

BUILDINGENERGY BOSTON

Unvented Roofs Without Spray Foam: The Rest of the Story

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Presenter:

Kohta Ueno (Building Science Corporation)

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August 14, 2020

**Unvented Roofs Without Spray Foam:
The Rest of the Story**

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Conference + Trade Show of the Northeast Sustainable Energy Association (NESEA)

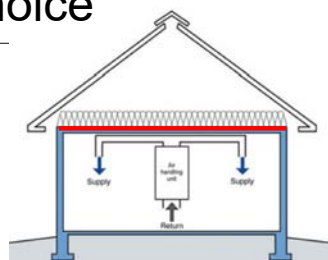
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Background

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Ventilated Attics—Best Choice

- Roof sheathing dries to ventilated attic-moisture safe
- Interior moisture (air leaks) ventilated away in winter
- Air sealing at ceiling critical for best performance
 - (e.g., spray foam air barrier, detail with sealant)



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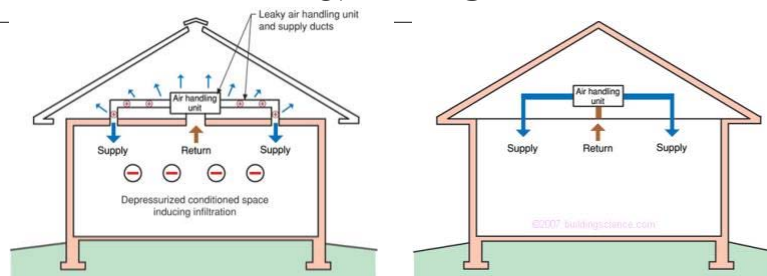
Then Why Unvented Roofs?

- Living space built into roof
- Vented cathedral assemblies—often poor performance
- Complicated rooflines, hip geometries—how to vent?
- Unworkable air barrier at ceiling line
- Blown-in rain (coastal)
- Hurricane tear-off
- HVAC in vented attic



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Unvented Roofs & HVAC Placement



- Ducts in unconditioned attic = energy losses
 - Industry reluctant to move ducts out of attic
 - Ice dam issues due to duct losses
- Solution: bring ducts into conditioned space
- Unvented/conditioned attic—keeps ductwork in conditioned space, duct leak issues eliminated

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Fibrous Insulation Unvented Roofs

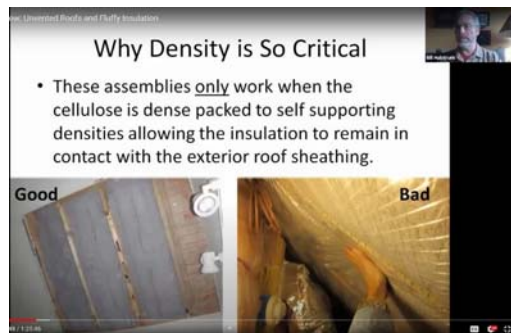
- Dense pack insulation of unvented roofs common in cold-climate retrofits
 - Moisture risks (see BSI-043 “Don't Be Dense—Cellulose and Dense-Pack Insulation”)—2 in 10 failure?
 - Violates I-codes (see IRC § R806.4/R806.5)
 - “Ridge rot”—localized problems (SIPS same problem)



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Fibrous Insulation Unvented Roofs

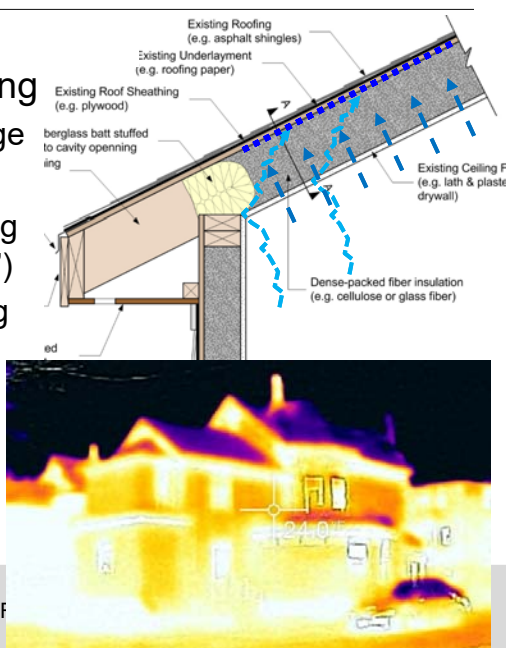
- The BS* + Beer Show: Unvented Roofs and Fluffy Insulation (with Bill Hulstrunk/ NatureTech), May 2020
- Moisture buffering from cellulose storage
- Critical role of density
- <https://www.youtube.com/watch?v=xZInpQYdsuM&t=1551s>



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Why Unvented + Fibrous Risky?

- Different than walls?
- Moisture risks at sheathing
 - Interior-sourced air leakage
 - Vapor contributing too?
 - Zero-perm exterior (“wrong side perfect vapor barrier”)
 - Night sky radiation cooling
 - Stack effect in winter
 - “Ridge rot” (thermal and moisture buoyancy)

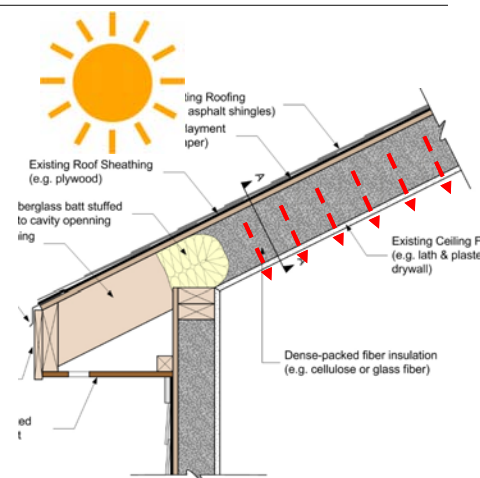


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Why Unvented + Loose Fill Risky?

