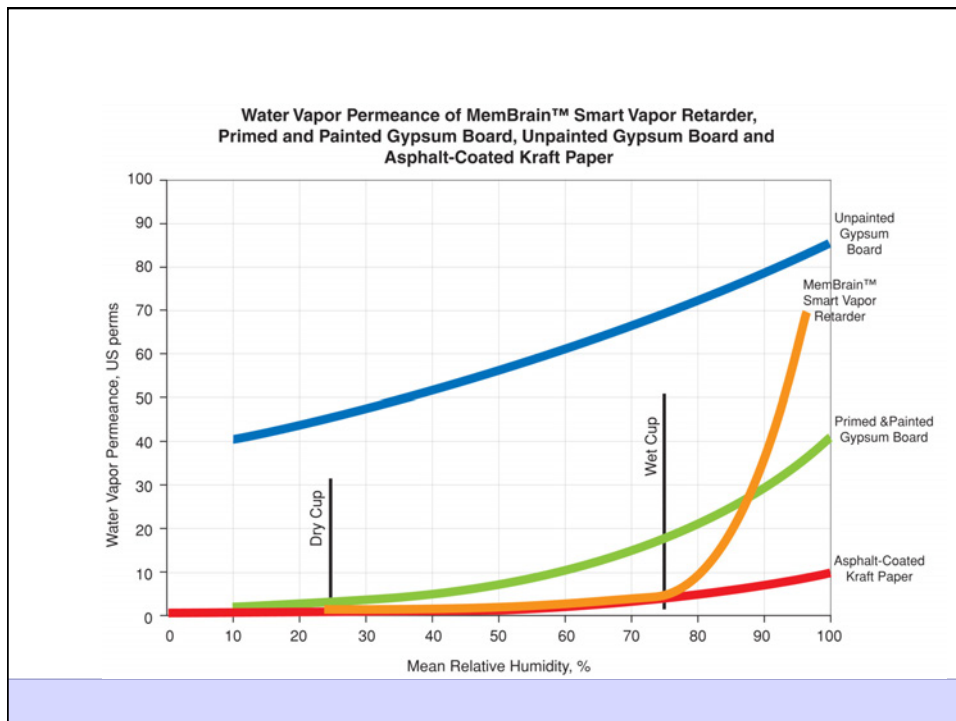
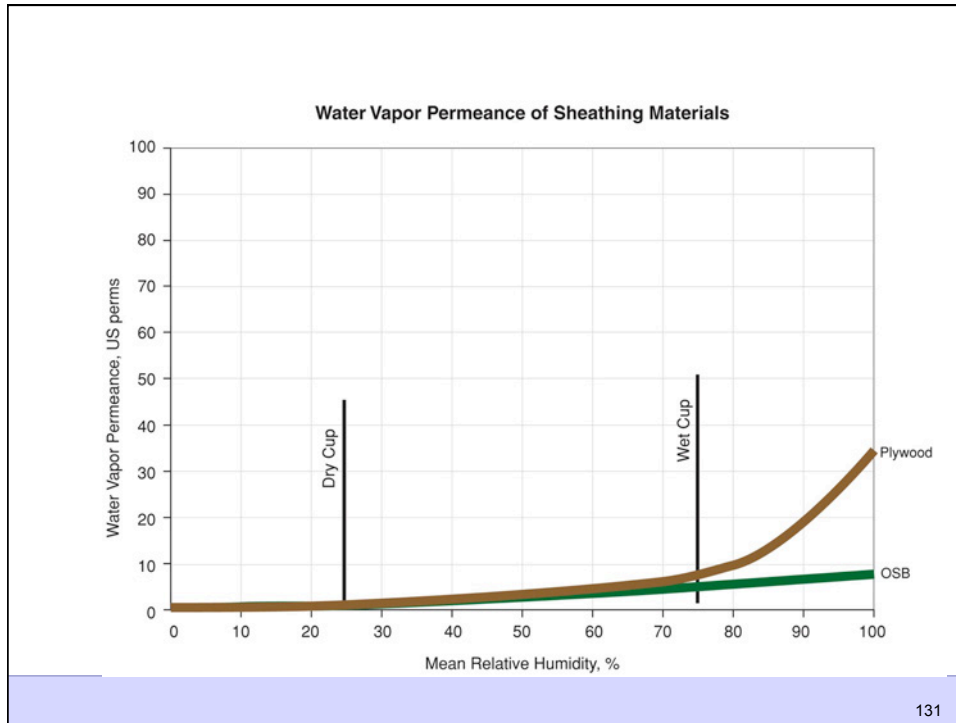


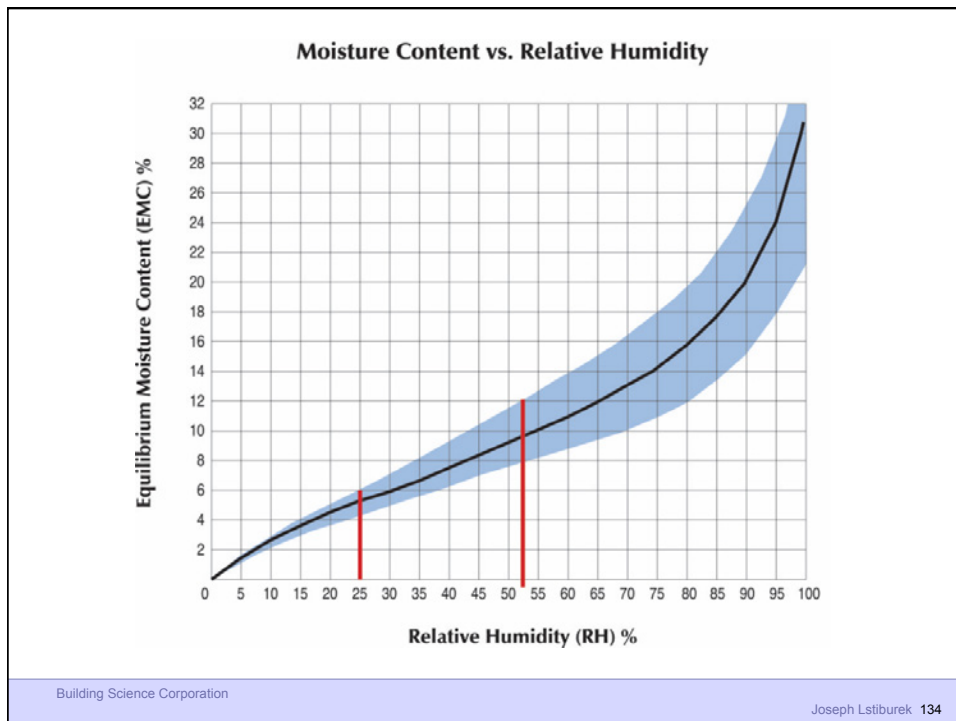
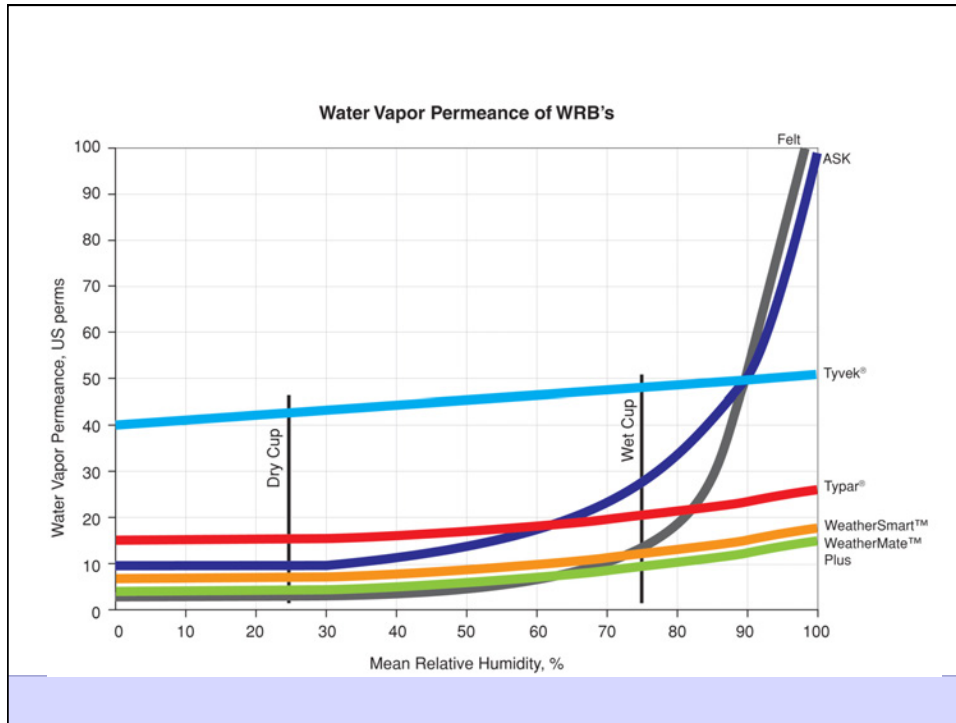






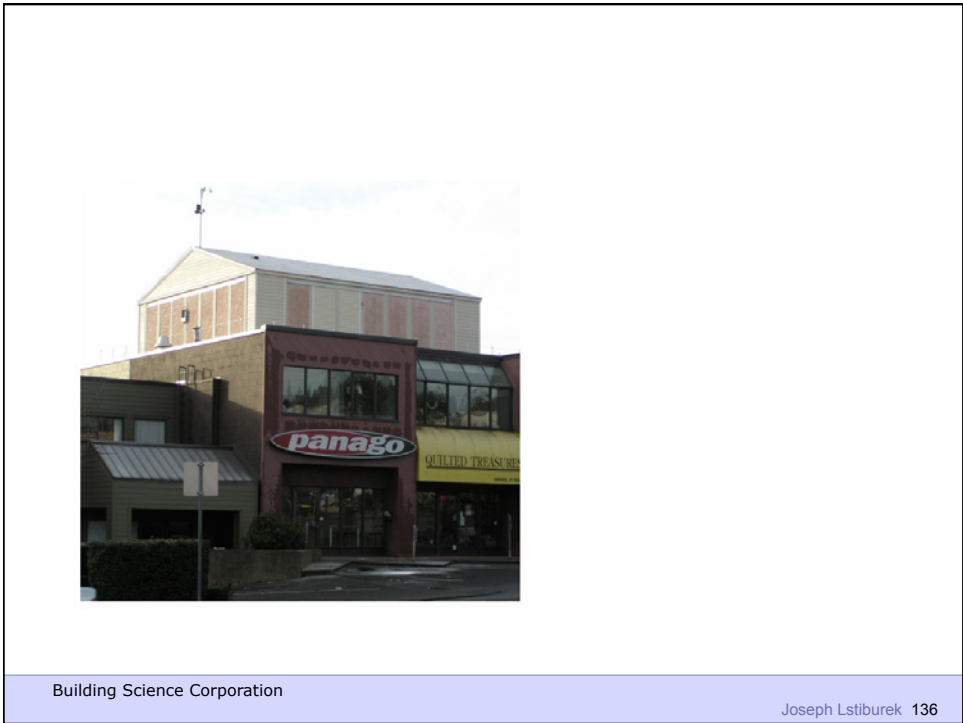






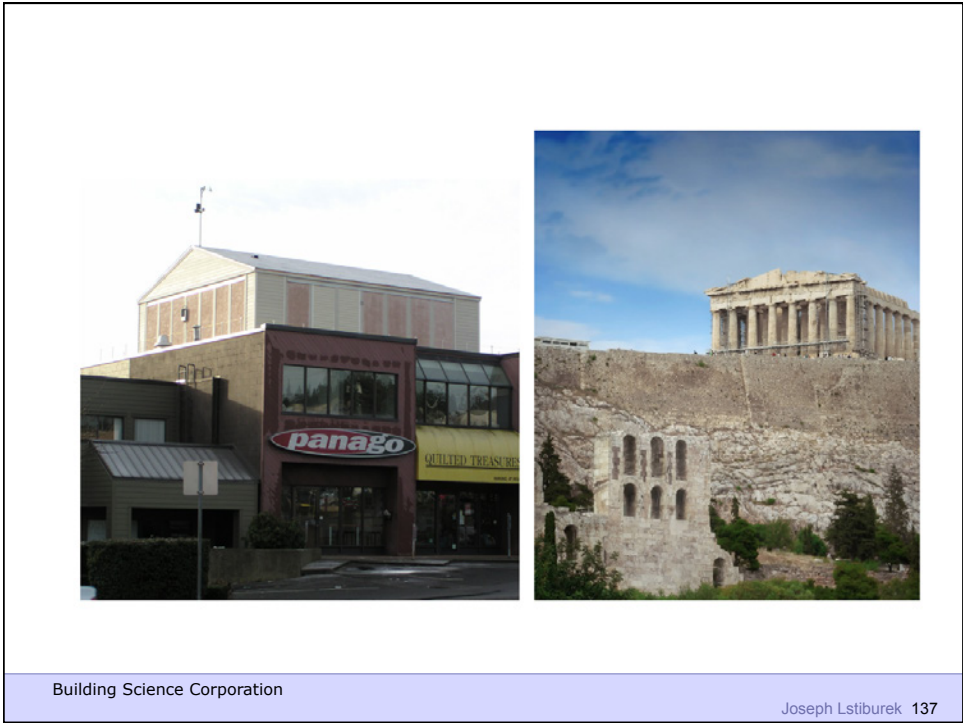
Building Science Corporation

Joseph Lstiburek 134



Building Science Corporation

Joseph Lstiburek 136





Building Science Corporation

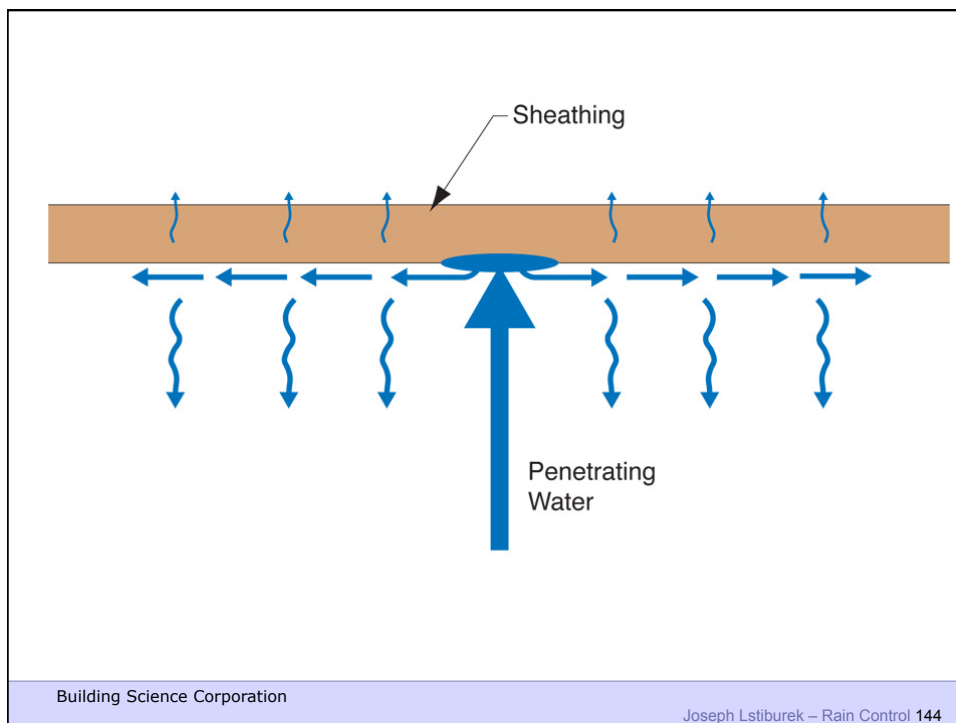
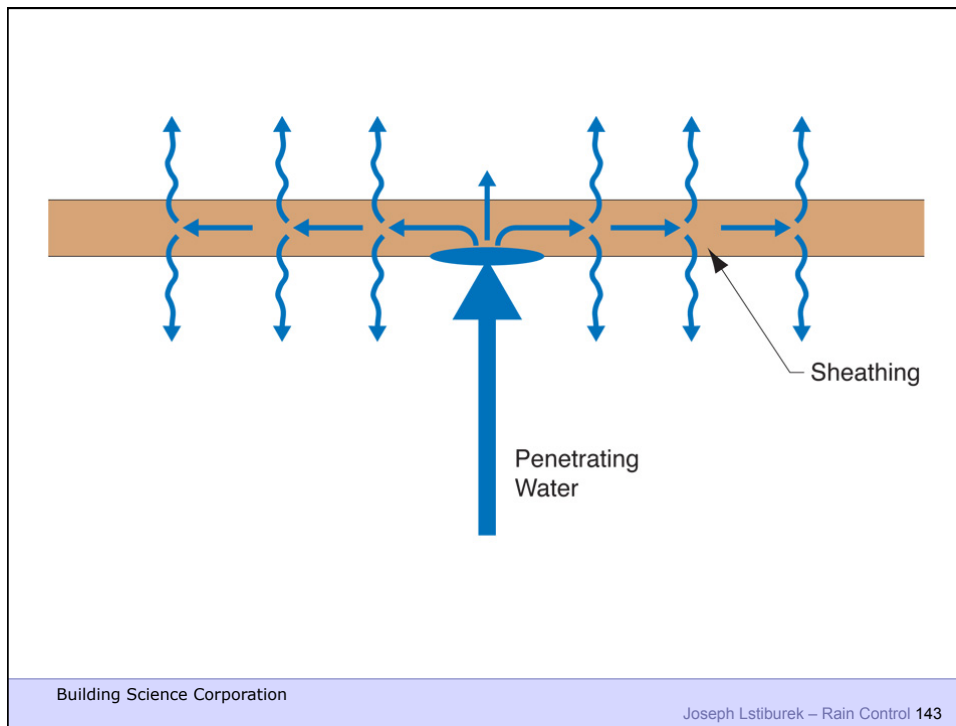
Joseph Lstiburek 139

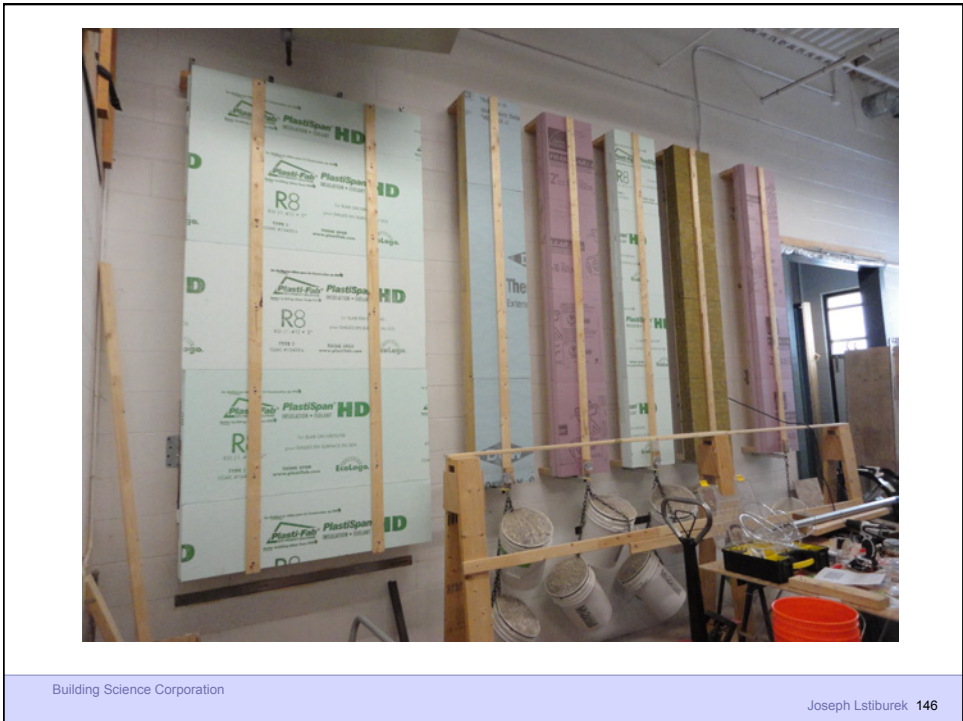
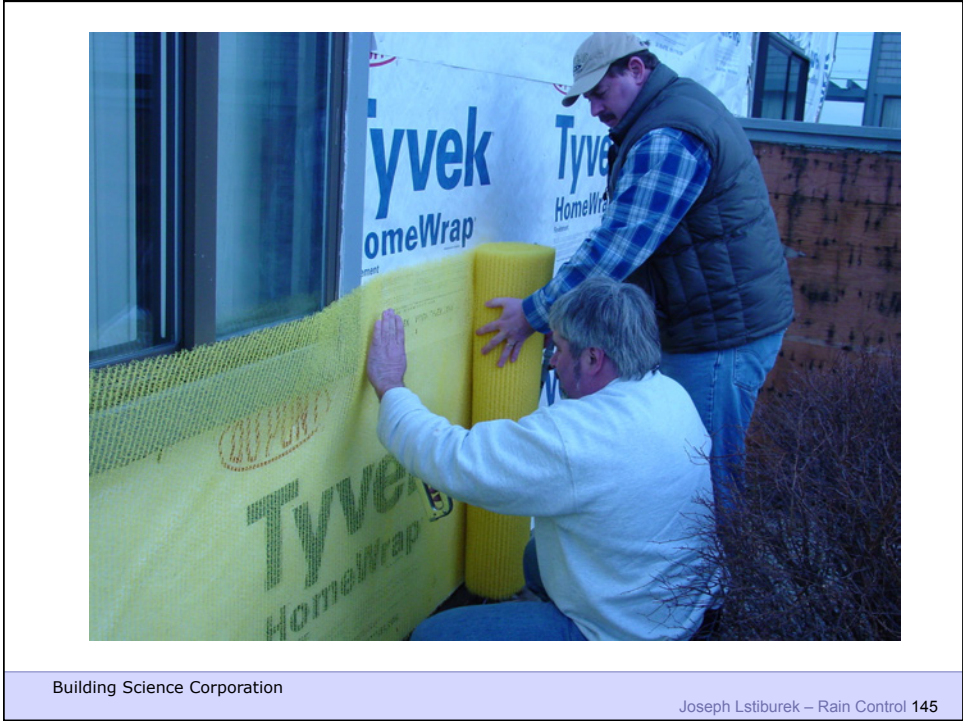


Building Science Corporation

Joseph Lstiburek 140









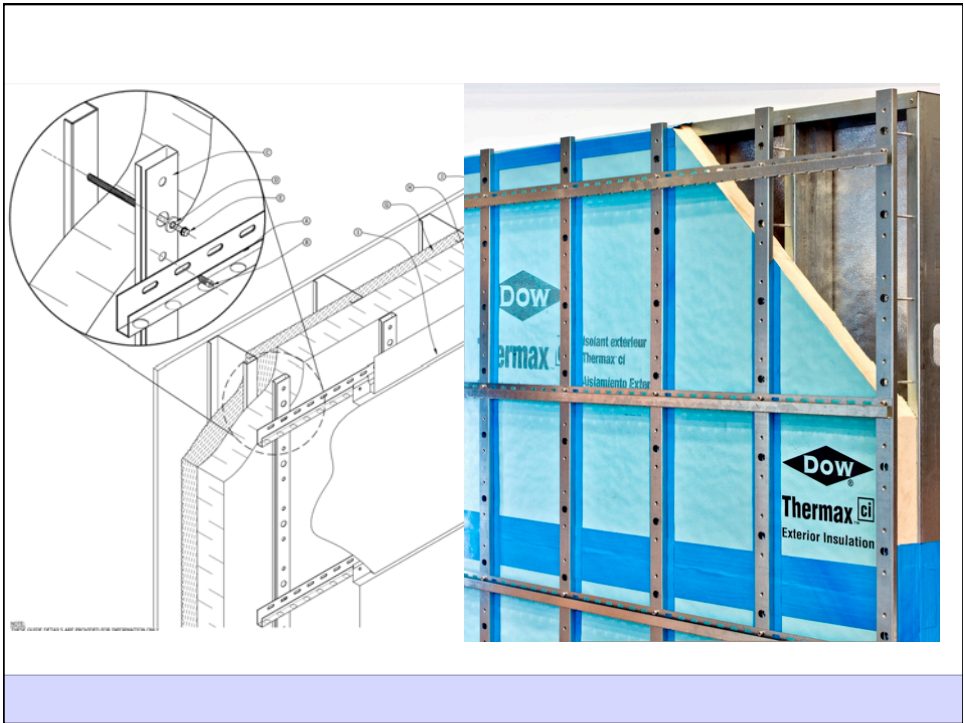
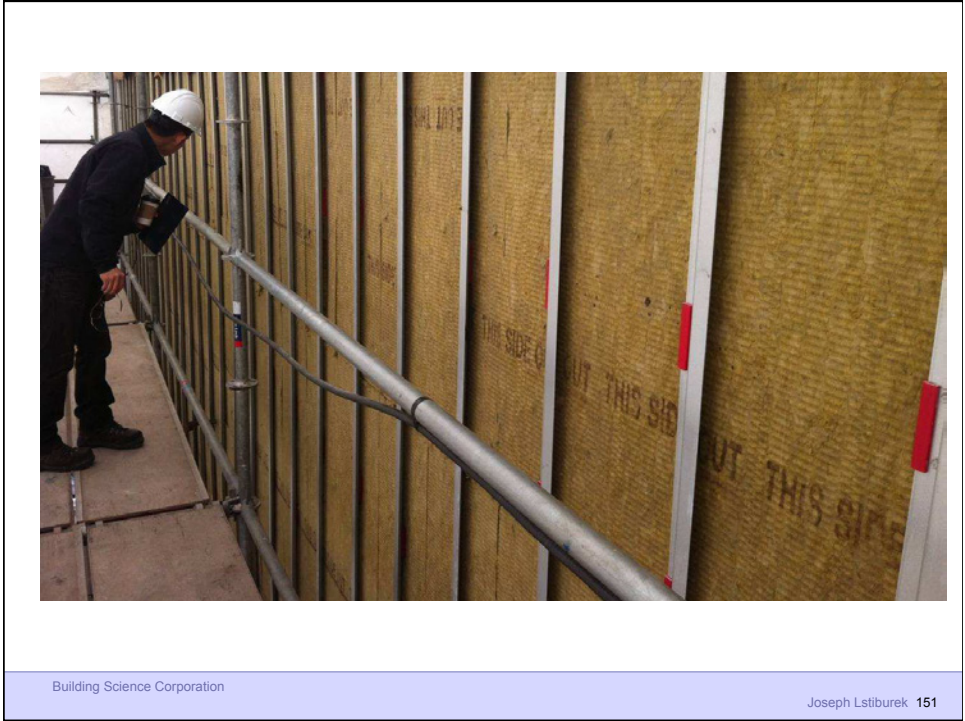


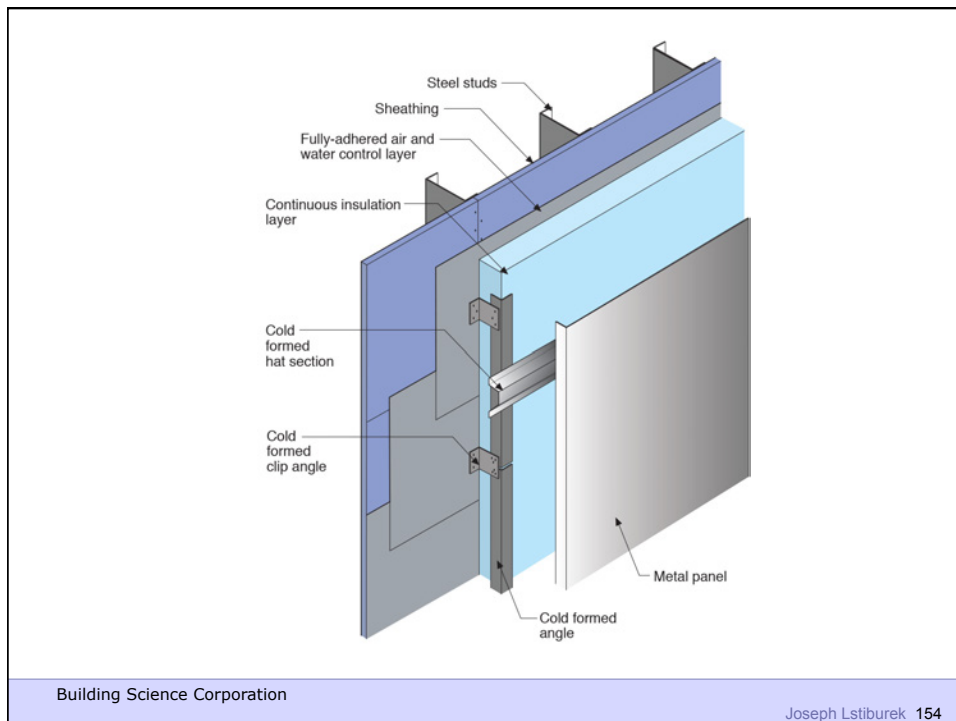
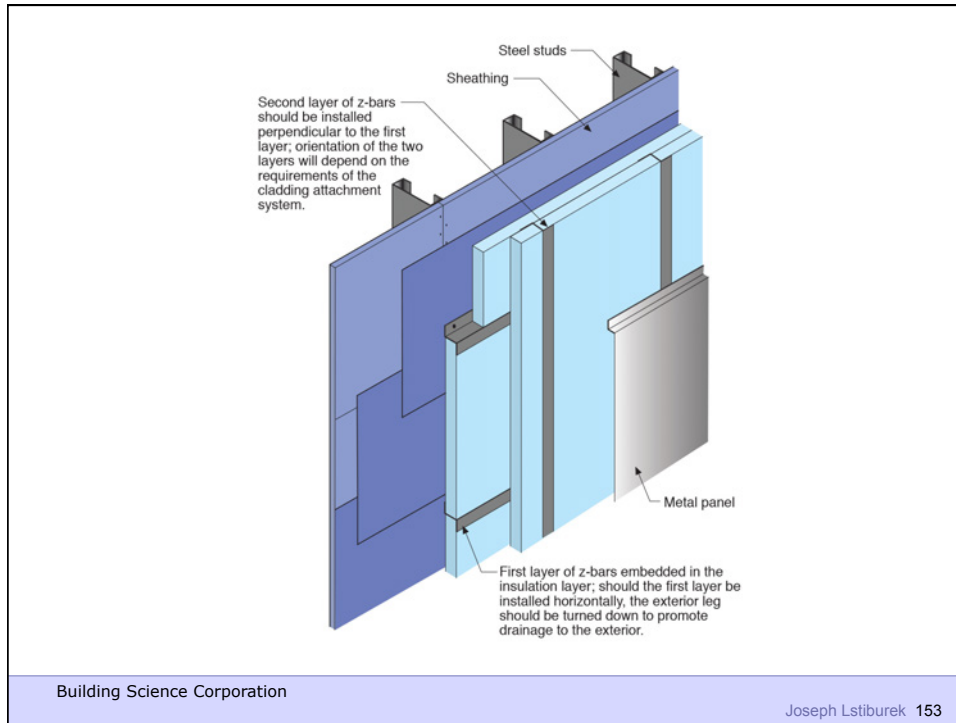
Building Science Corporation

Joseph Lstiburek 149



150







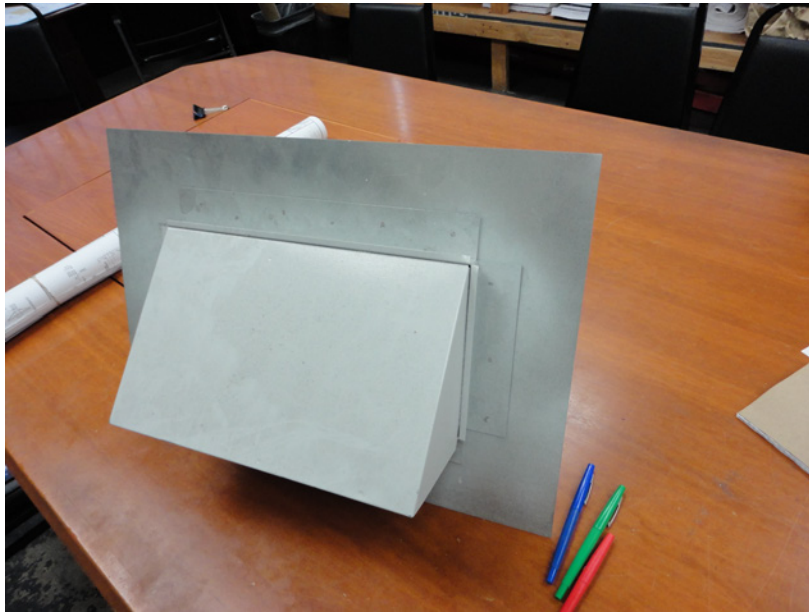
Building Science Corporation

Joseph Lstiburek – Rain Control 155



Building Science Corporation

Joseph Lstiburek – Rain Control 156



Building Science Corporation

Joseph Lstiburek 157



Building Science Corporation

Joseph Lstiburek – Rain Control 158



Building Science 2007

Joseph Lstiburek – Rain Control 159



Building Science 2007

Joseph Lstiburek – Rain Control 160



Building Science 2007

Joseph Lstiburek – Rain Control 161



Building Science 2007

Joseph Lstiburek – Rain Control 162



Joseph Lstiburek, Ph.D., P.Eng, ASHRAE Fellow

Building Science

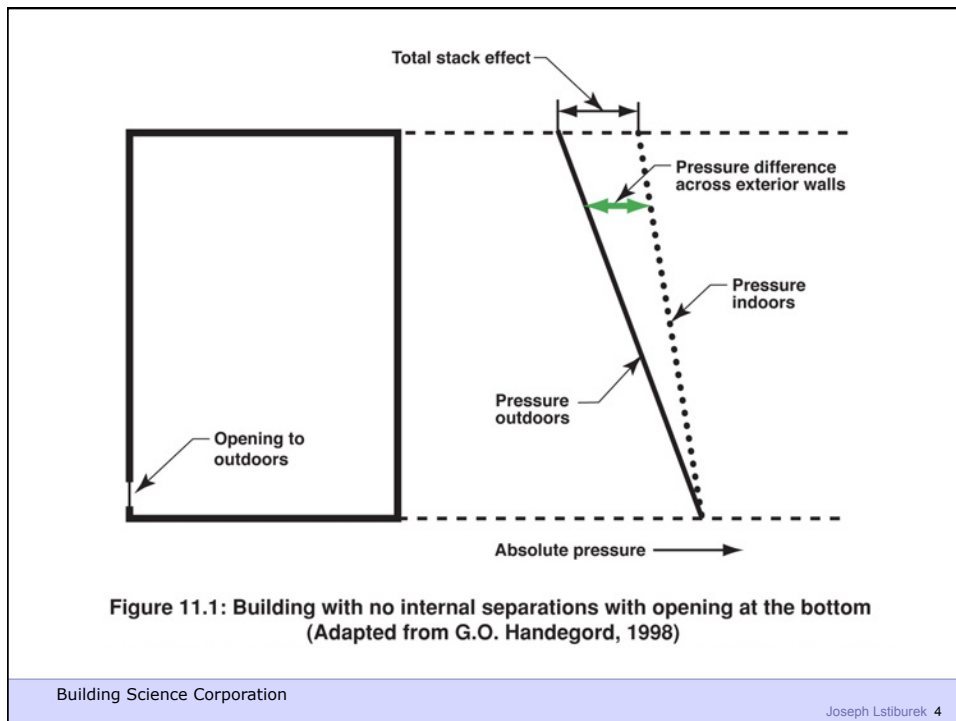
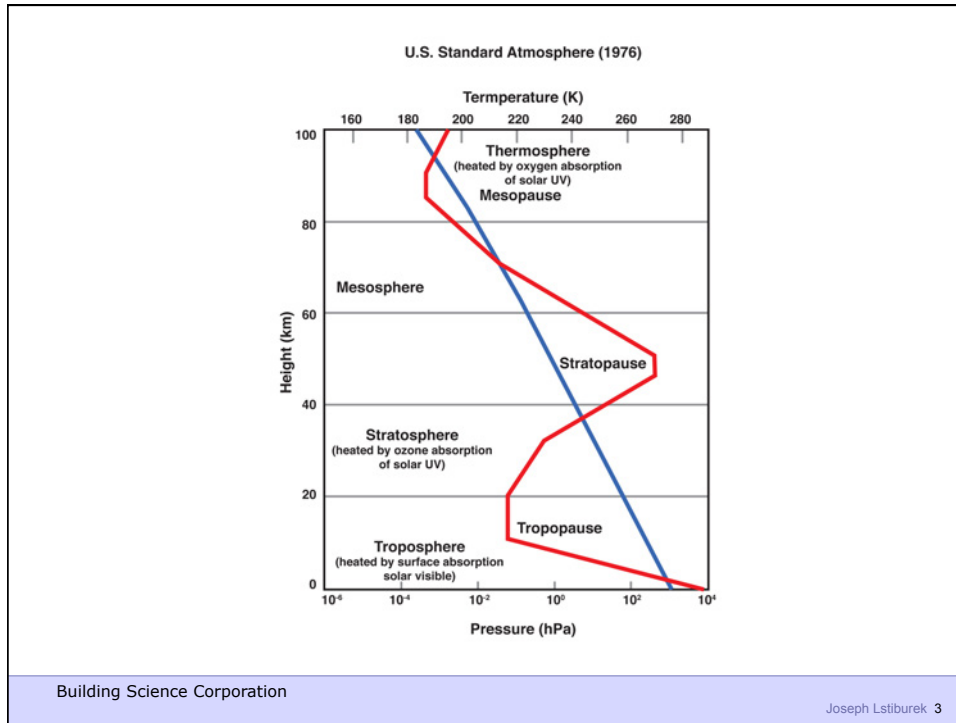
Multifamily

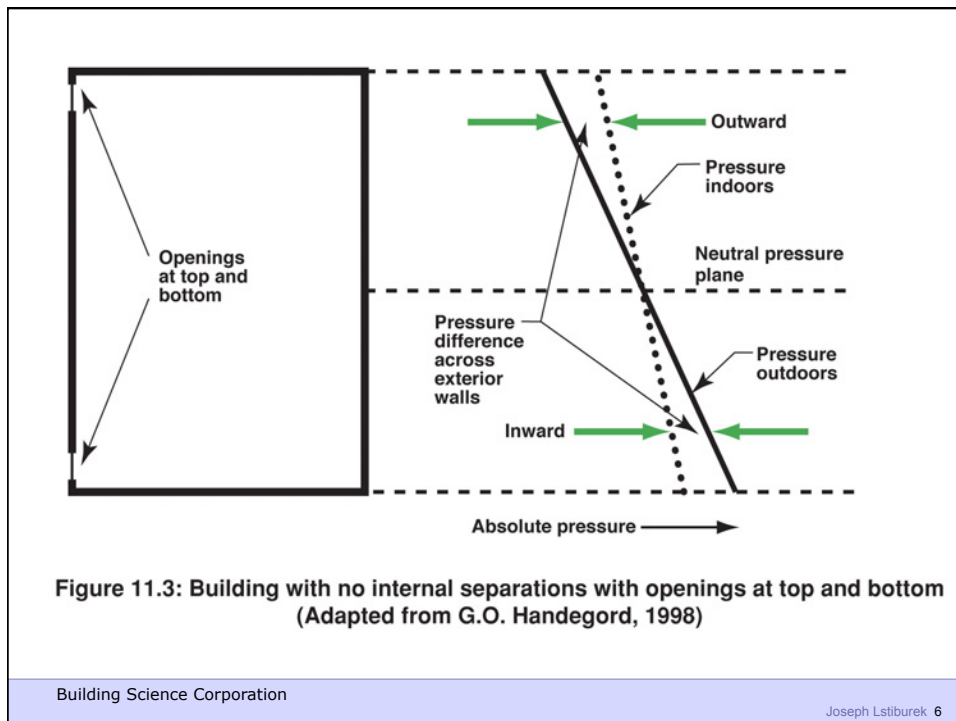
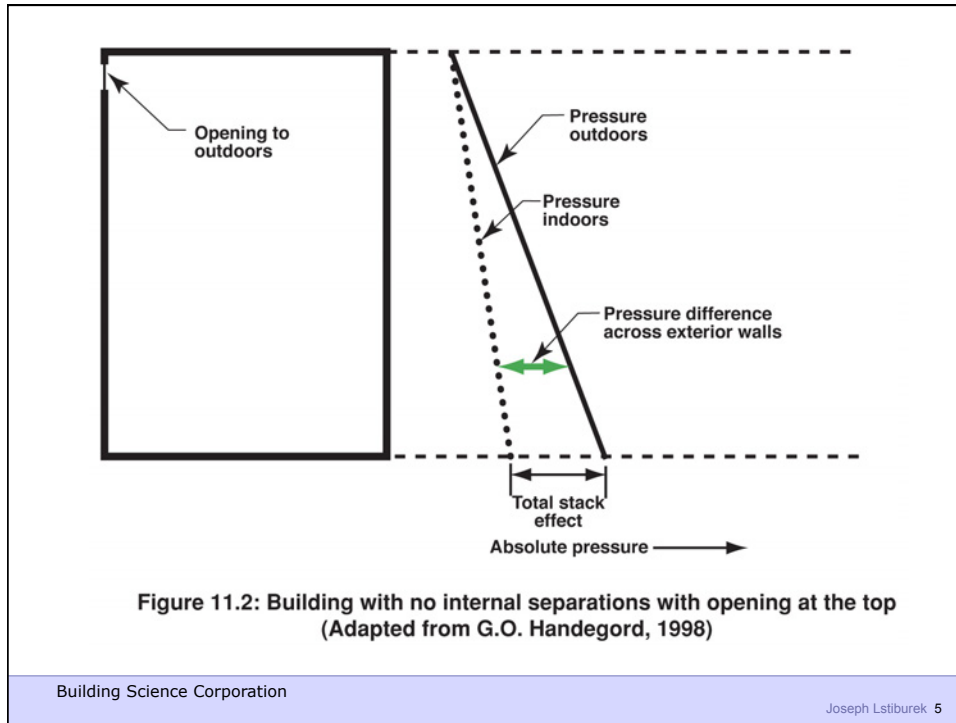
www.buildingscience.com