- Risk reduced by:
 - Airtightness of ceiling
 - Dense insulations that suppress airflow
 - Solar drive
 - But white roofs, shading
 - Lower interior RH (winter)
 - Why many of them work?
 - Lower permeance interior
 - Assumes good airtightness—vapor retarder not bypassed
- Moisture accumulation: what gets in vs. gets out

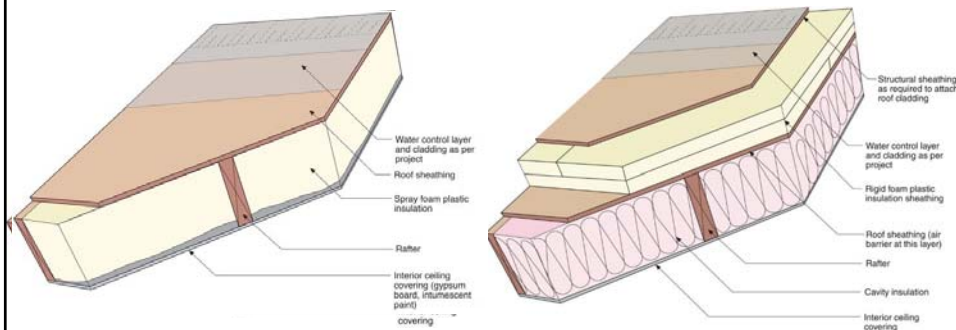


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Spray Foam/Exterior Insulation Roofs



- 2006 IRC: R806.4 Unvented attic assemblies
- Minimum R-value of “air impermeable insulation”
 - Actually ratio of R-values (BSI-100 Hybrid Assemblies)
- Nail base needed with rigid foam on roof deck

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Why Fibrous Fill Unvented Roofs?

- Unvented roofs without spray/board foams could reduce costs and increase market penetration... IF moisture damage risks are addressed
- Retrofit opportunities (existing uninsulated living space at roof line, without removing finishes)



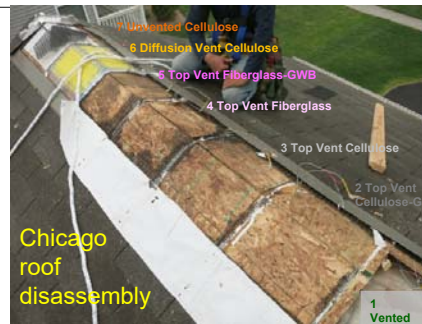
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Previous Building America Research

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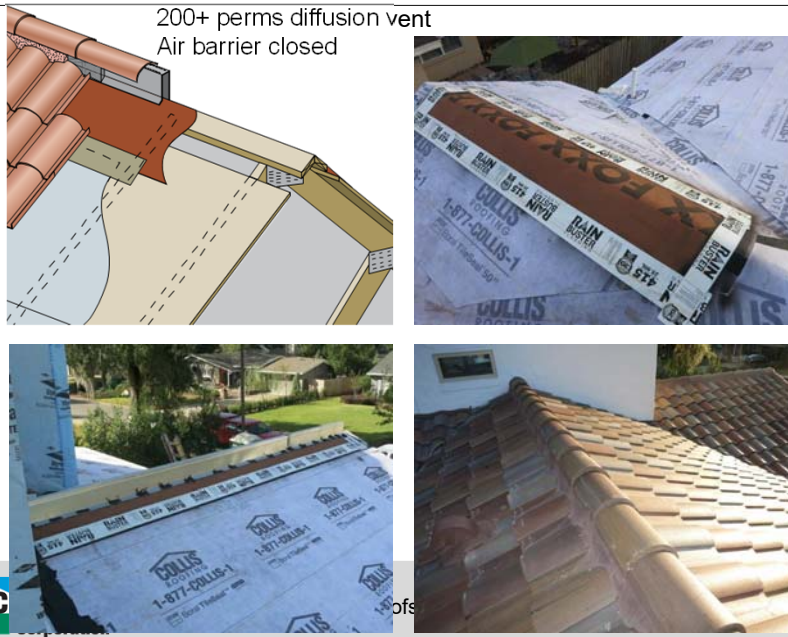
Previous Building America Research

- Chicago (CZ 5A):
 - One winter, 50% RH
 - Unvented roofs-high risk
 - Cellulose lower risk than FG batt
 - Vented compact roof (chute) safe-but poor air leakage
- Houston/Orlando (CZ 2A):
 - 2 attics, multiple seasons
 - Diffusion vents allow greater drying, avoid moisture problems



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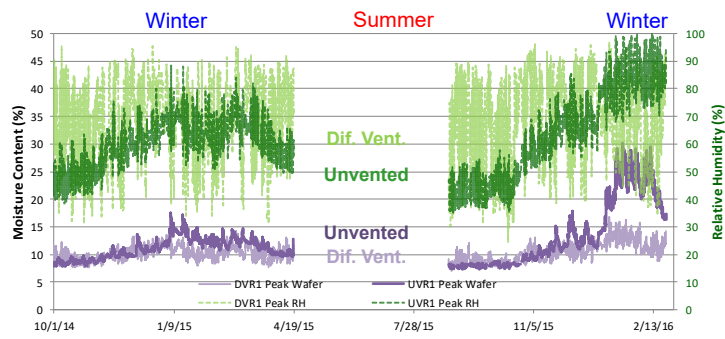
Diffusion Vent Prototype (Orlando-Tile)



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Houston/Orlando Results

- Diffusion vent avoids wintertime ridge accumulation problems (ridge peak RHs/MCs)
- No failures at low interior RH, bigger difference at higher RH (interior humidification)
- Airtightness disappointing in some cases-no SPF



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“Ridge Rot” and Moisture Buoyancy

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Houston and Jacksonville (CZ 2A) 2001



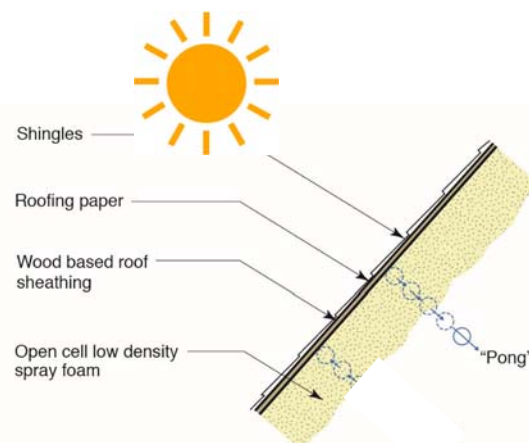
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Moisture Buoyancy

- Moisture concentrated at highest point in conditioned attic (ridge)
- Not a simple one-dimensional problem
- Not a straight-up air leakage problem
- Problem with open-cell spray foam (ocSPF) unvented roofs (high RHs in attic)-many climates
 - But not ccSPF—lower vapor permeance
- Concentration of interior-sourced moisture
- Moist air is lower density (“lighter”) than dry air
- Others: “system in equilibrium has same dewpoint in connected air space”

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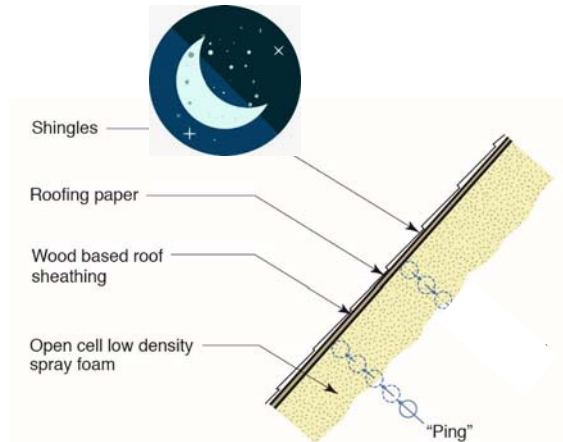
“Ping Pong” Water



- See BSI-016: Ping Pong Water and The Chemical Engineer

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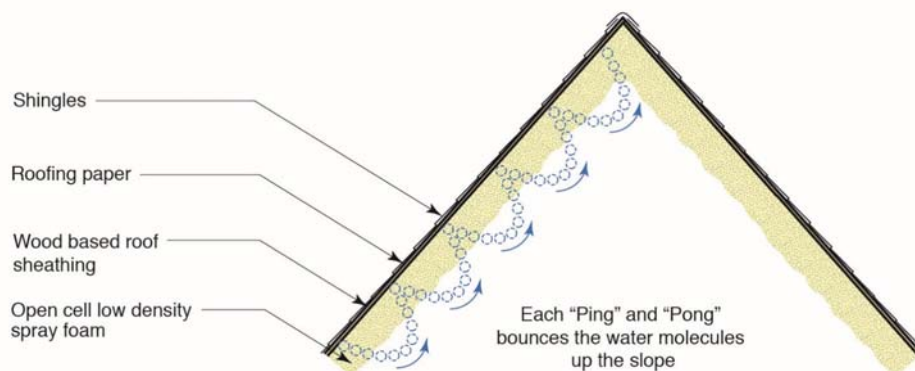
“Ping Pong” Water



- See BSI-016: Ping Pong Water and The Chemical Engineer

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“Ping Pong” Water



- “Gas separation process similar to pressure swing adsorption”
- Solar-powered moisture concentration machine

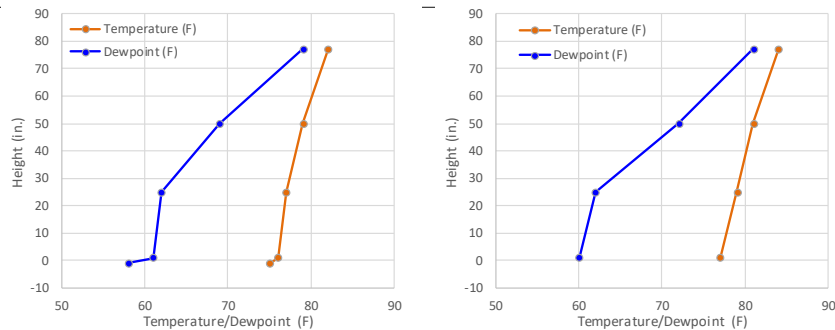
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Orlando Decommissioning



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Orlando Decommissioning



- Temperature and dewpoint stratification directly measured
- 90%+ RH near ridge
- System is not in equilibrium

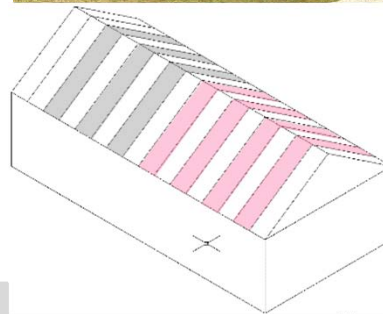
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Test Hut Approach & Construction

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Test Hut Experimental Approach

- Climate Zone 5A test hut
- Eight north-south roof bays; guard bays
- $\pm R-50$ (14- $\frac{3}{4}$ " framing, 2012 IECC)
- Test variables (changed year-to-year):
 - Vapor retarder: variable perm vs. fixed perm, various permeance curves
 - Diffusion vent at ridge: full size, none, "small," or "tight"
 - Fiberglass vs. cellulose
 - "Control" comparison § R806.4 spray foam + fibrous
- Varying interior boundary conditions
 - Winter 1: "Normal" interior conditions
 - Winter 2: Elevated RH (50% constant)
 - Winter 3: Air leakage into rafter bays



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Test Hut Construction



- Flash and blow bays (ccSPF shown)
 - ccSPF completes air barrier between bays, wiring holes
- Insulation netted & blown

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Test Hut Construction



- Interior air barrier & vapor retarder membrane
- Adhesive spray + double tape seal (double-sided tape + housewrap tape) plus mechanical fasteners

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Test Hut Construction



- Instrumentation completion

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Test Hut Construction



- ccSPF in guard bays and walls

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Test Hut Construction



- Fibrous insulation installed

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Test Hut Construction



- Interior air/vapor control installed

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Experimental Approach: Diffusion Vent



- ~6 in. opening (fits under typical ridge cap)
- Dörken Delta-Foxx membrane
 - 214 perms dry cup, 550 perms wet cup

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Research Findings

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Year 1 Findings (“Normal” Conditions)

- Non-diffusion vent roofs worst; high moisture levels at ridge
- Roofs with diffusion vent & variable-perm vapor retarder safest
- Viitanen mold index values below risk thresholds (3.0 MI); meets ASHRAE Standard 160
- Visible settling of insulation (when cutting new ridge openings from above)
- Summertime inward drive at fixed-perm VR roofs
- Eliminated non-diffusion vent roofs for Year 2 (added “small” & “tight” DVs)

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Roof Insulation Settling (Fiberglass)



- Insulation settling noted during diffusion vent retrofit
- Fiberglass roof shown above

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Retrofit Work, Cellulose Settling



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Retrofit Work, Cellulose Settling



**Settling along entire roof length
only occurred on north side**

**Roofs left as-is for Winter 2:
realistic settling of insulation?
Also, damage to instruments
when retrofitting insulation**



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Summertime Inward Drive

1 perm vapor barrier 1 perm vapor barrier

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Summertime Inward Drive

Inward vapor drive does matter—we were just measuring in the wrong location!