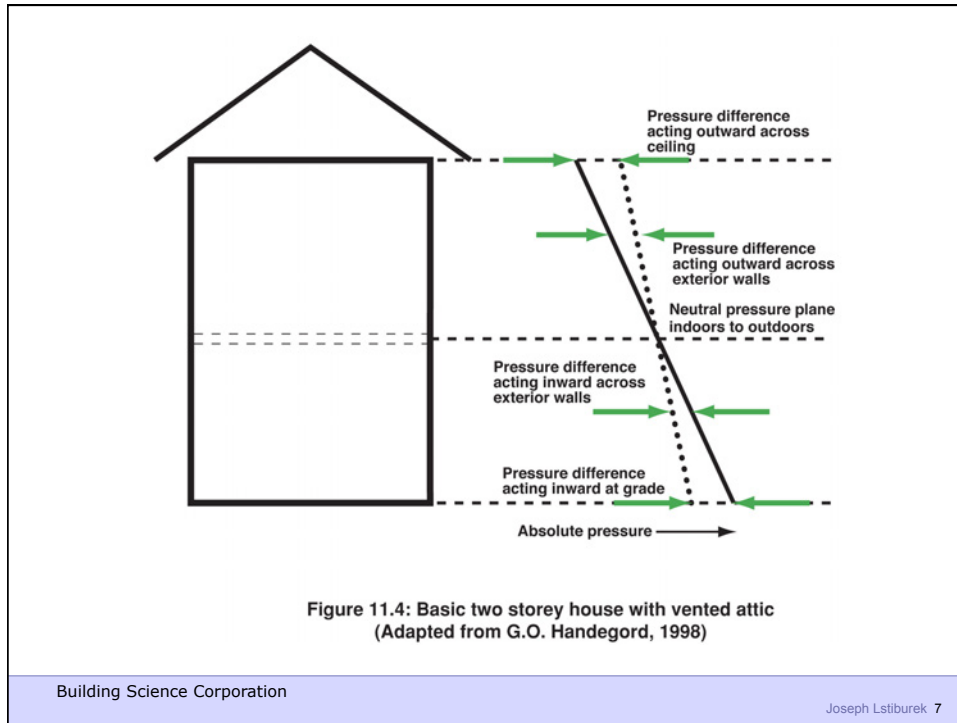
Lapse Rate

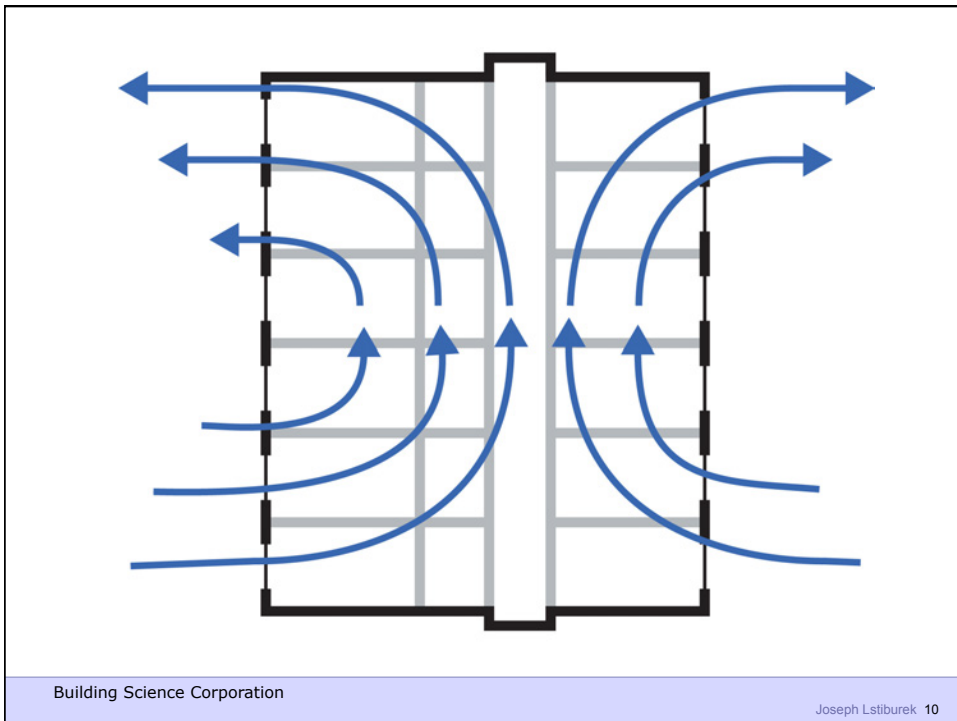
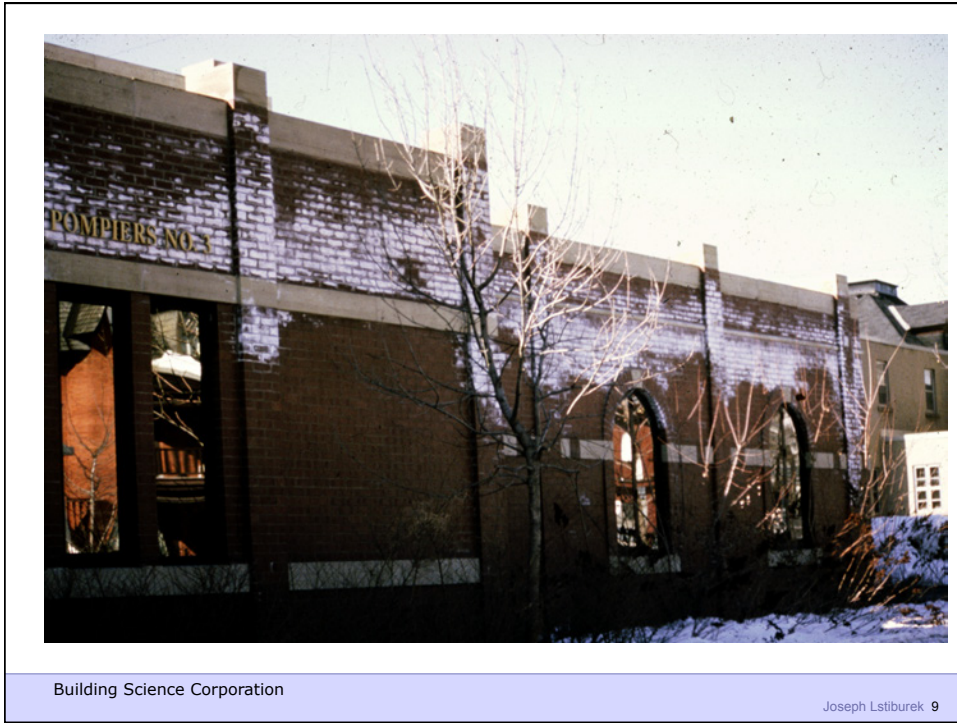
Building Science Corporation

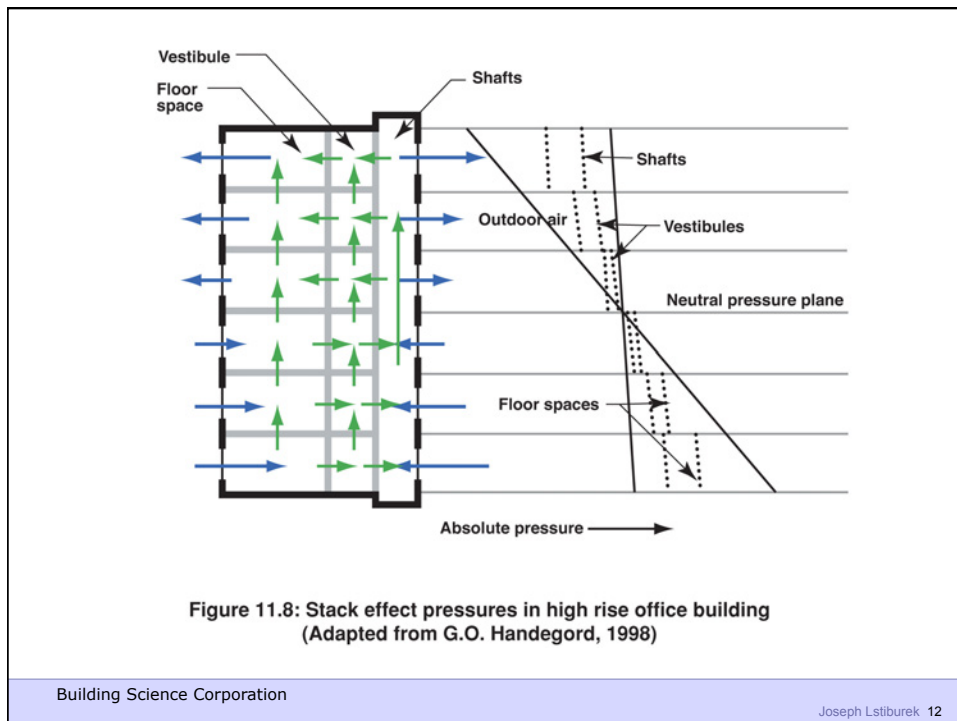
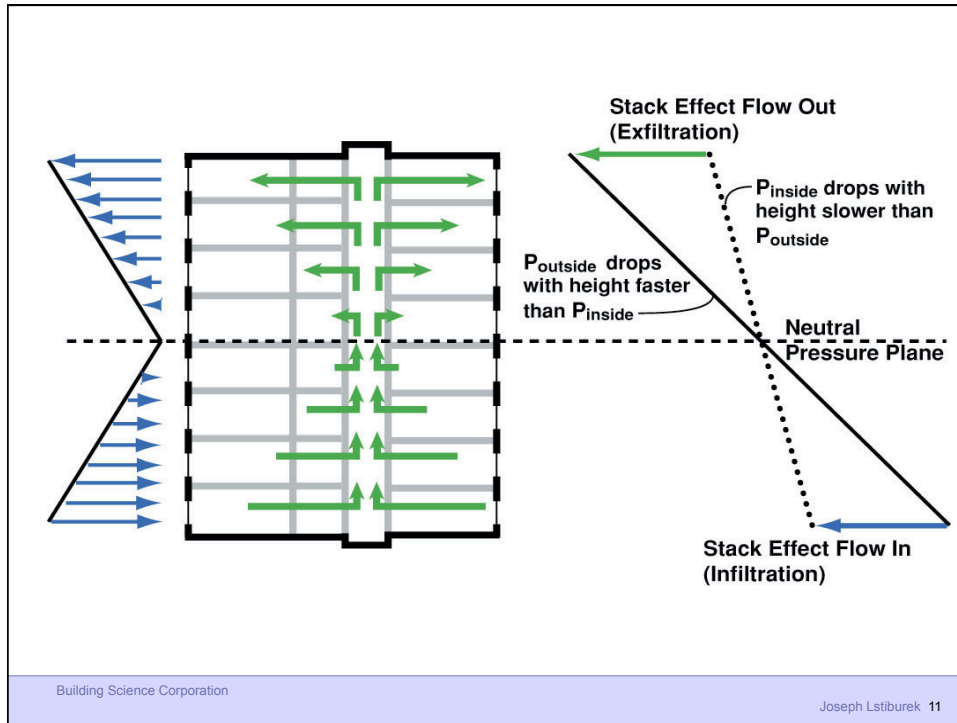
Joseph Lstiburek 2

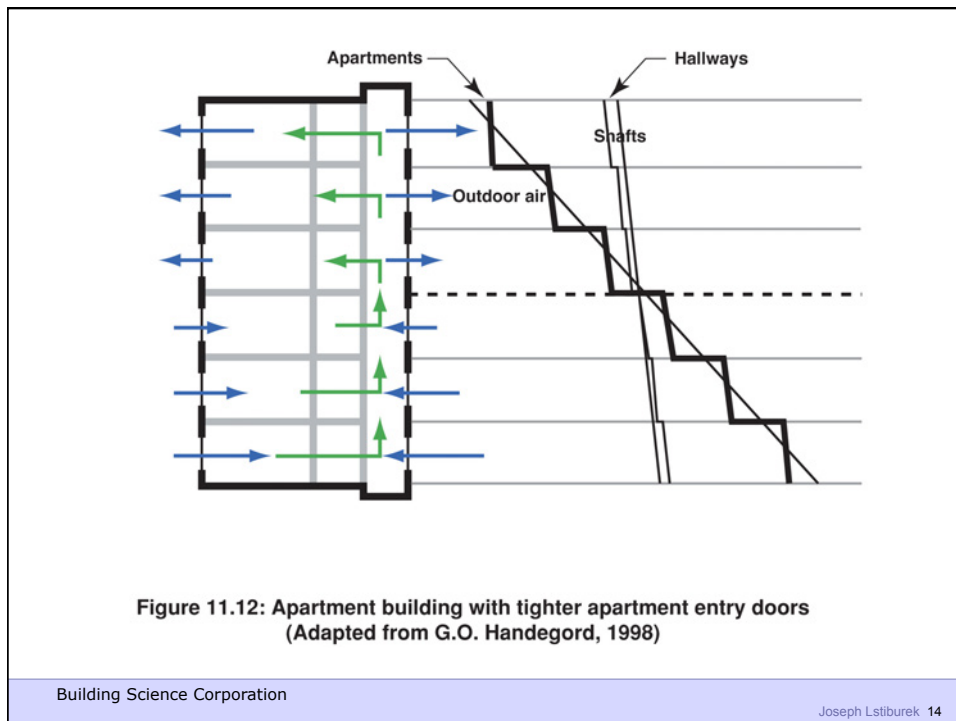
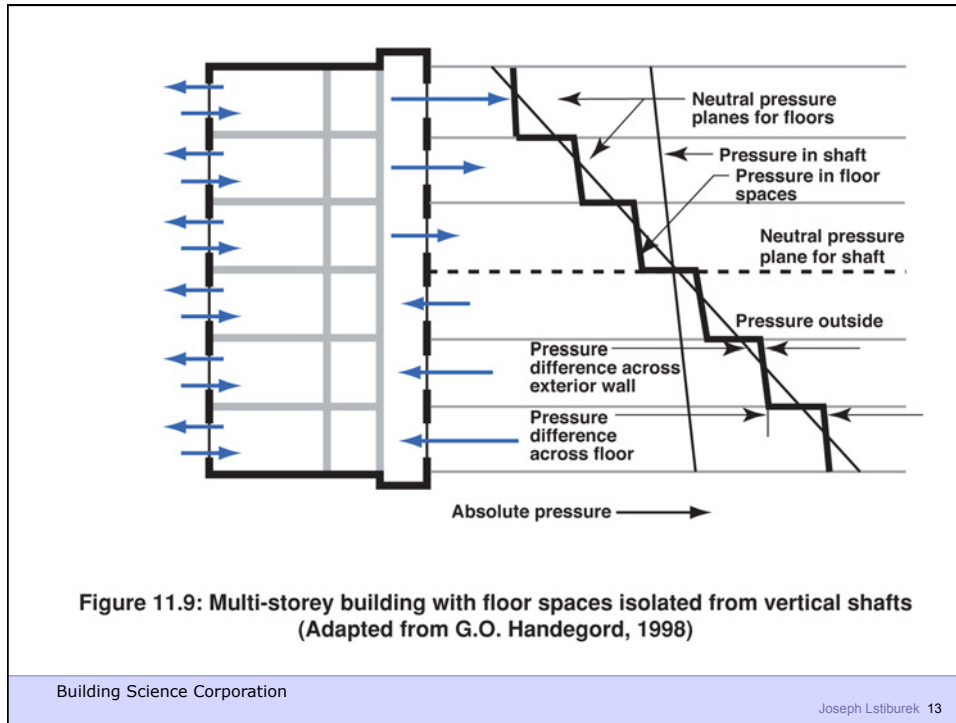


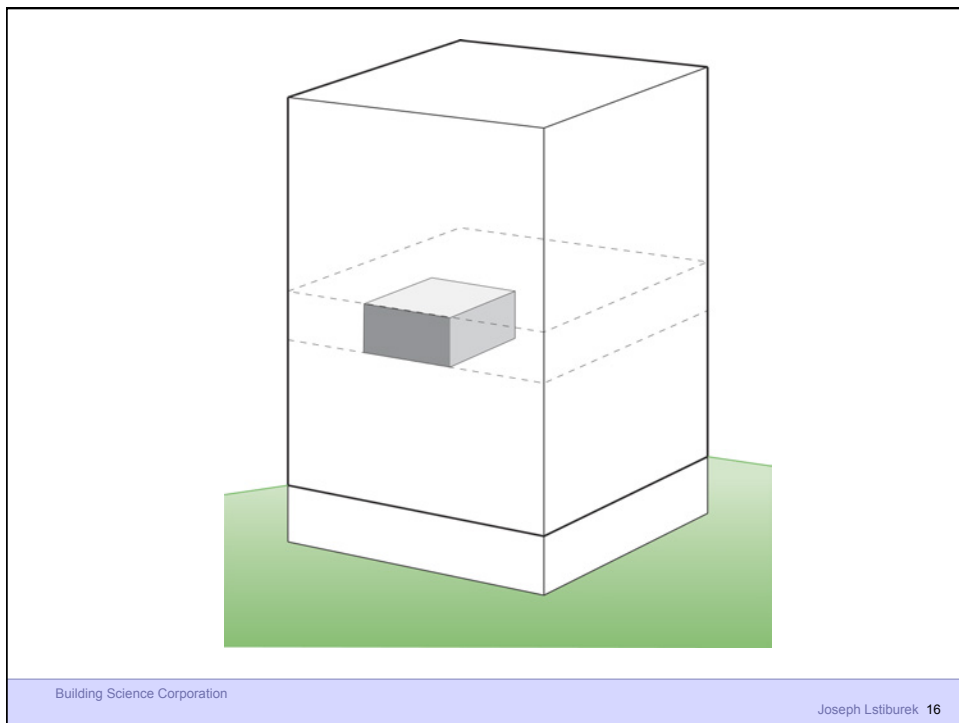
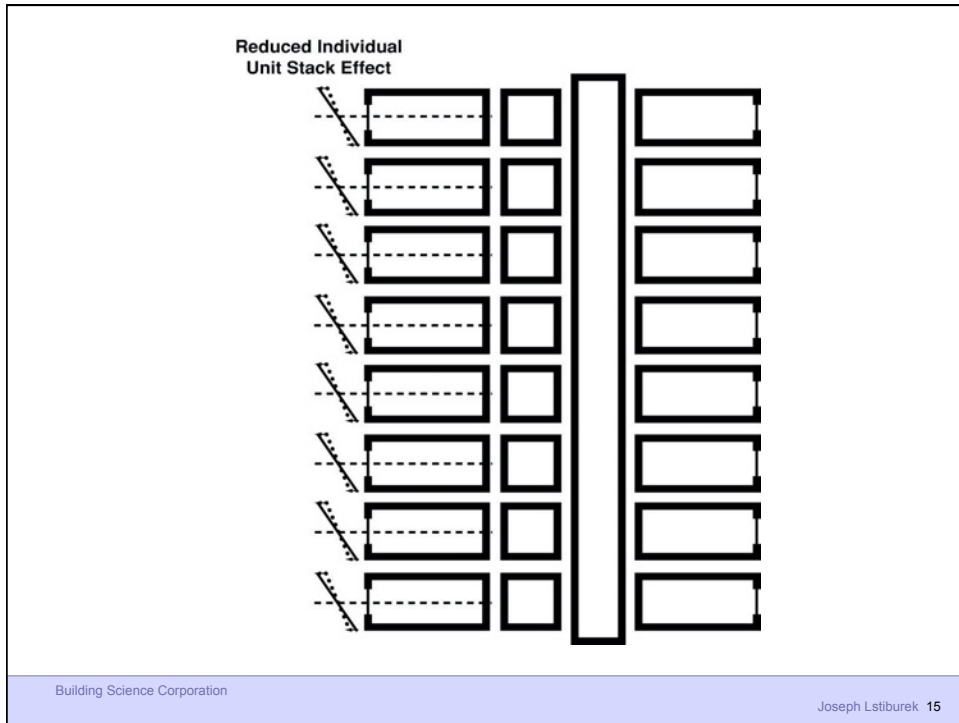














Building Science Corporation

Joseph Lstiburek – HVAC 17



Building Science Corporation

Joseph Lstiburek – HVAC 18

Build Tight - Ventilate Right

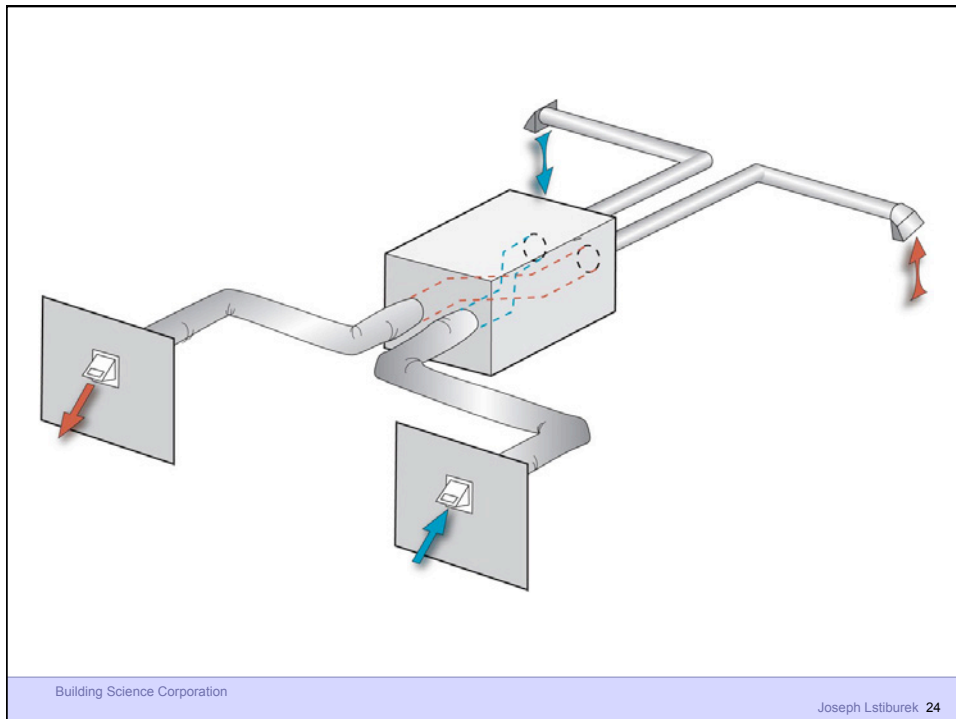
Build Tight - Ventilate Right How Tight? What's Right?

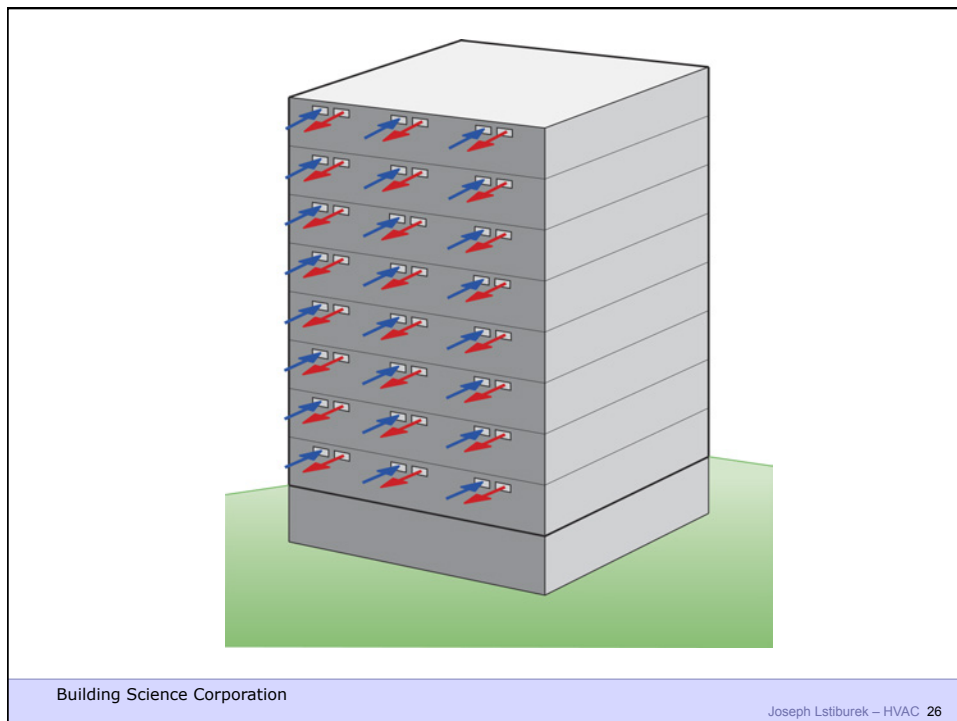
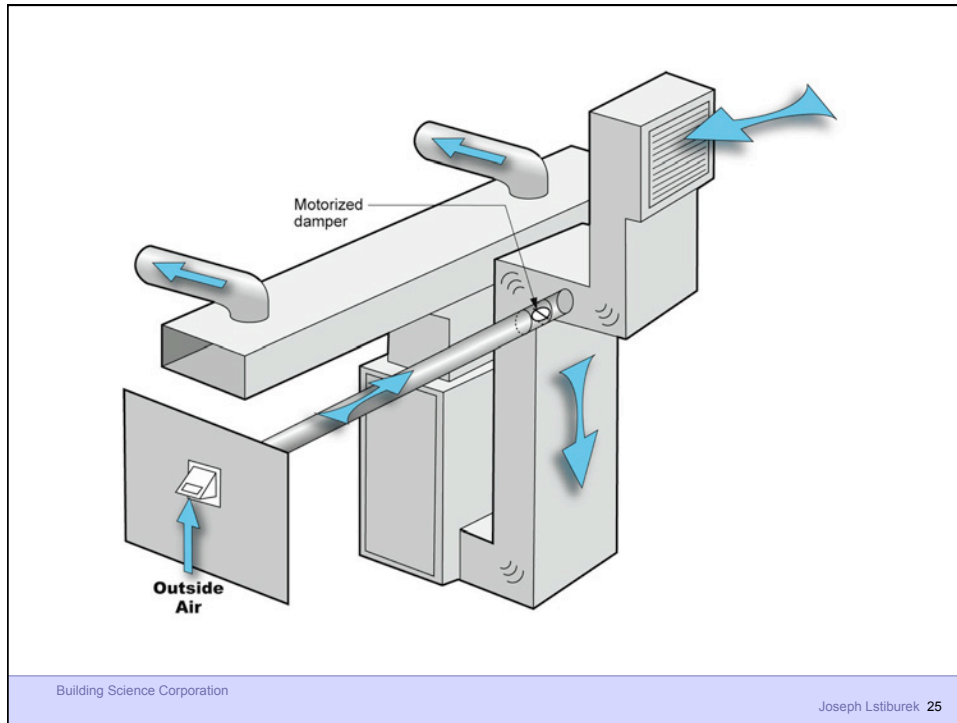
Air Barrier Metrics

Material	0.02 l/(s-m ²) @ 75 Pa
Assembly	0.20 l/(s-m ²) @ 75 Pa
Enclosure	2.00 l/(s-m ²) @ 75 Pa
	0.35 cfm/ft ² @ 50 Pa
	0.25 cfm/ft ² @ 50 Pa
	0.15 cfm/ft ² @ 50 Pa

Getting rid of big holes	3 ach@50
Getting rid of smaller holes	1.5 ach@50
Getting German	0.6 ach@50

As Tight as Possible - with -
Balanced Ventilation
Distribution
Source Control - Spot exhaust ventilation
Filtration
Material selection
Energy Recovery

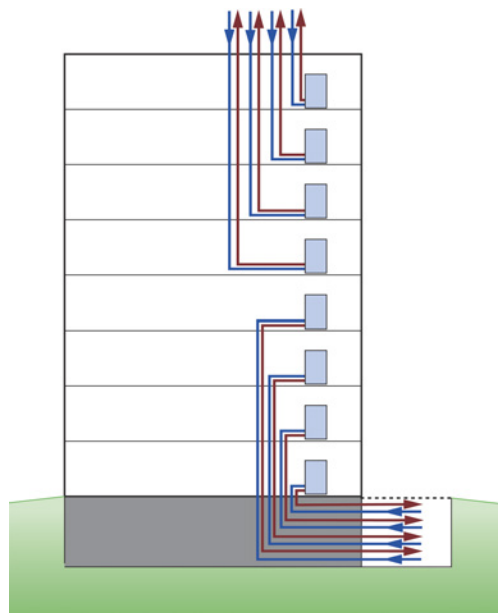






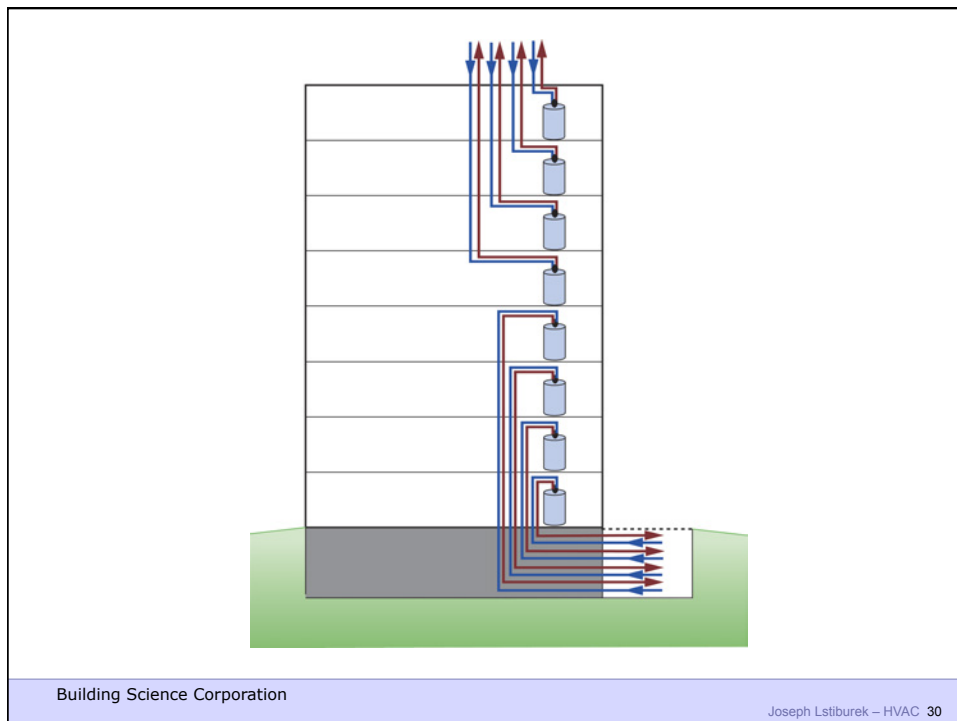
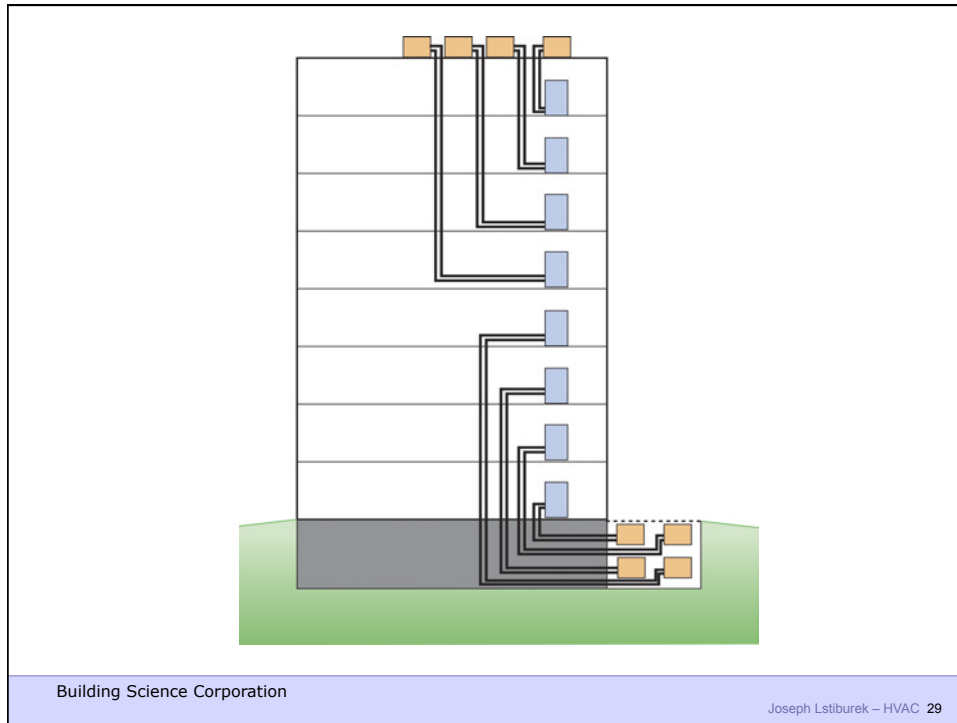
Building Science Corporation

Joseph Lstiburek 27

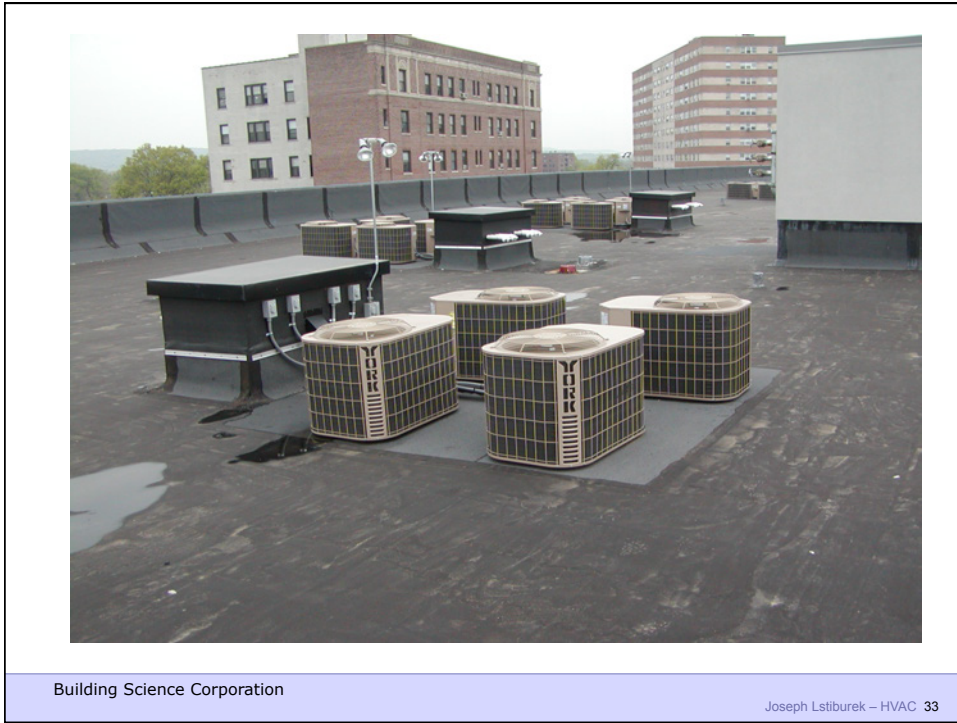


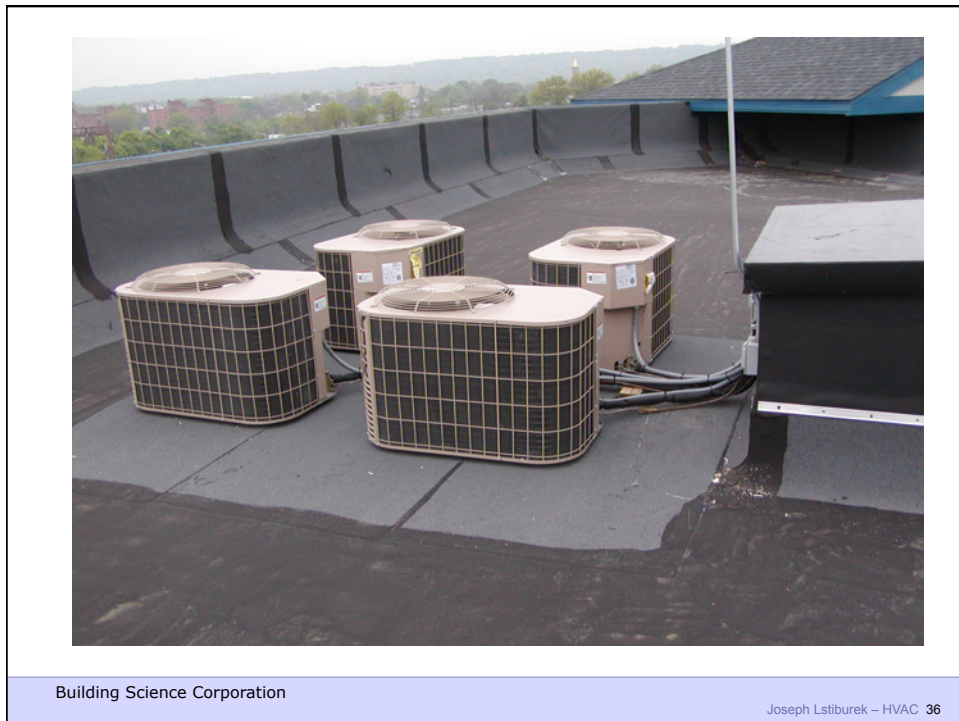
Building Science Corporation

Joseph Lstiburek – HVAC 28











Building Science Corporation

Joseph Lstiburek 37



Building Science Corporation

Joseph Lstiburek 38



Building Science Corporation

Joseph Lstiburek – HVAC 39



Building Science Corporation

Joseph Lstiburek – HVAC 40



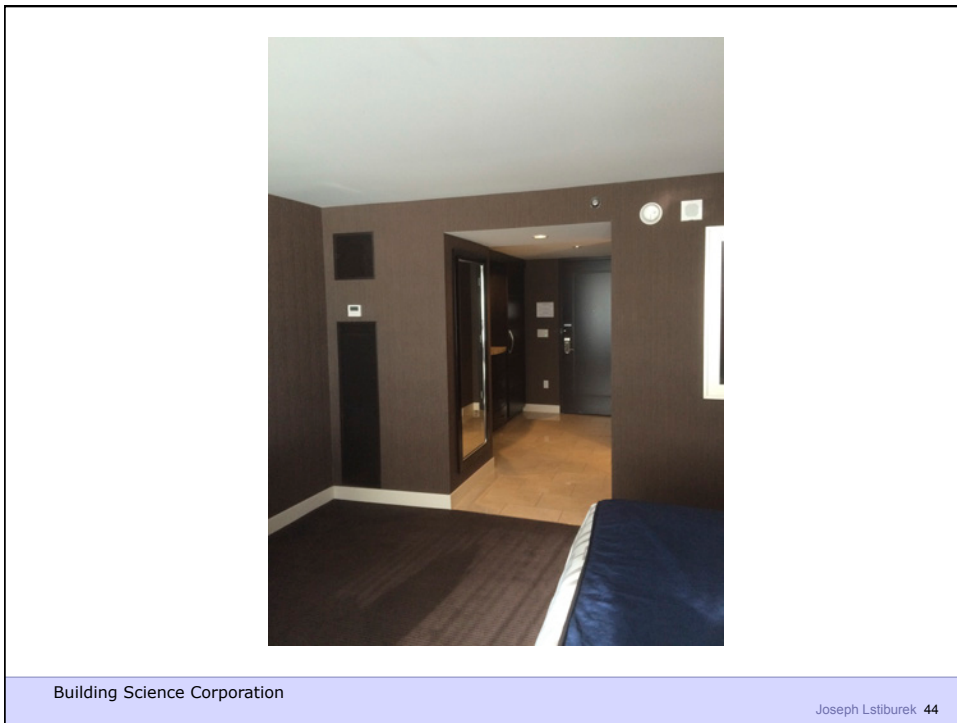
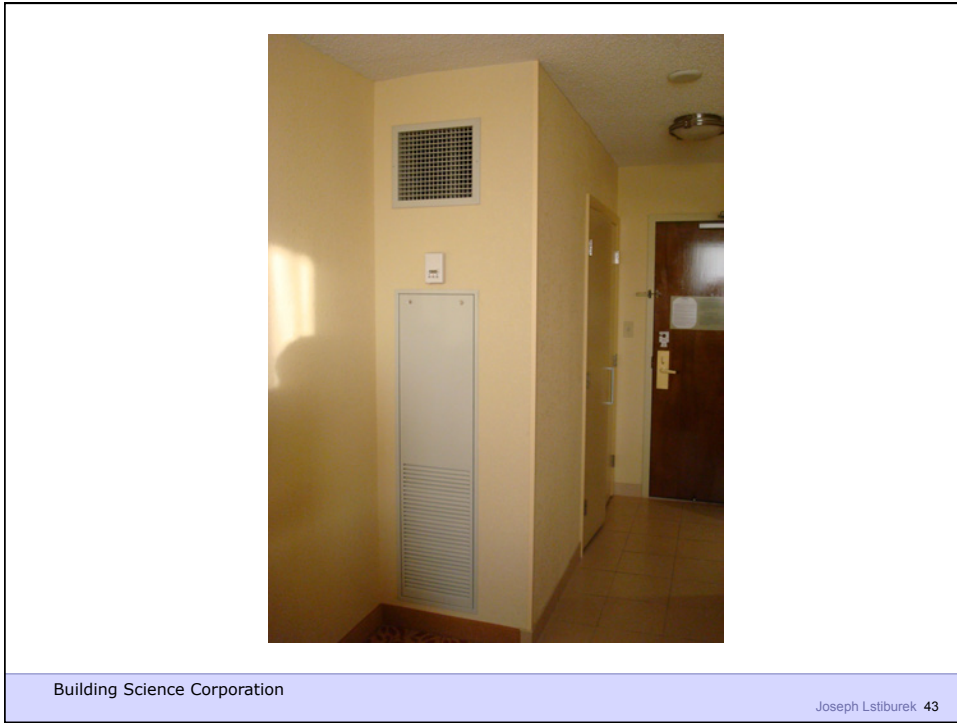
Building Science Corporation