1 perm vapor barrier 1 perm vapor barrier

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“Small” and “Tight” Diffusion Vents



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Year 2 Findings (50% RH Constant)

- Interior at 50% RH creates much more challenging conditions: many pushing edge of risk
- Many MCs over 20% to 30%, sustained high RH
- Mold Index #s remain below 3.0
- Mold growth occurred on framing & sheathing
- “Tight” diffusion vent did not work acceptably
- Code-compliant ccSPF roof acceptable
- Repacked insulation after disassembly; filling all voids
- Replaced all ridge sensors (data failures)



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Summer 2 Ridge Disassembly Work

- Fiberglass: staining, rundown, some mold spotting



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Summer 2 Ridge Disassembly Work

- Cellulose: worst mold, settling (greater at north)



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Year 3 Setup & Findings (Air Injection)

- Early winter 50% RH, no air leak
- February onward-add air leak
- Air injection system
 - Interior-to-interior leak
 - Very small air leak, 0.5 CFM per bay
 - Comparable to very airtight construction
- Before air injection: much drier than Year 2
 - Repacking insulation suppresses convection?
- Air injection: severe spike in sheathing MC
 - Localized to injection site
 - Disassembly in summer: no visible damage

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Air Injection System



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Disassembly



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Miscellaneous Measurements

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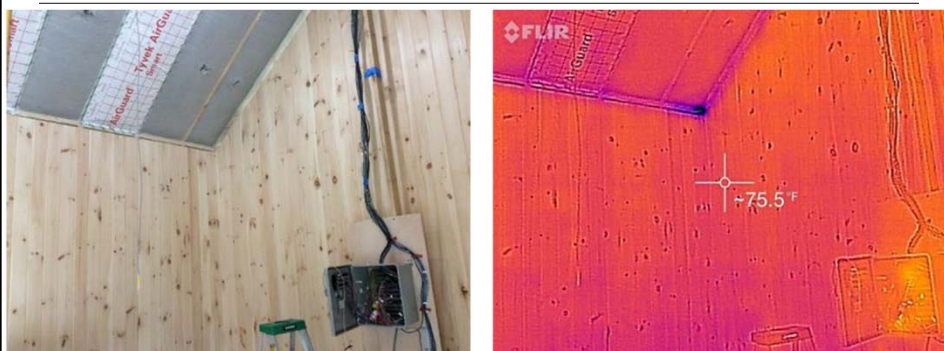
Air Leakage Testing



- Duct Blaster™ attached to exhaust opening
- Pressurization & depressurization
- ~50 CFM 50 (0.02 CFM 50/sf enclosure)
- Sliding door seal effect on airtightness

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Air Leakage Testing: Infrared w. ΔP



- Air leakage at 3-way intersection
- At guard bay, not test bay

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Air Leakage Testing During Disassembly



- Depressurized to -75 Pascals
- No detectable air leakage
- No indication of tape seam failure



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Water Leakage Testing



- Insulation removed from interior
- -75 Pascal depressurization, 10 minutes water spraying each side
- No sign of water leakage



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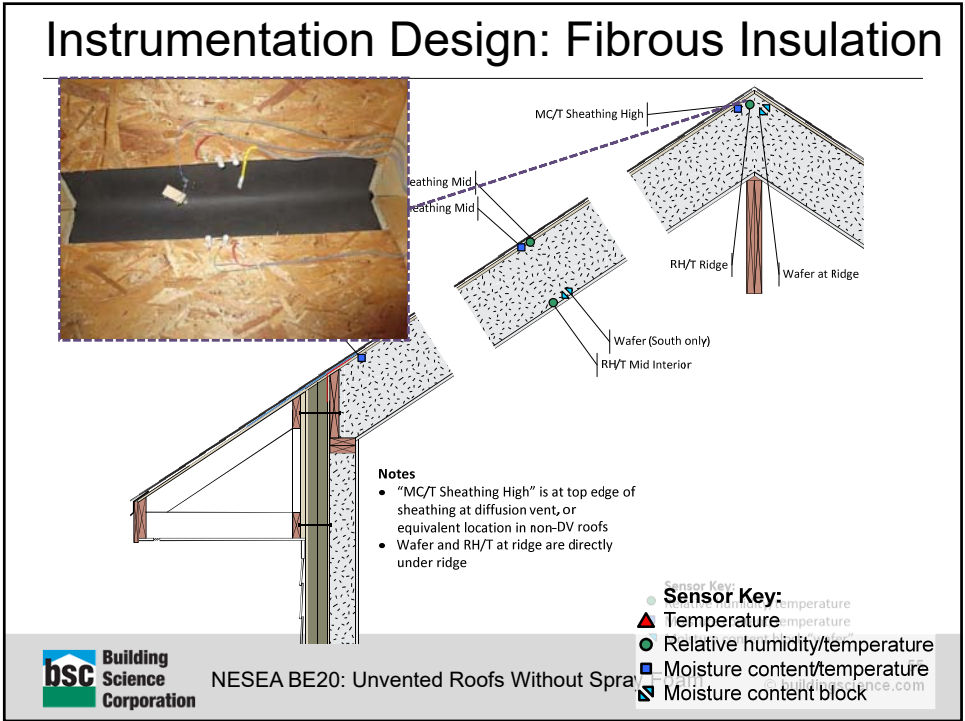
Density Measurements

- Insulation weighed, density calc
- Average 1.5 PCF (fiberglass) & 4.0 PCF (cellulose)
- Higher density @ FG ridge

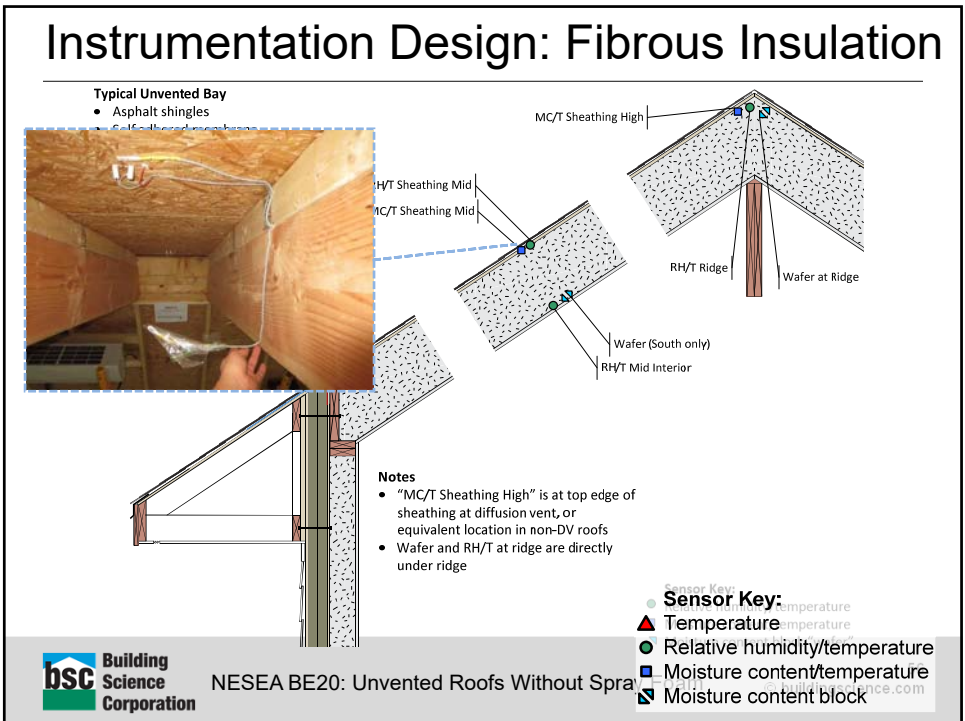


Roof	Total Lbs	Cubic Ft	PCF
1 FG-VB-DV	5.8	4.6	1.3
2 FG-SVR-DV	6.2	4.6	1.3
3 FG-VB-nDV (Low)	6.6	4.6	1.4
3 FG-VB-nDV (Hi)	5.0	2.3	2.2
4 FG-SVR-nDV	6.4	4.6	1.4
5 Cell-VB-nDV (Low)	19.2	4.6	4.1
5 Cell-VB-nDV (Hi)	10.0	2.3	4.3
6 Cell-SVR-nDV	10.6	2.3	4.6
7 Cell-SVR-DV	8.6	2.3	3.7

Data Results (Fiberglass Roofs)



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Instrumentation Design: Fibrous Insulation

Typical Unvented Bay

- Asphalt shingles
- Self-adhered membrane
- OSB 5/8" ZIP roof panel
- Cavity insulation (dense pack cellulose or blown fiberglass)
- Interior vapor control layer (fixed or variable perm membrane)

Notes

- "MC/T Sheathing High" is at top sheathing at diffusion vent, or equivalent location in non-DV roofs
- Wafer and RH/T at ridge are directly under ridge

Sensor Key:

- Temperature
- ▲ Temperature
- Relative humidity/temperature
- Moisture content/temperature
- Moisture content block

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Instrumentation Design: Fibrous Insulation

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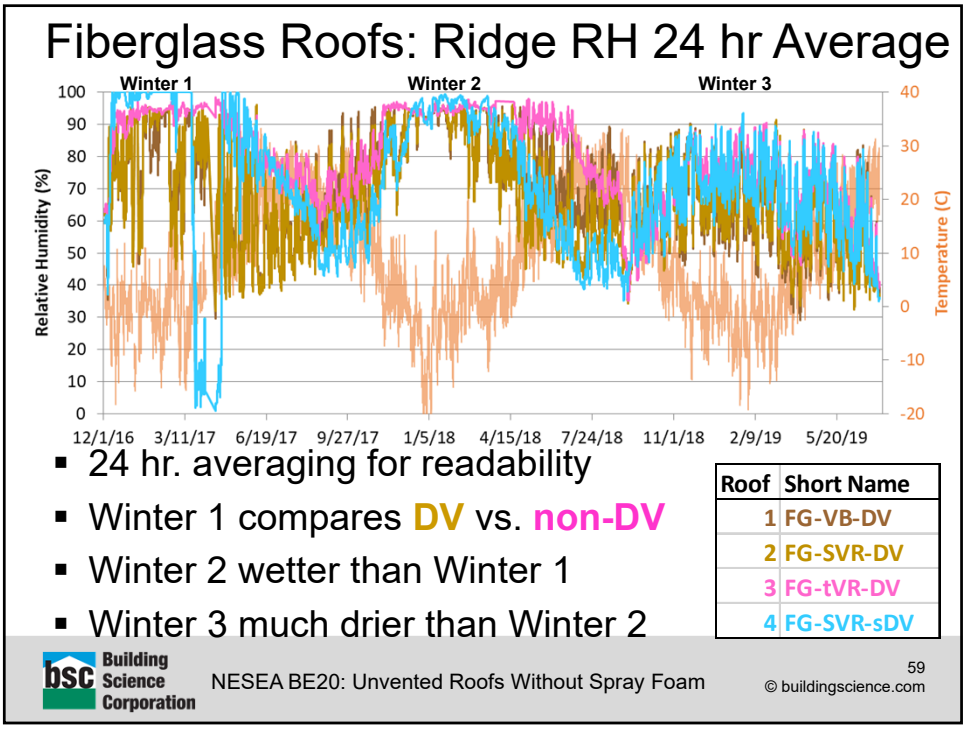
- "MC/T Sheathing High" is at top edge of sheathing at diffusion vent, or equivalent location in non-DV roofs
- Wafer and RH/T at ridge are directly under ridge