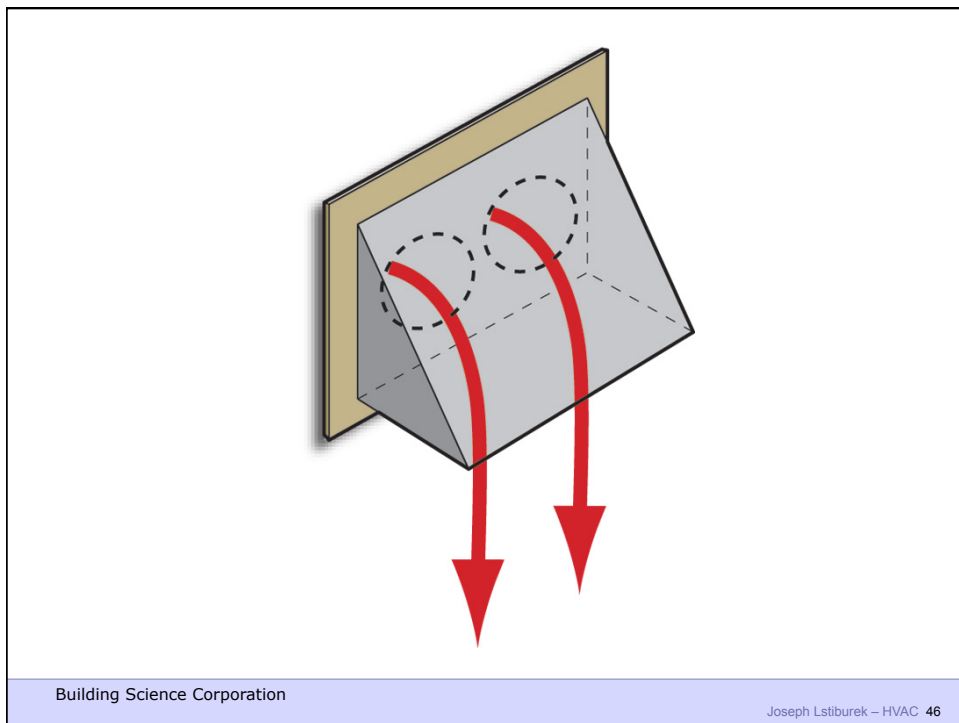
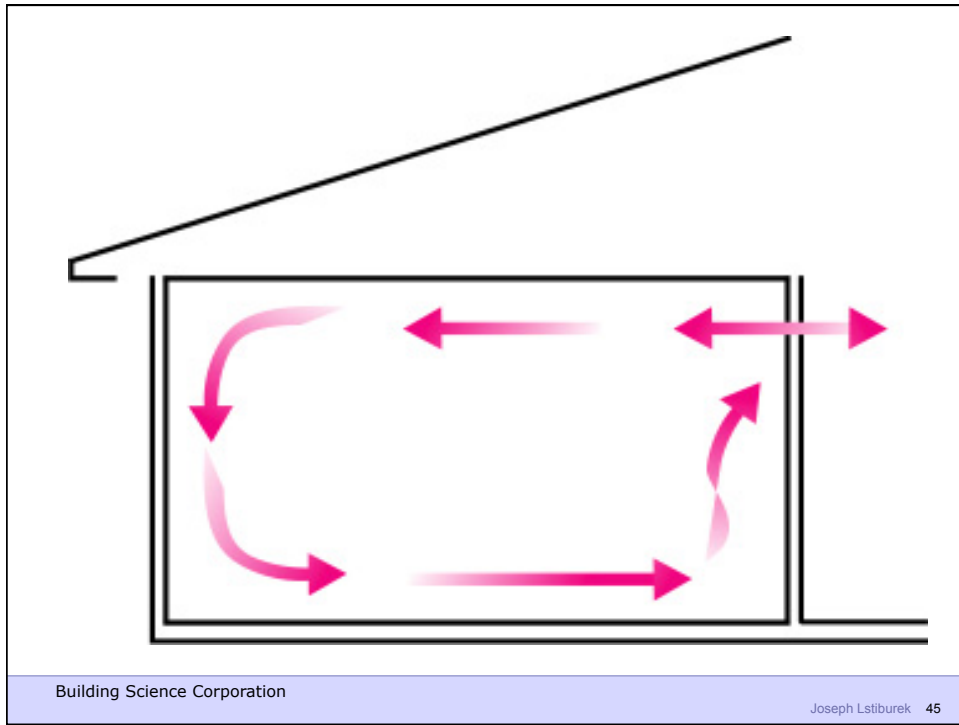
Joseph Lstiburek – HVAC 41

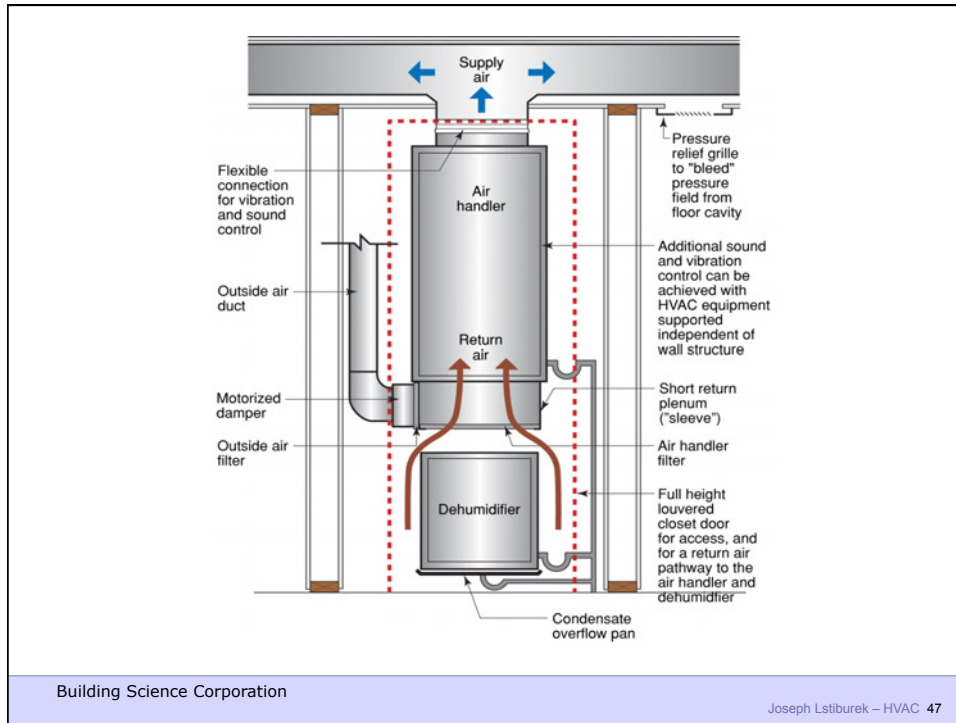


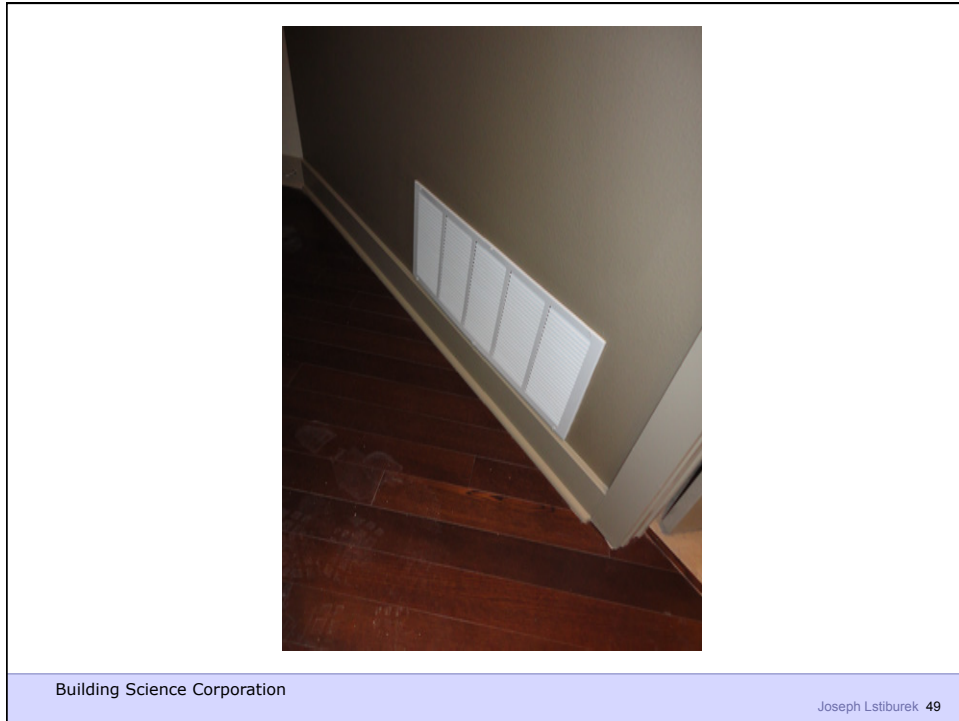
Building Science Corporation

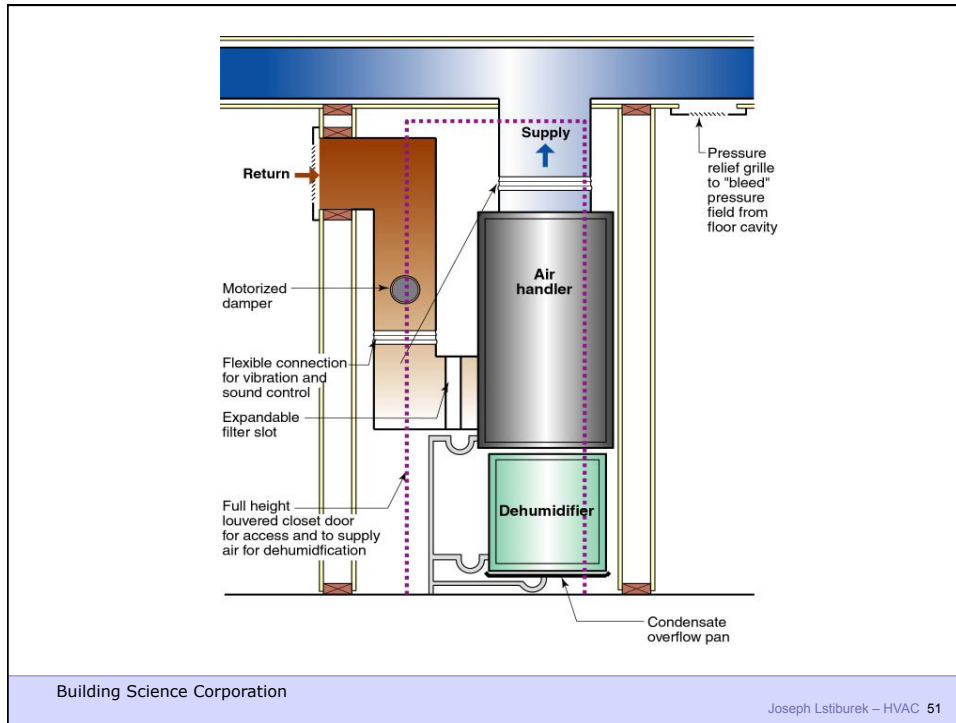
Joseph Lstiburek – HVAC 42

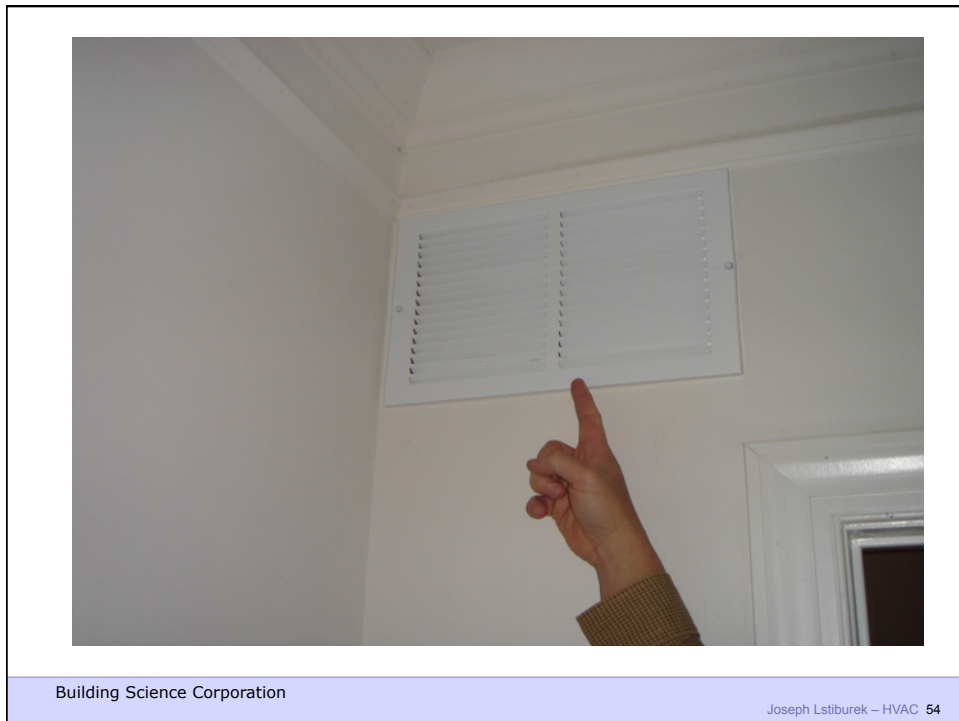


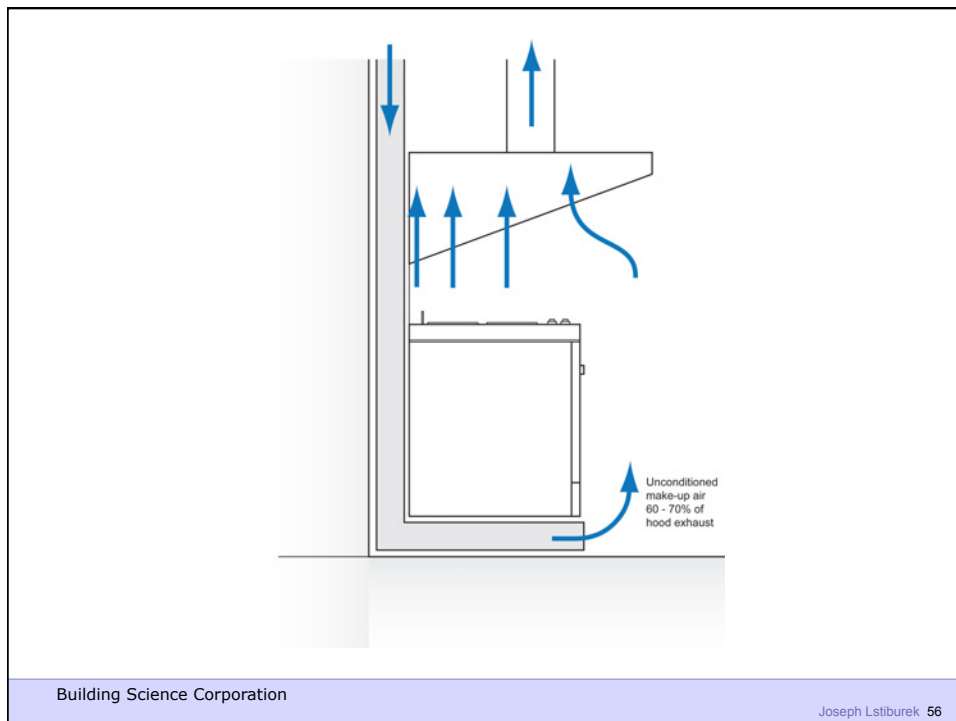
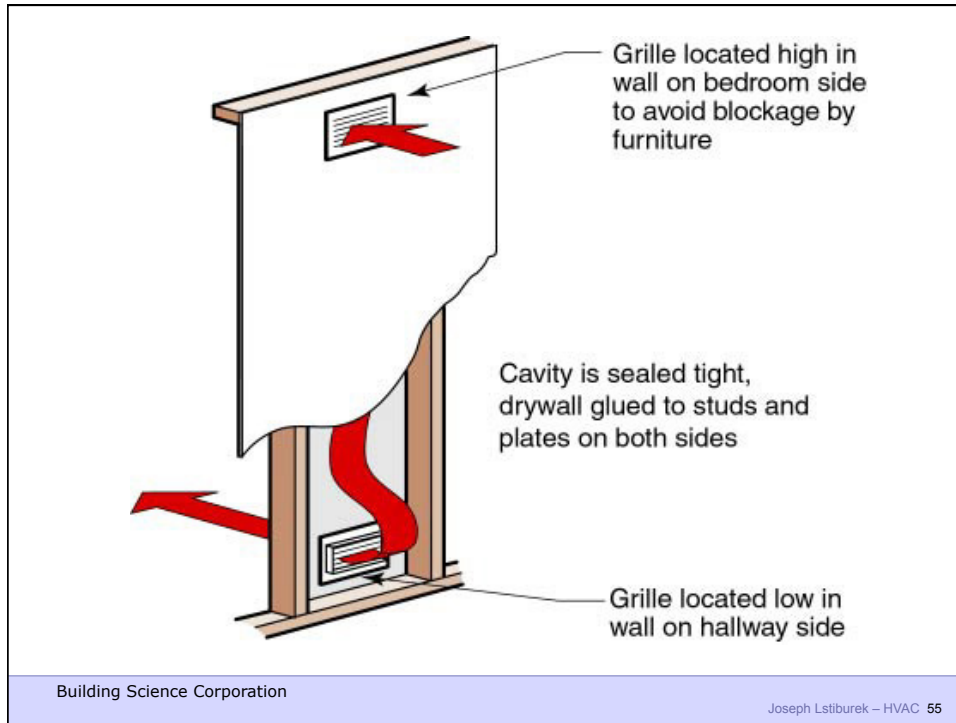








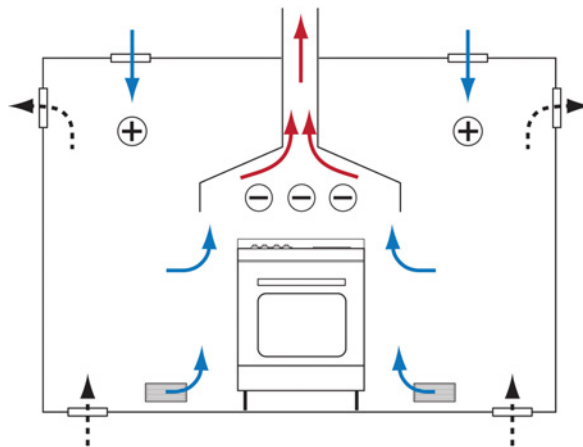






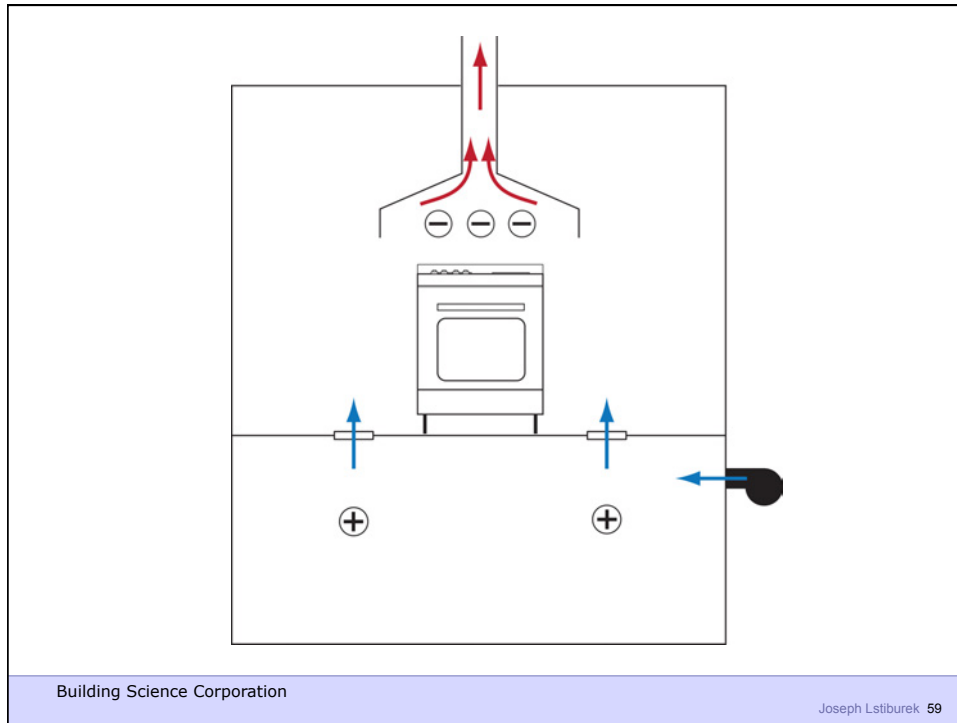
Building Science Corporation

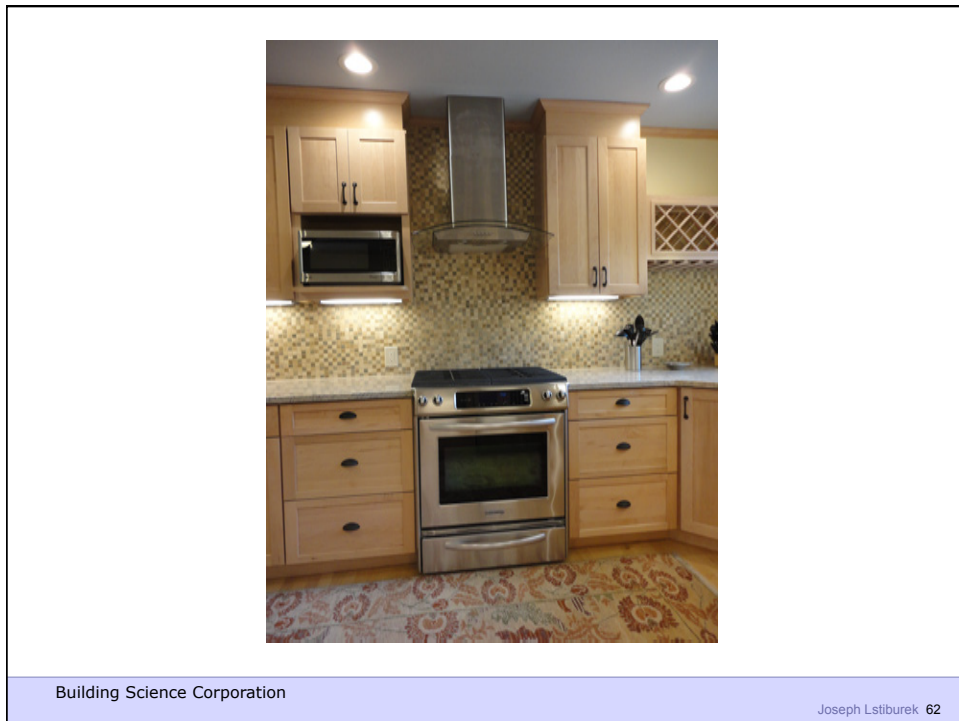
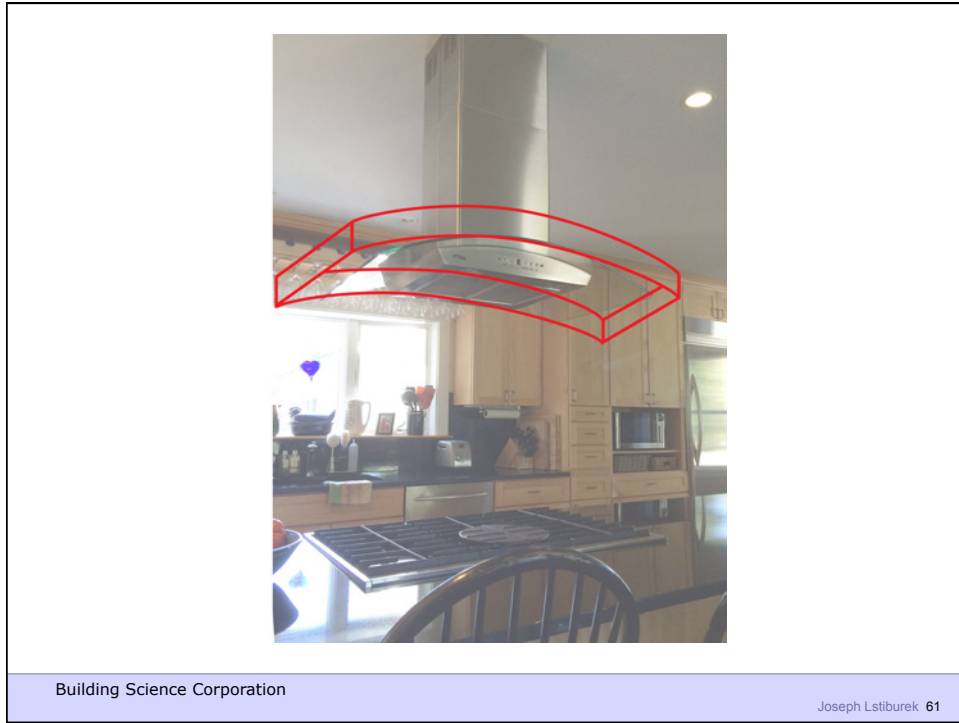
Joseph Lstiburek 57



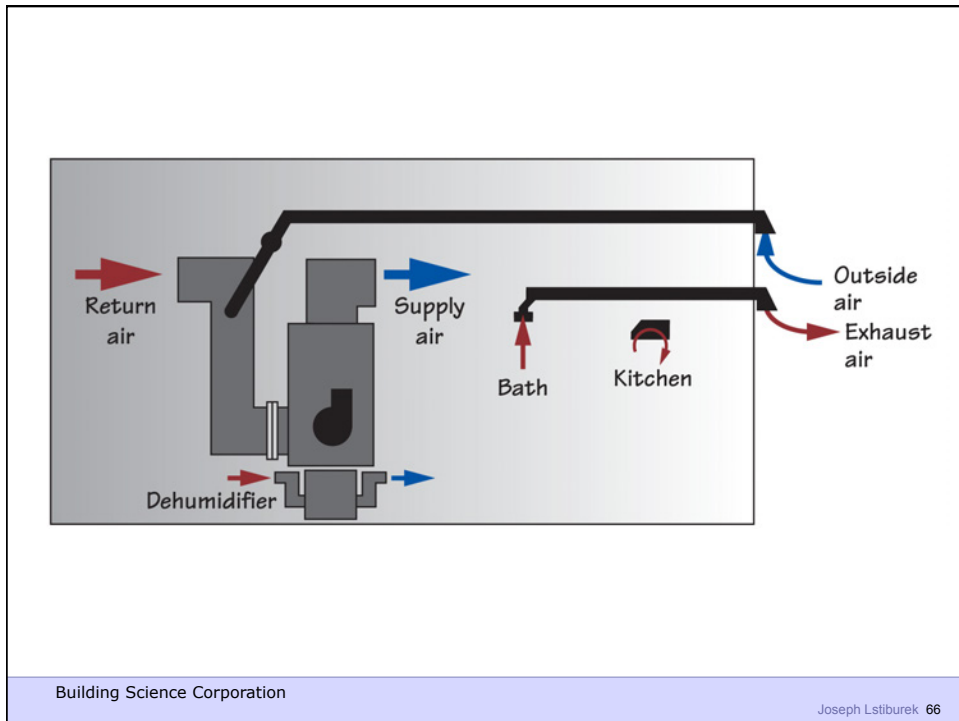
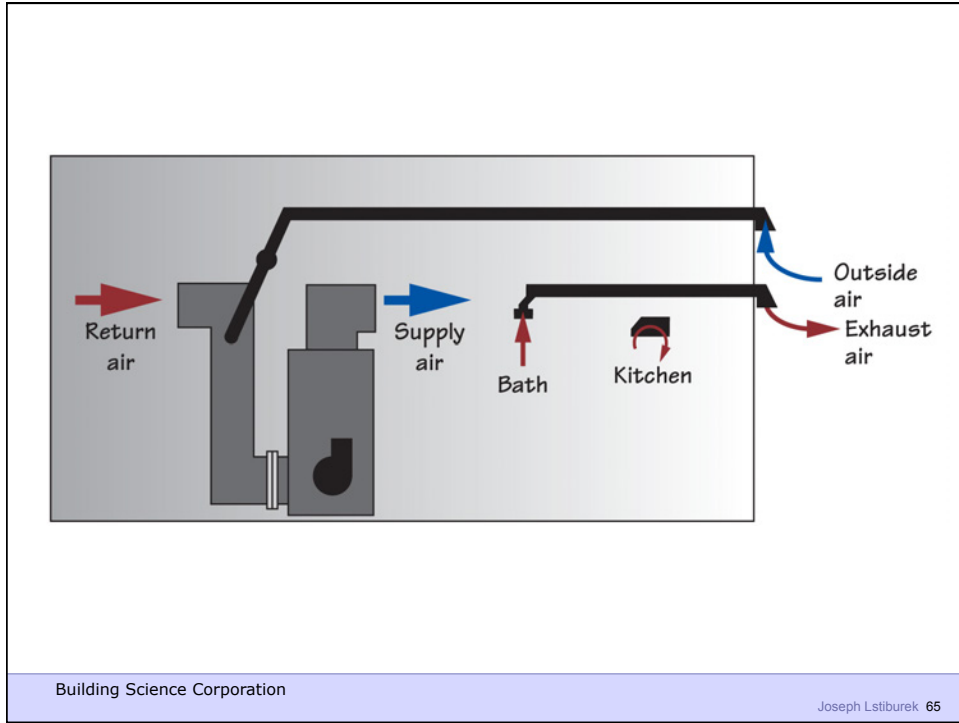
Building Science Corporation

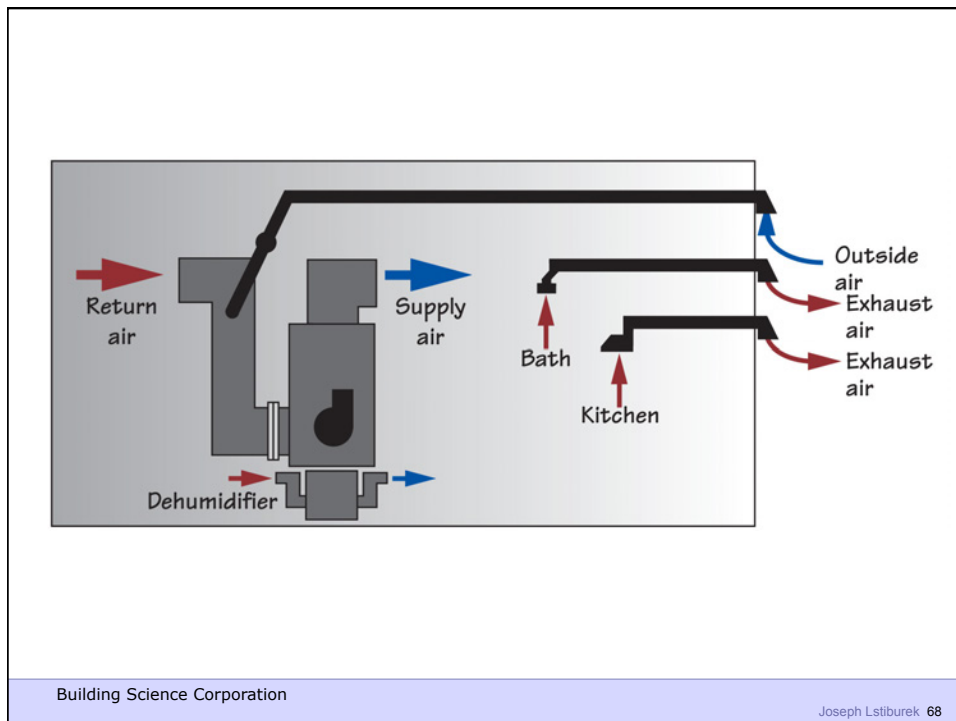
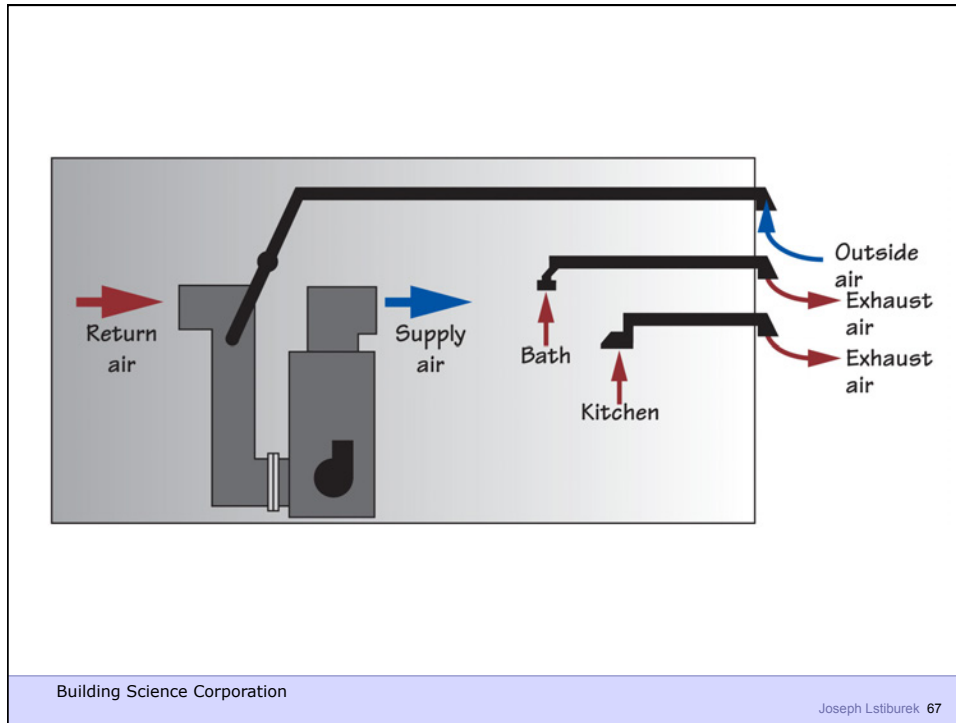
Joseph Lstiburek 58

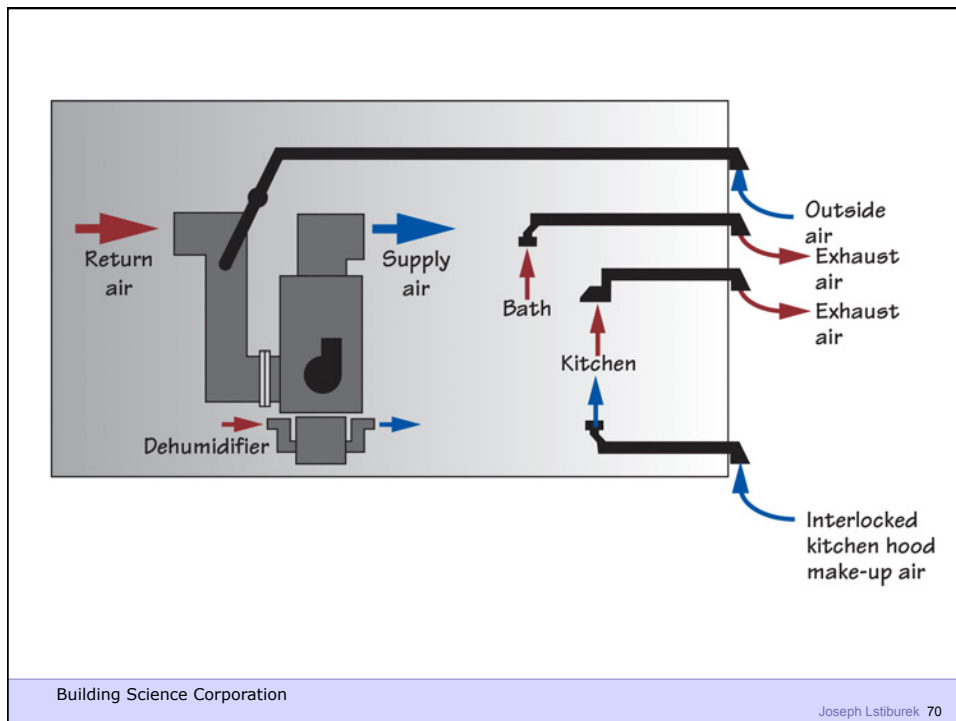
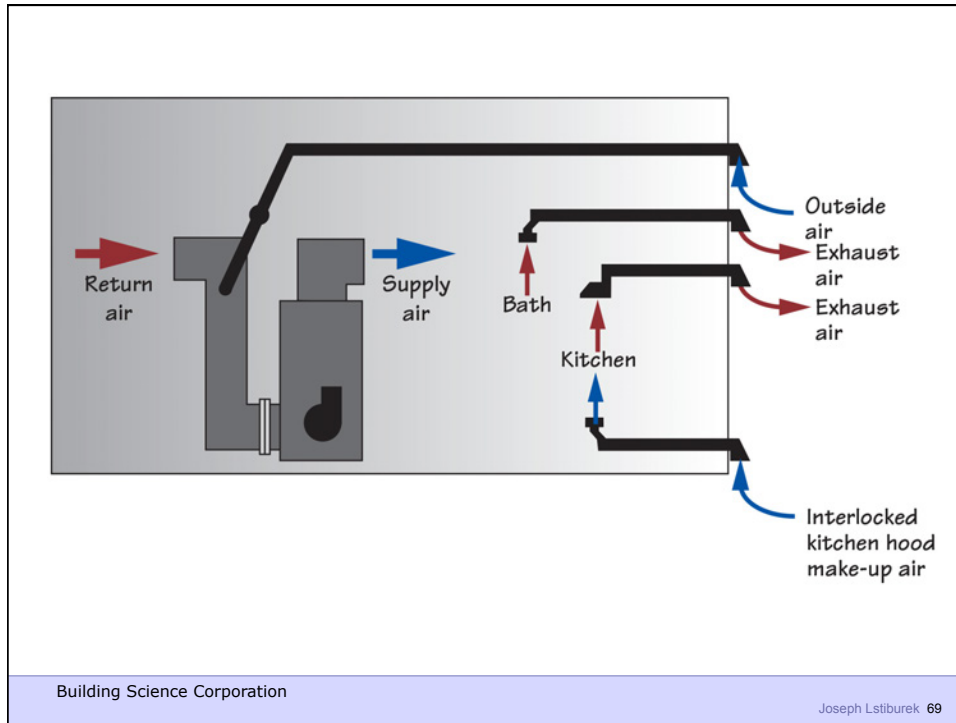


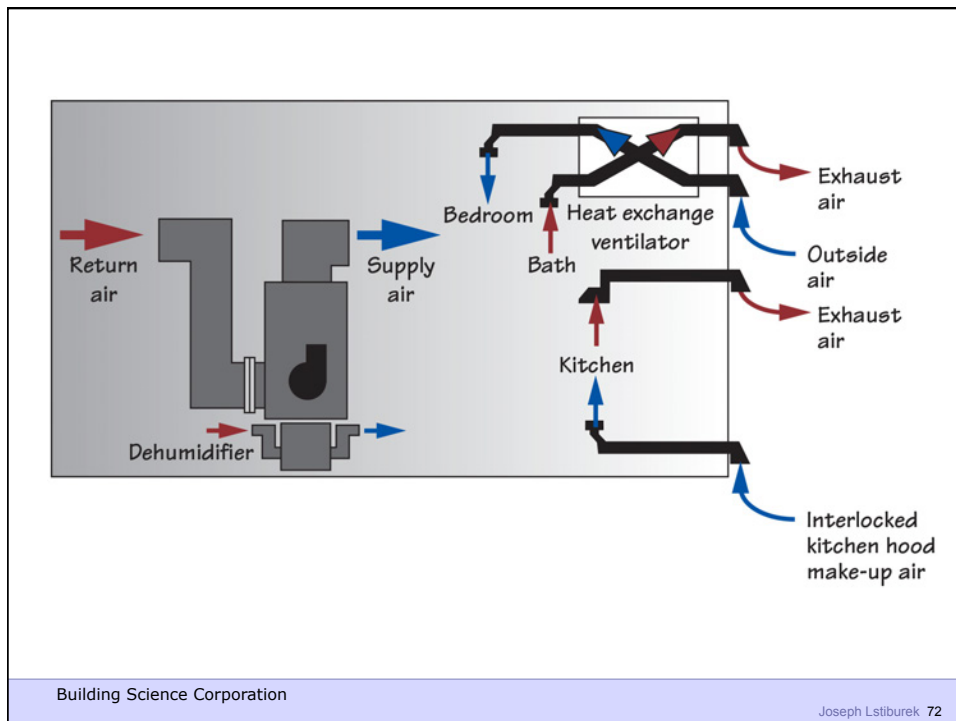
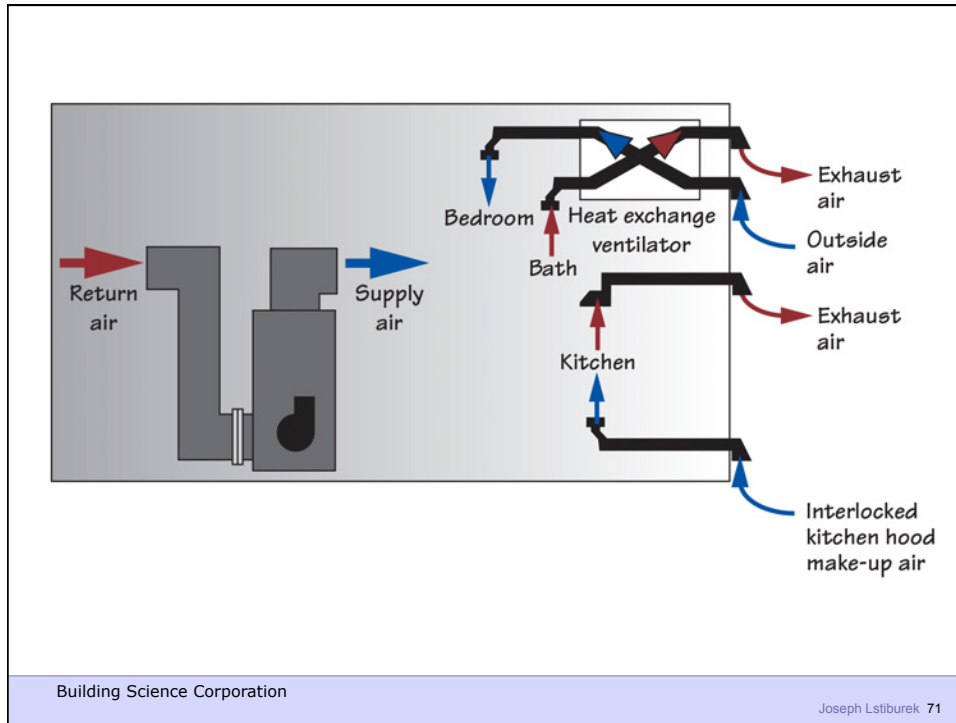


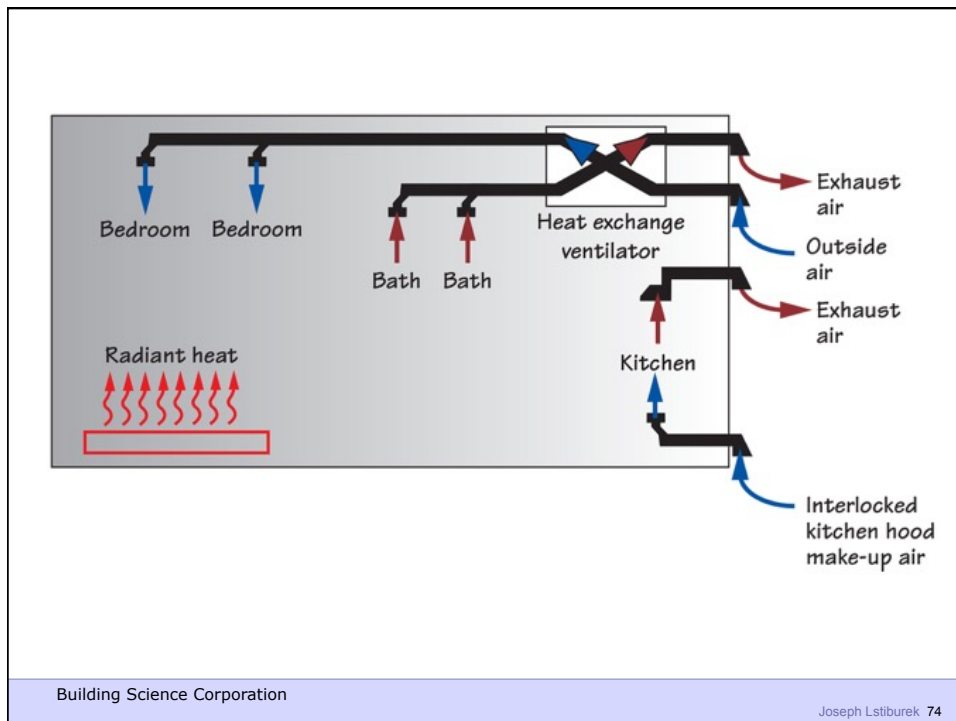
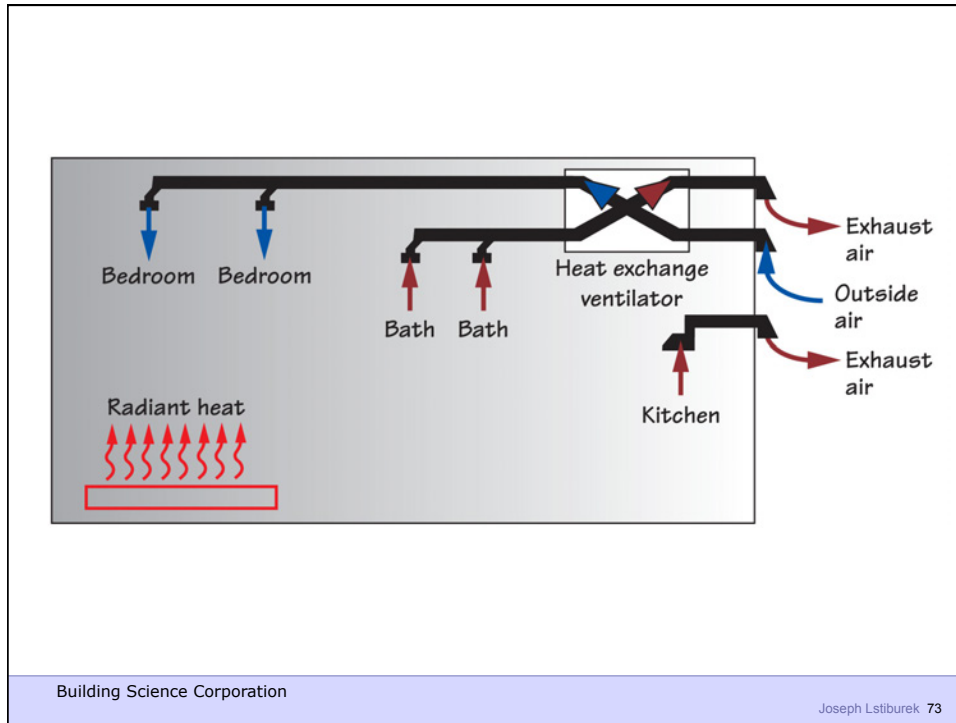


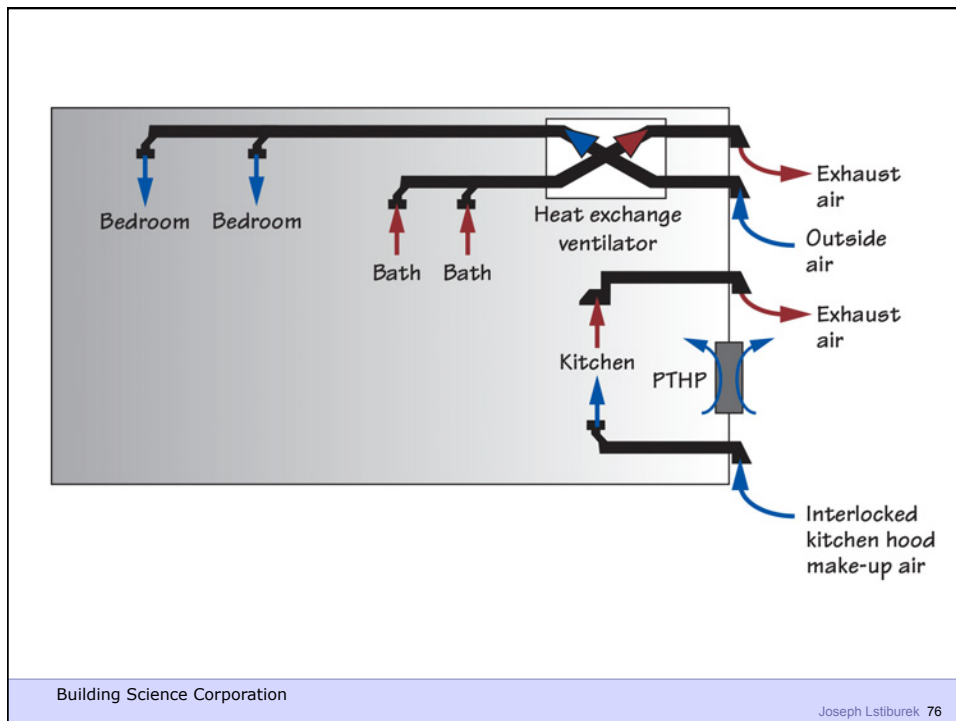
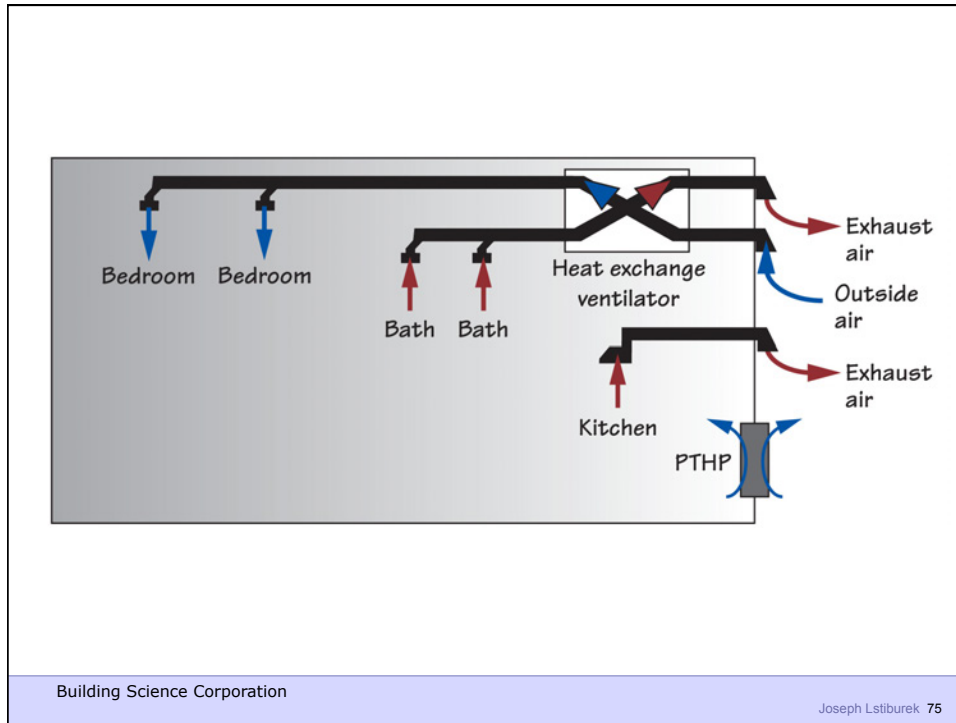


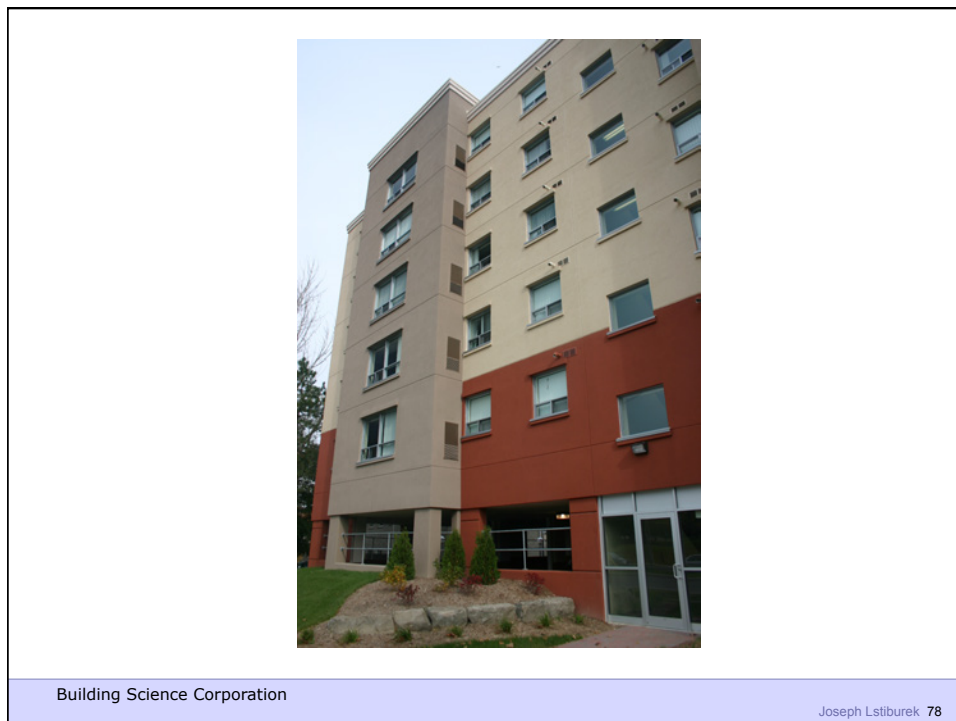
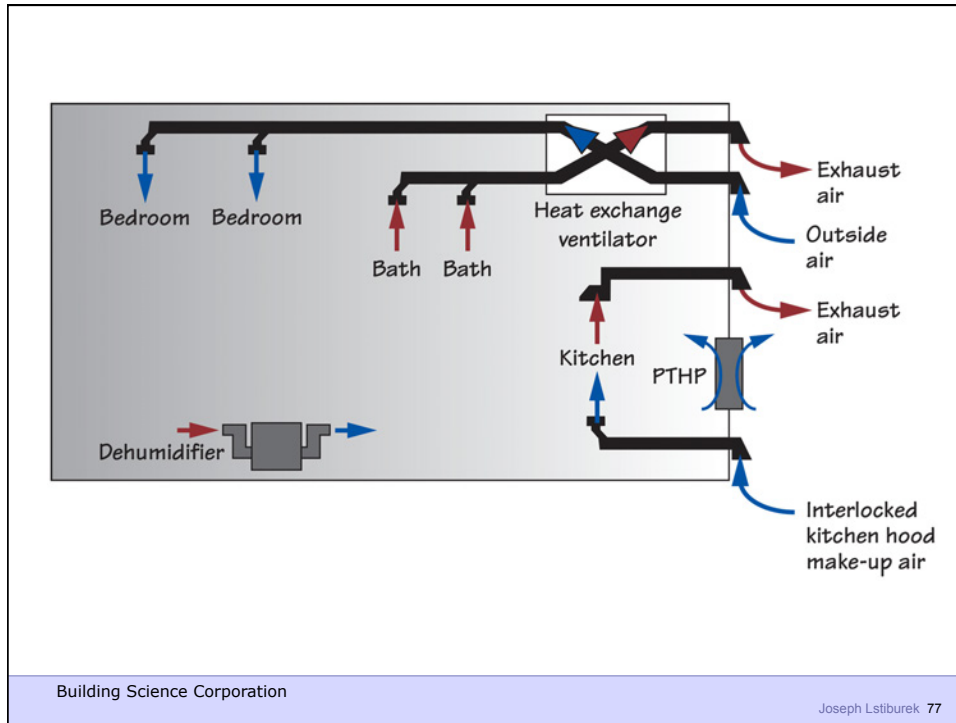














Building Science Corporation

Joseph Lstiburek 79

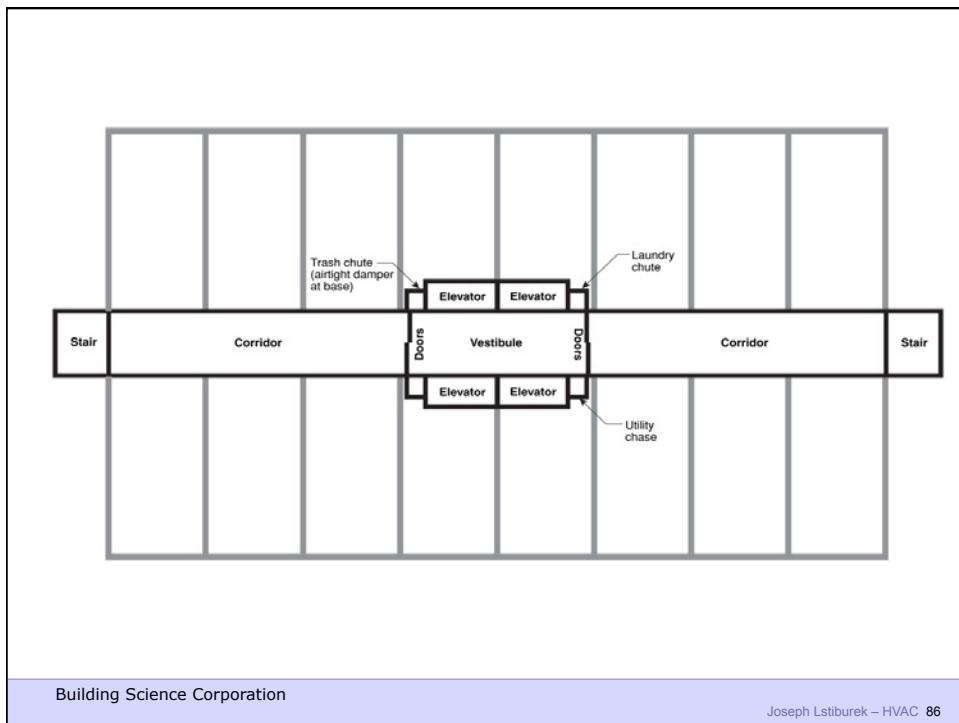


Building Science Corporation

Joseph Lstiburek 80



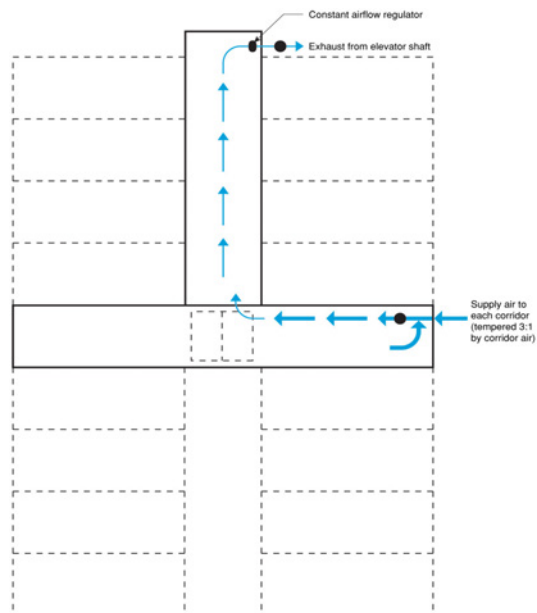






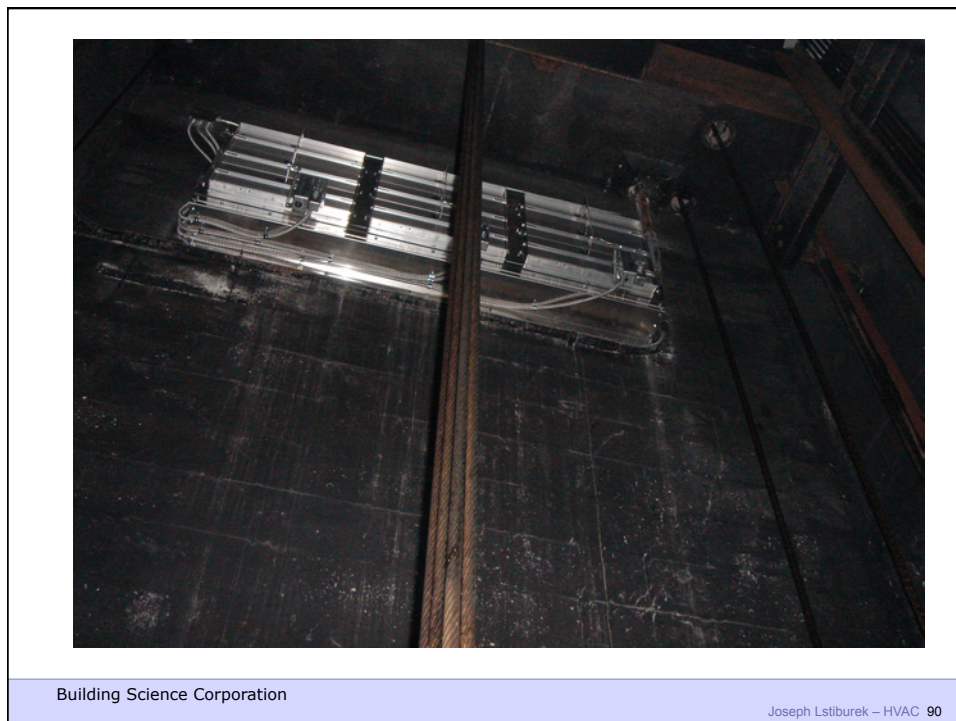
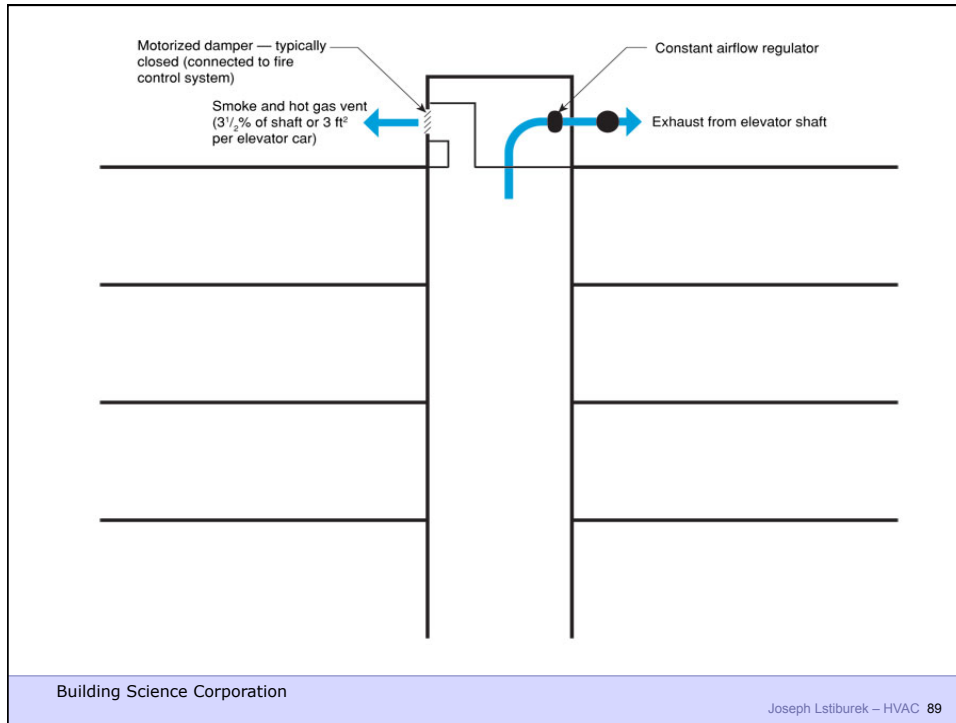
Building Science Corporation

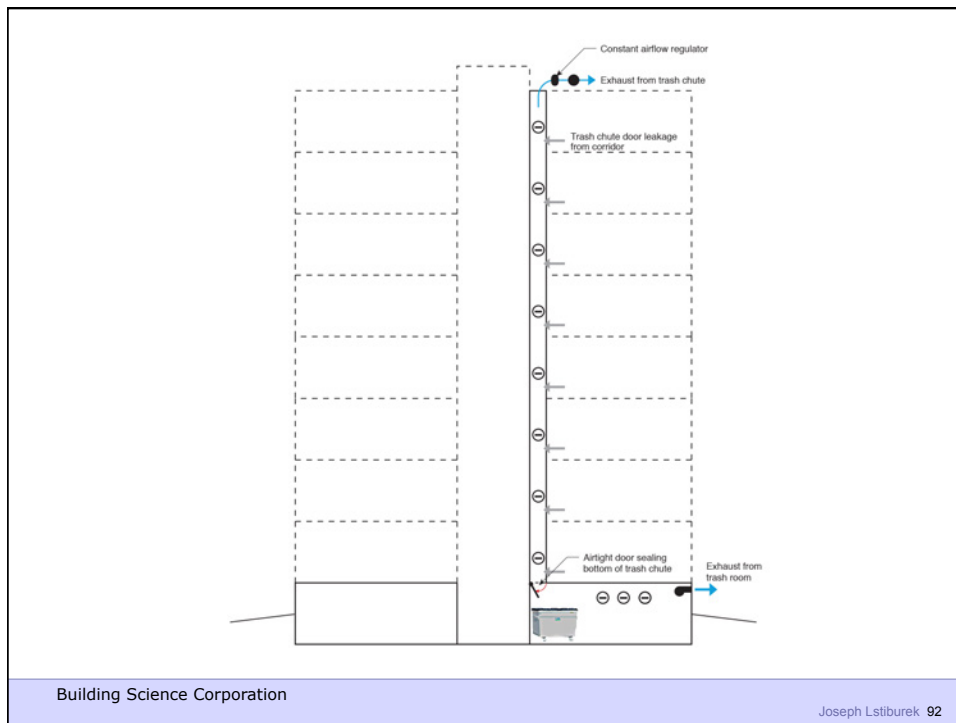
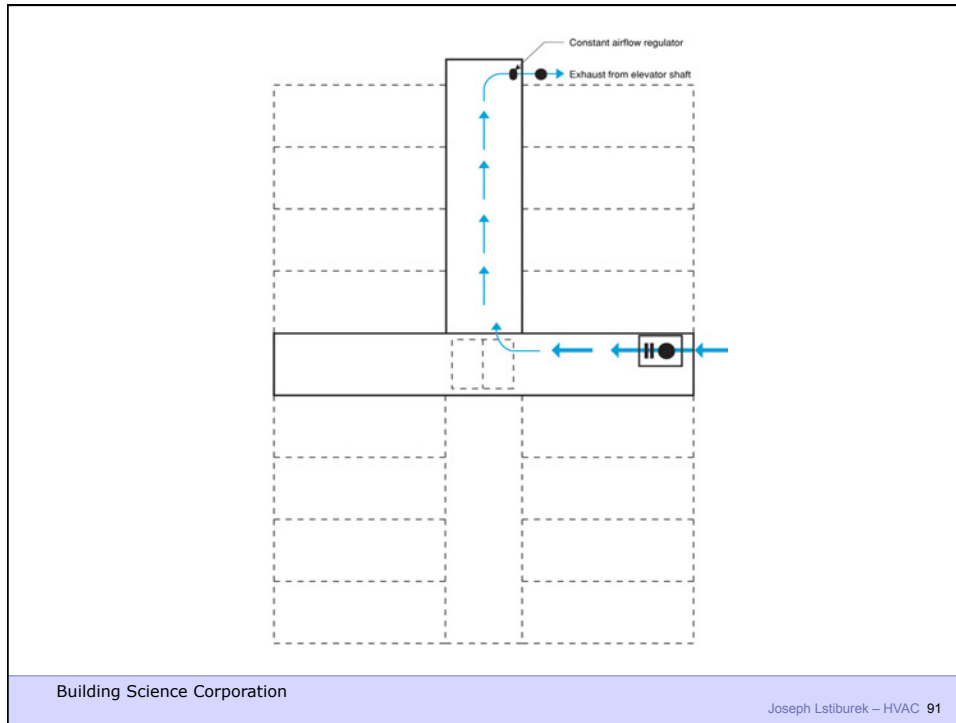
Joseph Lstiburek – HVAC 87

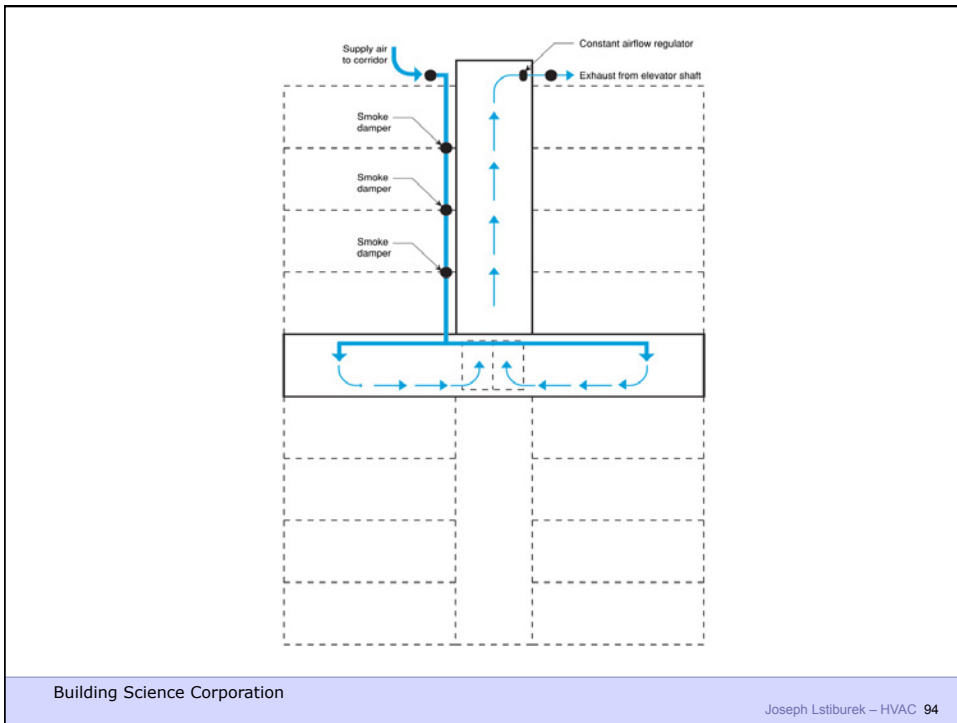


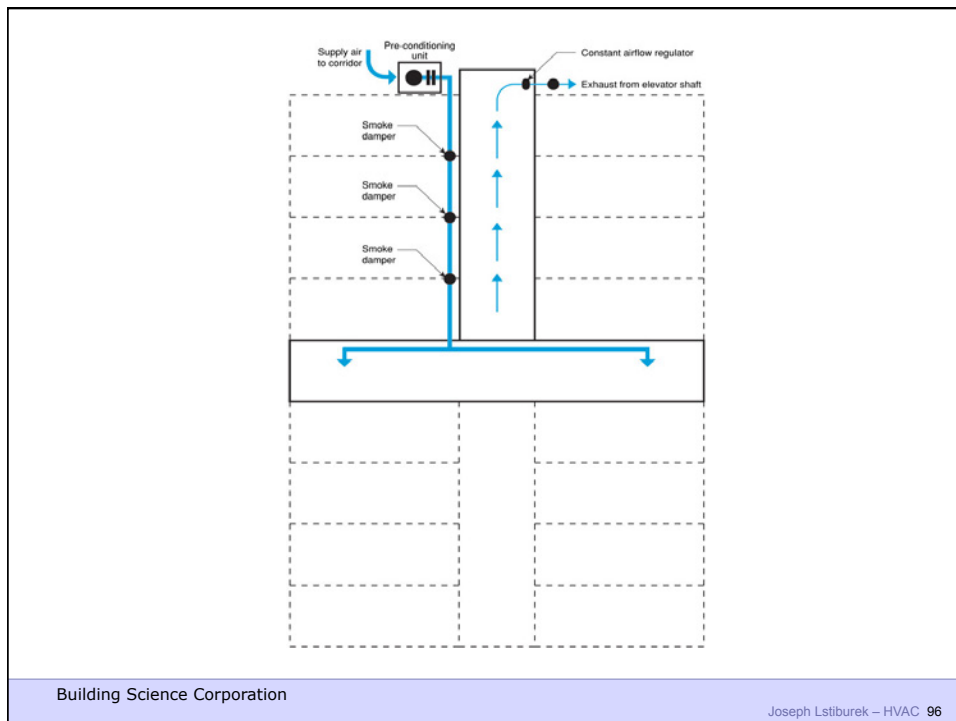
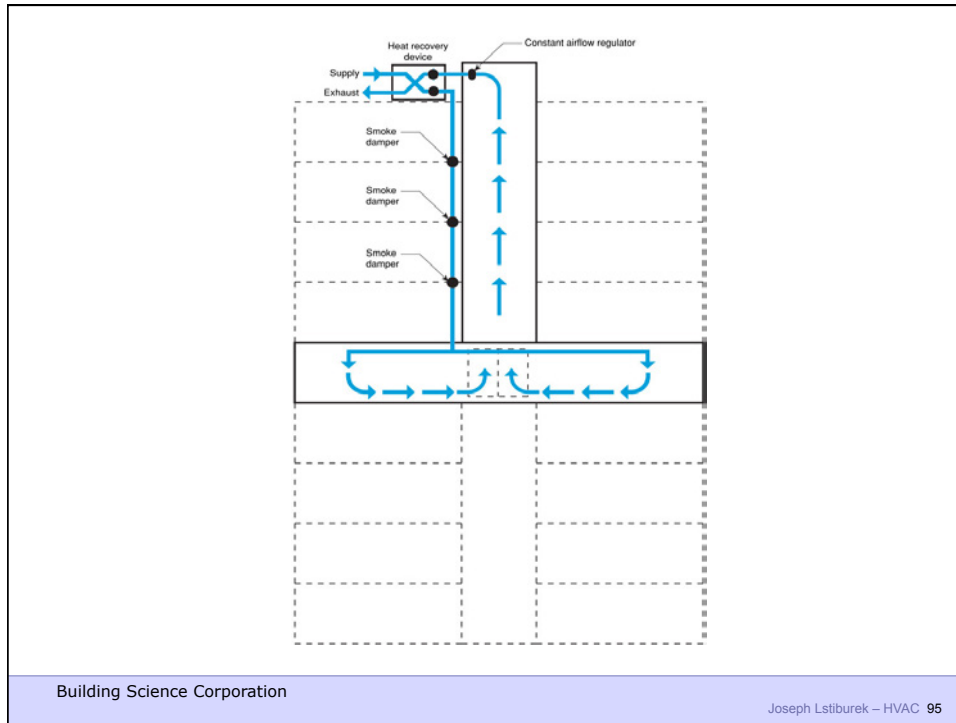
Building Science Corporaton

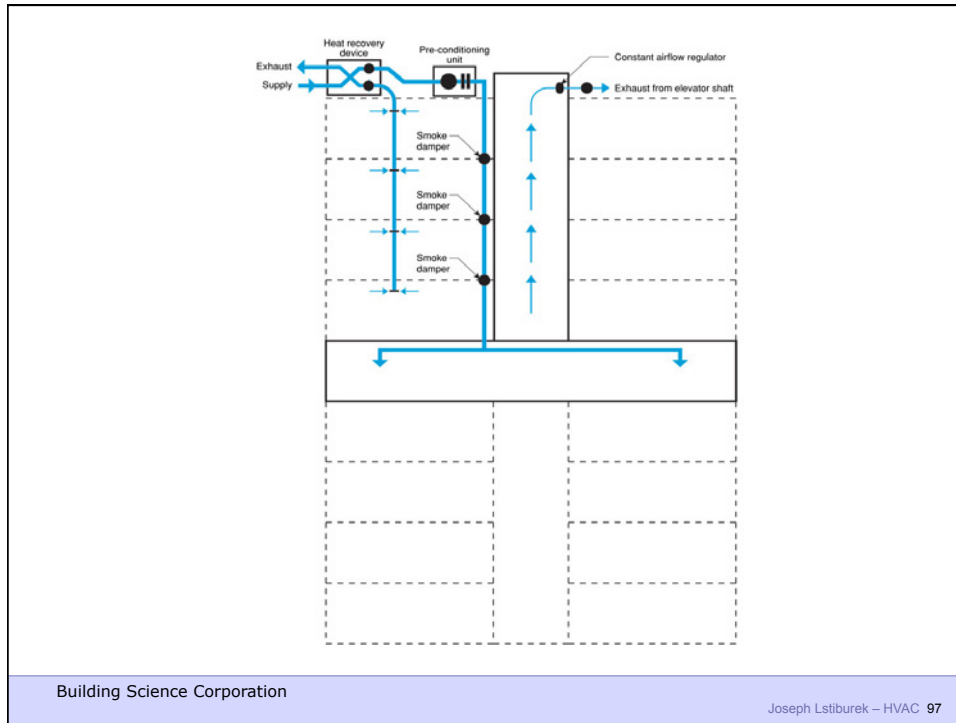
Joseph Lstiburek – HVAC 88















Building Science Corporation

Joseph Lstiburek 101



Building Science Corporation

Joseph Lstiburek 102



Building Science Corporation

Joseph Lstiburek 103



Building Science Corporation

Joseph Lstiburek 104





Building Science Corporation

Joseph Lstiburek 107



Building Science Corporation

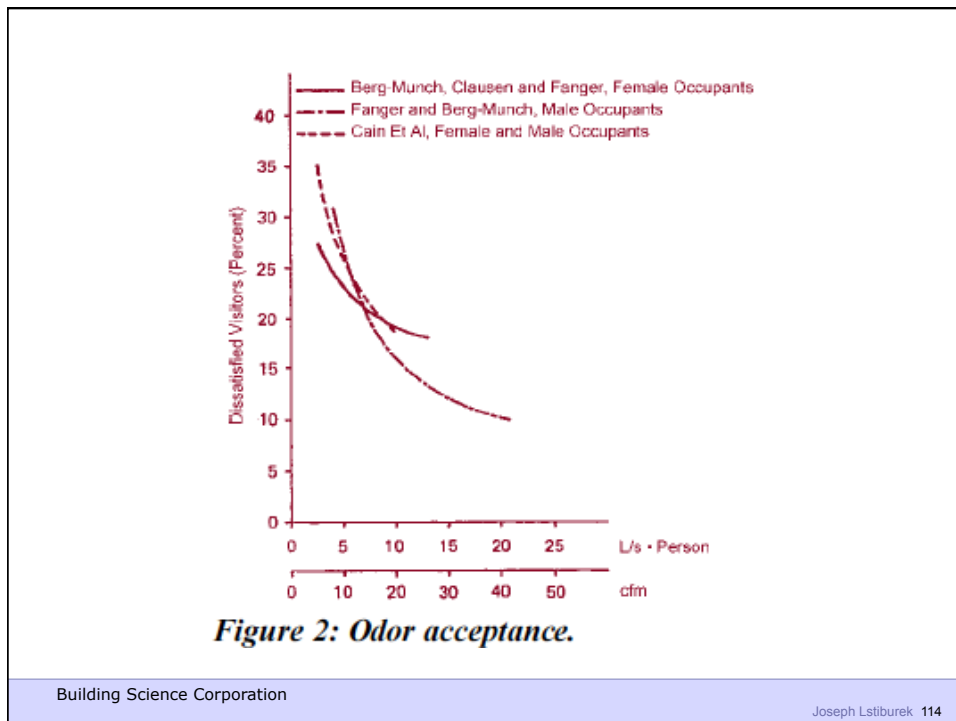
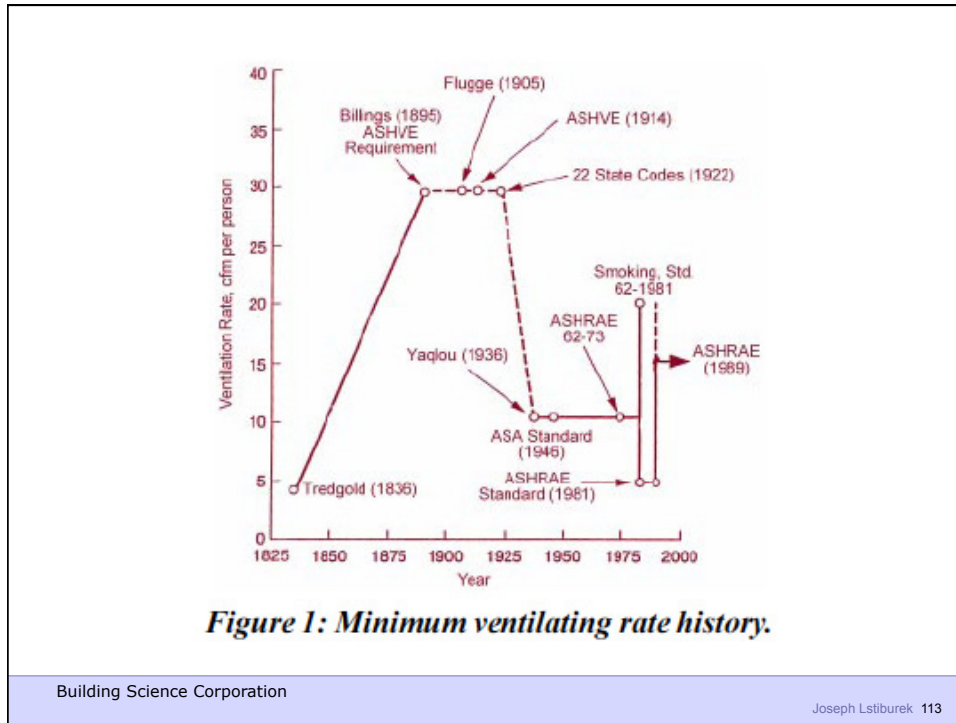
Joseph Lstiburek 108

Ventilation Rates Are Based on Odor Control

Ventilation Rates Are Based on Odor Control Health Science Basis for Ventilation Rates is Extremely Limited

Ventilation Rates Are Based on Odor Control
Health Science Basis for Ventilation Rates is
Extremely Limited
Almost Nothing Cited Applies to Housing

Ventilation Rates Are Based on Odor Control
Health Science Basis for Ventilation Rates is
Extremely Limited
Almost Nothing Cited Applies to Housing
The Applicable Studies Focus on Dampness



House

2,000 ft²
3 bedrooms
8 ft. ceiling
Volume: 16,000 ft³

.35 ach 93 cfm
 .30 ach 80 cfm
 .25 ach 67 cfm
 .20 ach 53 cfm
 .15 ach 40 cfm

House

2,000 ft²
3 bedrooms
8 ft. ceiling
Volume: 16,000 ft³

.35 ach 93 cfm
 .30 ach 80 cfm
 .25 ach 67 cfm
 .20 ach 53 cfm
 .15 ach 40 cfm

Ventilation Rates

62 - 73	5 cfm/person	20 cfm
	10 cfm/person	40 cfm
62 - 89	15 cfm/person	60 cfm
	.35 ach	90 cfm
62.2 - 2010	7.5 cfm/person	50 cfm
	+ 0.01	
62.2 - 2013	7.5 cfm/person	90 cfm
	+ 0.03	

Office

Occupant Density

15/1000 ft² (67 ft²/person) 62 - 89
15 cfm/person

5/1000 ft² (200 ft²/person) 62.1 - 2007
17 cfm/person

Correctional Facility Cell

Occupant Density

20/1000 ft² (48 ft²/person) 62.1 – 2007
10 cfm/person

C.P. Yaglou

Harvard School of Public Health
1936
1955

150 ft³ → 20 cfm/person

300 ft³ → 12 cfm/person

C.P. Yaglou

Harvard School of Public Health

1936

1955

150 ft³ → 20 cfm/person 18.75 ft² 106 occupants

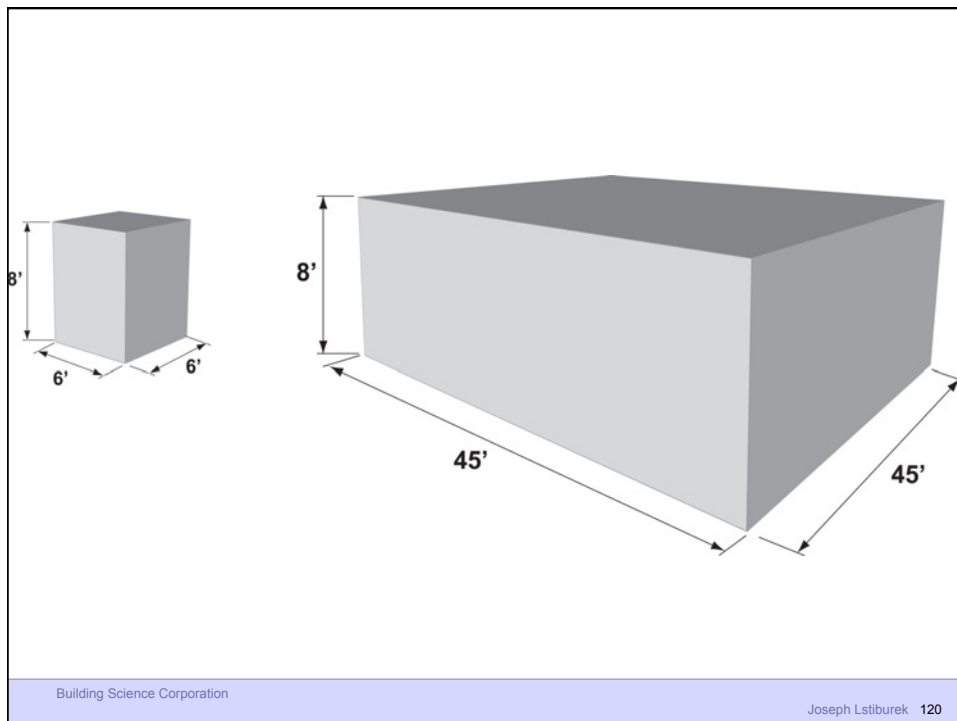
300 ft³ → 12 cfm/person 37.5 ft² 53 occupants

Experiment

470 ft³ → 59 ft²

200 ft³ → 25 ft²

100 ft³ → 12 ft²



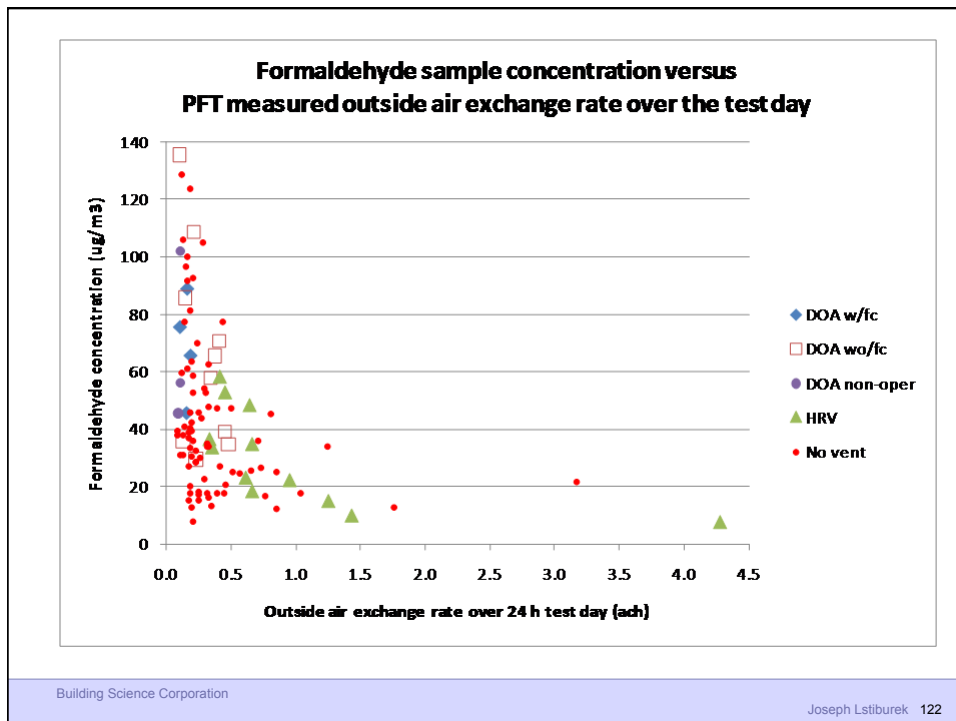
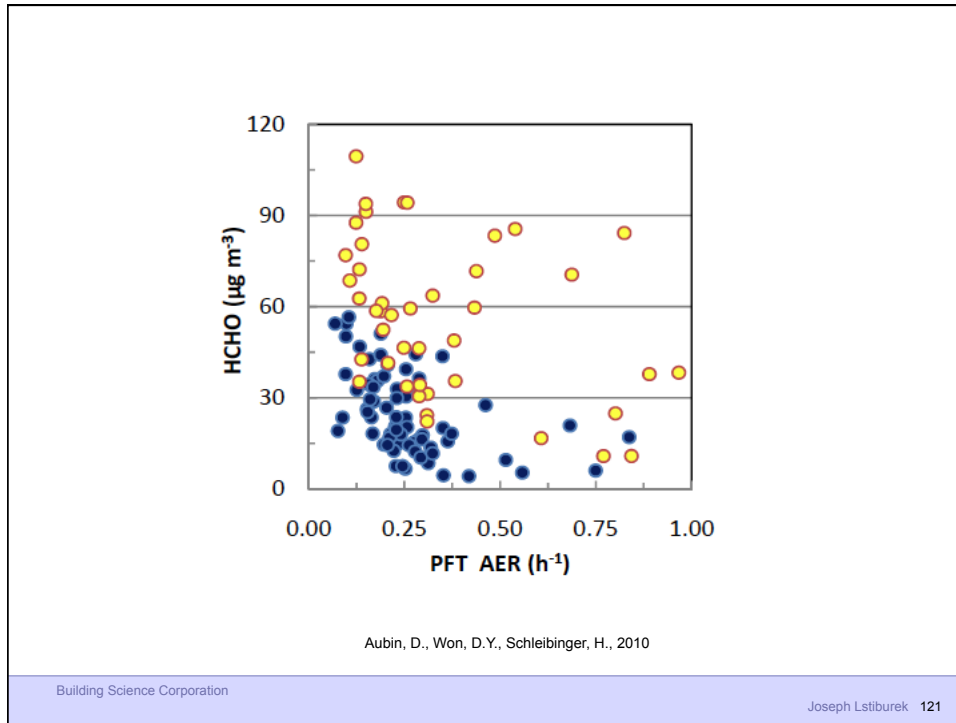


Table 1. Summary of the air changes rates measured during the winter 2009-10 season in Quebec City

Method	ACH (h ⁻¹)	ACH standard deviation (h ⁻¹)	number of measurements
SF ₆ tracer decay	0.27	0.12	77
perfluorocarbon tracer	0.32	0.22	37
blower door at 50 Pa	4.16	2.64	63

Build Tight - Ventilate Right

Build Tight - Ventilate Right

How Tight?