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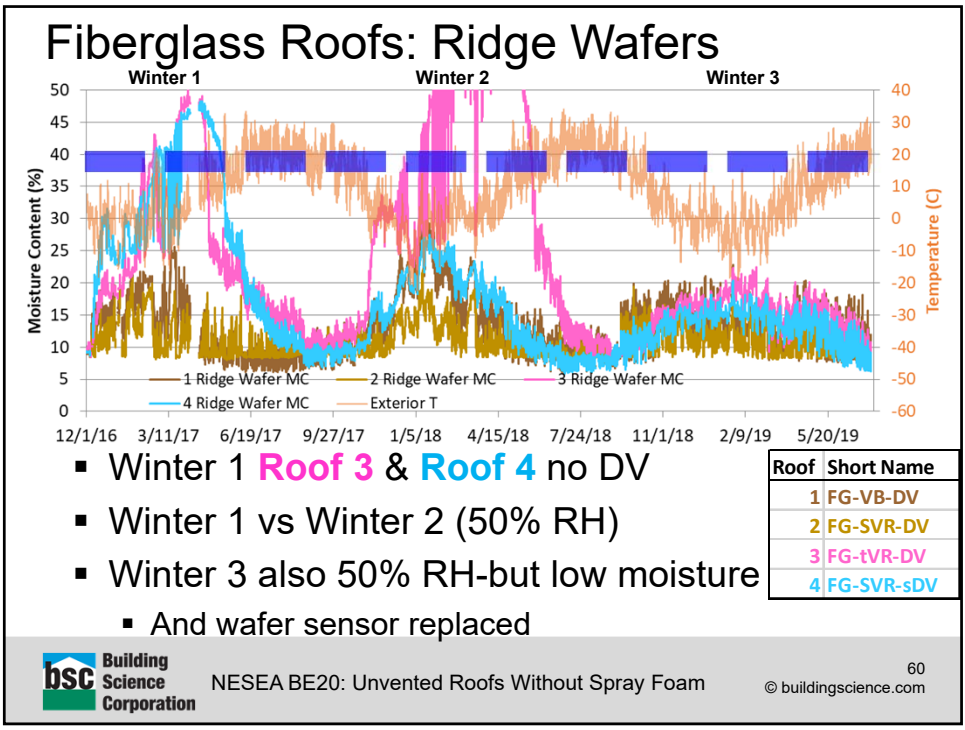
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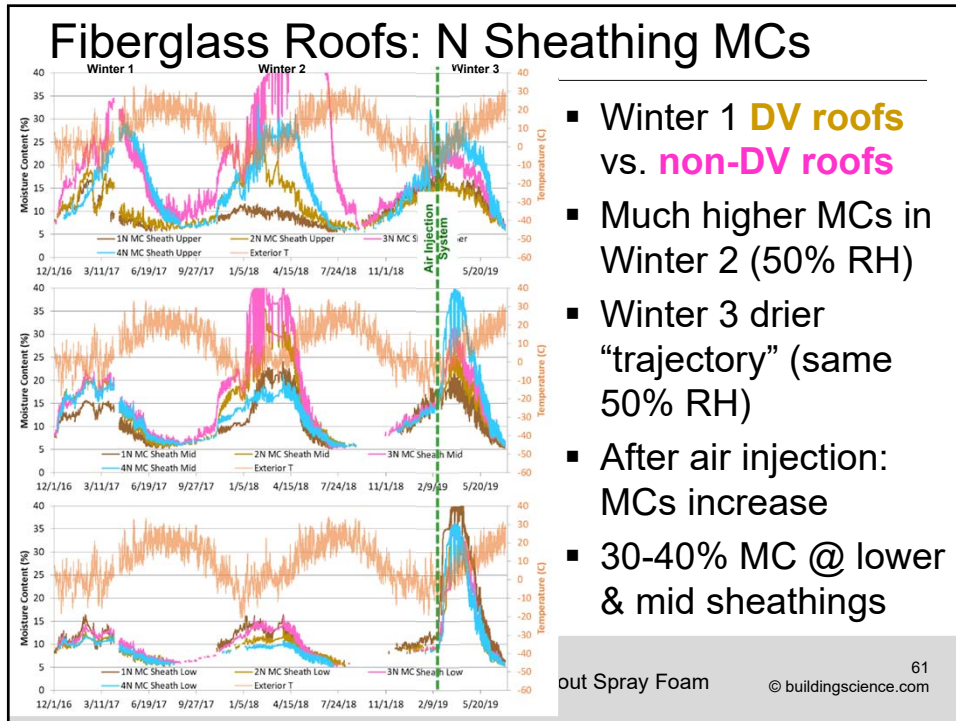
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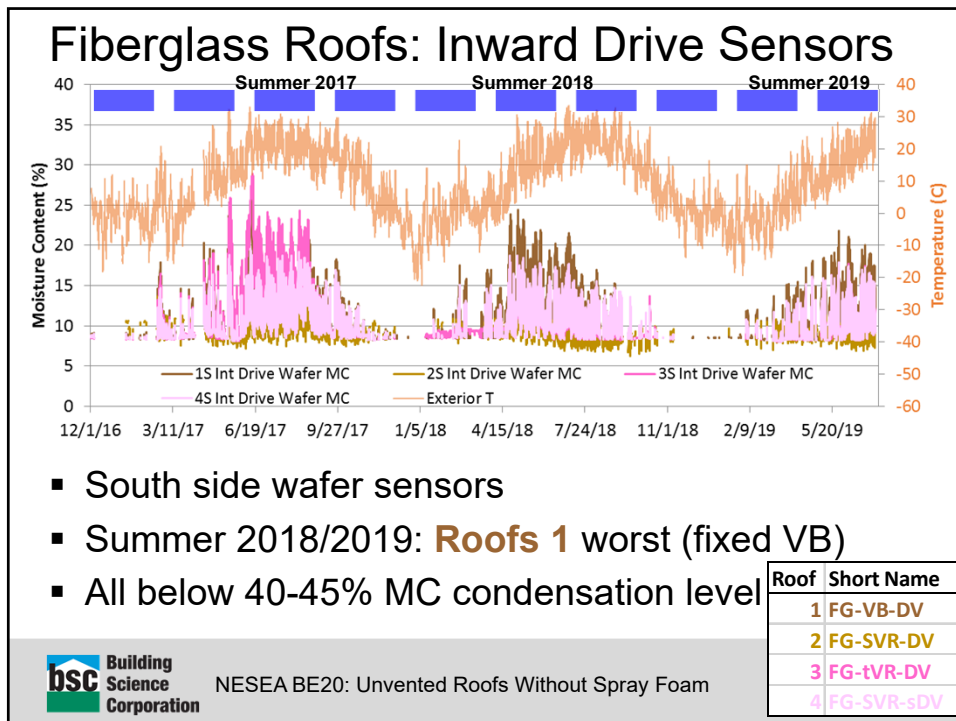
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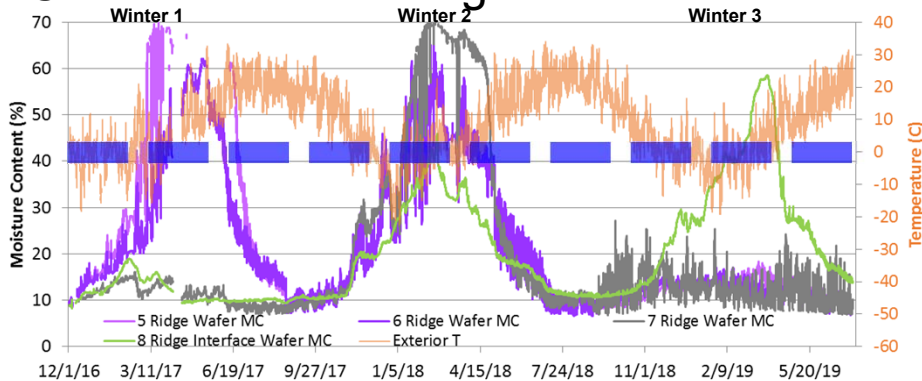