What's Right?

Building Science Corporation

Joseph Lstiburek 125

Air Barrier Metrics

Material	0.02 l/(s-m ²) @ 75 Pa
Assembly	0.20 l/(s-m ²) @ 75 Pa
Enclosure	2.00 l/(s-m ²) @ 75 Pa
	0.35 cfm/ft ² @ 50 Pa
	0.25 cfm/ft ² @ 50 Pa
	0.15 cfm/ft ² @ 50 Pa

Building Science Corporation

Joseph Lstiburek 126

Getting rid of big holes	3 ach@50
Getting rid of smaller holes	1.5 ach@50
Getting German	0.6 ach@50

Dilution Is Not The Solution To Indoor
Pollution
Source Control

Dilution For People Source Control For The Building

Building Science Corporation

Joseph Lstiburek 129

Best

As Tight as Possible - with -
Balanced Ventilation
Energy Recovery
Distribution and Mixing
Source Control - Spot exhaust ventilation
Filtration
Material selection

Building Science Corporation

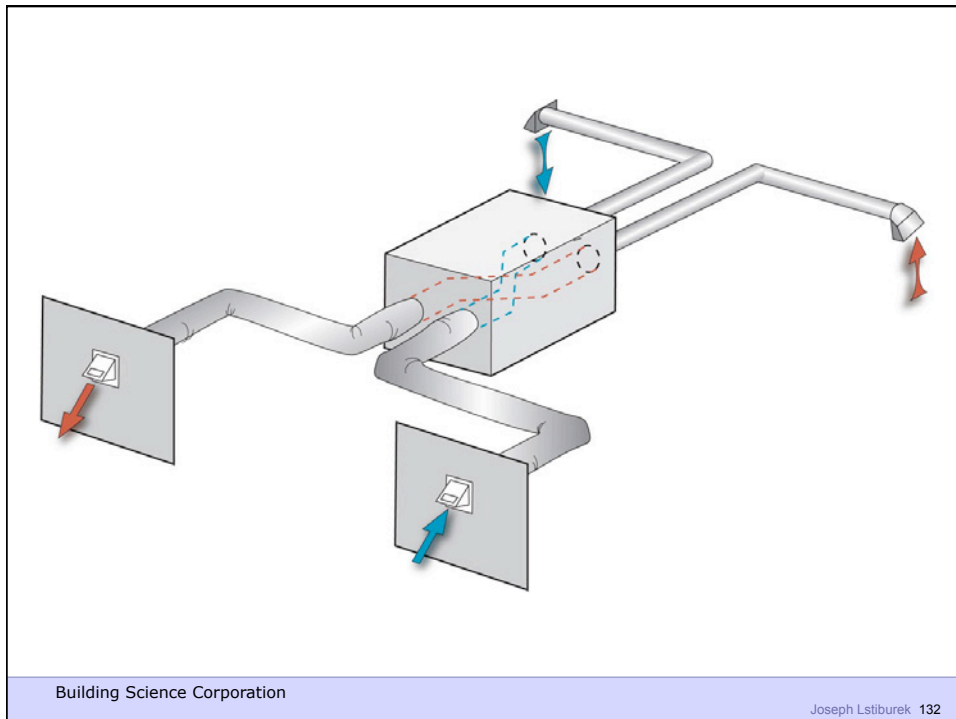
Joseph Lstiburek 130

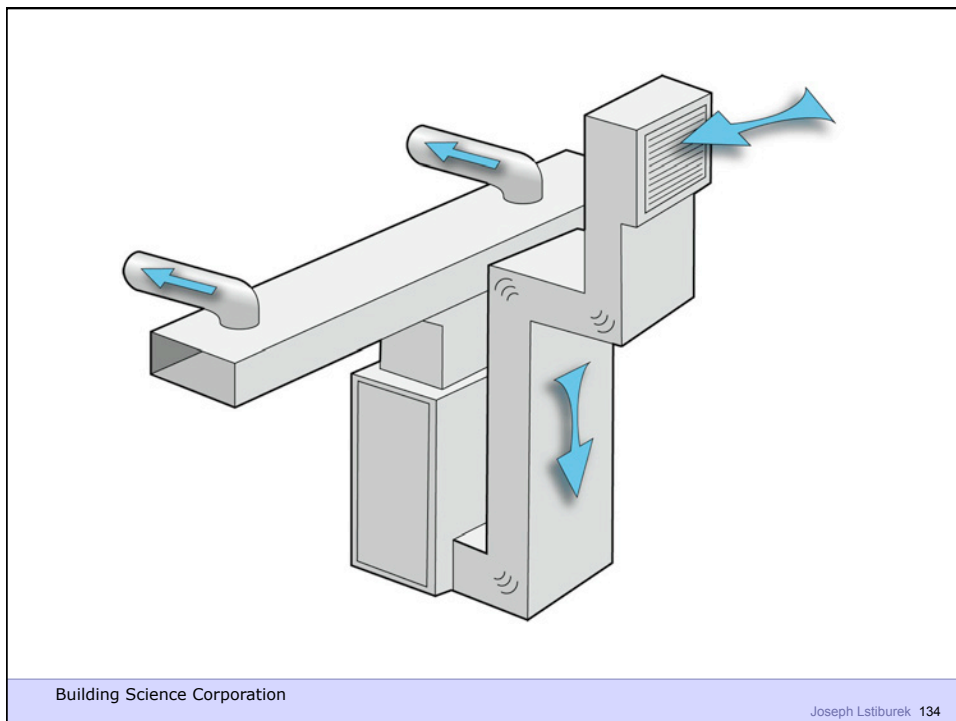
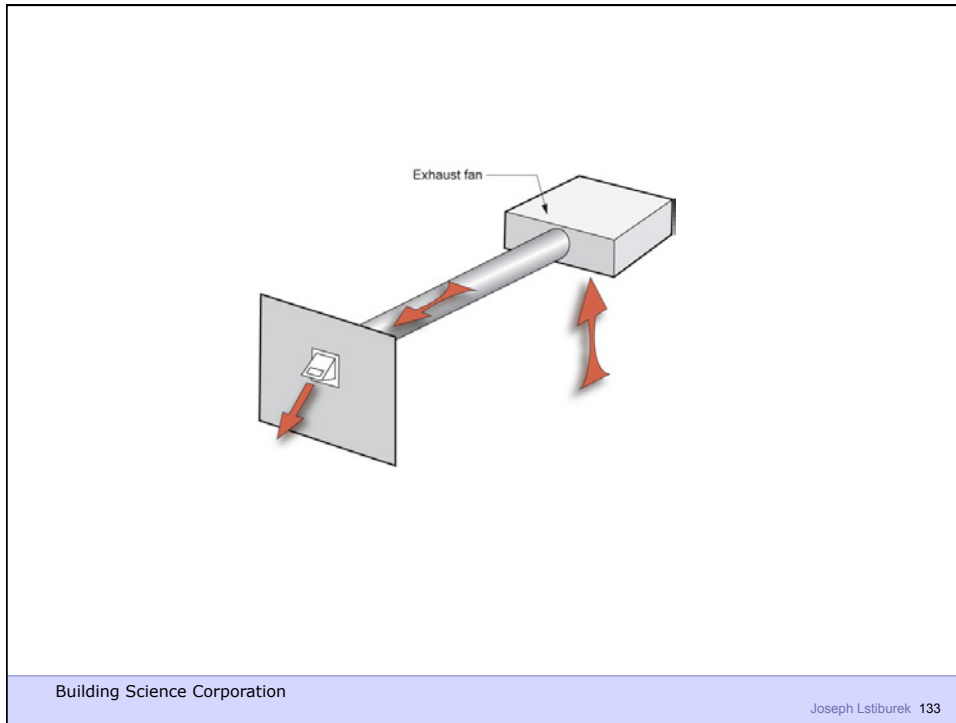
Worst

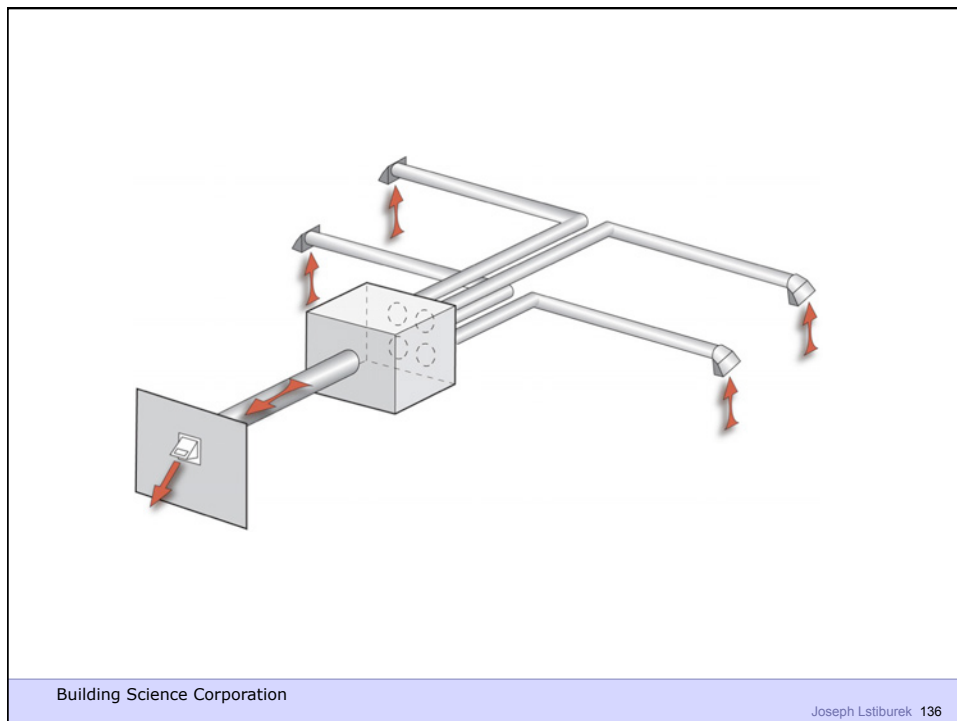
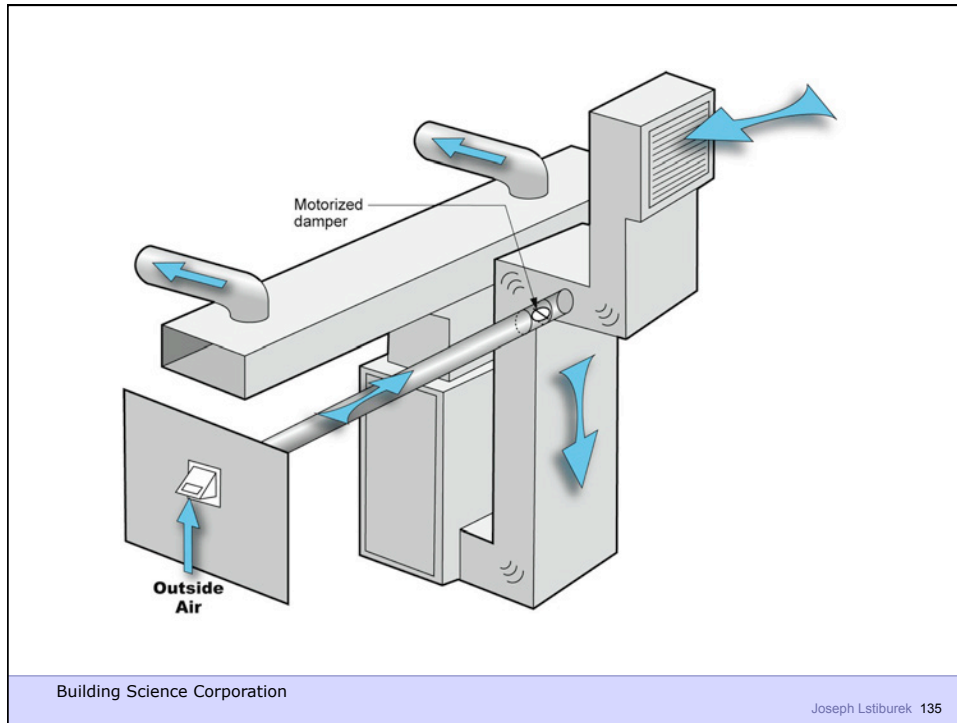
Leaky - with – Nothing

Spot Ventilation in Bathroom/Kitchen

Exhaust Ventilation – with – No Distribution
and No Mixing







ASHRAE Standard 62.2 calls for 7.5 cfm per person plus 0.03 cfm per square foot of conditioned area

Occupancy is deemed to be the number of bedrooms plus one

ASHRAE Standard 62.2 calls for 7.5 cfm per person plus 0.03 cfm per square foot of conditioned area

Occupancy is deemed to be the number of bedrooms plus one

Outcome is often bad – part load humidity problems, dryness problems, energy problems

The Cult of The Blower Door

Building Science Corporation

Joseph Lstiburek 139

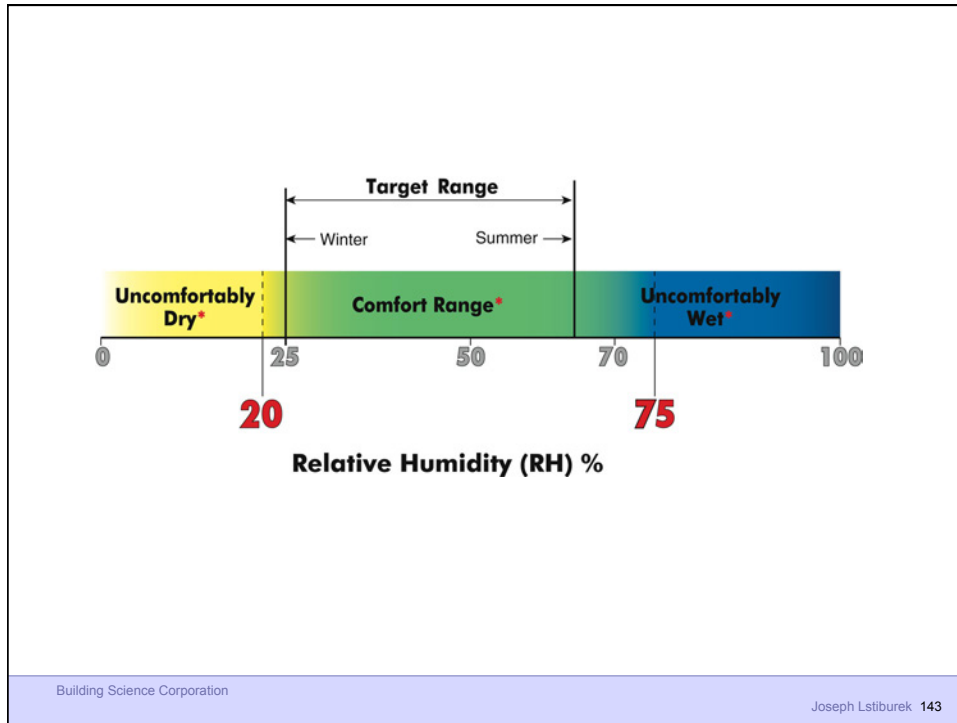


Building Science Corporation

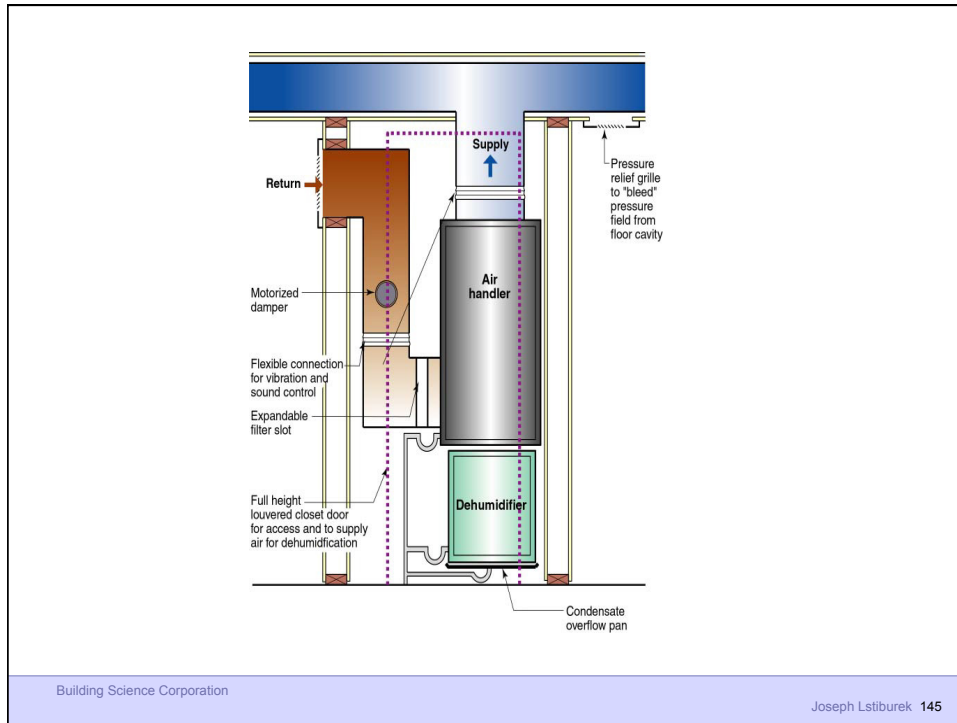
Joseph Lstiburek 140

Blower Door Can't Get You The True ACH
On A Short Term Basis – Hour, Day, Week

Don't Know Where The Holes Are
Don't Know The Type of Holes
Don't Know The Pressure Across The Holes



Recommended Range of Relative Humidity
Above 25 percent during winter
Below 70 percent during summer



Joseph Lstiburek, Ph.D., P.Eng, ASHRAE Fellow

Building Science

Adventures In Building Science

www.buildingscience.com

2nd Law of Thermodynamics

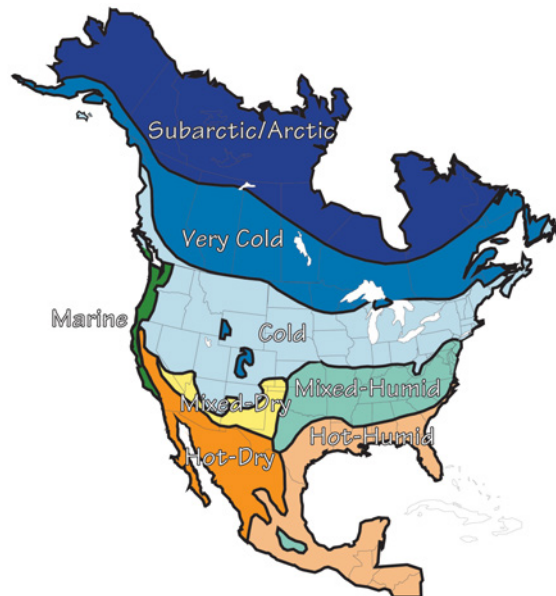
Building Science Corporation

Joseph Lstiburek 2

Heat Flow Is From Warm To Cold
Moisture Flow Is From Warm To Cold
Moisture Flow Is From More To Less
Air Flow Is From A Higher Pressure to a
Lower Pressure
Gravity Acts Down

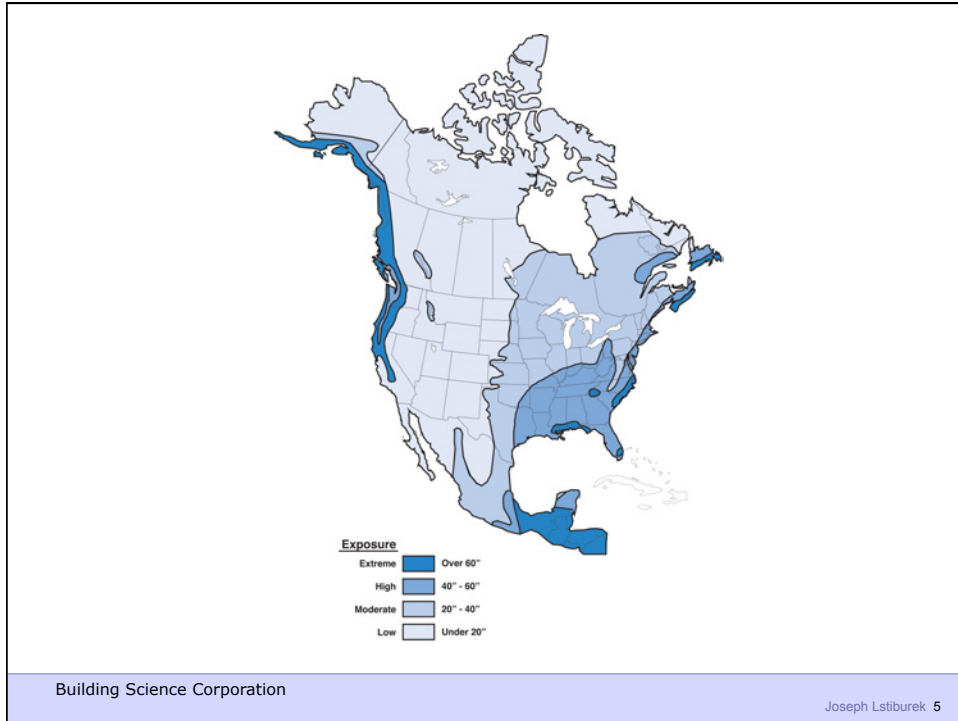
Building Science Corporation

Joseph Lstiburek 3



Building Science Corporation

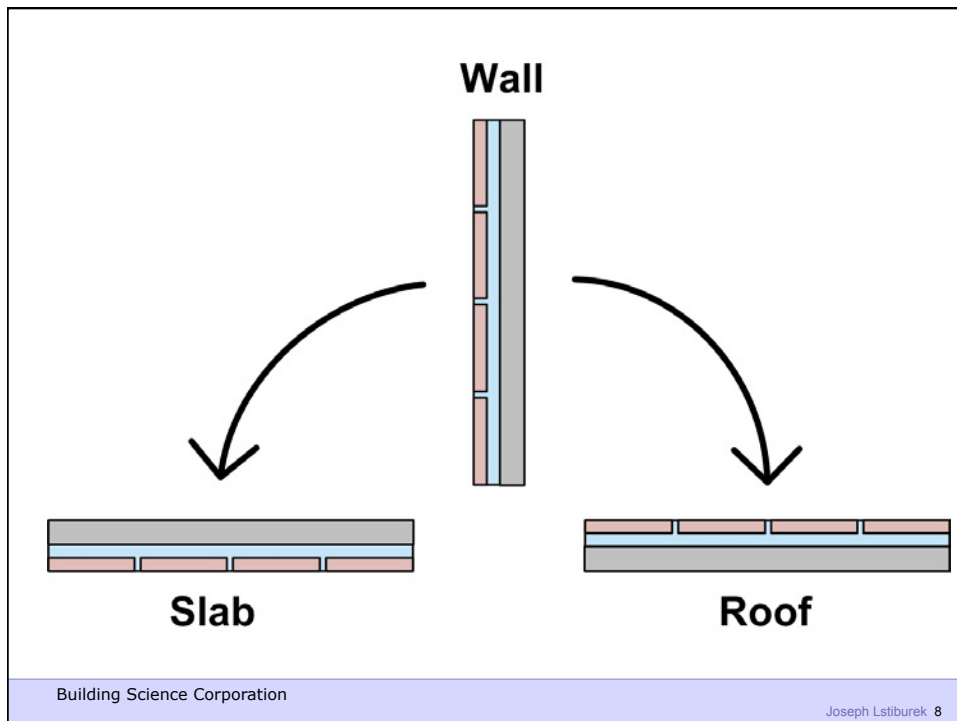
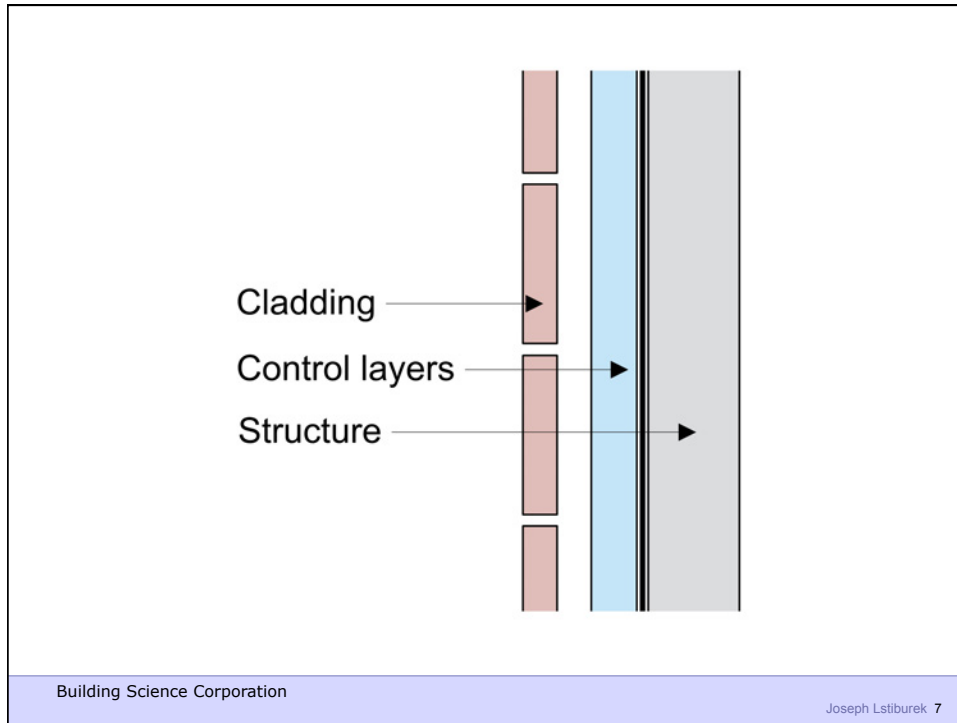
Joseph Lstiburek 4

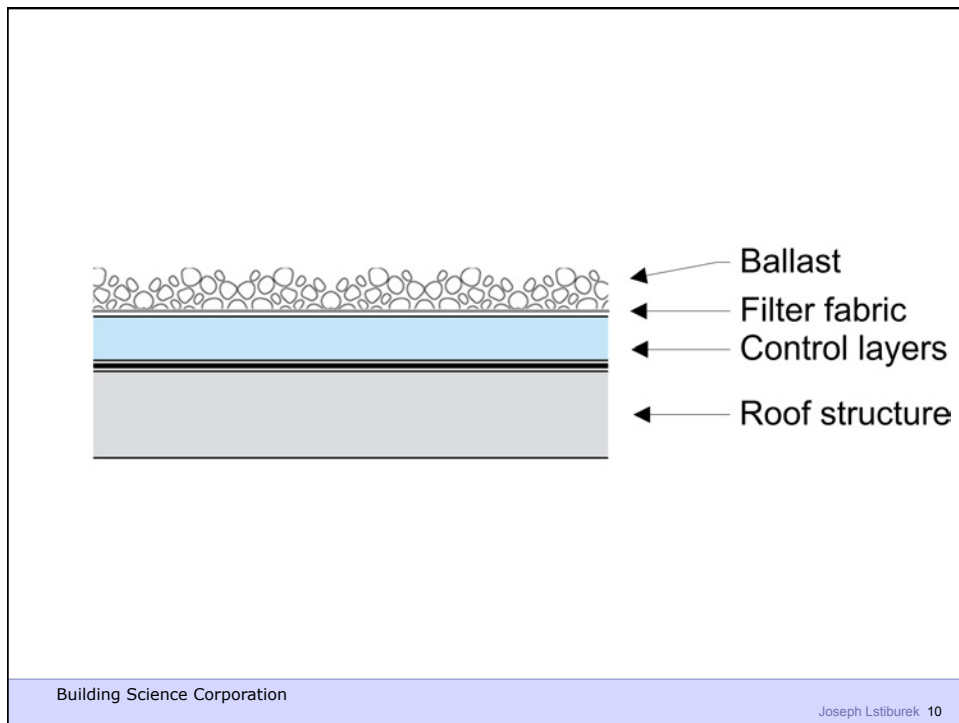
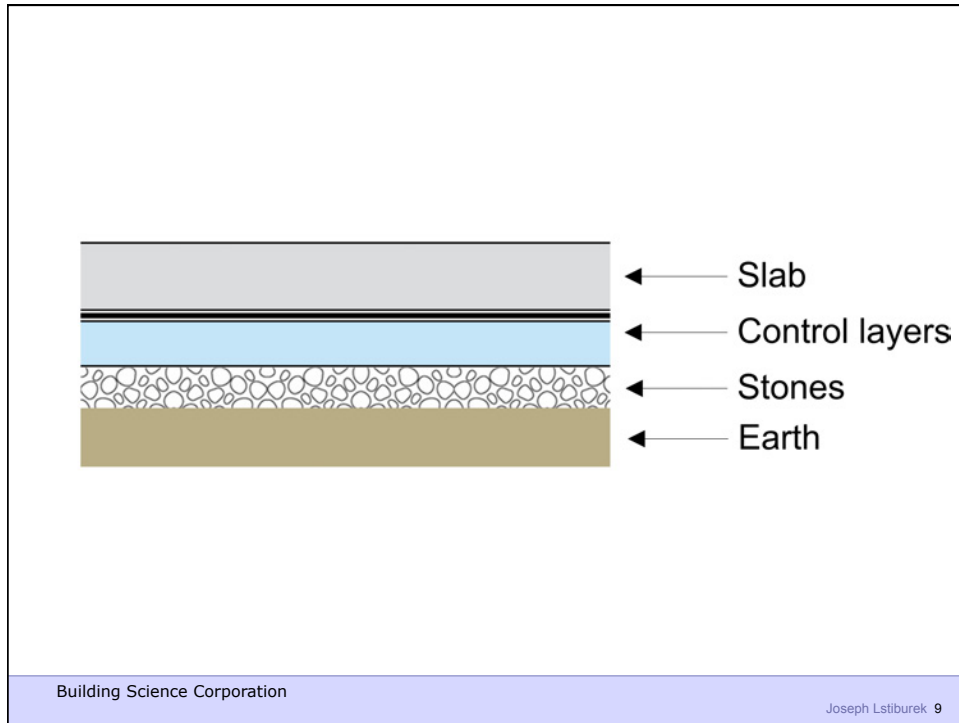


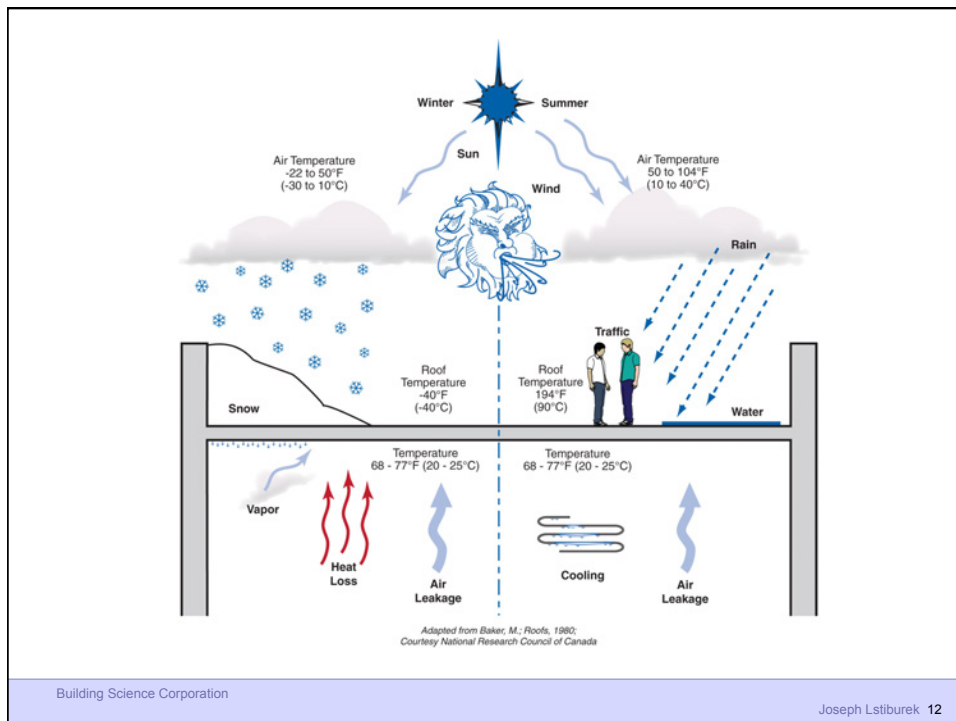
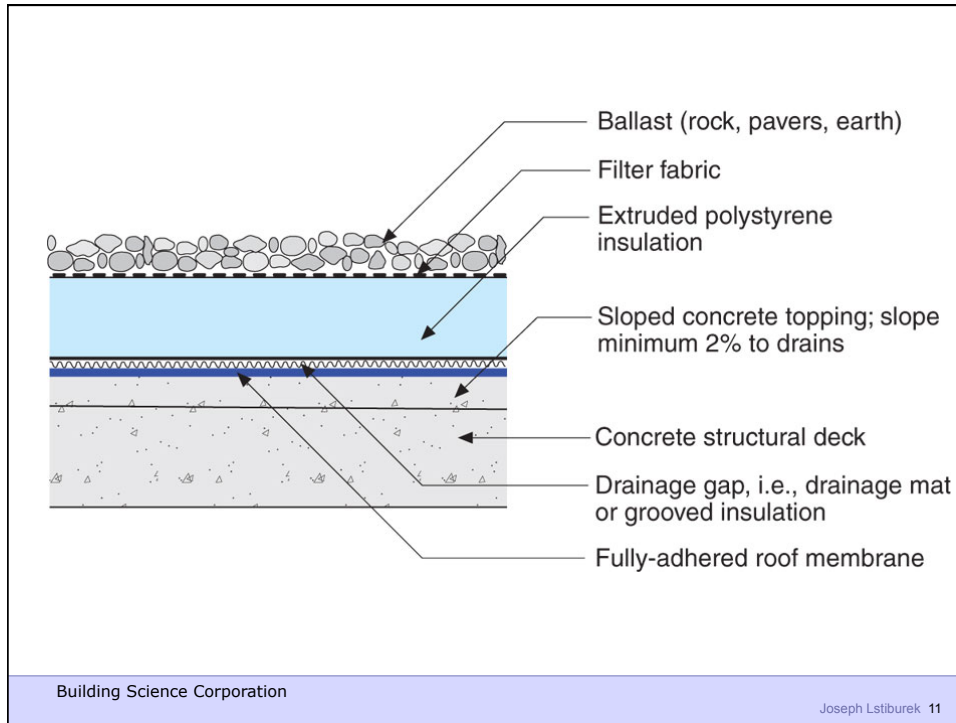
Water Control Layer
Air Control Layer
Vapor Control Layer
Thermal Control Layer

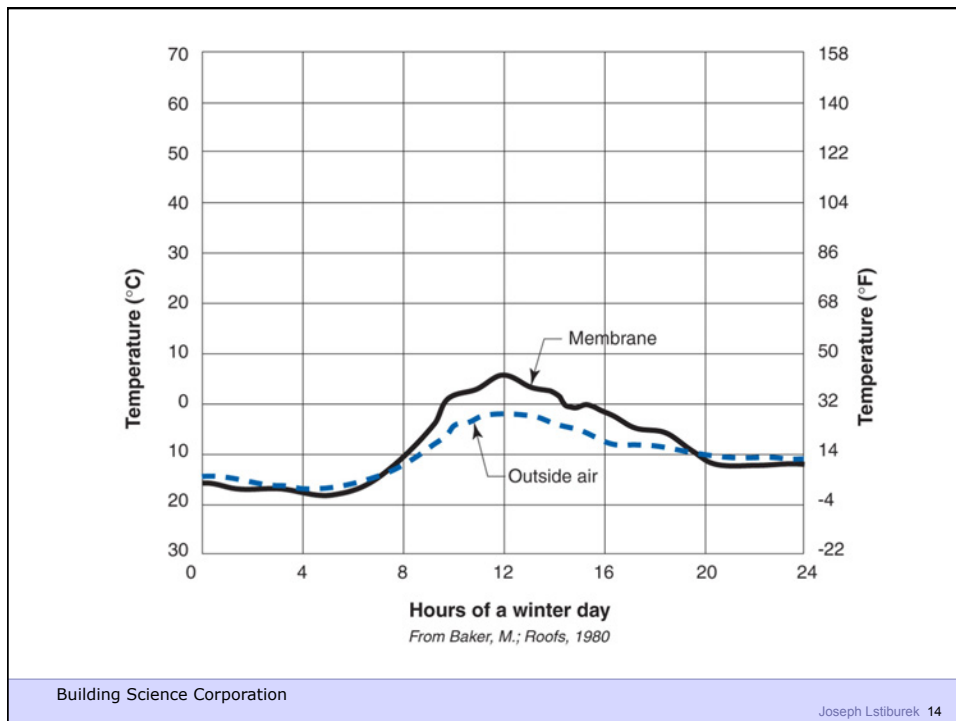
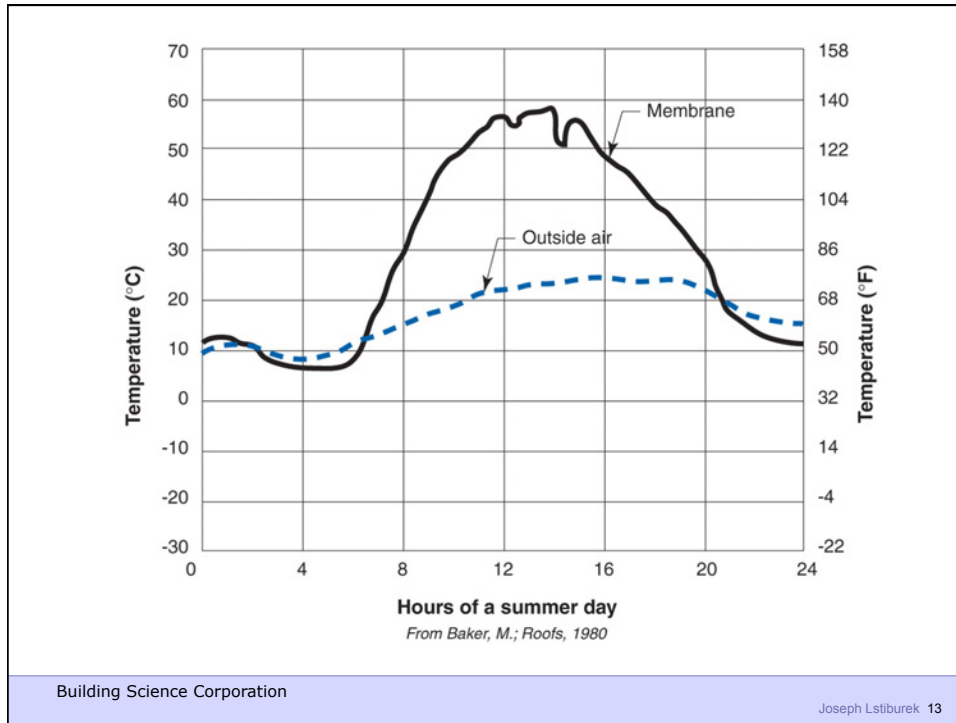
Building Science Corporation

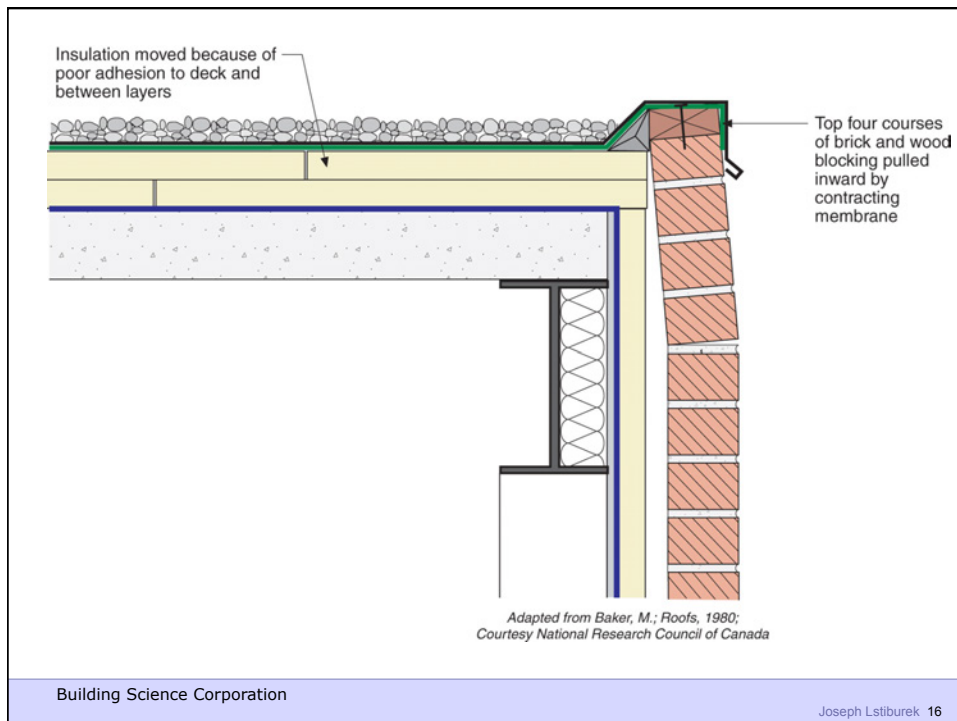
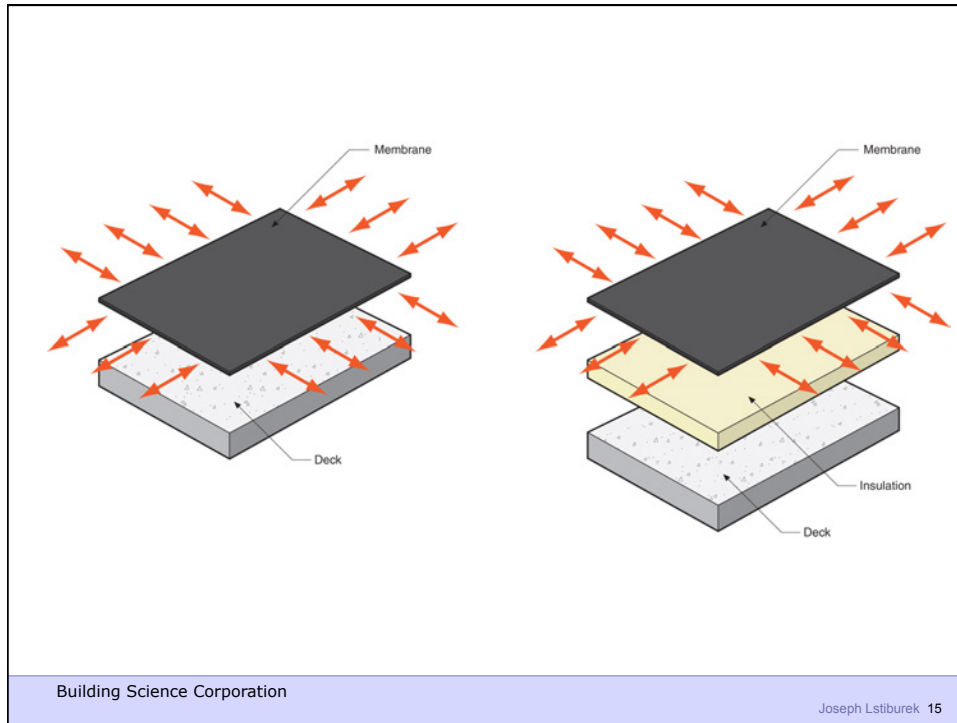
Joseph Lstiburek 6

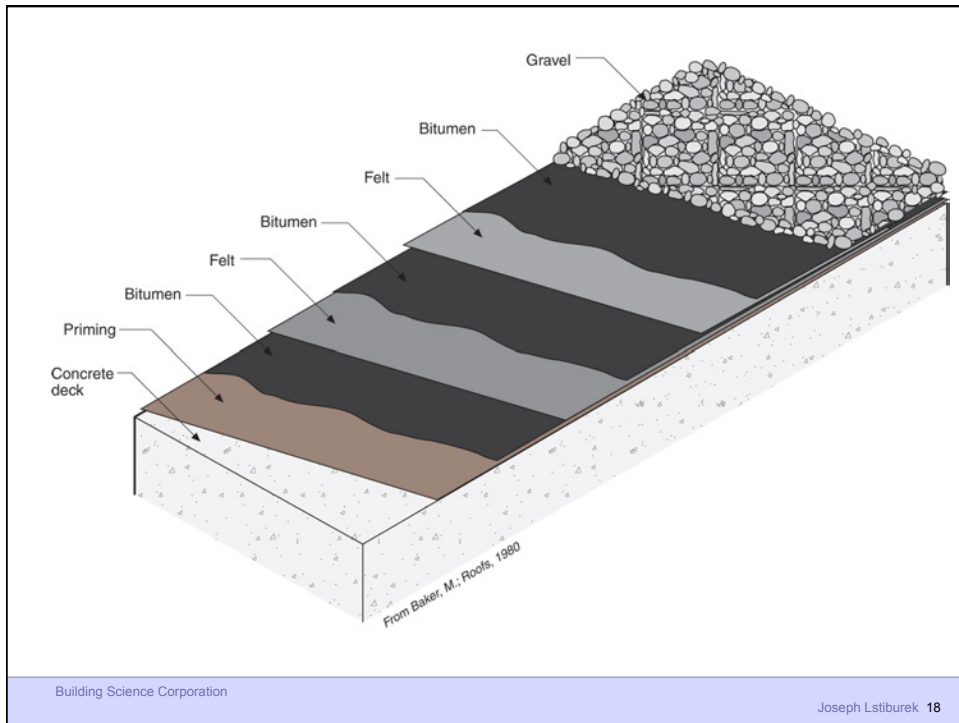
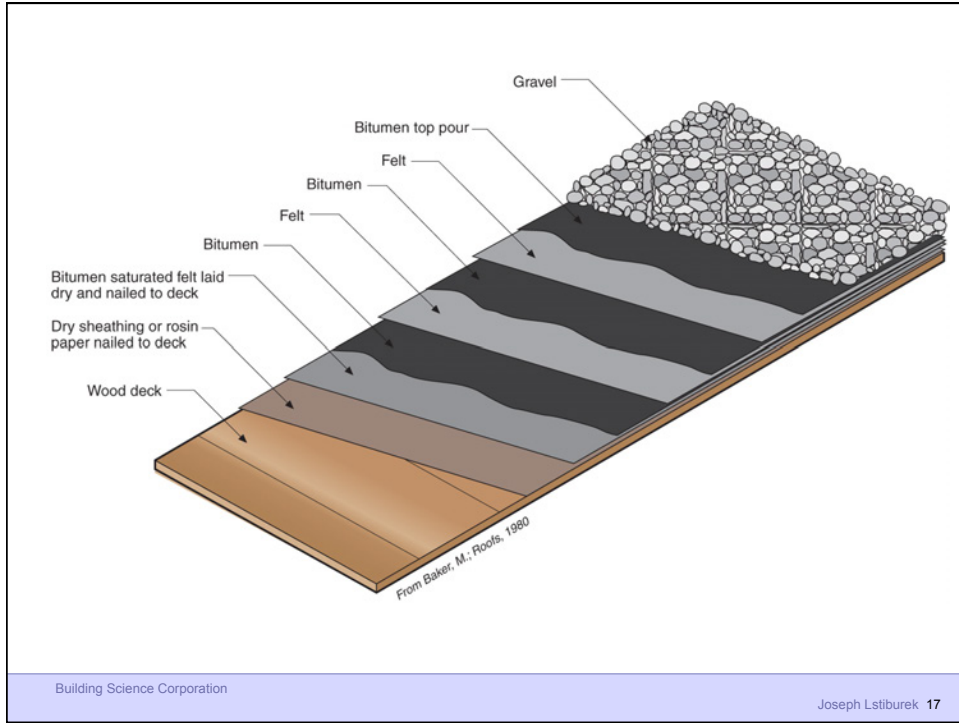


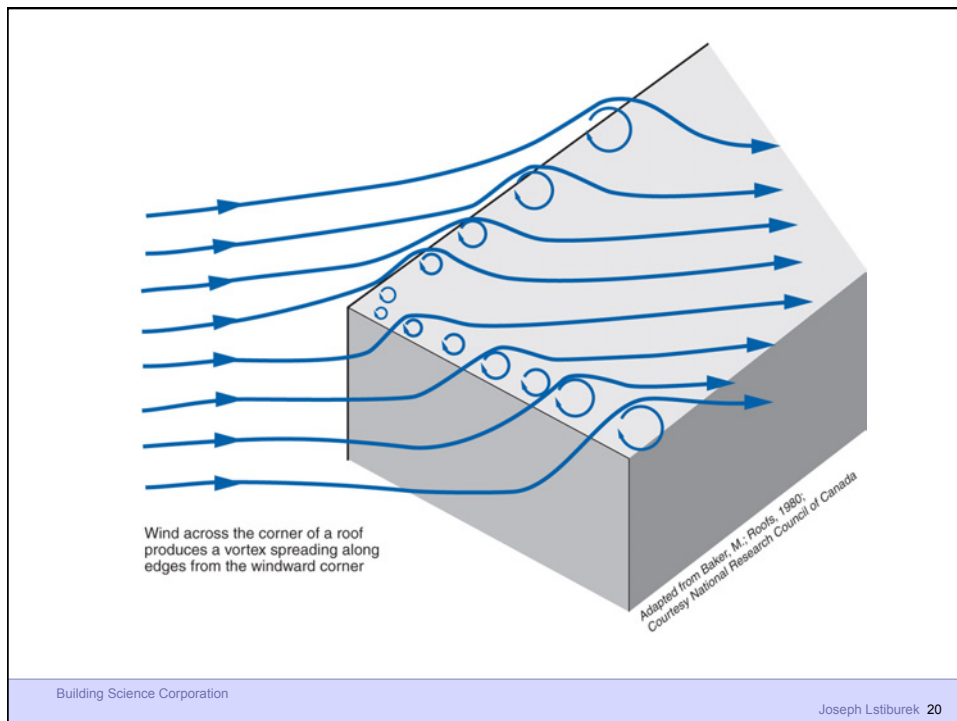
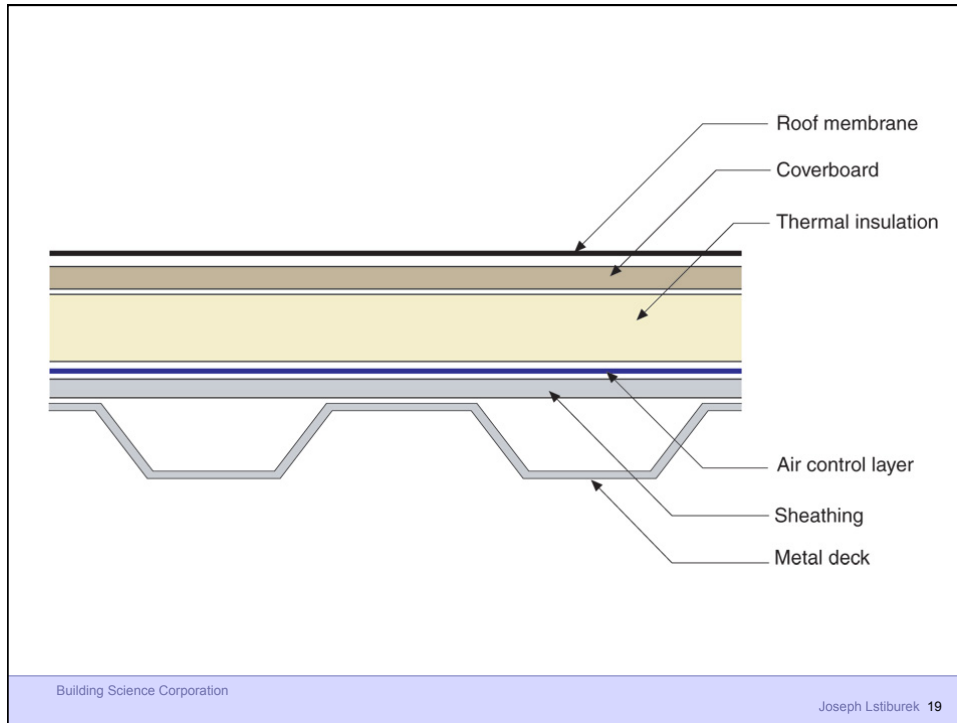


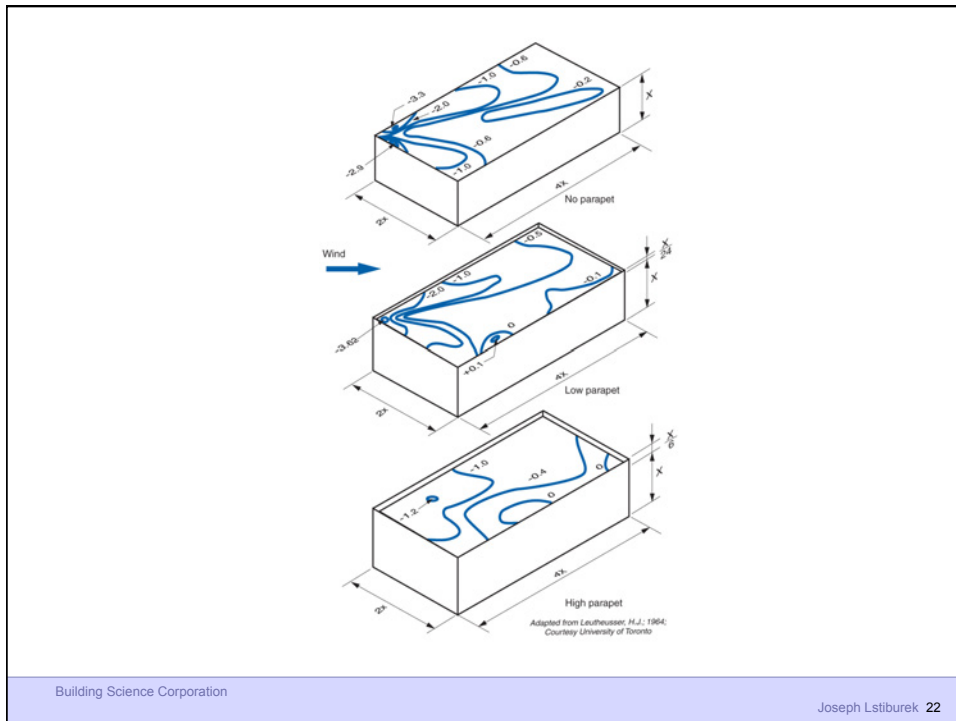
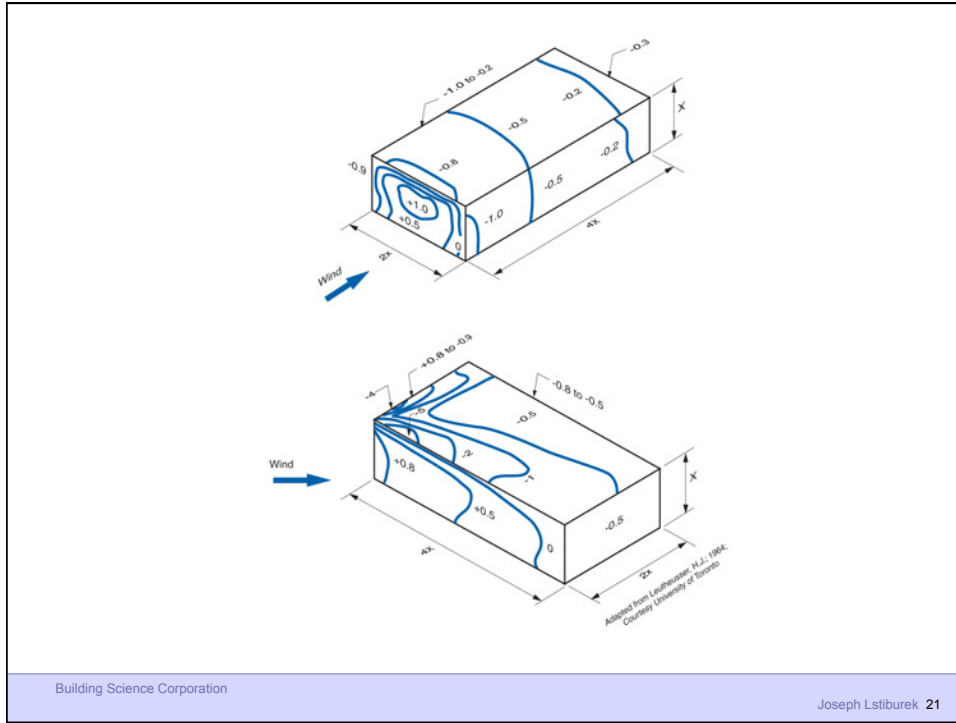


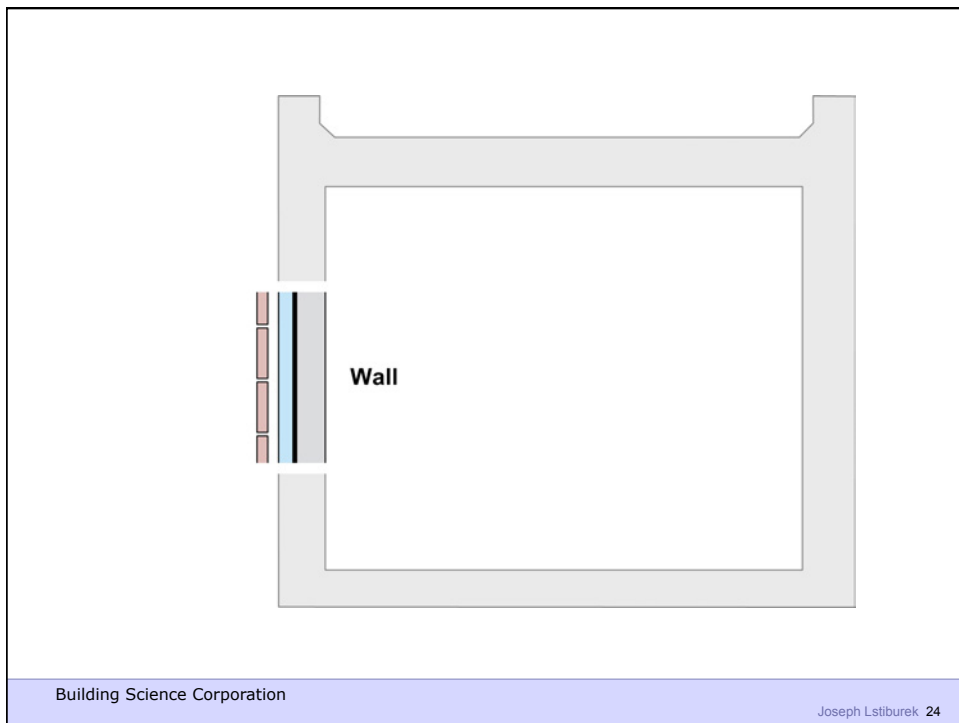
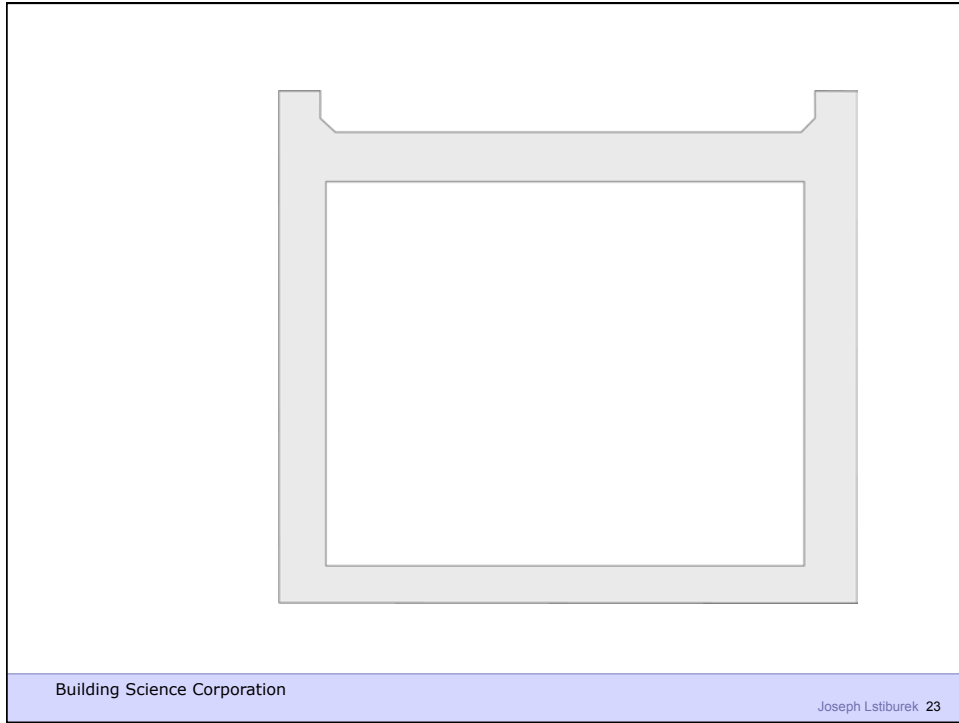


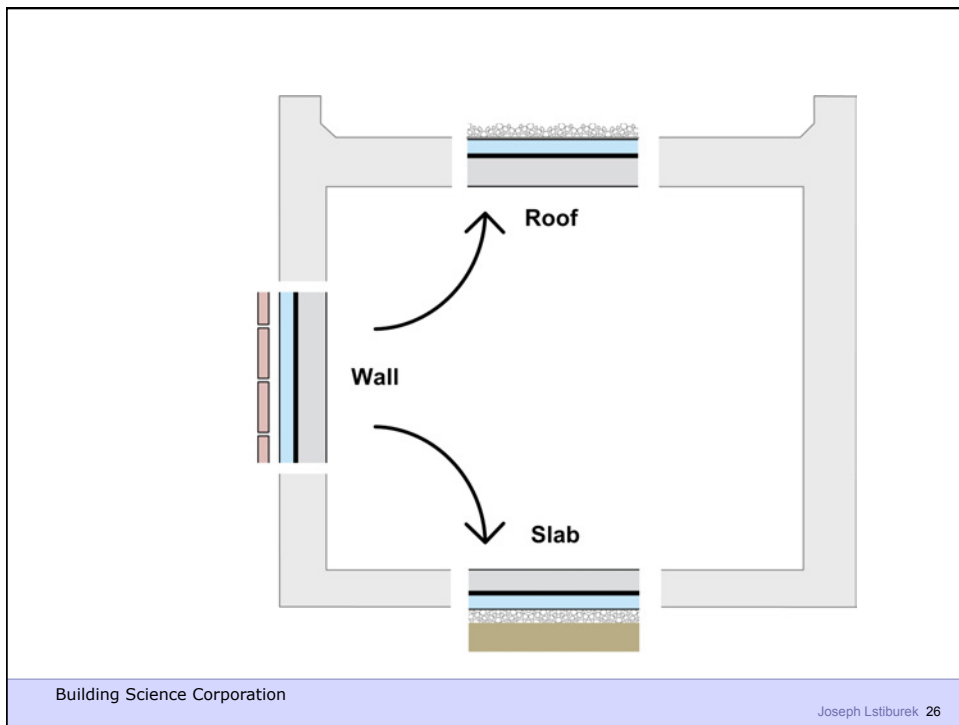
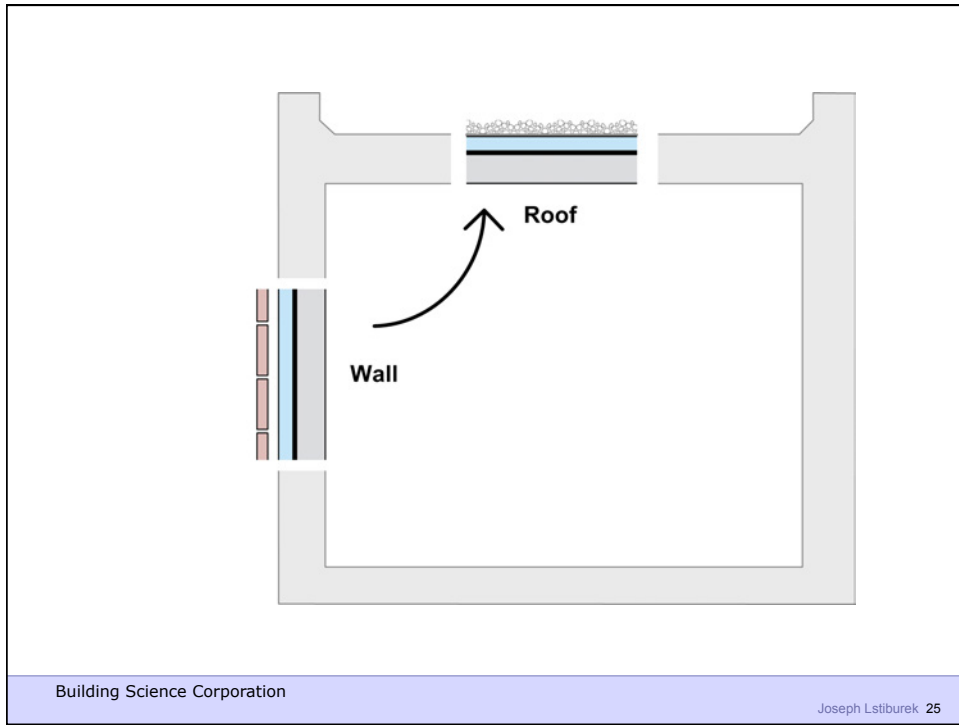


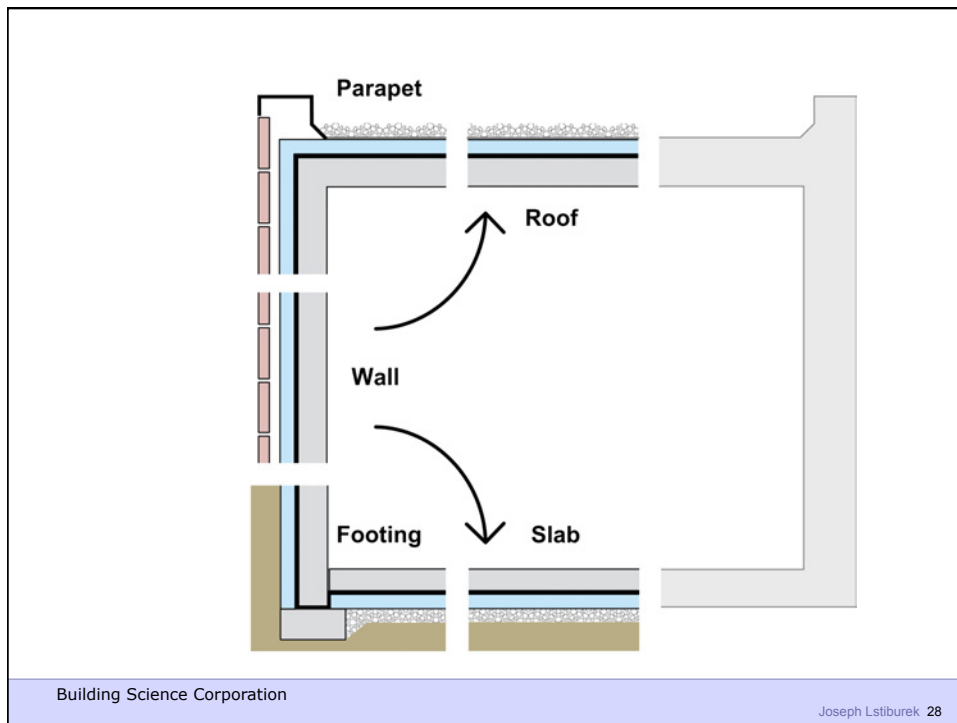
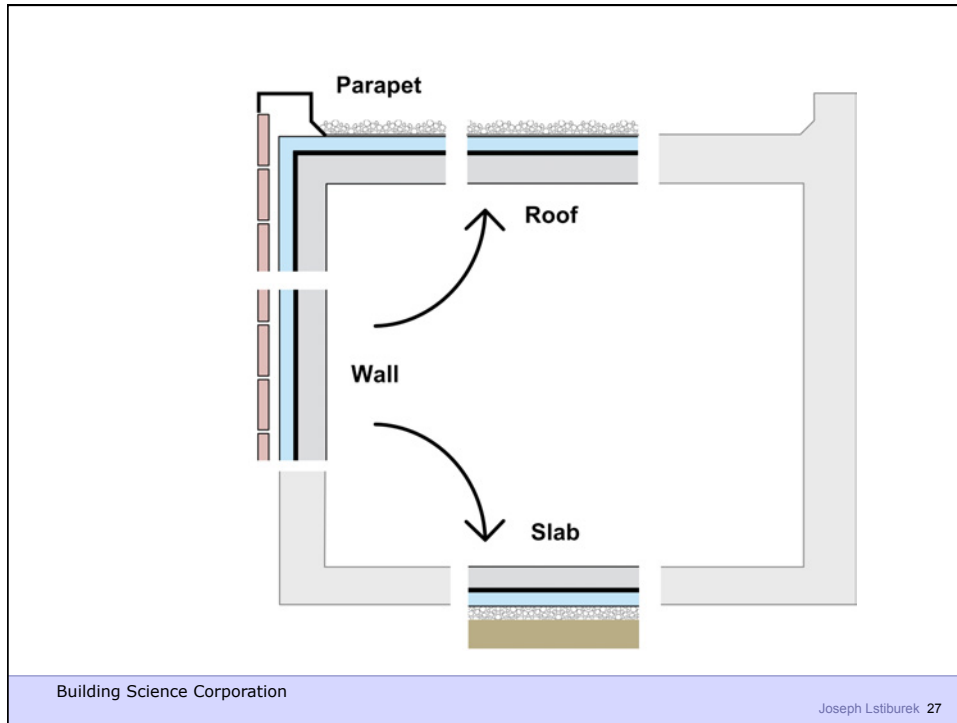


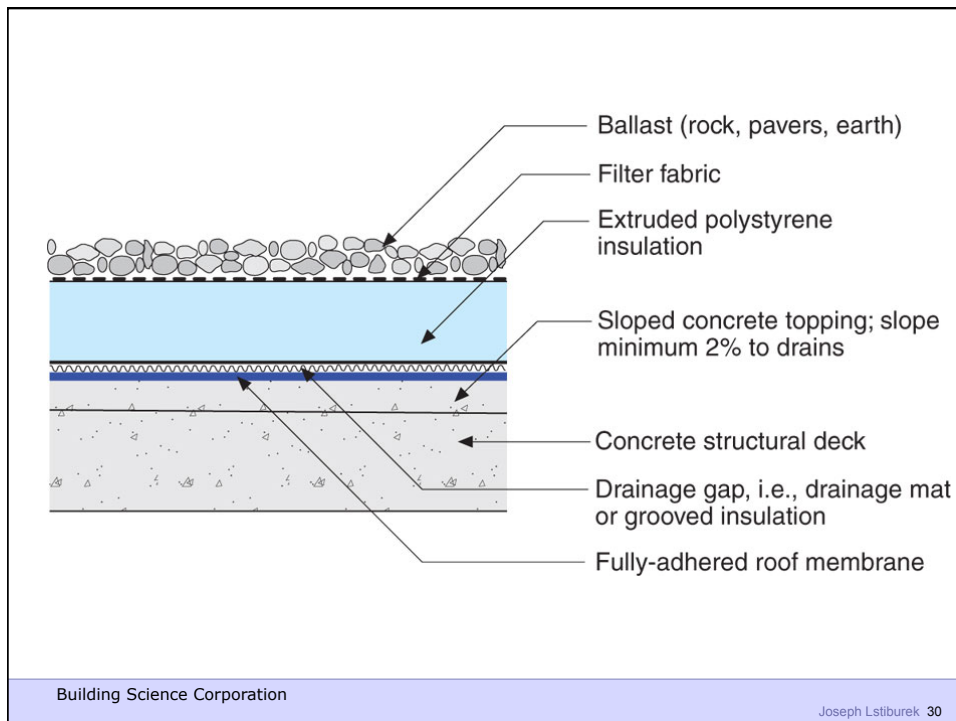
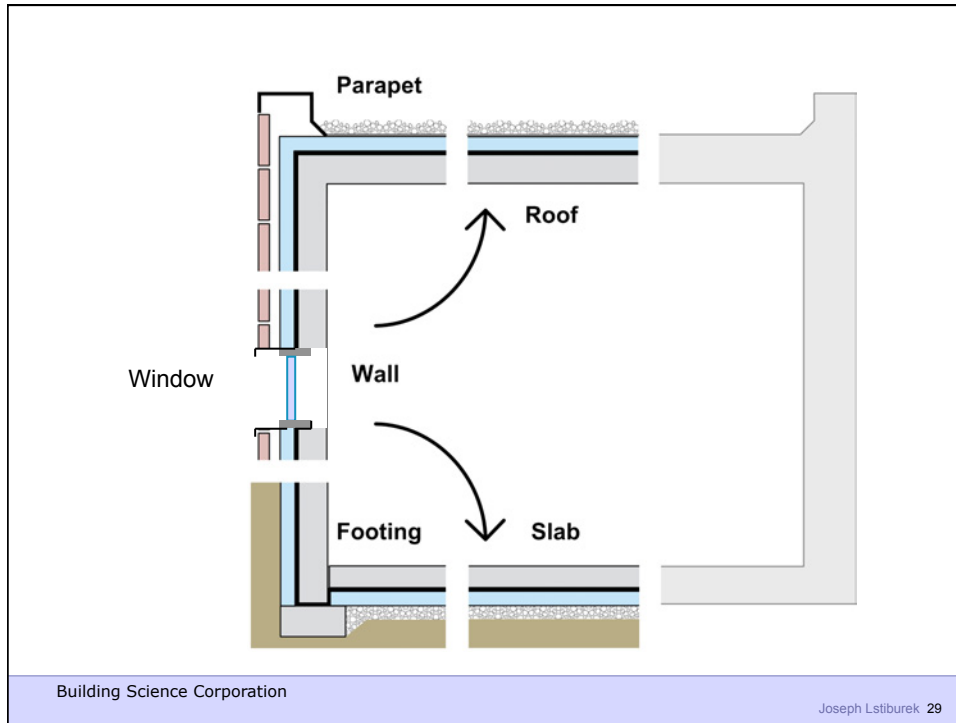


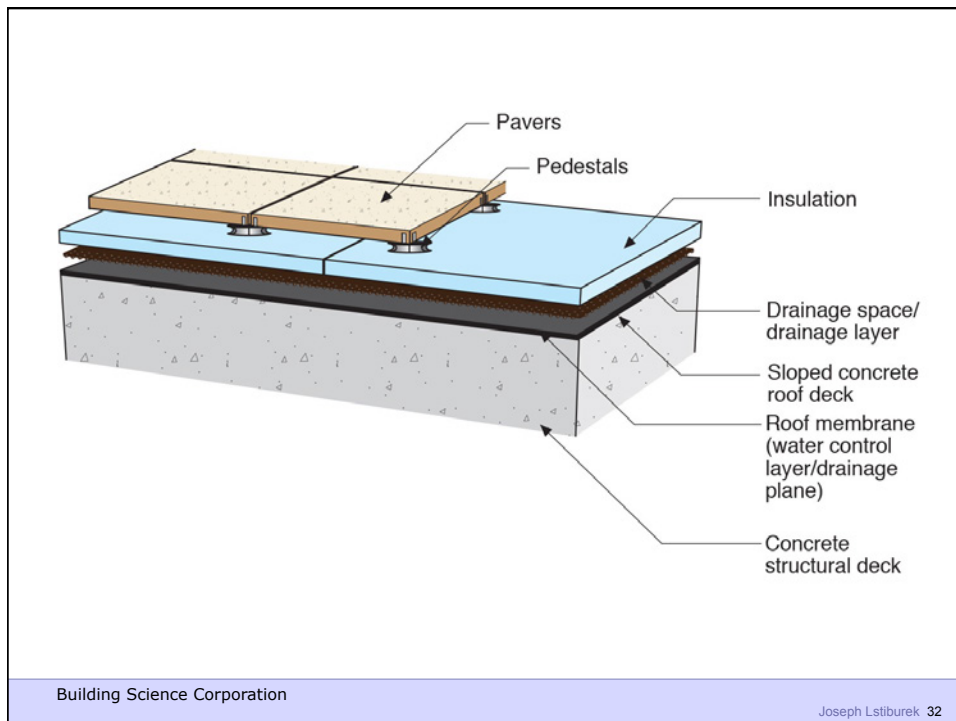
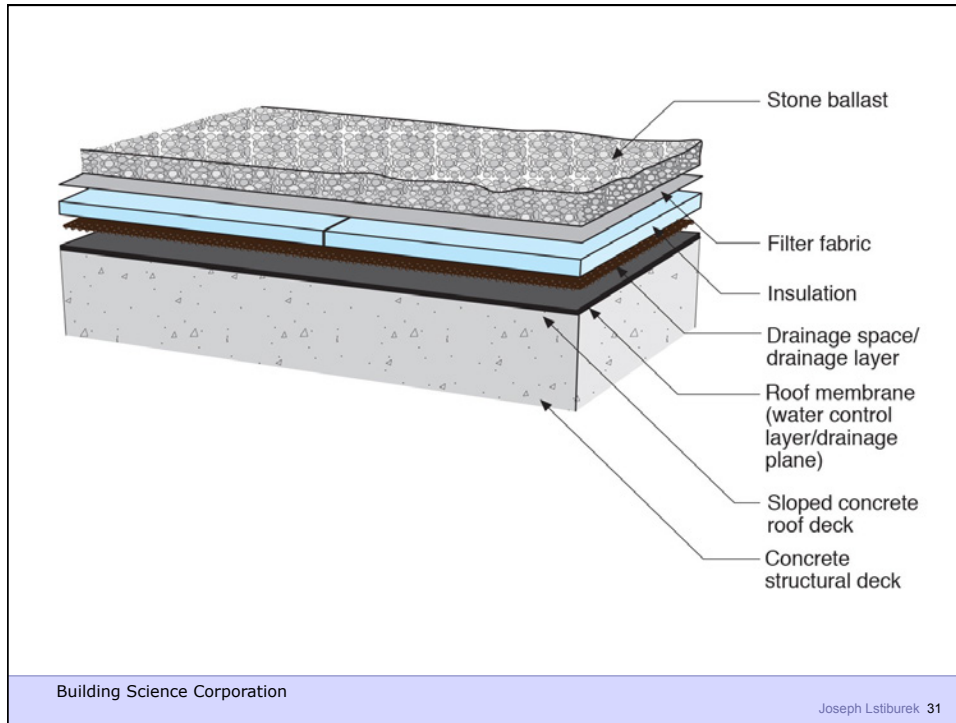