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Data Results (Cellulose Roofs)

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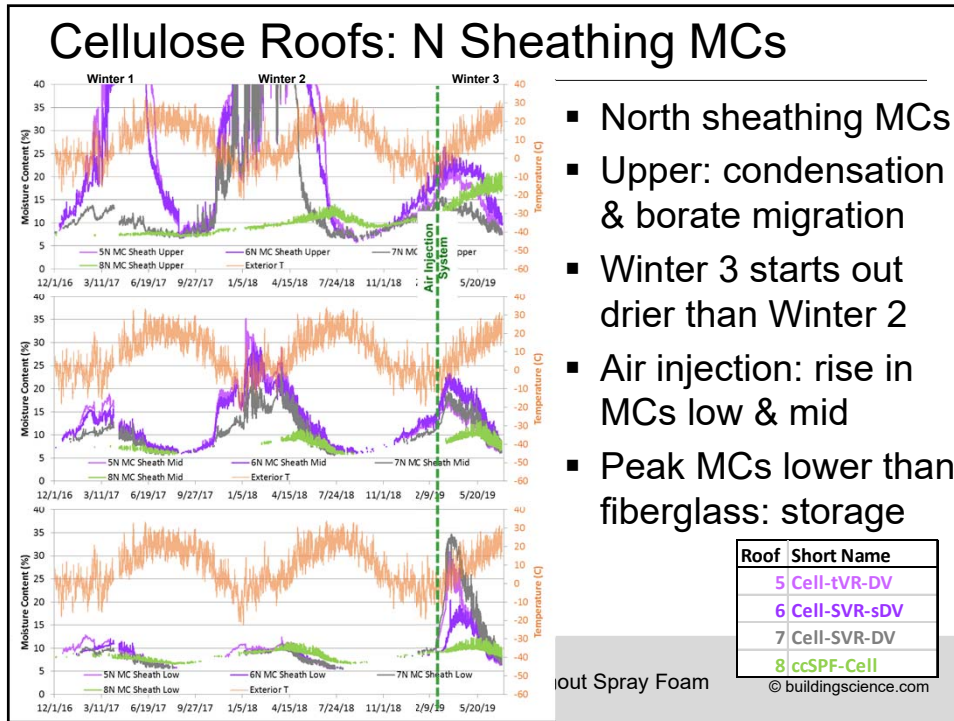
Cellulose Roofs: Ridge Wafer



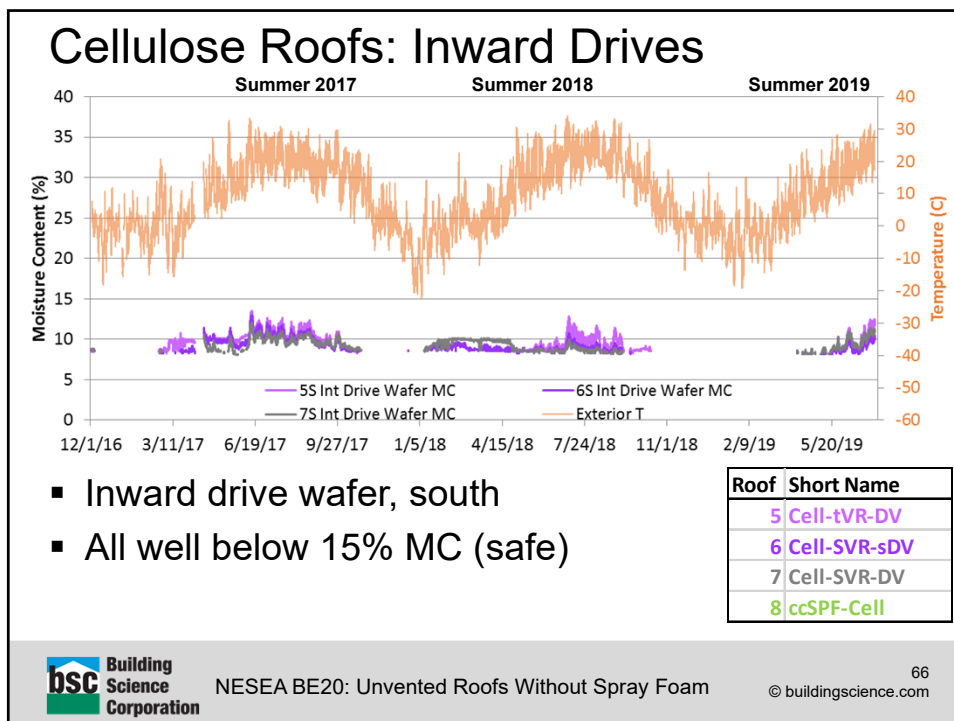
- 50%+ MC unrealistic: condensation, borate migration
- Winter 3 much drier than Winter 2
- **Roof 8** (hybrid) condensation-range MCs?
 - Not replaced between Winters 2/3