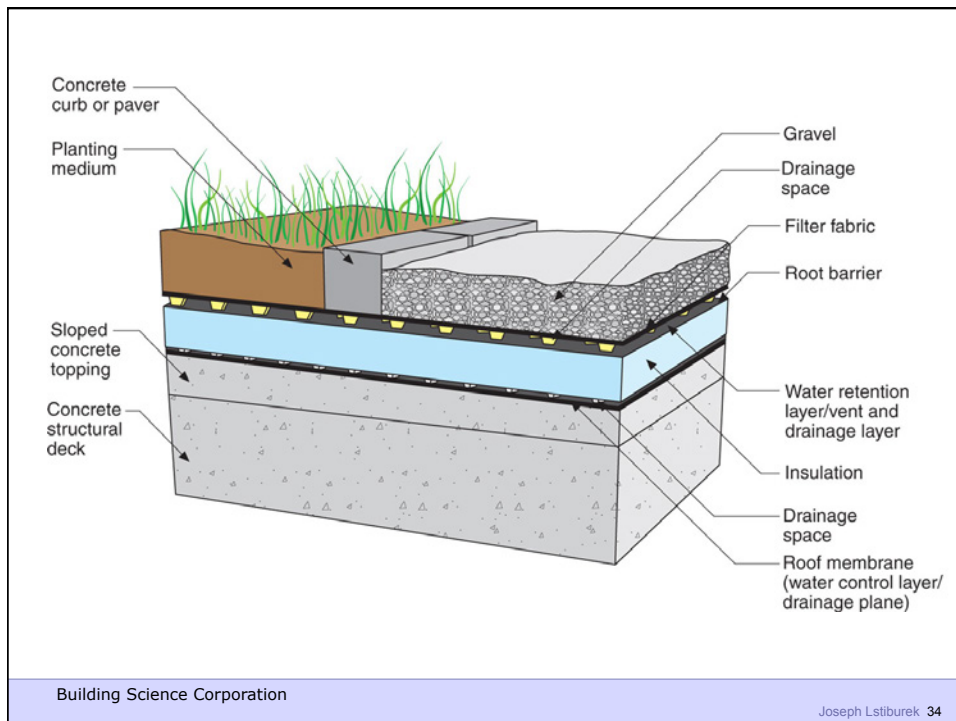
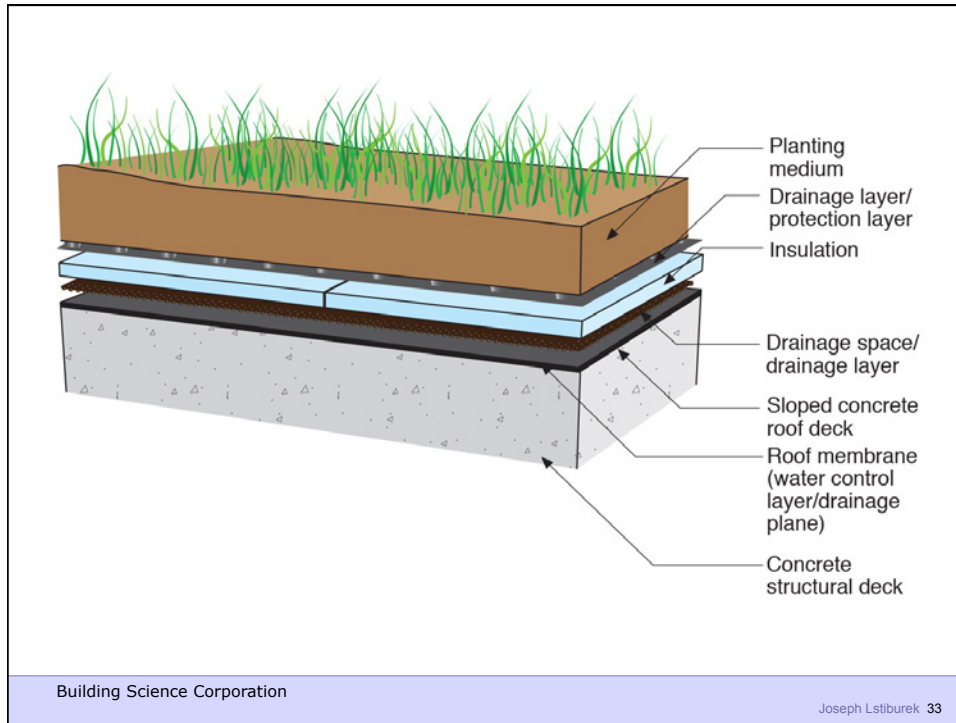














Building Science Corporation

Joseph Lstiburek 35



Building Science Corporation

Joseph Lstiburek 36



Building Science Corporation

Joseph Lstiburek 37



Building Science Corporation

Joseph Lstiburek 38



Building Science Corporation

Joseph Lstiburek 39



Building Science Corporation

Joseph Lstiburek 40

Plaza Decks

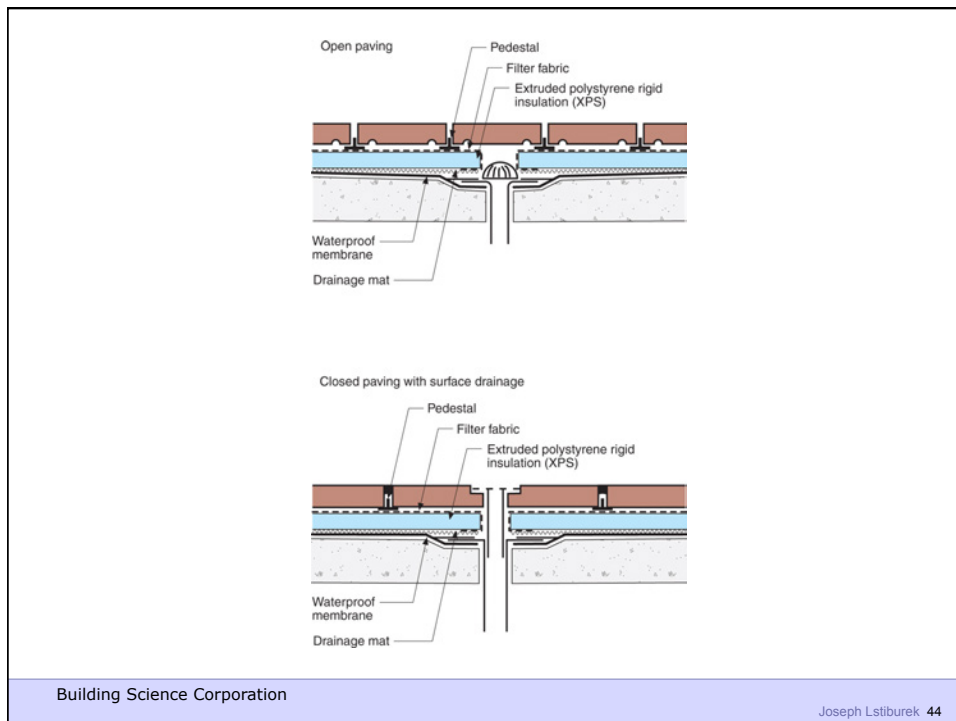
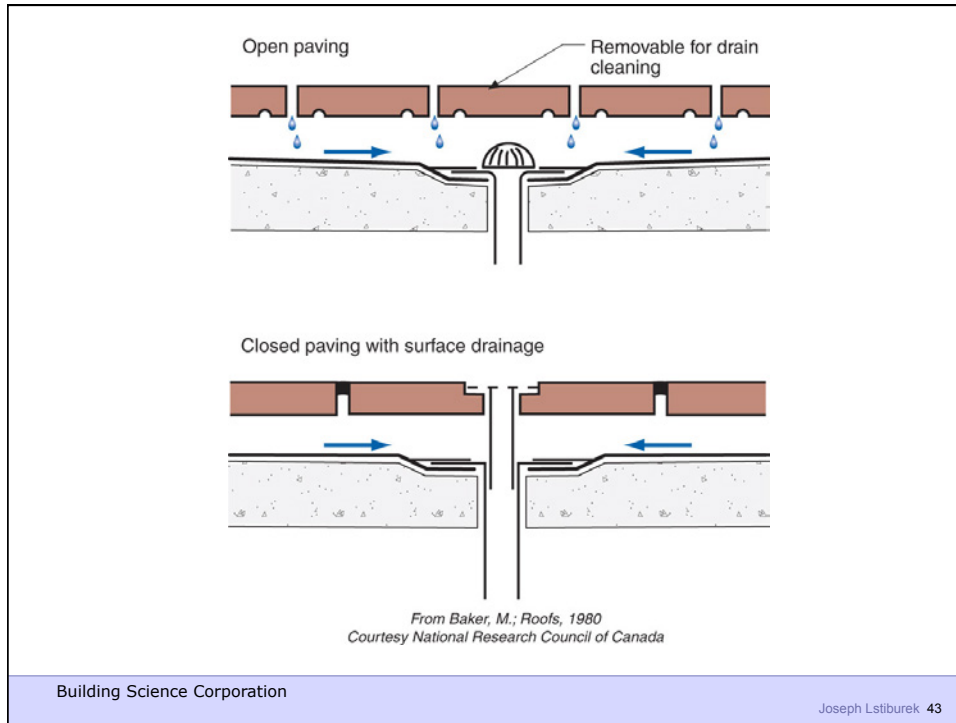
Building Science Corporation

Joseph Lstiburek 41



Building Science Corporation

Joseph Lstiburek 42





Plaza Decks
Gravity
Drainage Space
Capillary Break
Protection
Isolation

Plaza Decks
Gravity
Drainage Space
Capillary Break
Protection
Isolation
...oh and you better get it right.....

Plaza Decks Are Really Protected Membrane Roofs

Building Science Corporation

Joseph Lstiburek 49

Plaza Decks Are Really Protected Membrane Roofs Not Easily Serviceable

Building Science Corporation

Joseph Lstiburek 50

Plaza Decks Are Really Protected
Membrane Roofs
Not Easily Serviceable
Should Be Isolated And Protected From All
Other Building and Waterproofing
Components

Plaza Deck Systems
Hot Fluid Applied Membranes
Cold Fluid Applied Membranes



Building Science Corporation

Joseph Lstiburek 53



Building Science Corporation

Joseph Lstiburek 54



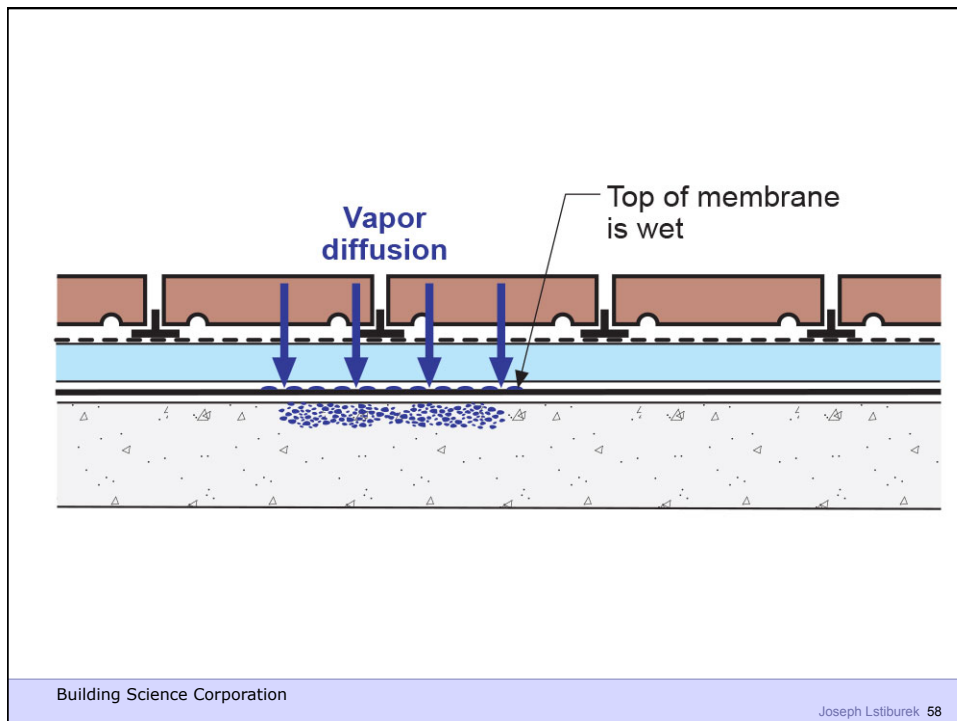
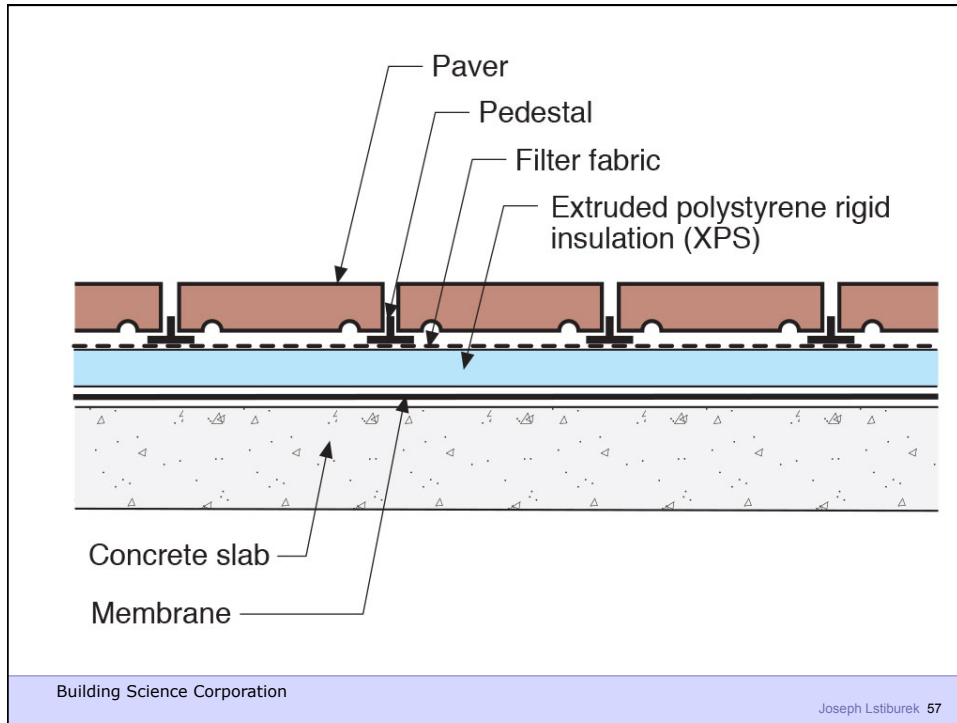
Building Science Corporation

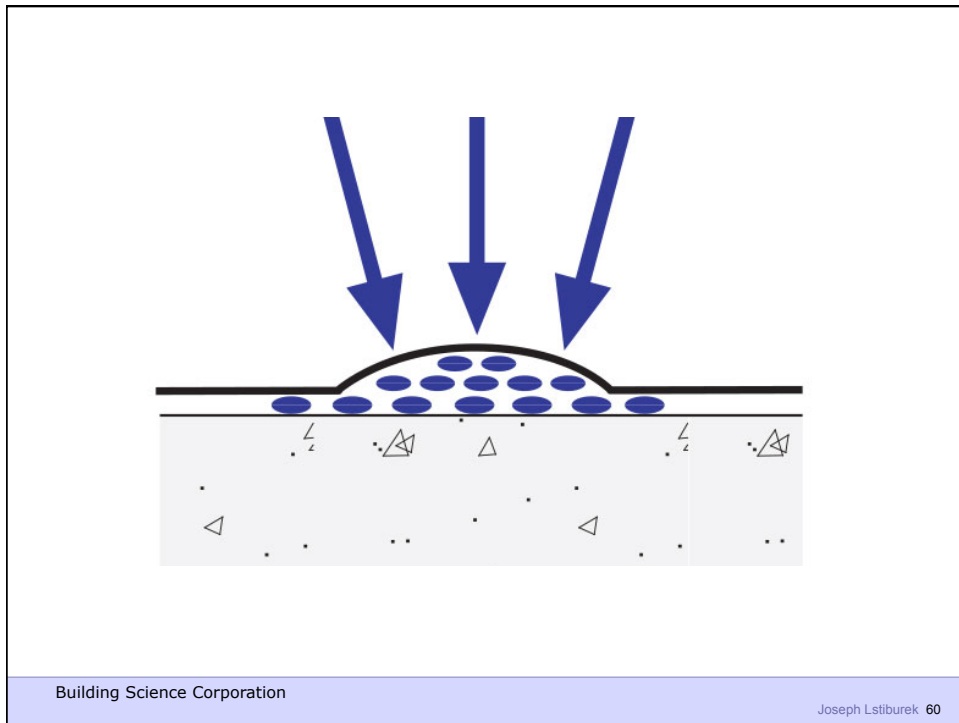
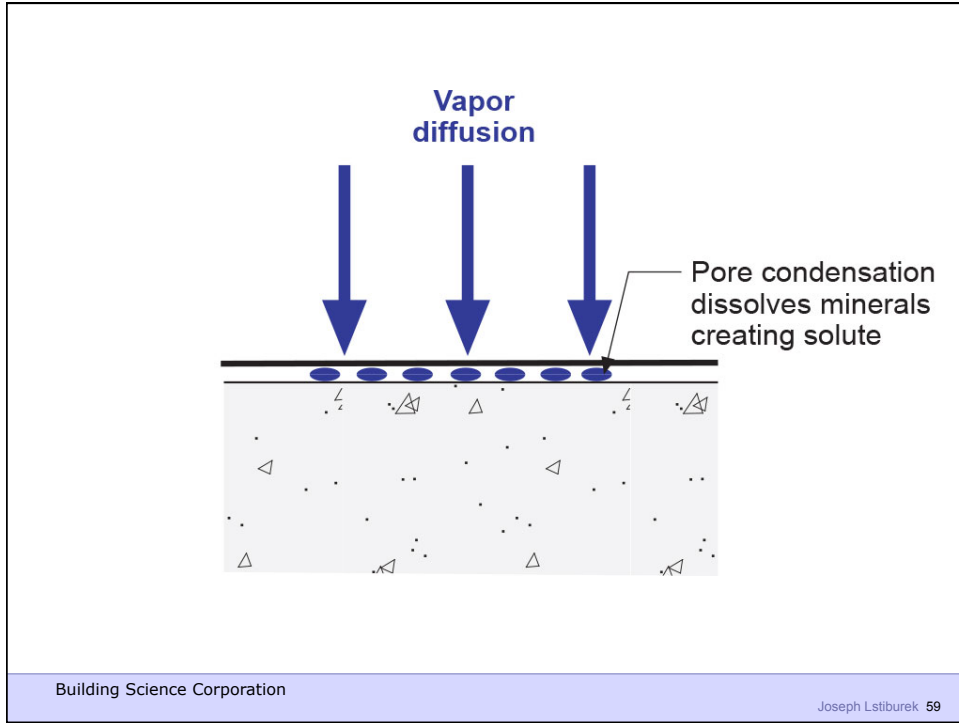
Joseph Lstiburek 55

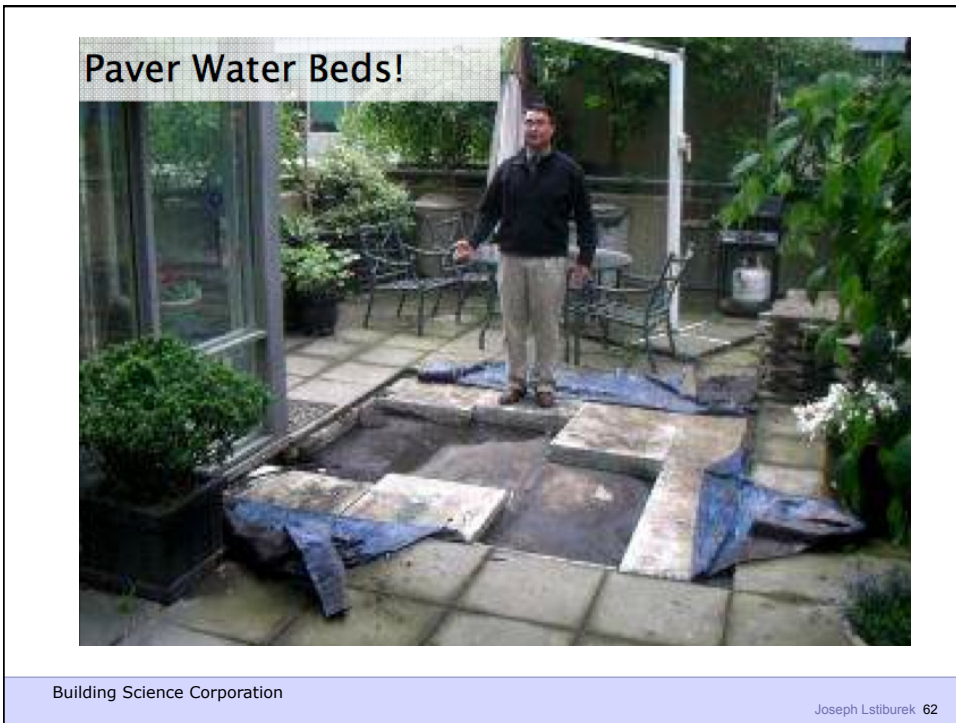
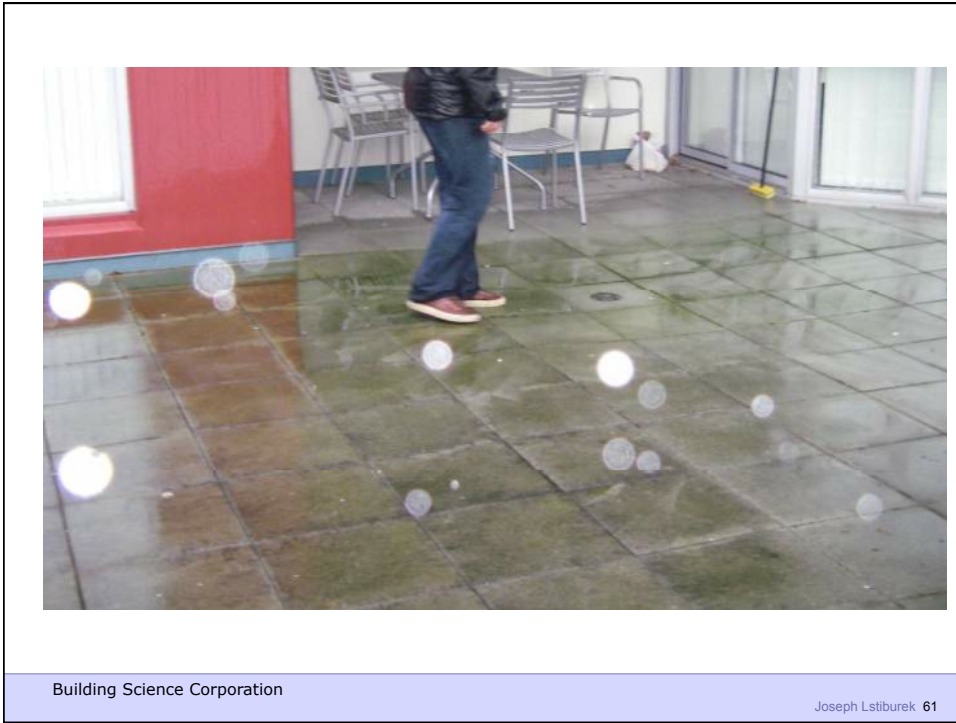
Osmosis

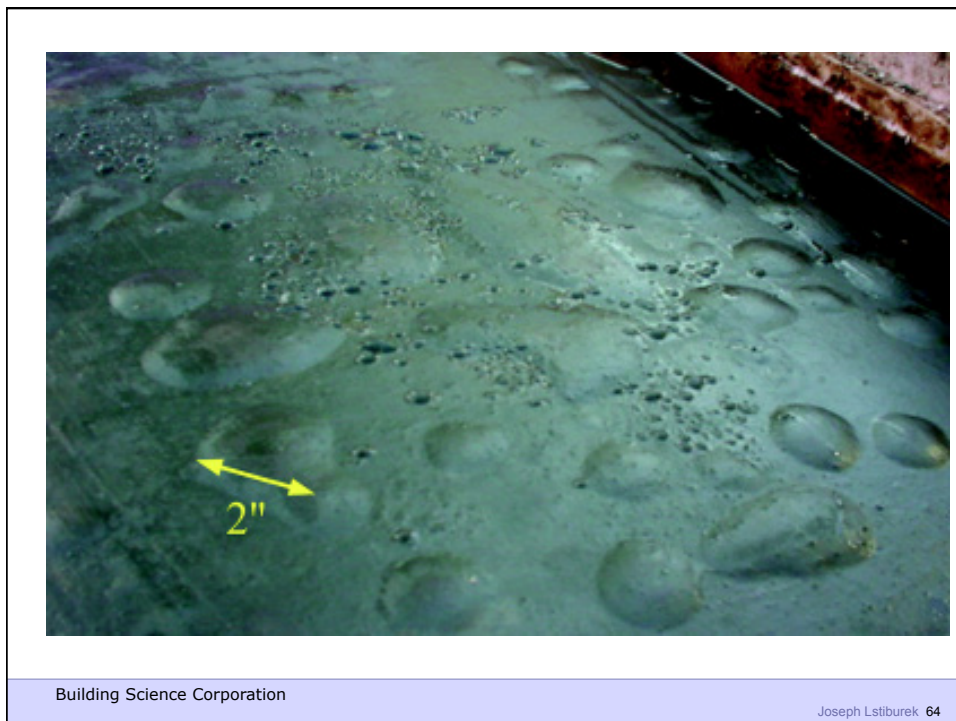
Building Science Corporation

Joseph Lstiburek 56







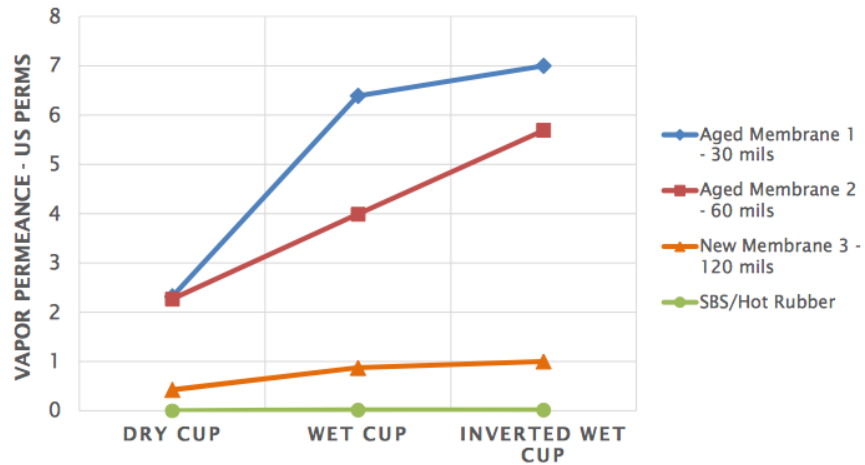




Building Science Corporation

Joseph Lstiburek 65

VAPOR PERMEANCE OF LIQUID MEMBRANES



Building Science Corporation

Joseph Lstiburek 66

What Is Important For Long Term Performance?

Building Science Corporation

Joseph Lstiburek 67

What Is Important For Long Term Performance? Provide a Protection Layer and Drainage Mat

Building Science Corporation

Joseph Lstiburek 68

What Is Important For Long Term Performance?

Provide a Protection Layer and Drainage
Mat

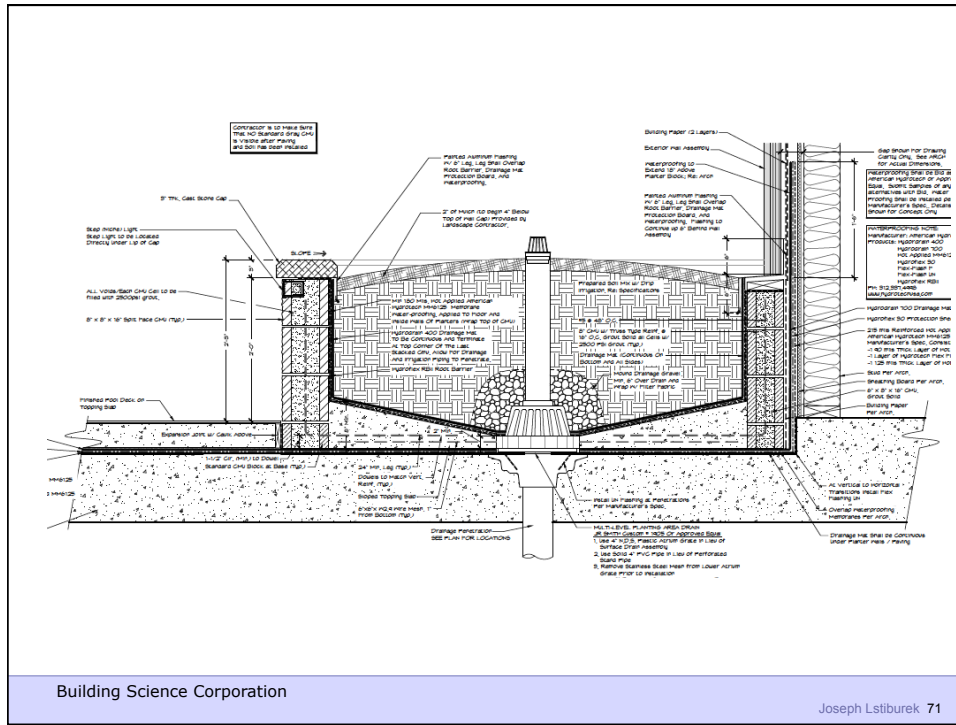
Isolate the System From Other Building
Elements Such as Planters, Pools and
Landscaping

What Is Important For Long Term Performance?

Provide a Protection Layer and Drainage
Mat

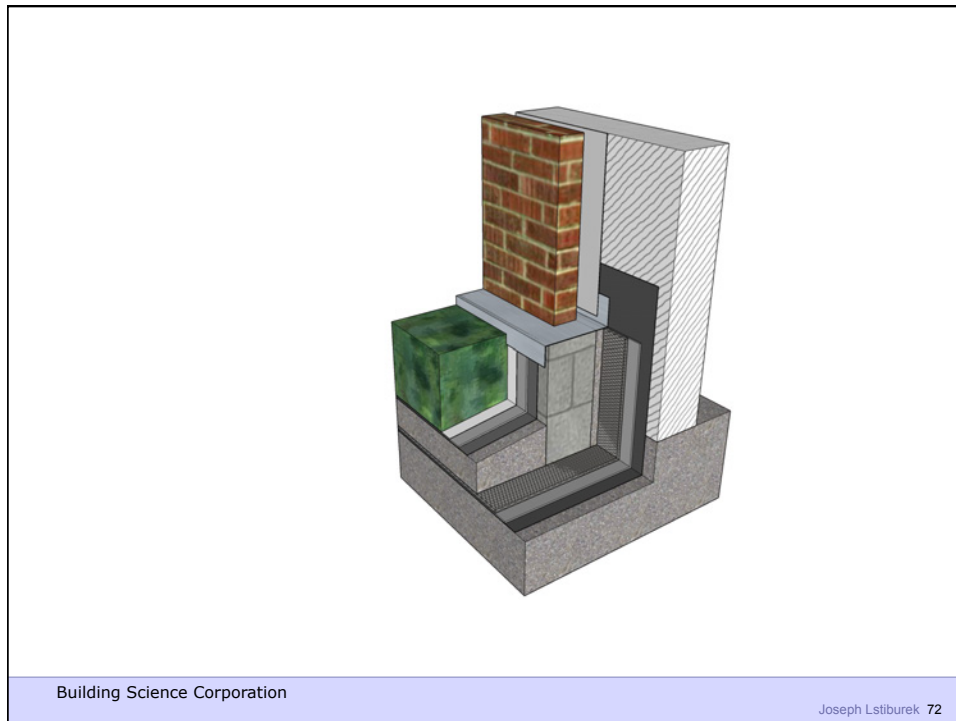
Isolate the System From Other Building
Elements Such as Planters, Pools and
Landscaping

Provide Curbs at Penetrations



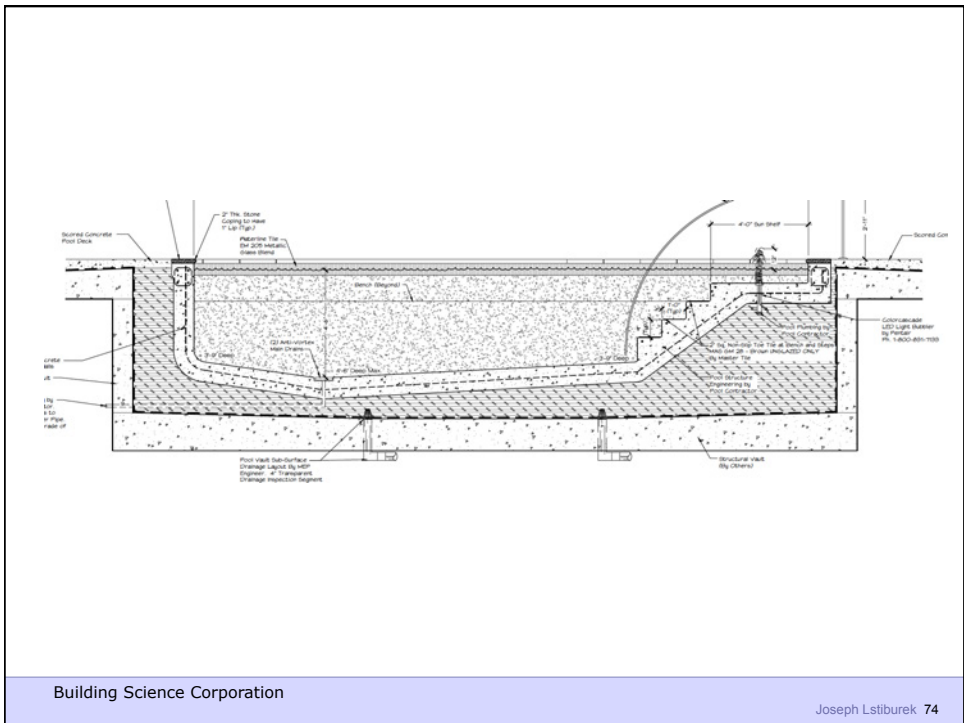
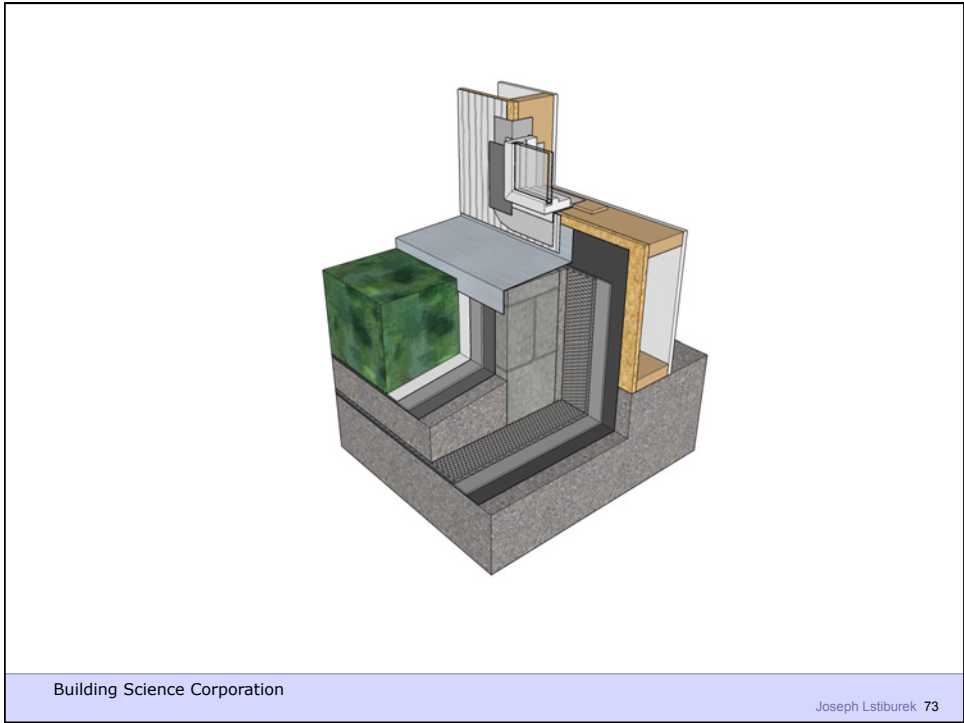
Building Science Corporation

Joseph Lstiburek 71



Building Science Corporation

Joseph Lstiburek 72



Plaza Decks
Mil Thickness
Surface Preparation
Crack/Joint Treatment

Building Science Corporation

Joseph Lstiburek 75

Plaza Decks
Sealant or Cants at Corners and Transitions
to Reduce Stress and Increase Water
Shedding

Building Science Corporation

Joseph Lstiburek 76

Plaza Decks Inspection and Testing

Building Science Corporation

Joseph Lstiburek 77

Plaza Decks Inspection and Testing Check Application Thickness (every 500ft²)

Building Science Corporation

Joseph Lstiburek 78

Plaza Decks
Inspection and Testing
Check Application Thickness (every 500ft²)
Visually Inspect Entire Membrane

Plaza Decks
Inspection and Testing
Check Application Thickness (every 500ft²)
Visually Inspect Entire Membrane
Flood Test Areas Prior to Installation of
Landscaping