Roof	Short Name
5	Cell-tVR-DV
6	Cell-SVR-sDV
7	Cell-SVR-DV
8	ccSPF-Cell

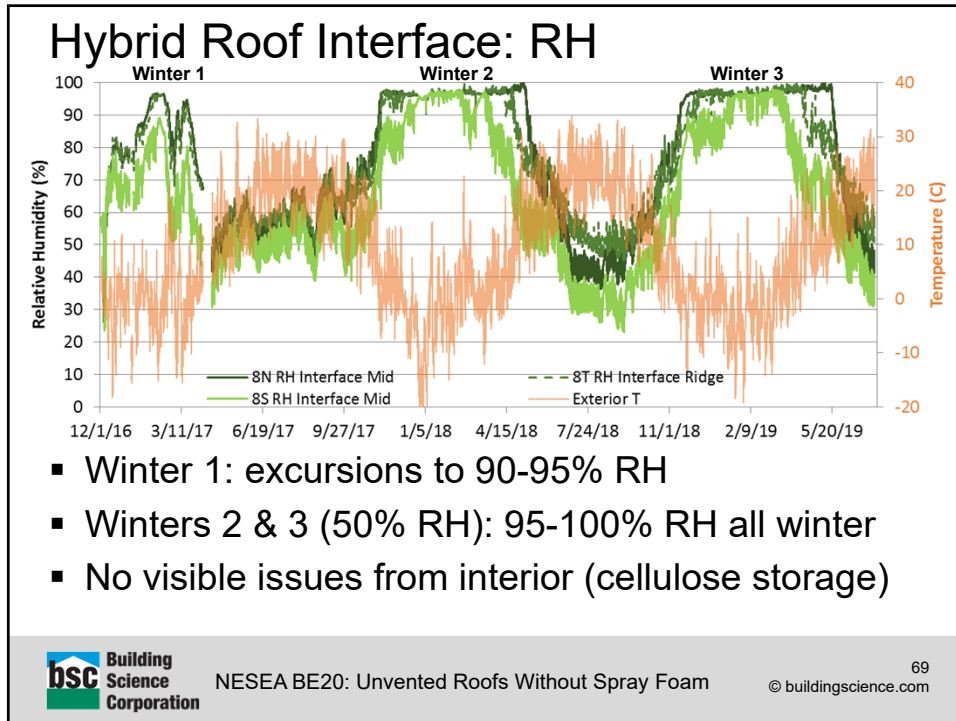
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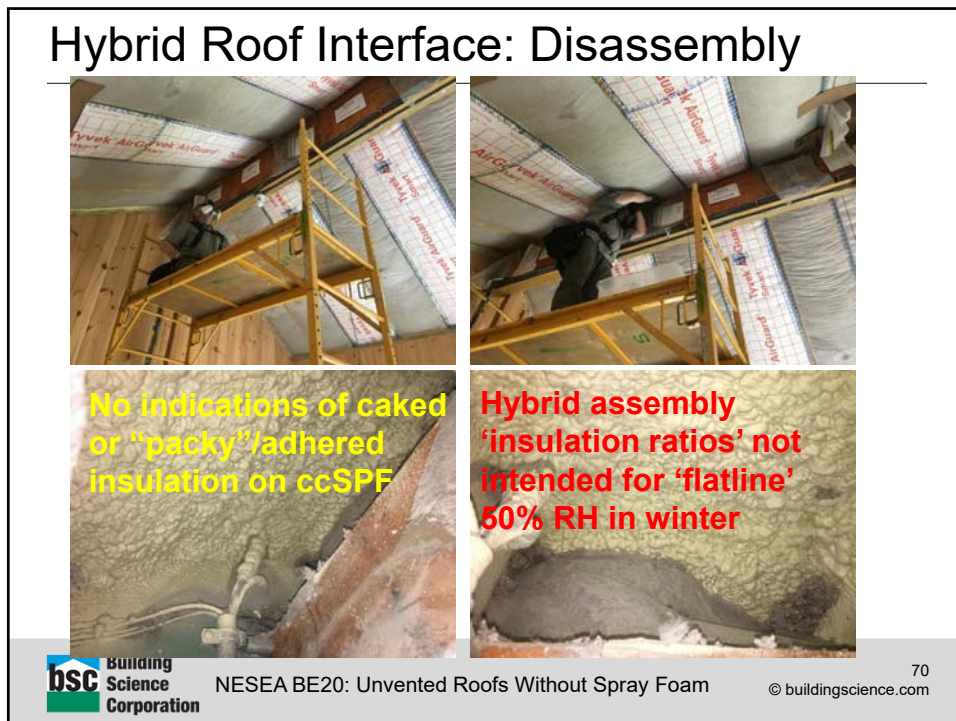
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Conclusions and Recommendations

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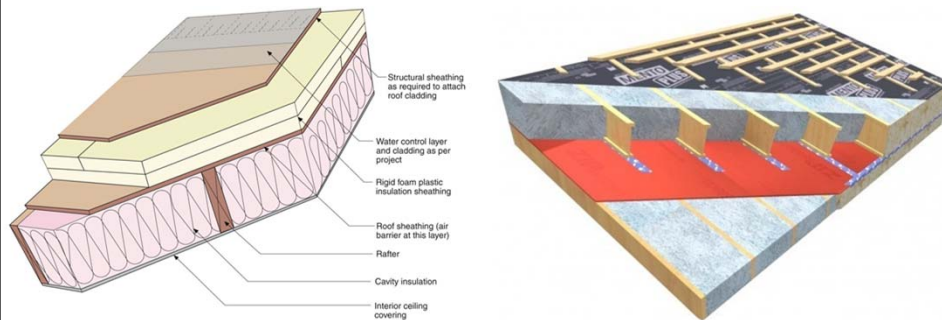
Recommendations and Further Work

- Unvented fibrous insulation roofs **can** work, **BUT**
 - Ensure complete packing of insulation/density
 - Still vulnerable to small (0.5 CFM) air leaks
- Mold found after Winter 2, despite mold index < 3.0
 - Vulnerability to moisture damage at ridge
- Difficult to recommend for widespread use and acceptance in building codes
 - High indoor RHs more likely w. tighter construction and high occupant density/multifamily
- Retrofit solution for failing assemblies?
 - Demolition + spray foam not possible?
 - No place in code to allow

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Foam-free Unvented Roof Options

- Fibrous + continuous exterior insulation outside air barrier, per § R806.5
 - Mineral fiber, wood fiber board, etc.
- Ventilated cavity outboard of vapor-permeable air/water control membrane



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Recommendations and Further Work

- If implementing unvented fibrous insulation roofs
 - Keep interior RH low for life of building
 - Airtightness of interior air/vapor control layer
 - Variable-perm vapor retarder (allows downward drying)
 - Large 300 perm diffusion vent recommended
 - Fibrous insulation without voids or empty cavities
 - Light colored roofs & shading increase risks
- Future work?
 - Moisture risks demonstrated; not sure if additional research useful
 - “Story and a Half Geometry” (Cape Cod short slope)

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Story and a Half (Cape Cod Short Slope)

“Cold storage,” insulation at kneewall, across ceiling of first floor. Wind washing/air barrier recommended at exposed kneewall insulation.

“Short slope” portion of roof

“Warm storage,” insulation at roofline. Air-vapor retarder required interior to insulation. Recommended approach for air barrier continuity.

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Blocking and air barrier required at floor framing cavities in “cold storage” approach

- Possible application to retrofitting “short slope” of kneewall attic geometry
- Eliminates “chute,” possible to retrofit longer runs

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Story and a Half (Cape Cod Short Slope)

- Higher R-value in limited cavity
- Not proven by this research, but this is “lower half of roof” geometry (low risk portion)
- Rafter bay has “full-size diffusion vent” to vented attic above
- Common practice in weatherization NE/Midwest
- State code change proposals in process

Air-vapor barrier @ kneewall

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Questions?

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