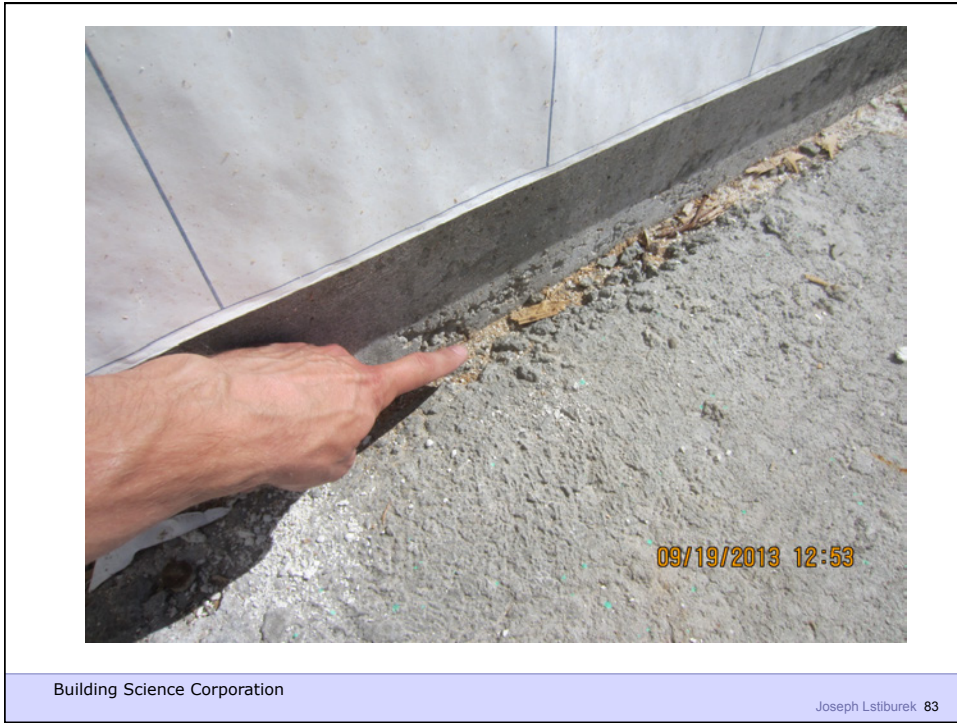
Building Science Corporation

Joseph Lstiburek 81



Building Science Corporation

Joseph Lstiburek 82





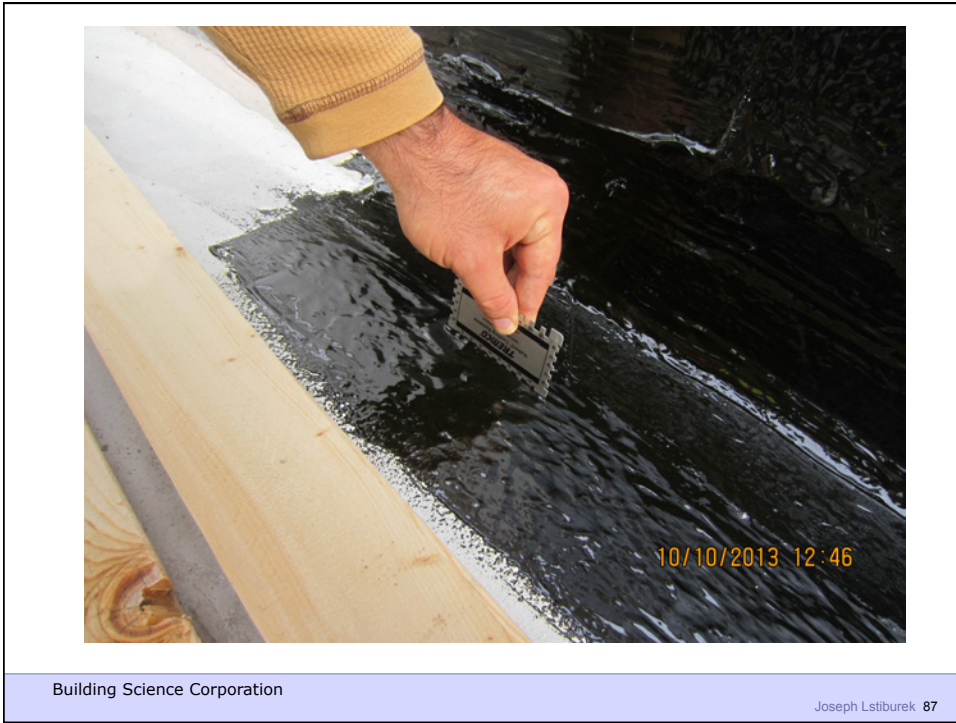
Building Science Corporation

Joseph Lstiburek 85



Building Science Corporation

Joseph Lstiburek 86





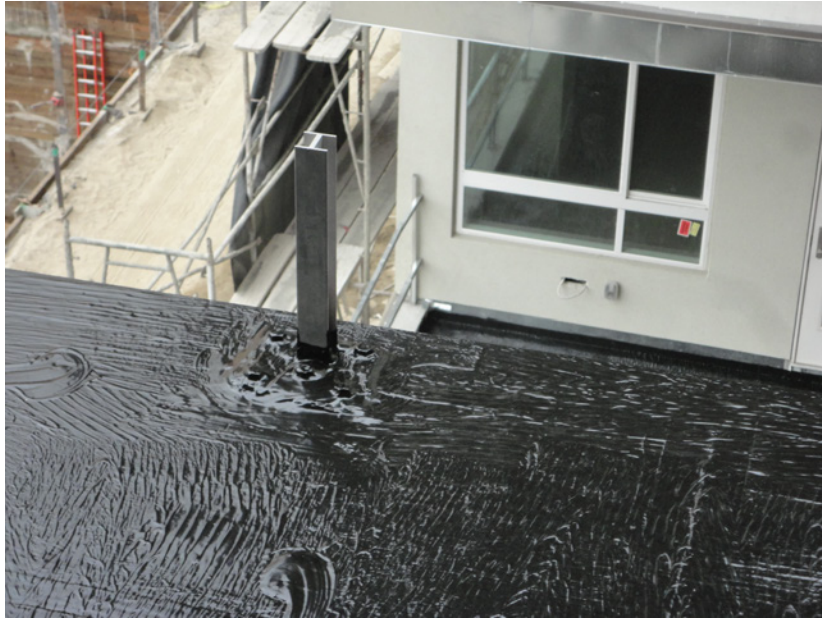
Building Science Corporation

Joseph Lstiburek 89



Building Science Corporation

Joseph Lstiburek 90



Building Science Corporation

Joseph Lstiburek 91



Building Science Corporation

Joseph Lstiburek 92







Building Science Corporation

Joseph Lstiburek 97



Building Science Corporation

Joseph Lstiburek 98



Building Science Corporation

Joseph Lstiburek 99



Building Science Corporation

Joseph Lstiburek 100

It's a Case of Black or White

Building Science Corporation

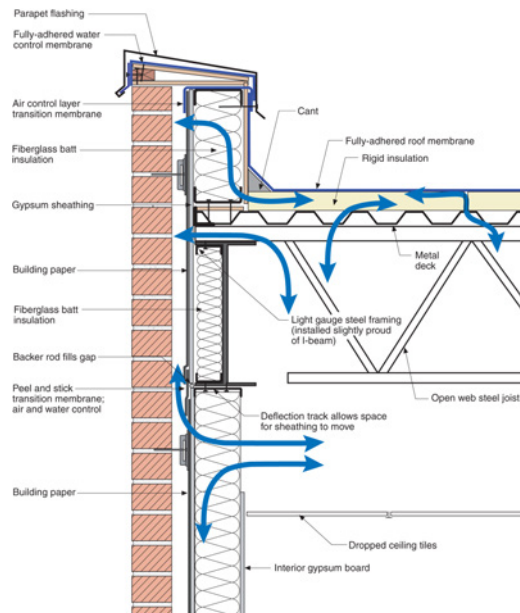
Joseph Lstiburek 101

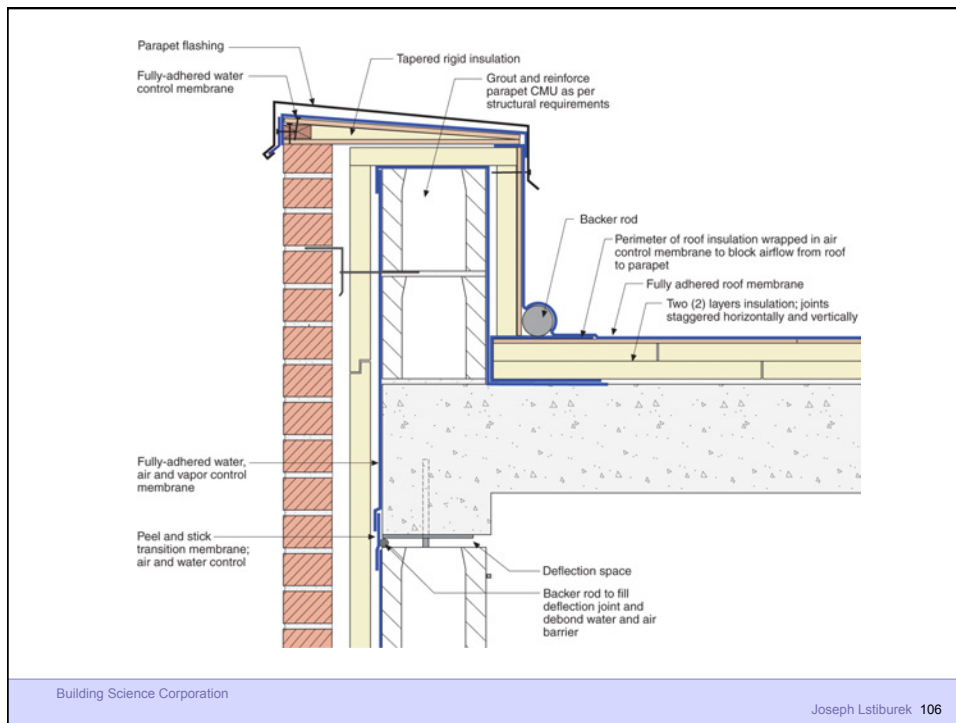
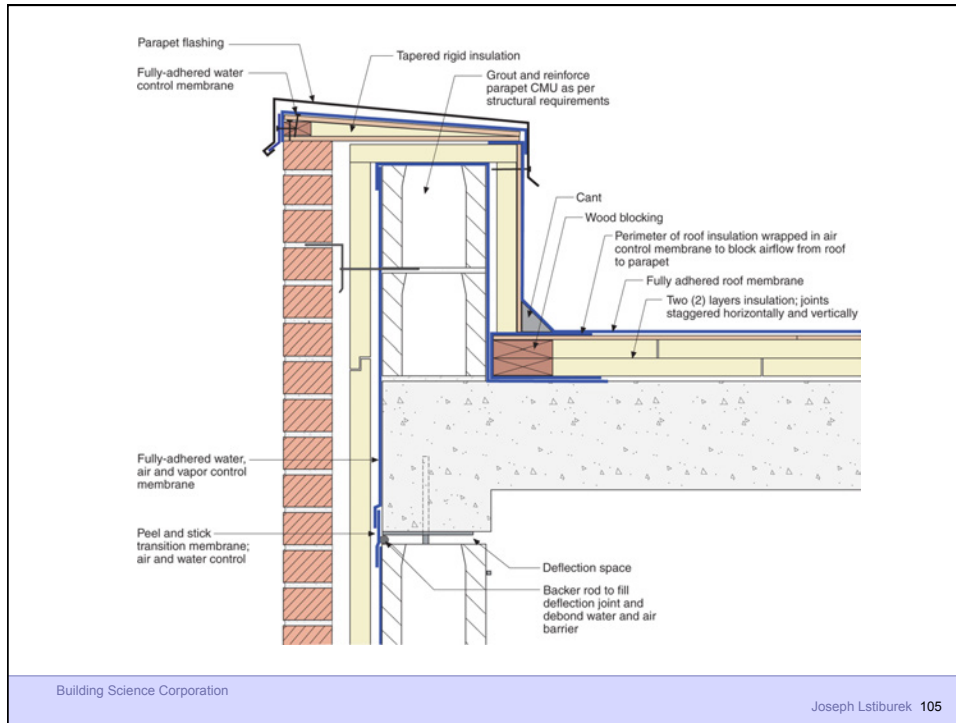
It's a Case of Black or White Arrhenius

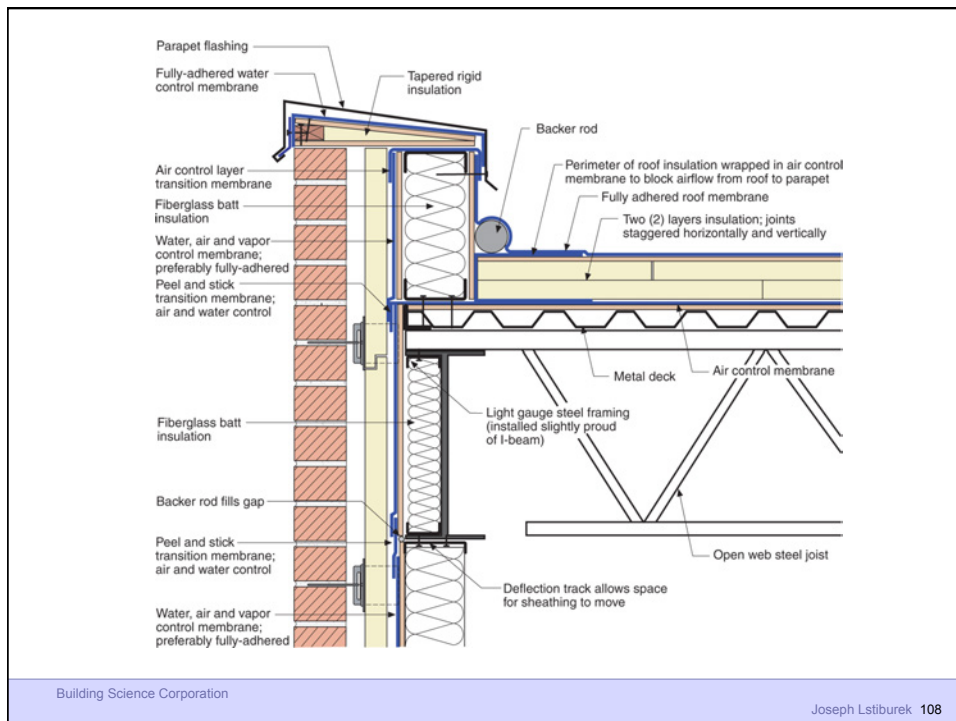
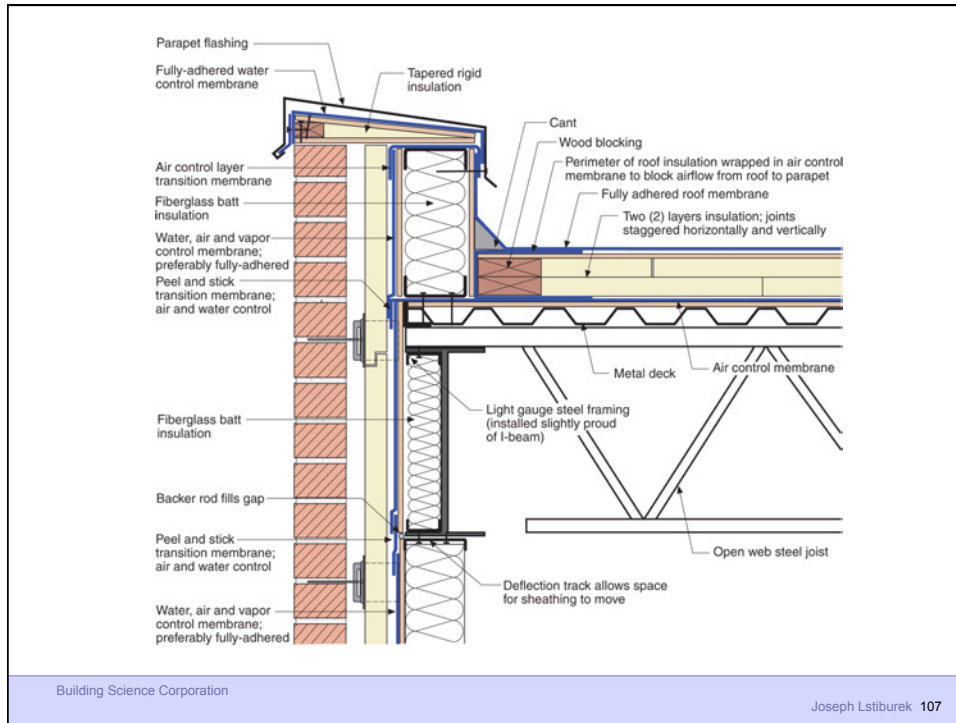
Building Science Corporation

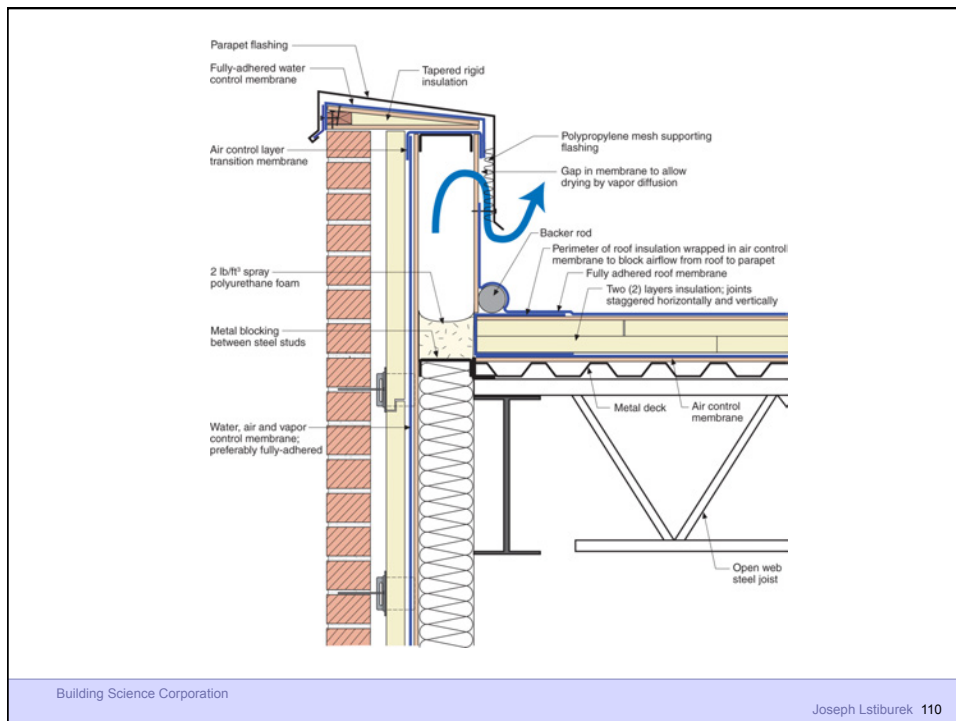
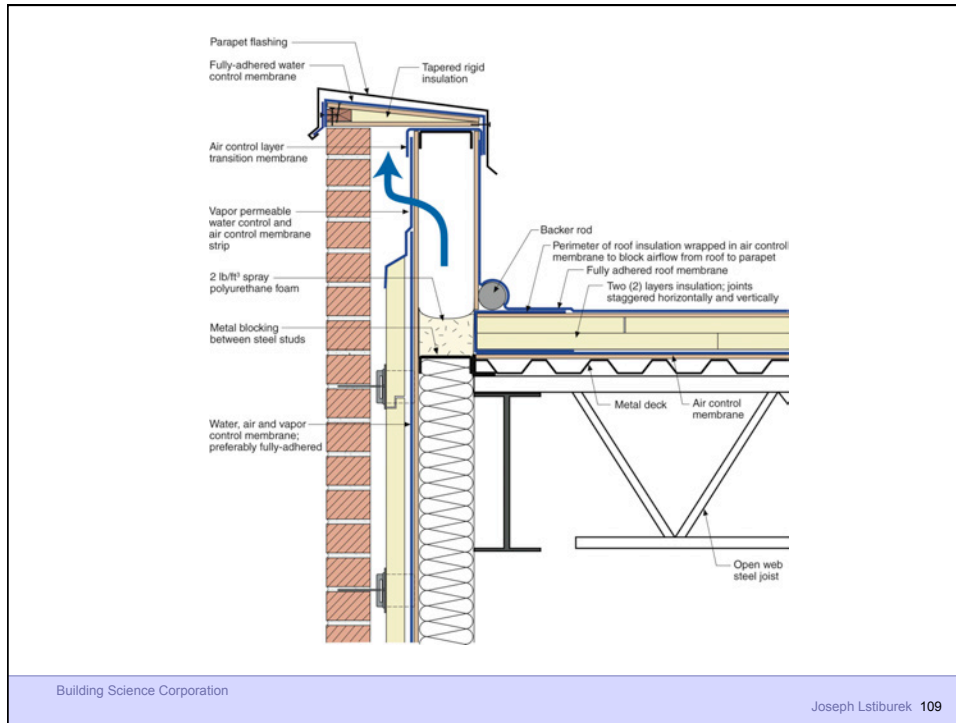
Joseph Lstiburek 102

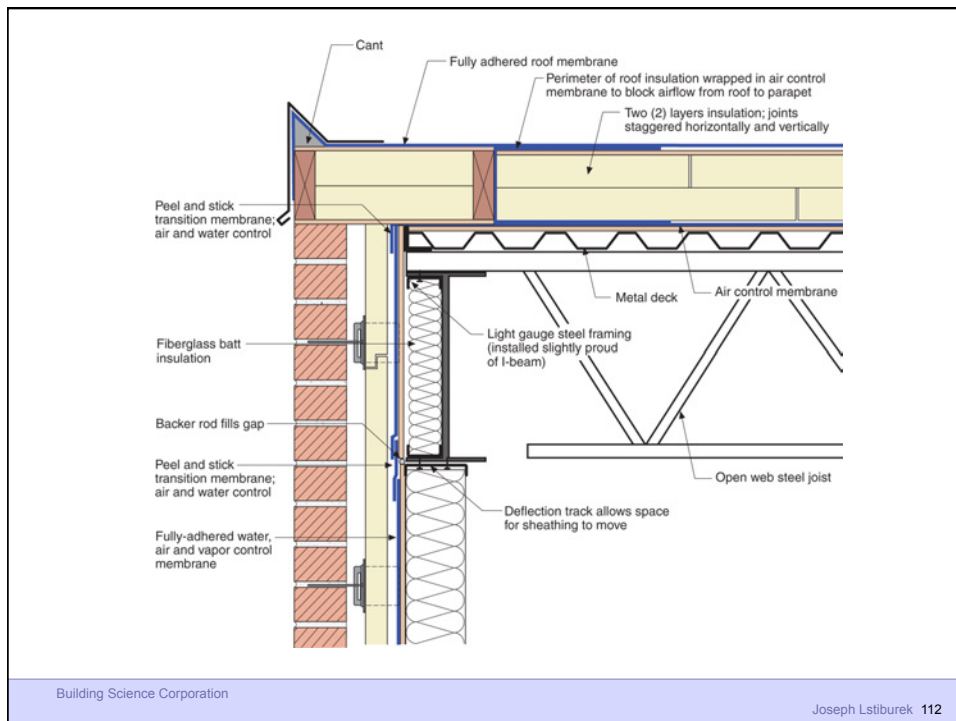
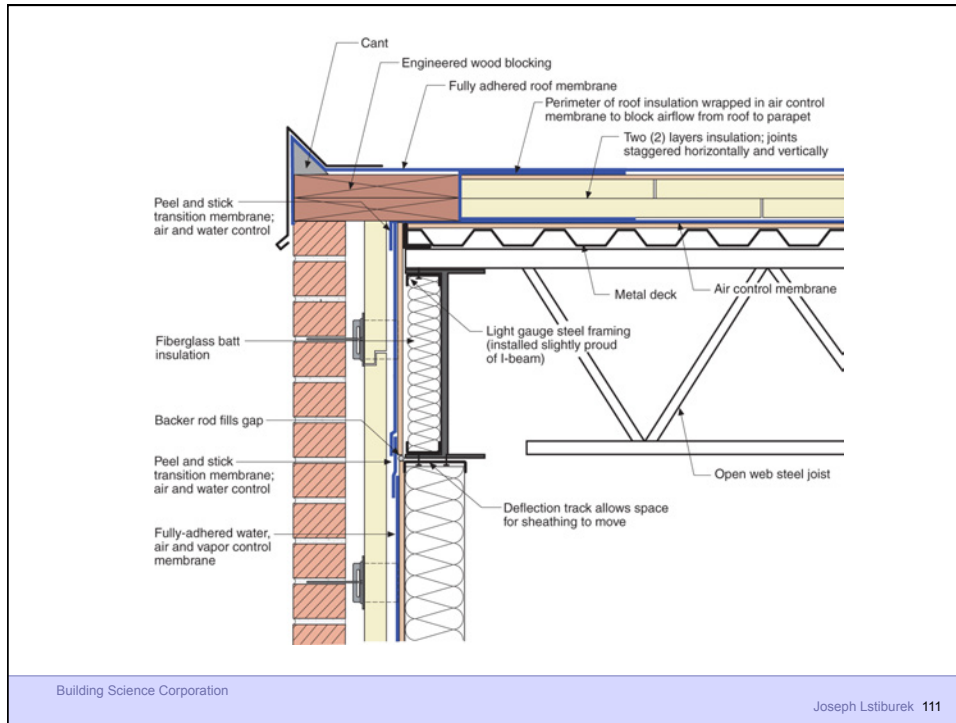
It's a Case of Black or White
Arrhenius
Every 10 degrees C – double the “badness”

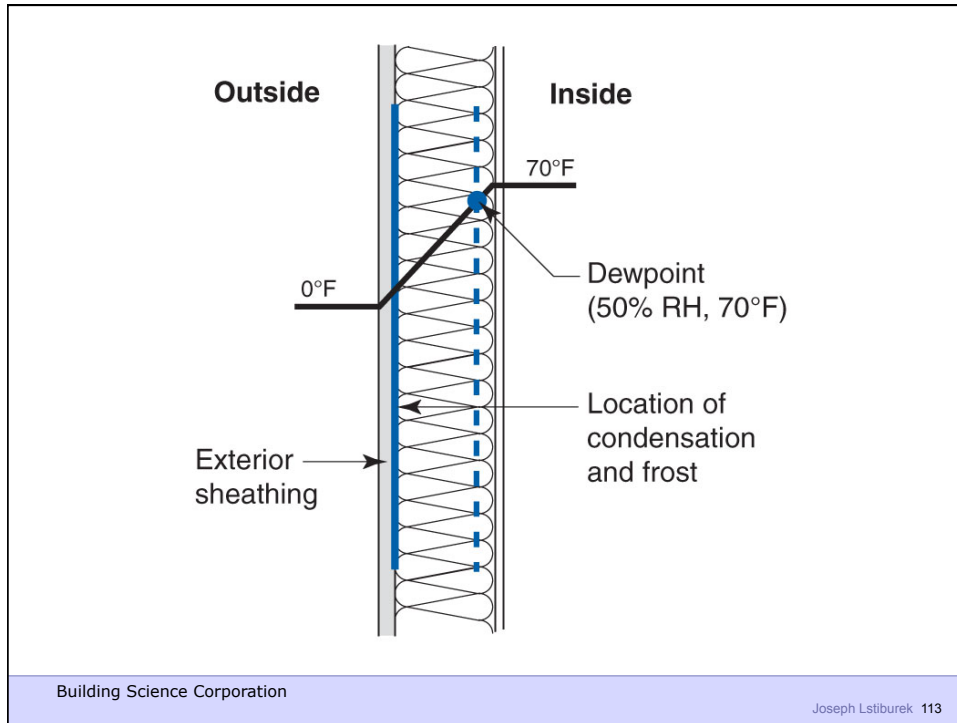


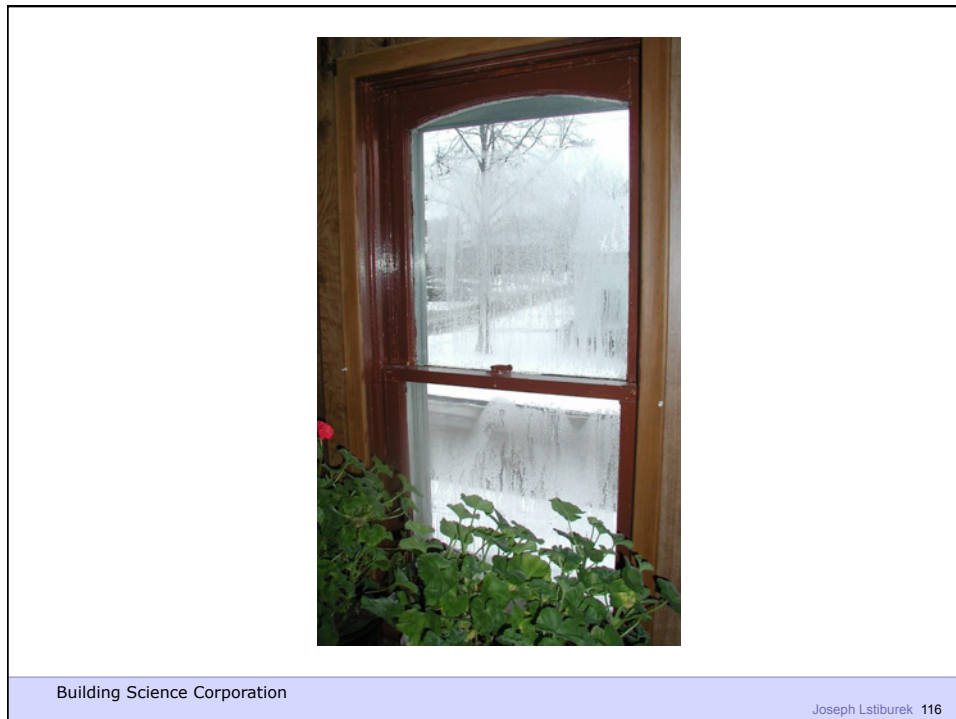
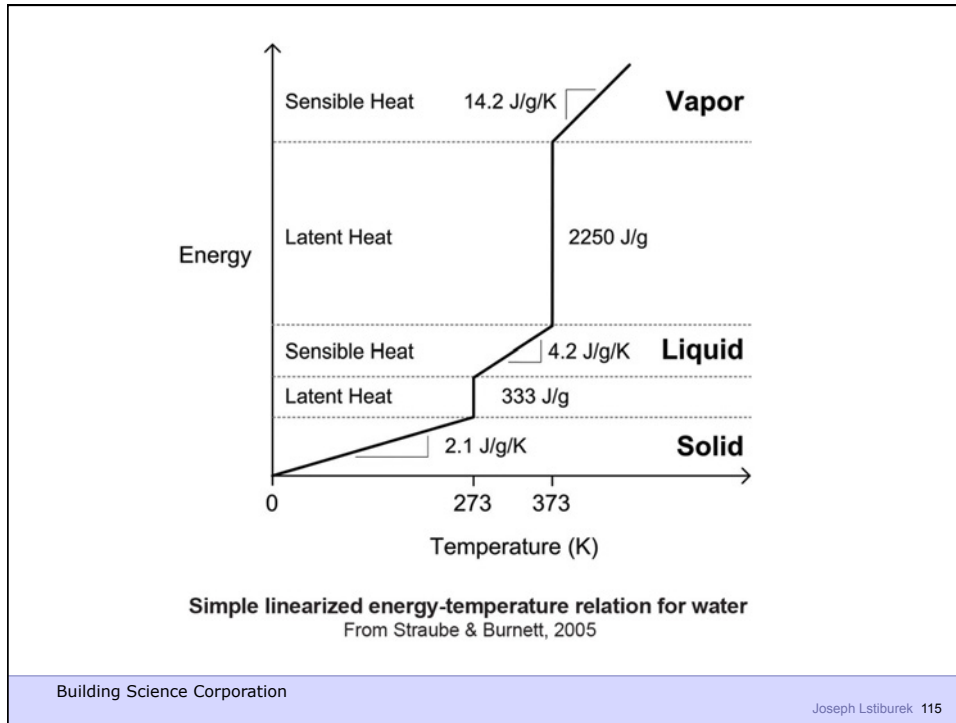


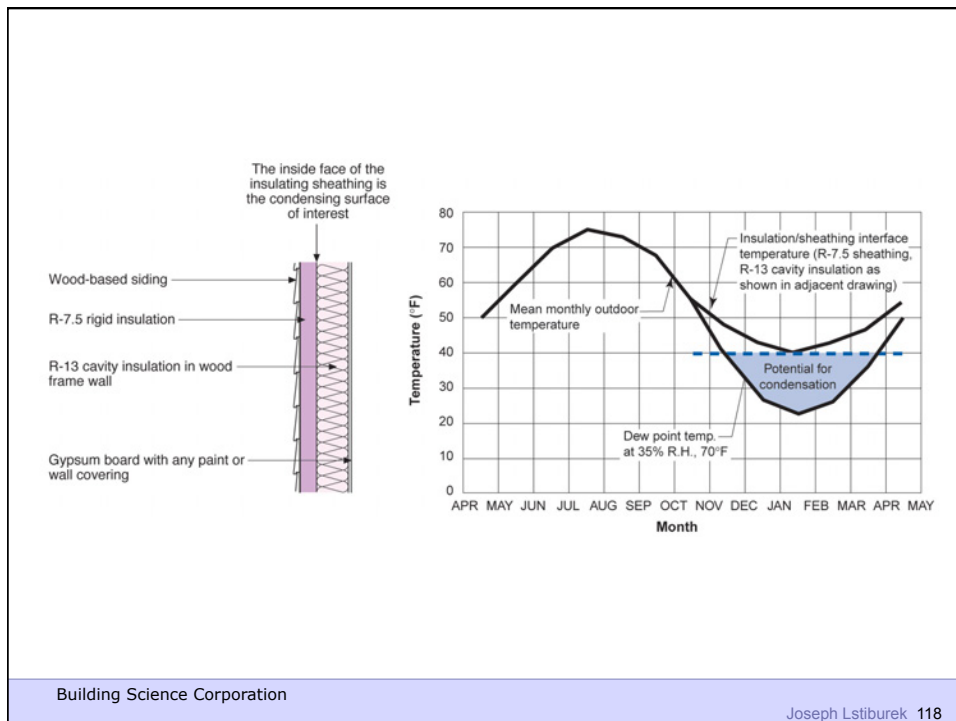
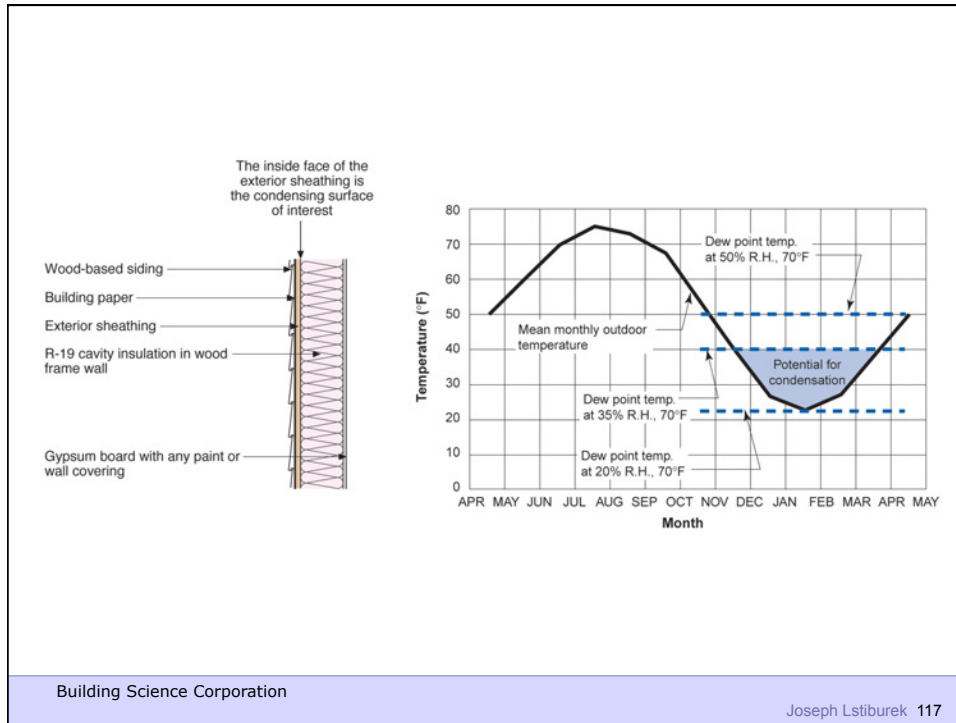


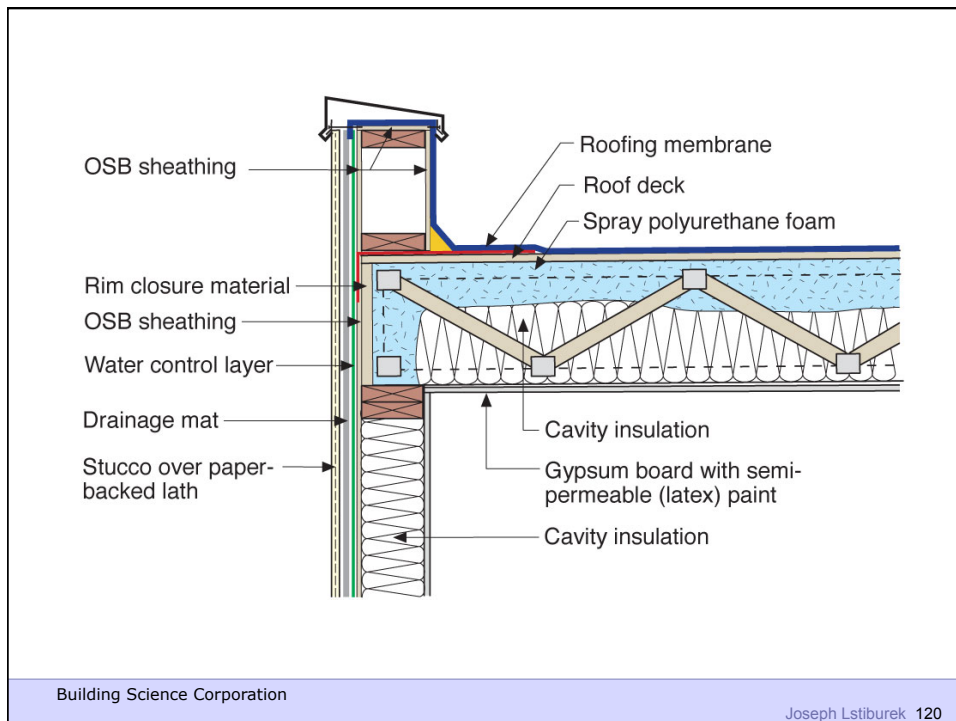
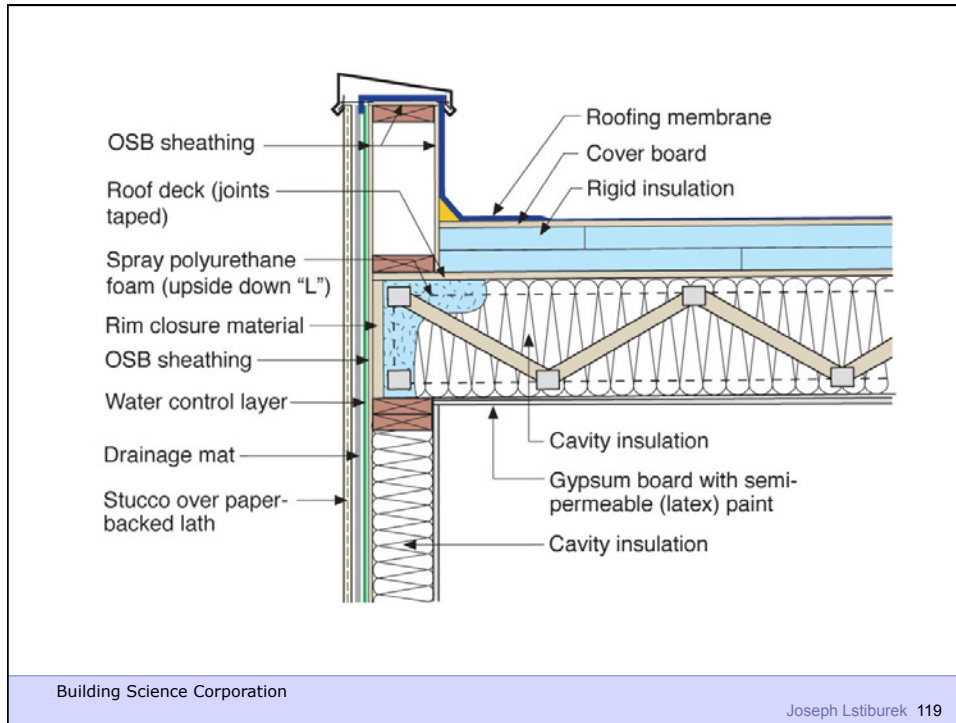


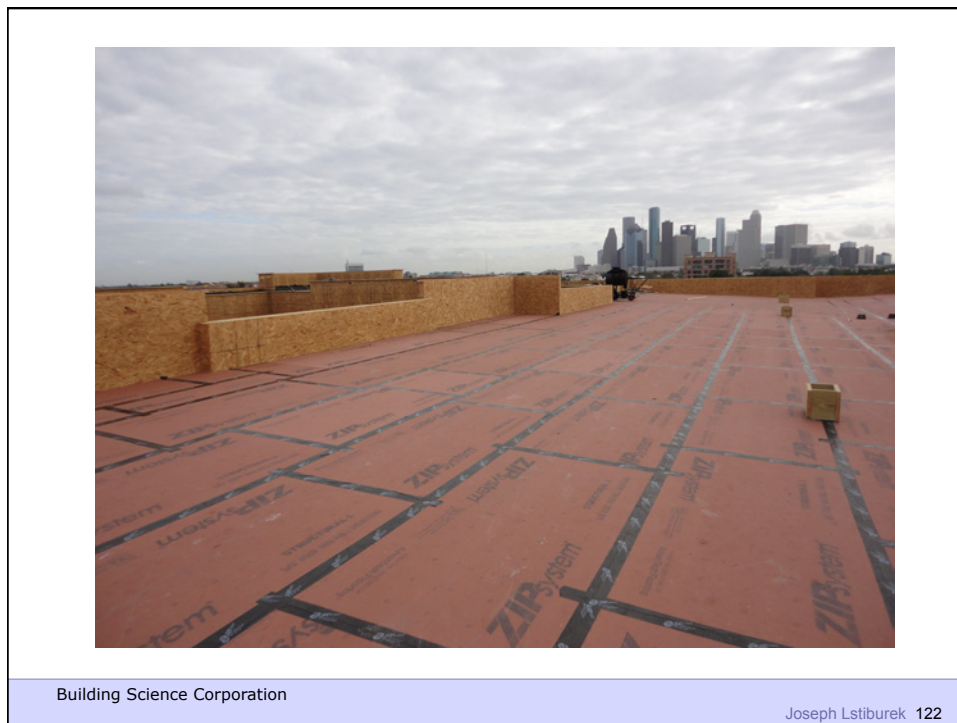
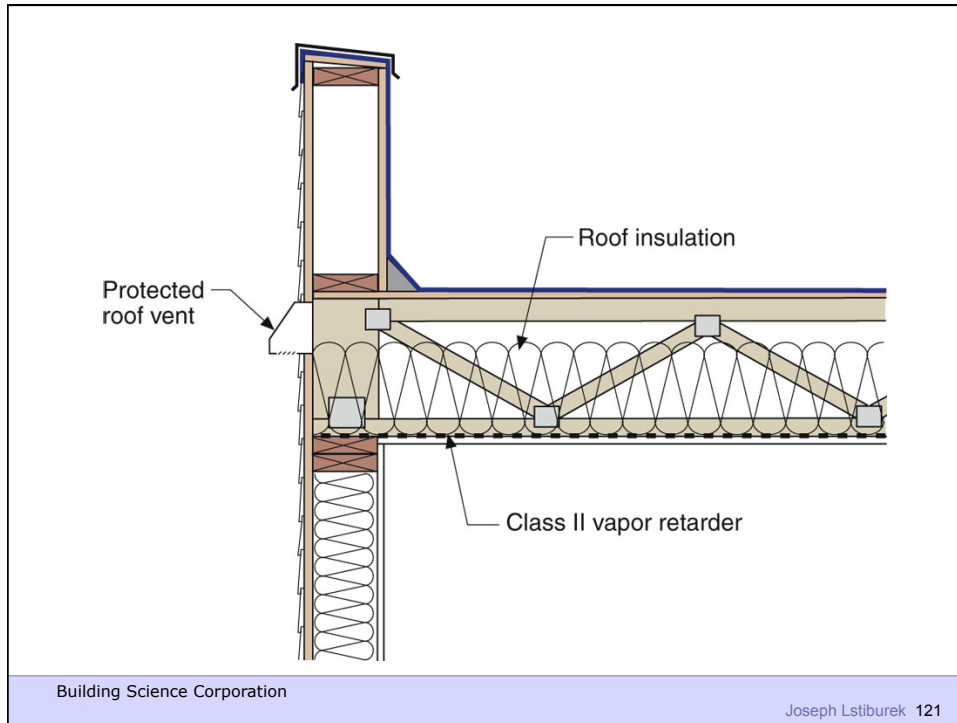








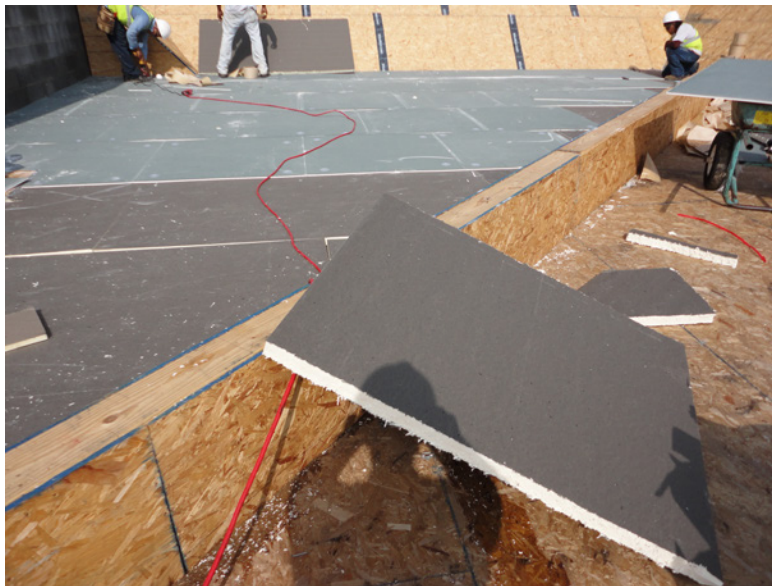






Building Science Corporation

Joseph Lstiburek 123



Building Science Corporation

Joseph Lstiburek 124



Building Science Corporation

Joseph Lstiburek 125



Building Science Corporation

Joseph Lstiburek 126



Building Science Corporation

Joseph Lstiburek 127



Building Science Corporation

Joseph Lstiburek 128



Building Science Corporation

Joseph Lstiburek 129

Balconies

Building Science Corporation

Joseph Lstiburek 130

